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The Researchers'

We'll find you: Iran threatens to two US Navy officers for Minab school strike

Iran had previously singled out the officers in a March 28 post, accusing them of ordering the Tomahawk missile launches that struck the elementary school in Minab, Iran, killing 168 children.

World.(Agency).

Iran has threatened two US Navy officers whom it has accused of ordering Tomahawk missile strikes on an elementary school in Minab that killed 168 children, warning them that "we will find you." The threat was issued by the Iranian Embassy in South Africa in a social media post identifying the officers, Fox News reported. On February 28, the US forces launched the major strike on the school, which killed at least 168 children.The embassy named Commander Leigh R Tate, commanding officer of the USS Spruance, and Lieutenant Commander Jeffrey E York, the warship's executive officer. In its November 13 post on X, it shared photographs of the two officers alongside the warning, "We will find you."Iran had previously singled out the officers in a March 28 post, accusing them of ordering the Tomahawk missile launches that struck the elementary school in Minab, Iran, killing 168 children."Remember these two criminals," the embassy had written in that post, before asking, "Don't they have children of their own?"The latest threat came as the USS Spruance returned to San Diego on Friday after completing a 357-day deployment that included combat operations against Iranian forces.The public targeting of the two American officers has prompted security concerns. Behnam Ben Taleblu, a senior fellow at the Foundation for Defense of Democracies (FDD), told Fox News Digital that Tehran's warning should set off alarm bells in Washington."This should be setting off alarm bells in Washington, in the White House, the Pentagon, and even within CENTCOM," Taleblu said.He added that Iran had identified American military personnel it accused of participating in strikes against the country and was openly talking about retaliation."If indeed there is any plot to go after these individuals, it is critical they're detected, they are disrupted, they are defeated," he warned.



TRUMP WARNS IRAN AGAINST TARGETING US OFFICERS

The Iranian embassy's warning came a day after US President Donald Trump cautioned Tehran against assassinating senior American officials.During a November 12 interview with radio host Hugh Hewitt, Trump was asked how the US would respond if Iran killed a senior American official."They will not exist very long, any longer," Trump responded.

US TREASURY SECRETARY RELOCATES AMID DEATH THREATS

Meanwhile, US Treasury Secretary Scott Bessent confirmed that he had relocated from his Washington-area residence to a military base amid death threats allegedly linked to Iran.Speaking to CNBC on Friday, Bessent said he had moved on the advice of the Secret Service."Why am I going to be afraid when the brave military personnel in the Gulf, President Trump, constantly receive death threats?" he said.

11 dead, 15 injured as fire rips through buildings in Thailand's Phuket

World.(Agency).

At least 11 people were killed, and 16 others were injured after a fire ripped through a commercial shophouse on Thailand's southern resort island of Phuket early on Monday, police said.The blaze started in a building housing a vehicle rental business and later spread to several nearby buildings, news agency Reuters reported,



citing local authorities.The fire erupted at around 3.1 am (2017 GMT), and it took firefighters about two hours to bring it under control, per officials.

Of the 16 injured, 15 were Thai nationals and one was a citizen of Myanmar. According to the police, no tourists were among those killed or injured.The cause of the fire was being investigated.The building is in a town area, near the popular beach of Patong on Phuket's western coast.

Nvidia needs dramatic shake-up, Bessent demands external CEO after Huang exit

World.(Agency).

US Treasury Secretary Scott Bessent has called for Nvidia to appoint a chief executive from outside the company, saying the chipmaker needs a "dramatic shake-up" following the resignation of Jensen Huang amid an alleged espionage-linked infidelity scandal.Bessent also demanded an urgent investigation into Nvidia's compliance with US export restrictions, questioning whether the company's executives deliberately ignored warning signs about Singapore-based companies allegedly acting as intermediaries to supply advanced AI chips to China.

Speaking to Fox News on Sunday, Bessent said Nvidia's board should look beyond its existing leadership while searching for Huang's successor. "They need to go outside the company. Just what was going on inside the company, they needed a dramatic shake-up," he said.

Prince William, Kate to meet PM Modi in Delhi during 3-day India visit this week

London.(Agency)

Britain's Prince and Princess of Wales, William and Catherine, have arrived in Mumbai on Monday for a three-day visit to India.The royal couple will attend the 2026 Earthshot Prize awards ceremony on Tuesday before travelling to New Delhi for a meeting with Prime Minister Narendra Modi on Wednesday, the British government announced on Sunday.This will be Prince William and Princess Catherine's second official visit to India. Their first visit to the country took place in April 2016.

According to the UK's Foreign, Commonwealth and Development Office (FCDO), the couple will meet people from different walks of life in Mumbai and learn about the innovation, creativity and optimism contributing to India's development."The future of the UK-India partnership will not be shaped by our governments alone, it will be shaped by our people and this visit is a wonderful opportunity to celebrate those deep personal connections between our countries," Ben Mellor, Acting British High Commissioner to India, said.

Don't lecture India: Meloni ally slams Italian socialist over 'vote chor' remark

JAKARTA, Indonesia.(Agency)

Italian Prime Minister Giorgia Meloni's party has entered the political row over the 'Vote Chor, Gaddi Chhod' slogan raised at the Bharat Summit in Hyderabad.Deborah Bergamini, a leader of Meloni's Forza Italia party, defended India's democratic institutions and electoral system while responding to Giacomo Filibeck's remarks targeting the Narendra Modi government."It is inappropriate to lecture on democracy a nation that enables 970 million citizens to vote," Bergamini said, stressing that India has its own democratic institutions and judiciary.Her comments came after Filibeck, the Secretary General of the Party of European Socialists (PES), backed Congress leader Rahul Gandhi's campaign against irregularities in electoral rolls.Filibeck also repeated the opposition's 'Vote Chor, Gaddi Chhod' slogan while addressing the gathering in Telangana.

ITALIAN POLITICIAN BACKS RAHUL GANDHI'S CAMPAIGN



Speaking at the Bharat Summit, Filibeck praised Gandhi for defending the principle of "one person, one vote" and called for clean and transparent electoral rolls."Rahul Gandhi has defended a simple principle on which every democracy rests; 'one person, one vote'.His campaign for clean and transparent voter rolls and the thousands who marched with him to Ramlila Maidan just two weeks ago remind us that democracy is not given.It is defended by people willing to stand up for it. 'Vote Chor Gaddi Chhod'," Filibeck said.He also translated the slogan into English, saying, "Vote thief, leave your seat."Filibeck defended his participation in the summit, arguing that international gatherings were important to draw attention to challenges facing democracy."Democracy is under attack in India, and we need to defend it. And the best way to defend it is to stand by Rahul Gandhi and the Indian Congress Party," he said.He also described the Congress and several political movements across the world as part of a progressive alliance that supported social justice, climate justice, human rights and democracy.

US flight disruptions continue for 3rd day, over 10,000 flights hit

World.(Agency)

More than 10,000 flights across the US were cancelled or delayed on Sunday as air travel disruptions continued for a third consecutive day, with Transportation Secretary Sean Duffy predicting a return to normal operations by Monday. Airlines continued scrambling to restore schedules after a nationwide ground stop on Friday brought nearly all departing flights to a halt for almost five hours.According to aviation data tracker FlightAware, more than 2,300 flights were cancelled and around 7,700 delayed across the country on Sunday. The disruption followed an even worse Saturday, when airlines cancelled over



6,400 flights and delayed more than 8,000.Speaking on ABC's 'This Week', Duffy said there was no evidence of a cyberattack or deliberate sabotage behind the disruption, although investigators had yet to establish its root cause. He said flight operations could return to normal by Monday, while stressing that passenger safety remained the Federal Aviation Administration's (FAA) priority.

JetBlue was among the worst-affected airlines on Sunday, cancelling 28 per cent of its flights, followed by American Airlines at 17 per cent. United Airlines, Southwest and Delta reported cancellations ranging between 3 and 5 per cent of their scheduled flights.

Petulant tone, teenage behaviour: Biden's blunt take on Putin in memoir

World.(Agency).

Former US President Joe Biden has described Russian President Vladimir Putin as behaving like a "teenager" during their meetings, while offering a mixed assessment of Ukrainian President Volodymyr Zelenskyy in his new memoir, Promise Me, America, HuffPost reported.According to excerpts from the memoir shared by The Wall Street Journal, Biden said Putin adopted a "petulant tone" and liked to "slouch during a meeting, feigning indifference, like a teenager".Biden also praised Zelenskyy's acting background, saying it had provided "very good training" for his role as Ukraine's wartime leader. However, he acknowledged that their private conversations were not always cordial.The former US president said Zelenskyy "could be moody and stubborn in our private conversations, and not as grateful as I would have expected".Biden also revealed that members of US President Donald Trump's team had asked him to sign a letter authorising them to negotiate directly with Putin. The request reportedly came after Trump won the 2024 presidential election but before he took office in January 2025.Biden was in the White House when Russia launched its full-scale invasion of Ukraine in February 2022. His administration provided substantial military and financial assistance to Kyiv, including a USD 500 million military aid package shortly before Trump returned to office.Trump, meanwhile, has pursued a markedly different approach to the conflict. Despite promising to end the war within 24 hours of taking office, his administration has struggled to secure a breakthrough in negotiations.Trump has also faced criticism over his approach towards Putin, including hosting the Russian leader at a summit in Alaska last year. His administration has simultaneously faced scrutiny over efforts to ease restrictions affecting Russian energy exports.The US president has repeatedly criticised Zelenskyy, questioned continued American support for Kyiv and made statements that have drawn criticism for downplaying Russia's responsibility for starting the war.

Meanwhile, Ukraine recently rejected fresh Russian proposals conveyed through Washington, which reportedly called for a broader restructuring of Europe's security order in exchange for a possible ceasefire.

Sheikh Hasina supporters clash with police in Bangladesh, torch vehicles

World.(Agency)

Supporters of deposed Bangladesh prime minister Sheikh Hasina's Awami League staged violent demonstrations in her hometown of Gopalganj on Sunday, attacking police vehicles and installations as tensions escalated over her proposed return to the country in December, PTI reported.

VIOLENT PROTESTS IN HASINA'S HOMETOWN

Hundreds of protesters took to the streets armed with machetes and spears, setting a police armoured personnel carrier on fire and vandalising a police outpost, according to officials and media reports. Demonstrators also broke through police barricades, blocked roads and pulled down a monument marking the fall of Hasina's government on August 5, 2024. Several women activists also joined the protests."Our movement on the streets will continue until we can bring former prime minister and Bangabandhu's (Bangladesh's founding father Sheikh Mujibur Rahman) daughter Sheikh Hasina back to the country," Awami League's Gopalganj district leader Ilyas Haque told a party rally.

HASINA'S PROPOSED RETURN, EXTRADITION ROW

The demonstrations come amid renewed political tensions over Hasina's stated plan to return from India, where she has been staying since fleeing Bangladesh in August 2024 following a student-led uprising that toppled her government.

Bangladesh has been seeking her extradition from India under a bilateral treaty. Law Minister Md Asaduzzaman said on Saturday that Dhaka had completed the legal process to secure her return and that the decision now rested with New Delhi.India has acknowledged receiving Bangladesh's extradition requests but has not announced a decision. On Friday, Ministry of External Affairs spokesperson



Randhir Jaiswal said Hasina's extradition was a legal matter and would be dealt with accordingly.Bangladesh has also linked progress on Hasina's extradition to a possible visit to India by Prime Minister Tarique Rahman, saying the return of Hasina and other fugitives sought by Dhaka would help create a conducive environment for the visit.

BNP OFFICES TORCHED, OFFICIALS REMOVED

Meanwhile, tensions in Gopalganj had escalated after unidentified persons allegedly set fire to two offices of the ruling Bangladesh Nationalist Party (BNP) in Tungipara, Hasina's birthplace, overnight.In response to the violence, the government withdrew the district's deputy commissioner.

Jensen Huang weighs return as Nvidia CEO amid campaign by Silicon Valley allies

World.(Agency)

Former Nvidia CEO Jensen Huang is considering a comeback at the $4 trillion chipmaker, as influential Silicon Valley executives mount a campaign to persuade the company's board to reinstate him days after his resignation triggered a major leadership crisis, the Financial Times reported.The resignation came after his affair with Alice Huang, an executive at Singapore-based Megaspeed, has intensified scrutiny of the company's safeguards. This followed two more, with one involving Kimberley Powell, Nvidia's Vice President of Healthcare, who reported directly to him within the company structure.



Huang has discussed the possibility of returning with confidantes, according to multiple people familiar with the matter. Meanwhile, Nvidia's board is conducting an independent investigation into the conduct that led to his departure.His allies are also planning to step up efforts to secure his return, with one associate telling the Financial Times that they were assembling a "war room" of Silicon Valley executives to lobby the board and seek support from the White House. The initiative reportedly has Huang's backing.The campaign has gained momentum over the weekend, with Tesla and SpaceX CEO Elon Musk and Epic Games CEO Tim Sweeney among executives supporting a public letter demanding that Nvidia's board "Bring Jensen Back".Several Nvidia employees have also publicly expressed support for Huang's return, reflecting the loyalty he continues to command within parts of the company.However, the comeback effort could face resistance from key policymakers in Washington. US Treasury Secretary Scott Bessent on Sunday called for a "dramatic shake-up" in Nvidia's leadership following Huang's departure.Huang also faces a changed leadership landscape at Nvidia, where interim CEO Colette Kress and the management team are attempting to stabilise the company ahead of its quarterly results on Tuesday. Unlike some founder-CEOs, Huang did not hold a controlling stake that would have allowed him to override the board's decisions.

Allowing sale of liquor during festival an insult to Purvanchalis' faith: AAP

Delhi.(Agency)

AAP leaders on Sunday lashed out at the Delhi government for "insulting" the faith of Purvanchalis— people who belong to or hail from Purvanchal, a geographic and cultural region in the eastern part of Uttar Pradesh or adjoining parts of western Bihar and Jharkhand—by keeping liquor shops open amid Chhath Puja. AAP also called into question the 'Sanatani' credentials of the saffron party, as it allows the sale of liquor amid Hindu festivals.Party MLA Kuldeep Kumar visited liquor shops that were open on the occasion, and remarked, "Today, Chhath Mahaparv is being celebrated with fervour. But the CM Rekha Gupta-led BJP government in Delhi has kept the liquor shops open. Even though the BJP calls itself Sanatani, the liquor shops remain open, just as they were open across the national capital on Dussehra. The CM also holds the Excise portfolio. How can she keep liquor shops open during Hindu festivals?"Kumar also sought an explanation from the government, saying, "The BJP and CM Rekha Gupta must explain why liquor shops have been kept open in Delhi amid a festival that holds special importance for the Purvanchalis." He also slammed the government for allegedly putting revenue generation over faith, saying, "How much revenue does the BJP government need, after all?"Notably, AAP has also criticised the BJP government for alleged lack of arrangements for tens, lighting and cleanliness at the ghats.

Traffic curbs in place

Traffic curbs will be imposed on several roads leading to and adjoining Yamuna ghats in Delhi from 2 pm on Sunday till 8 am on Monday in view of the ongoing Chhath Puja celebrations.

Chhath festivities keep Yamuna ghats abuzz

Delhi.(Agency)

Devotees thronged ghats across the national capital on Sunday to celebrate the Chhath festival. A large number of worshippers were seen gathered along the Yamuna banks in traditional attire to offer prayers to Chhathi Maiya. Chhath songs, lamps and traditional bamboo baskets (soops) used for offerings lent the ghats a festive atmosphere.Chief Minister Rekha Gupta also offered 'arghya' to the setting sun at the Chhath ghat along the Yamuna in Sonia Vihar and performed prayers to Chhathi Maiya and Lord Bhaskar. Several Delhi ministers and BJP MPs took part in the festivities.

Gupta also took stock of the Chhath ghats along the Yamuna. She extended wishes to the devotees



gathered on the occasion of the evening 'arghya', noting, "The tradition of offering prayers to the setting sun during Chhath is a beautiful reflection of gratitude towards nature and the values of Sanatan culture."The CM also stressed the unifying nature of the festival, expressing, "During Chhath, not just families but the entire community comes together." Minister Parvesh Sahib Singh Verma, also present, noted, "Today, BJP president Nitin Nabin inaugurated the 11-km Chhath Ghat on the Munak Canal. It is the longest Chhath ghat in Delhi and the first of its kind in the country. I am proud that this work was carried out by my Irrigation and Flood Control Department. For years this stretch of the canal lay dry and neglected. Today, it has proper steps, lighting and a wide road."

Metro to start services at 4.30 am on Monday

The Delhi Metro Rail Corporation (DMRC) will start train services at 4.30 am on Monday, two hours earlier than its usual schedule, to facilitate the movement of devotees observing Usha Arghya during Chhath Puja. The early services have been arranged for Monday.

What Shields India's Military Against Honey Traps? Air Force Chief Shares Insights

Delhi.(Agency)

India's military and its research networks have put in place technical and institutional safeguards to counter foreign espionage rings that are increasingly moving beyond traditional honey traps to deploy cyber warfare and other forms of scams, Chief of the Air Staff Air Chief Marshal Ashutosh Dixit said.He said romantic entrapment on social media was only a small part of a bigger intelligence challenge that targets personnel across both public-sector laboratories and private defence contractors, Air Chief Marshal Dixit said at the ANI National Security Summit 3.0 in Delhi today."It is not a honey trap thing. It is basically cyber espionage. It is an espionage issue. Nowadays espionage happens through cyber means and through various means and enticing. Honey traps are only one aspect of the overall picture. There are other things," he said, addressing questions on whether India's defence industry was vulnerable to compromise operations."Multi-level marketing is there and loan sharks are there. They're also active. So we are fully aware of this. We are keeping a close eye and there is a systemic effort to control this," he added.Since the core military communication networks are physically isolated from the public internet, foreign intelligence handlers are targeting human operators rather than hardware, the Indian Air Force (IAF) chief said."Our networks are air-gapped, so people cannot do cyber attacks on that. But an insider threat is being generated and we are aware of that. Some technical solutions and some institutional solutions are already in place."On training the private sector, he said awareness in using the correct software is a key element. "Whatever advice we are giving... we have an agency which gives advice to private sector people on how to use their network. If they just follow that, I think most of the time we will be safe," Air Chief Marshal Dixit said.The remarks come after a string of high-profile counter-intelligence arrests across the defence establishment, where operatives linked to Pakistan's Inter-Services Intelligence (ISI) used fake social media personas alongside financial lures to extract classified military data.

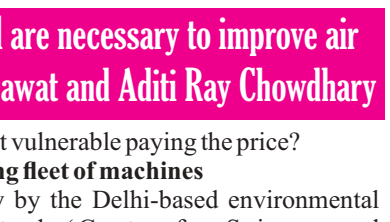


In recent cases, the Delhi Police arrested a defence officer for allegedly leaking sensitive operational deployment details and attempting to install data-stealing malware on a colleague's mobile phone. Investigators told NDTV that the officer, who was going through a difficult phase in his personal life, had been befriended on social media by a woman suspected to be working for a Pakistani handler.In October, the Andhra Pradesh Police arrested 31-year-old Indian Navy sailor Pradeep Mukherjee and a contractual driver in Visakhapatnam. Mukherjee had been lured over several months by a female Pakistani operative online.The latest case is over allegations surrounding Nvidia chief executive Jensen Huang and his past association with Alice Huang, an executive accused by the US of links to Chinese intelligence, a claim that Beijing has denied.

Delhi boutique murder: CCTV footage shows accused dragging teen to trial room

Delhi.(Agency)

The CCTV footage of a West Delhi boutique has captured the chilling details of the moments before an 18-year-old was murdered inside its trial room.Shabnam, 18, was allegedly killed by Suraj with her throat slit inside the trial room of the boutique in Moti Nagar market.The horrifying visual shows the accused clad in an orange T-shirt entering the boutique. Shabnam is seen sitting alone inside the boutique, and Suraj stands in front of her. After interacting with her for a short while, he starts assaulting her and Shabnam is heard screaming. Suraj can then be seen dragging her by her hair into the trial room.Police found her dead with her throat slit open inside the trial room. Suraj was arrested after examining the CCTV footage on Sunday.A police official said Suraj was allegedly forcing Shabnam to marry him. Shabnam's brother Arjun claimed that Suraj, a cab driver, had been stalking Shabnam and had threatened that he would kill her unless she agreed to the marriage.Arjun, her brother, reached the boutique after his mother received a call regarding the incident. "She was lying on the floor… butchered like an animal… she had played in my lap as a child," he said.A police officer said, "The owner told Shabnam to attend to customers and pull the shutter down before leaving for home. She then went out to run errands. She had remote access to the shop's CCTV footage."Suraj is Shabnam's sisters' brother-in-law, whom Shabnam first met in 2023, when she was 15. "In 2023, two of my sisters married into the same family. They live near our home. My brother-in-laws have two more brothers; one of them is Suraj," said Arjun, an e-rickshaw driver. He alleged that as the two families grew close and visits became frequent, Suraj developed a "liking" for Shabnam.



Just hot air: Delhi's annual pollution battle continues as curbs hit daily-wage workers hardest

Delhi's air is foul again even when authorities and courts are in an overdrive to order and implement measures that they feel are necessary to improve air quality. However, citizens are confused if the city's air is in good hands, say Anup Verma, Ifrah Mufti, Udayan Kishore, Nitin Rawat and Aditi Ray Chowdhary

Delhi.(Agency)

AQI in the 'poor' category, slipping into 'very poor', then 'severe' and back to 'very poor' — the cycle continues, raising fresh questions about the effectiveness of the city's pollution-control measures. For the past two months, Delhi has been undertaking dust-control measures, deploying hundreds of sprinkling machines, mechanical sweepers and anti-smog guns. Yet, concerns persist over the effectiveness of its pollution-control strategy, gaps in monitoring and enforcement, and the disproportionate burden of GRAP restrictions on daily-wage workers, who often bear the brunt of curbs on construction and other economic activities.

The Supreme Court questioned the unchecked movement of vehicles, the High Court scrutinised the protection of green spaces, and the civic bodies have expanded pollution-mitigation infrastructure, yet the lived reality of those breathing the toxic air tells a different story.The story has been retold multiple times over the years with little change. This year is no different. There is a city choking under a blanket of smog despite stricter restrictions, official interventions, and judicial responses while its citizens ask if the measures are addressing the problem or merely responding to it. However, the story forgets the ones most affected--thousands of migrant workers--dependent on construction and other labour-intensive activities who face an uncertain livelihood whenever restrictions under the Graded Response Action Plan (GRAP) are intensified.For them, a ban on construction work can mean an immediate loss of daily wages, often without any alternative source of income. The contrast between the pollution-control machinery and the



economic vulnerability of those most exposed to polluted air puts forth a larger question: Is Delhi's pollution response addressing the problem at its source, or is it largely revolving around seasonal interventions and restrictions that often leave the most vulnerable paying the price?

Growing fleet of machines

A study by the Delhi-based environmental think tank 'Centre for Science and Environment (CSE)' revealed that vehicular emissions are the top contributor to Delhi's winter pollution. Hence, the dust generated from the roads also remains a significant contributor to the city's deteriorating air quality. The MCD, which maintains a substantial share of the capital's road network, has been focused on addressing all gaps in the existing cleaning infrastructure to reduce the dust pollution.It has deployed 207 water-sprinkling machines, including 40 anti-smog guns, of which only 28 are currently operational. Twelve additional anti-smog guns were inducted into the fleet last month.According to MCD officials, it currently operates 64 mechanical road sweepers, each covering .

8 injured in Old Delhi building collapse: Owner, contractor nabbed

Delhi.(Agency)

The owner and a contractor of an under-construction hotel in Old Delhi's Paharganj were apprehended after a part of the structure collapsed Sunday evening, injuring eight people, a police officer said.

According to police officers the building was being constructed by a man named Raman, who had given the contract of the building to Anwar.Senior officers said though the Municipal Corporation of Delhi (MCD) had found in its initial report that the building had prior permission for construction and nothing 'unauthorised' was being undertaken at the site, it will be investigated if the building material was compromised.

A police official also confirmed that as GRAP-4 measures are in place, it will be investigated if the owners were undertaking any dust-generating construction.

This was the second such incident in Old Delhi in 10 days. On November 5, a three-storey under-construction building collapsed in Chawri Bazar, killing six people.

Sunday's collapse

According to the Delhi Fire Services (DFS), a call was received around 4:40 pm on Sunday, claiming that a building had collapsed in Paharganj. When a unit of the DFS reached the spot, they found a two-floor structure collapsed in a narrow lane surrounded by three -floor and four-floor residential buildings."A PCR call was received at Paharganj police station regarding the partial collapse of a building situated at Kasheruwalan, Paharganj, opposite Government Girls Senior Secondary School,"



said Deputy Commissioner of Police (DCP) Rohit Rajbir.At least eight workers were found trapped inside the debris — Sheikh Saddam, 37; Sheikh Raja, 20; Mohd Suhail, 50; Sanjud Khan, 40; Gautam Yadav, 28; Varun Yadav, 36; Raja, 36; and Mantsu, 40."At the time of the incident, the roof slab (lanter) of the second floor was being laid when a portion of the building collapsed," an officer said.

SC halts life sentences of 2 men convicted in Bilkis Bano rape case, grants bail

A bench of Justices MM Sundresh and Prasanna B Varale ordered the release of Bipinchand Kanaiyalal Joshi and Pradip Ramanlal Modhiya on bail, subject to conditions to be imposed by the trial court. The order was passed on October 28.

Delhi.(Agency)

The Supreme Court has suspended the life sentences of two convicts in the 2002 Bilkis Bano gangrape case and granted them conditional bail, citing their prolonged incarceration of more than 17 years.A bench of Justices MM Sundresh and Prasanna B Varale ordered the release of Bipinchand Kanaiyalal Joshi and Pradip Ramanlal Modhiya on bail, subject to conditions to be imposed by the trial court. The order was passed on October 28.In its order, the Supreme Court noted that the two men had been in prison for over 17 years. It also took note of the fact that one of them was severely physically disabled. The bench further observed that one of the convicts had not been named in the FIR and was implicated nearly three years after the incident.The court was hearing their appeals challenging the Bombay High Court's 2017 order upholding their conviction and life sentences. The lawyers appearing for the two convicts argued that they had been arrested nearly three years after the incident but had spent more than 17 years behind bars.The Supreme Court observed that there were issues of fact and law that remained to be decided in their appeals. It directed that the two be released on bail on terms and conditions to be fixed by the trial court.The two men were among 11



people convicted in the case involving the gangrape of Bilkis Bano and the murder of seven members of her family during the 2002 Gujarat riots.In January 2024, the Supreme Court had quashed the Gujarat government's remission orders that led to the premature release of all 11 convicts in August 2022, directing them to return.

Punjab: Parties queue up at Deras for share in 32% Dalit vote pie

CHANDIGARH. (Agency).

Ahead of Punjab Assembly elections, deras with a strong following among Dalit and backward class communities have again come into political limelight. Dalits, constituting 32% of Punjab's population, play a key role in state politics. Of the around 9,000 deras in the state, the influential ones, such as Dera Radha Soami Satsang Beas, Dera Sacha Sauda and Dera Sachkhand Ballan, can swing an election.BJP national president Nitin Nabin will flag off `Samrasta Sankalp Yatra' in Jalandhar on November 18 to commemorate the birth anniversary of Sant Guru Ravidas in a drive to reach out to Ravidassia community, a prominent Dalit socio-religious group aligned to Dera Sachkhand Ballan. Dera followers owing allegiance to the ruling AAP and the opposition BJP are at loggerheads over the starting point of the yatra. Punjab BJP SC Morcha president Sheetal Angural said, "We are inviting the entire sant samaj for the launch of the yatra and the starting point might be shifted."

In February, Prime Minister Narendra Modi had visited Dera Sachkhand Ballan to attend a ceremony on Guru Ravidas and sought the blessings of dera chief Niranjan Dass, who was later conferred Padma Shri.

Ram temple donation theft: Congress seeks new SIT reporting exclusively to Supreme Court

New Delhi(Agency).

Escalating its attack on the BJP over the Ram temple donation theft case, the Congress on Monday demanded a new, independent SIT reporting directly to the Supreme Court to investigate all aspects of the matter.The opposition party also said Prime Minister Narendra Modi's "silence" on the issue was "deeply troubling" and asserted that those who had betrayed people's faith must be held accountable.In a post in Hindi on X, Congress general secretary in-charge communications Jairam Ramesh said, "Chanda Chori Aastha Dhokha. As the saying goes, theft never remains hidden; sooner or later, it is bound to be exposed."New revelations emerging daily regarding the theft of offerings at the Ram Mandir in Ayodhya are exposing the attempts by the Central and Uttar Pradesh governments to shield individuals associated with the BJP, RSS, and VHP, Ramesh claimed."The matter is no longer just about theft. The question now arises: were both the public and the Supreme Court misled in the name of an investigation? It is evident that two SITs (Special Investigation Teams) were constituted -- one to pull the wool over the public's eyes, and the other over the Court," Ramesh said.On July 20, the government informed the Supreme Court that the first team was not conducting an investigation and yet, on August 4, why did the chief minister, while speaking in the Legislative Assembly, cite the preliminary investigation conducted by that very same team, he asked.On what basis was this done, and was the House provided.

Ties With ASEAN At Heart Of Act East Policy: PM As He Emplanes For Philippines

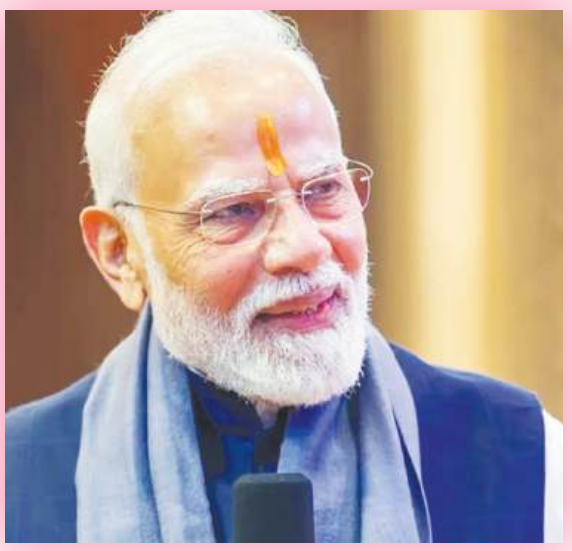
PM said India's ties with ASEAN, rooted in centuries of civilisational exchanges, have evolved into a dynamic partnership spanning trade, connectivity, maritime security, technology and people-to-people relations.

Karnataka (Agency).

India's relationship with ASEAN countries is at the heart of its Act East Policy and occupies a central place in its MAHASAGAR vision, Prime Minister Narendra Modi said on Monday as he embarked on a two-day visit to the Philippines.PM Modi is visiting Manila on Monday and Tuesday to participate in the 23rd ASEAN-India Summit and the 21st East Asia Summit at the invitation of Philippine President Ferdinand R Marcos Jr.In a post on X, the prime minister said, "India attaches immense importance to close friendship with ASEAN nations.

I'm also looking forward to interacting with the Indian community based in the Philippines.

"In his departure statement, the PM said India's ties with ASEAN, rooted in centuries of civilisational exchanges, have evolved into a dynamic partnership spanning trade, connectivity, maritime security, technology and people-to-people relations.



PM Modi said he looks forward to working with fellow leaders at the ASEAN-India Summit to build on the progress of the Comprehensive Strategic Partnership and give further momentum to shared aspirations for growth, connectivity and prosperity.

He said the East Asia Summit will provide an important platform for discussing regional and global challenges and that he will exchange views with participating leaders on strengthening peace, stability and cooperation in the Indo-Pacific.The prime minister will also interact with the Indian community in the Philippines, whose contributions, he said, strengthen the bonds of friendship between the two countries.He expressed confidence that the visit will impart fresh energy to India's partnership with ASEAN and reinforce the collective commitment to a peaceful, prosperous and resilient Indo-Pacific.In a social media post, Ministry of External Affairs spokesperson Randhir Jaiswal said PM Modi has departed for Manila.

Making investments politics-proof: Why Chandrababu Naidu is bringing unique law

Andhra Pradesh Chief Minister N Chandrababu Naidu has proposed a first-of-its-kind Investment Protection Act to assure investors that their commitments will remain protected even when governments change. Here's why Andhra Pradesh felt the need for such a law, and how it could reshape its investment climate.

Manglauru.(Agency)

Vendetta is often a weapon in political battles. But corporates get caught in the crossfire of retribution. Investments take a hit, and so does the image of the government and common people. When political guards change and political rivalries spill over into policy decisions, it is often investors, businesses and the economy of the state that pay the price. Andhra Pradesh Chief Minister N Chandrababu Naidu now wants to change that with a proposed Investment Protection Act. The proposed legislation would ensure that a change of political guard does not impact approved projects and investments, and experts have called this a game changer.

Announcing the proposed legislation at the



31st Confederation of Indian Industry (CII) Partnership Summit in Visakhapatnam on November 12, the Telugu Desam Party (TDP) president said the law would safeguard investors from "regime changes" and "political vendetta". He also urged Union Commerce and Industry Minister Piyush Goyal, who was present at the CII summit, to take up the proposal at the Centre and push for similar legislation at the national level.The proposed law comes against the backdrop of several investment and infrastructure decisions of Naidu's previous government being reversed after YSR Congress Party (YSRCP) president YS Jagan Mohan Reddy came to power in 2019. The cancellations, policy reversals and review of contracts triggered concerns among businesses, exposing vulnerabilities in Andhra Pradesh's investment climate.Naidu, who is hailed as the "CEO Chief Minister" and pioneer of India's IT Revolution, said that investors should not have to worry about the political fortunes of the party that brought them to a state.

Narmada water in 126 new villages of two MP districts

BHOPAL(Agency).

As many as 126 villages of western Madhya Pradesh's tribal-dominated Dhar and Alirajpur districts are set to receive water from the Narmada for the first time as a Rs 1,400 crore Dahi Micro Lift Irrigation Project was inaugurated on Sunday.Governor Mangubhai C Patel joined chief minister Mohan Yadav at the state level program of Jan Jaitiya Gaurav Diwas (Tribal Pride Day) in Dhar district, in inaugurating the project. Built by the Narmada Valley Development Authority, the project will supply water to 126 villages across the two districts, including 84 in Dhar and 42 in Alirajpur district.The project is expected to benefit over 1 lakh farmers and



irrigate around 47,000 hectares of farmland. The chief minister called it a gift for the region and said it would strengthen agriculture and benefit lakhs of farmers.

The project was first approved in May 2019 under the Kamal Nath-led Congress government at an estimated Rs 1,127.82 crore. Construction was reported complete on June 30, 2026, and the system had been undergoing testing before Sunday's formal launch. The cost has since risen to `1,353 crore.The inauguration was the centrepiece of the state's tribal pride celebrations, which also included the laying of foundation stones and inauguration of various development works. For farmers who have long depended on erratic rainfall, the real test will be how quickly and reliably water reaches their fields.The governor and chief minister also presented development projects worth over `1,570 crore, comprising 115 works, to the people of Dhar district. These include the inauguration of eight projects worth `1,402 crore and Bhoomi Poojan of 107 works worth Rs 168.56 crore.The Dahi project comes less than a month after the chief minister inaugurated the Rs 2,500 crore Narmada-Mahi Link Micro-Lift Irrigation.

BJP calls Bharat Summit an 'Anti-India Summit', accuses Congress of aiding forces against India

Hyderabad.(Agency).

The BJP on Monday launched a fresh attack on Congress leader Rahul Gandhi over the Bharat Summit held in Hyderabad, accusing him of providing a platform to forces allegedly working against India's interests and using the event to undermine the country's democratic institutions.Addressing a press conference at the BJP headquarters in New Delhi, party spokesperson Gaurav Bhatia termed the November 14 event an "Anti-India Summit", alleging that Gandhi had brought together individuals who sought to defame India and create instability."Rahul Gandhi is engaged in bringing together anti-India forces. There is hardly any platform where he does not attempt to defame India, create chaos and conspire to bring instability to the country," Bhatia alleged.

He particularly objected to the participation of Giacomo Filibeck, secretary general of the Party of European Socialists, who raised the slogan "Vote Chor, Gaddi Chhod" (Vote thief, quit the throne) at the summit.Bhatia alleged that Gandhi failed to object to a foreign national commenting on India's electoral process and was instead seen applauding and smiling during the remarks."How can the Leader of Opposition applaud, laugh and appear happy over remarks concerning India's sovereignty and democratic system?" he asked.The BJP spokesperson accused Gandhi of seeking foreign support to challenge the Narendra Modi government and questioned whether he believed that overseas forces should help the Congress win elections.

"The voters of India will decide who forms the government. India's democracy does not depend on the approval or acceptance of any foreign individual or leader," Bhatia said.He also questioned the expenditure on the Bharat Summit, claiming that the Telangana government's website indicated that public funds were used to organise the event.

Men On Bike Chase Lion On Motorcycles At Gujarat Safari Park

New Delhi(Agency).

Three outsources forest staff officials were relieved of their after a video purportedly showing them chasing a lion on a motorcycle at Ambardi Safari Park in Gujarat's Amreli district went viral on social media, an official said on Sunday."We had launched an inquiry into the incident. Some forest personnel were directing the lion towards its 'kraal' in the safari park in the evening. Usually, this routine exercise is carried out using a jeep, but some personnel used motorcycles," Principal Chief Conservator of Forests Jaipal Singh told news agency PTI.A video showed men on bikes with the lion scampering around, with some pointing out that the animal was being harassed. In-charge Assistant Conservator of Forests (ACF) Mitesh Vaniya, PTI reported, said the video was recorded during the Diwali festival. He, however, denied that the lion was harassed, adding that the officials were directing the animal towards an enclosure.The safari park spans over 300 hectares, and every day at 5 pm, the lions are fed in a 100x100-metre fenced area called a kraal. The officials in the video spotted a lion straying from the kraal and



were directing it towards the enclosure. There was no intention to harass the animal," Vaniya said.Ambardi Safari Park witnessed heavy tourist rush this season, and the forest staff worked continuously for 12 hours to ensure smooth management.

RSS Chief Warns Of Efforts To Divide India By "Magnifying Smaller Identities"

Jodhpur (Rajasthan)(Agency).

Rashtriya Swayamsevak Sangh (RSS) chief Mohan Bhagwat on Sunday stated that attempts are being made to divide India by magnifying smaller identities and inciting internal conflict, comparing such efforts to the divide-and-rule politics of British rule.

Addressing the 'Maru Ninad-2026' Ghosh Shivir organised by the RSS Jodhpur Prant at Rajaram Ashram in Shikarpura, Bhagwat remarked that while India is moving in the right direction today, certain global forces do not want the nation to become great."India is the treasure trove of everyone's hopes. But the state of the world is very strange. For their own selfish reasons, they don't even want India to become great. India moves forward; efforts are underway to create divisions by magnifying smaller identities and provoking conflict among people—tactics he compared to those used during British rule," the RSS Sarsanghchalak said. Urging society to remain united, Bhagwat stressed the need to



shed selfishness, petty differences, and ego while building an organised life rooted in Dharma and national service."Citing the Mahabharata, he noted that despite having a larger force of 11 Akshauhinis and stalwarts like Bhishma, Dronacharya, Karna, and Ashwatthama, the Kauravas lost because of internal discord. In contrast, the Pandavas won with seven Akshauhinis because they stayed united and resolved disputes to preserve harmony," he said.Highlighting the importance of grassroots leadership, Bhagwat said society follows trusted elders and role models.He stated that every village, street, and neighbourhood needs 25 to 100 selfless individuals of pure character who stand with people in times of joy and sorrow and are dedicated to the country. Referring to the principle that actions shape habits, habits shape nature, and nature builds character, he remarked that character is true strength.

Speaking on the significance of the RSS Ghosh programme, Bhagwat traced the tradition of battlefield music to ancient texts like the Bhagavad Gita, citing the blowing of sacred conches such as Panchajanya and Devadatta.

Fatal attraction of spies and chips: The public price of private lives

In the Insta world, the 'Kodak moment' has morphed long ago into the 'Coldplay moment'. This week, the romantic dalliance of Nvidia CEO Jensen Huang with Alice Huang, allegedly a Chinese spy, lit screens across the world. The meme-world is ablaze. If the old maxim said that two wrongs don't make a right, it's now saying two Huangs don't make it right. As the headlines play out, the capital markets are trying to price the risks.Markets pride themselves in their ability to price anything and everything. They price wars, monsoons, elections, the derby and even the mood of central bankers. Nvidia can insure against fire, hedge its currencies, buy cover for its directors and even takes out a key-man policy in case the boss meets a bus. What companies and markets have struggled with is how to price character, how to map the unknown risks of leadership. The fatal attraction here is not the one between the Huangs, but between the market and a stock.Beyond the salacious imagery, the worry for the investor world at large is if the AI rally will hang with Huang. Nvidia is around 6 percent of the S&P500 index, 10 percent of the Nasdaq100 and is on pension fund assets across the world. The best they have is phraseology: key-man risk. Ergo, they assume it and pay for the assumption when the unknowns become known.Since Jensen Huang confessed to his extramarital affair on November 8, his company has lost over $500 billion in market cap. Huang, who owns 3.6 percent of the stock, lost more than $15 billion. Of every dollar that vanished, a little under four cents was his.The rest belonged to index funds, pension plans, insurers and the households behind them—none of whom were consulted on his weekends. The affair was private. The invoice is public.Economists, being economists, have looked at the phenomenon. In 2018, Brandon Cline, Ralph Walkling and Adam Yore published a paper in the Journal of Financial Economics with the unimprovable subtitle 'Sex, Lies and Firm Value'. They tracked 219 indiscretions by executives, the sexual, the dishonest, the intoxicated and the violent. On disclosure, the average company lost 1.6 percent of its value, or $110 million. When the sinner was the CEO, the loss was 4.1 percent, or $226 million. Nvidia's Monday was a textbook illustration with more zeros.As the markets lathered, as Nikkei and Nasdaq yo-yoed, the board lawyered up preparing for a multitude of probes by an array of three-letter agencies, and enquiries by US House and Senate committees. Setting the stage for the company's defence, the board ousted Huang on November 12 and sppointed Chief Financial Officer Colette Kress as interim CEO.

Great power, great temptations

Nvidia's is not the first CEO tripping on frailties. With great power comes great temptations. Literature has covered the ground the prospectus is struggling with. "I can resist everything except temptation," says Lord Darlington in Oscar Wilde's Lady Windermere's Fan.Harry Stonecipher, brought back to clean up Boeing's ethics, was asked to resign in 2005 over an affair with a female executive. Mark Hurd left Hewlett-Packard in 2010 after an inquiry into his relationship with a contractor.

Time to revisit philanthropy in India

Gandhi's trusteeship and Gates' monitoring model are among the pathways to choose from

PHILANTHROPY is both an old and a new idea in India. We get a glimpse of the old idea, which has its basis in caste, religion and trade practices, in Pushpa Sundar's 2017 book Giving with a Thousand Hands: The Changing Face of Indian Philanthropy. The Parsis, for example, have a reputation for being an active philanthropic community. Perhaps their worldview of Manashni (good thoughts), Gavashni (good words) and Kunashni (good deeds) has something to do with it.Similarly, the Lalbhais of Ahmedabad, drawing on Jain and Vaishnav philosophies and the institution of the Nagarsheth that they occupied, acquired a reputation as philanthropists; they established the Indian Institute of Management Ahmedabad (IIM-A) and the Ahmedabad Educational Society.In contrast to this old-world philanthropy, the new idea that has caught the imagination of India looks at philanthropy in the US. Bain & Company, the global consultancy firm that publishes the annual India Philanthropy Report, notes a growing trend towards philanthropy by individuals, families and corporates in India. Unsurprisingly, from the Bain perspective, capitalism and philanthropy go together.

Beyond these two positions, however, there are at least three reasons for us to revisit philanthropy in India. The first is the current imbroglio concerning the governance of Tata Trusts. Established in 1892, it was deliberately given a majority stake (66%) in the principal holding company of the Tata Group, Tata Sons. They would thereby have a steady source of income for philanthropy. Why then is there a governance controversy today? What is it telling us about ourselves? What will be its implications for the philanthropy of Tata Trusts?

The second curious factor is the extremely small number of Indian billionaires, just five, who have signed the "Giving Pledge" that voluntarily commits individuals to giving 50% of their wealth during their lifetime. According to the Forbes Billionaire List (2026), India has 229 billionaires and is ranked third after the US and China. So, why have so few made this pledge? It's another hard question to which we need answers.

The third reason is Mahatma Gandhi's concept of trusteeship. It is an ethical idea superior to philanthropy and yet, despite his campaigning for it, there were no takers. According to Gandhi, only Jamnalal Bajaj came close to embodying this concept.Rather than retrace the Indian discussion, which to me is "same old, same old", let me present ideas/practices that have a bearing on Indian philanthropy. I will begin with Gandhi's idea of trusteeship and then move on to the contrasting perspectives of Bill Gates, MacKenzie Scott and Elon Musk.The core of Gandhi's idea is to convert an "owner" into a "trustee". This requires a change of heart: even though capitalists retain control of their wealth, they hold most of it in trust "for God", by which Gandhi meant "the people". Only a small "portion" is available for personal use. Trusteeship recognises capitalists' special skills at wealth creation but does not see this as providing moral grounds for them to use, and alienate, as they so desire. No private zoo for them — they are merely its trustees, not owners. They have to always keep the public good in mind.When asked how much of this wealth should be for the capitalist's personal use, Gandhi suggested 1%, a





figure similar to the proportion of his net assets that Warren Buffett considered enough for him to fulfil all his desires. Trusteeship, for Gandhi, was opposed to capitalism, which he believed was rooted in violence.

However, giving up ownership of one's wealth and becoming a trustee puts too great an ethical burden on capitalists, who prefer to remain owners. Despite trusteeship's roots in the Bhagavad Gita's concept of aparigraha (non-attachment), capitalists here, as elsewhere, want to enjoy social and political power. Control of wealth gives it to them.

In contrast to trusteeship was the idea of philanthropy propounded by Andrew Carnegie in his slim book The Gospel of Wealth. The philanthropy he practised was about controlling both the giving of his wealth and its destination. Philanthropy was, for him, an opportunity to make available to the subaltern classes institutions for their uplift, such as parks, concert halls, museums and libraries — which he built. Carnegie also sponsored research, especially in the medical field, in universities. Philanthropy was the way to provide facilities for the less well-off to improve themselves. He, however, remained a profit-maximising capitalist. This conundrum of hard capitalism with soft philanthropy is at the heart of philanthropic work in America.Bill Gates endorses Carnegie's philosophy. He uses management tools to monitor the flow of money. To his credit, his work has had a significant impact on global public health. Unlike a trustee, Gates seeks to both decide the cause to which he will give money and the process by which it will be disbursed. For Gates, capitalism and philanthropy need each other.Although MacKenzie Scott is a capitalist by default, having acquired her wealth because of her divorce from Jeff Bezos, she has adopted a light-touch approach to giving. She chooses not to monitor how her funds are deployed once she has identified a recipient. She makes the grant and allows the grantee to decide how and where it should be spent. Most of her awardees work with underserved communities. She cedes spending decisions to them, a strategy applauded by Melinda French Gates and Jack Dorsey, who now seek to emulate it.

MacKenzie Scott's strategy of giving (nearly $26 billion and counting) has been described by Musk as "making the world a worse place". For him, the way forward to address the problems of the world is not philanthropy but capitalism. In his view, more for-profit companies like his that are mission-driven are more effective in achieving good than philanthropy.

India Story is not just about the paths taken, also those lying ahead

Modi is a master of nuanced communication: with characteristic humour, he thanked journalists for attending a gathering of "non-breaking news".

Explaining India's growth story can be a complex task. But then, Prime Minister Narendra Modi is an expert at unravelling complexities. His message at the Diwali media meet in Delhi was concise: go beyond the daily news cycle and become chroniclers of a nation in the midst of transformation. Modi is a master of nuanced communication: with characteristic humour, he thanked journalists for attending a gathering of "non-breaking news".The lighter moment set the tone for a larger message about the urgency of India's development ambitions. His analogy between newsroom deadlines and national development targets was an innovative twist on how deadlines speed up the pace of work, sharpens priorities and creates a sense of purpose. India's ambition of becoming a developed nation by 2047, he clarified, needs similar commitment.Modi's appeal to showcase the India Story was particularly significant. Citing the country's young population, affordable data services and achievements such as Chandrayaan-3, the Chenab railway bridge and UPI, he highlighted India's growing technological and engineering capabilities.

Journalists must seek out grassroots stories of innovation, enterprise and social transformation was the fundamental message, as he drew a parallel with Mann Ki Baat, which brings lesser-known achievers and local initiatives into



the national conversation. Most important was his appeal to publicise the danger of substance abuse among youth, and raising awareness about deepfakes.It was a reminder that journalism's influence extends beyond reporting events to shaping public awareness and encouraging collective action.Modi was both Prime Minister and chief editor on the stage; his view was that reporting on infrastructure expansion, technological innovation and entrepreneurial energy must go hand in hand with explaining their economic and social impact.This explains how the country's progress is not a single narrative but a multitude of stories unfolding across regions, industries and communities. Bringing them together can help citizens understand both the scale of change and the possibilities ahead through sustained effort from every institution.The media has a distinctive contribution to make in this endeavour: showcase achievements while illuminating shortfalls, connect local successes with national aspirations and keep public attention focused on the road ahead. Telling the India Story is not simply about celebrating how far the country has travelled; it is also about helping Indians understand how much farther India can go.

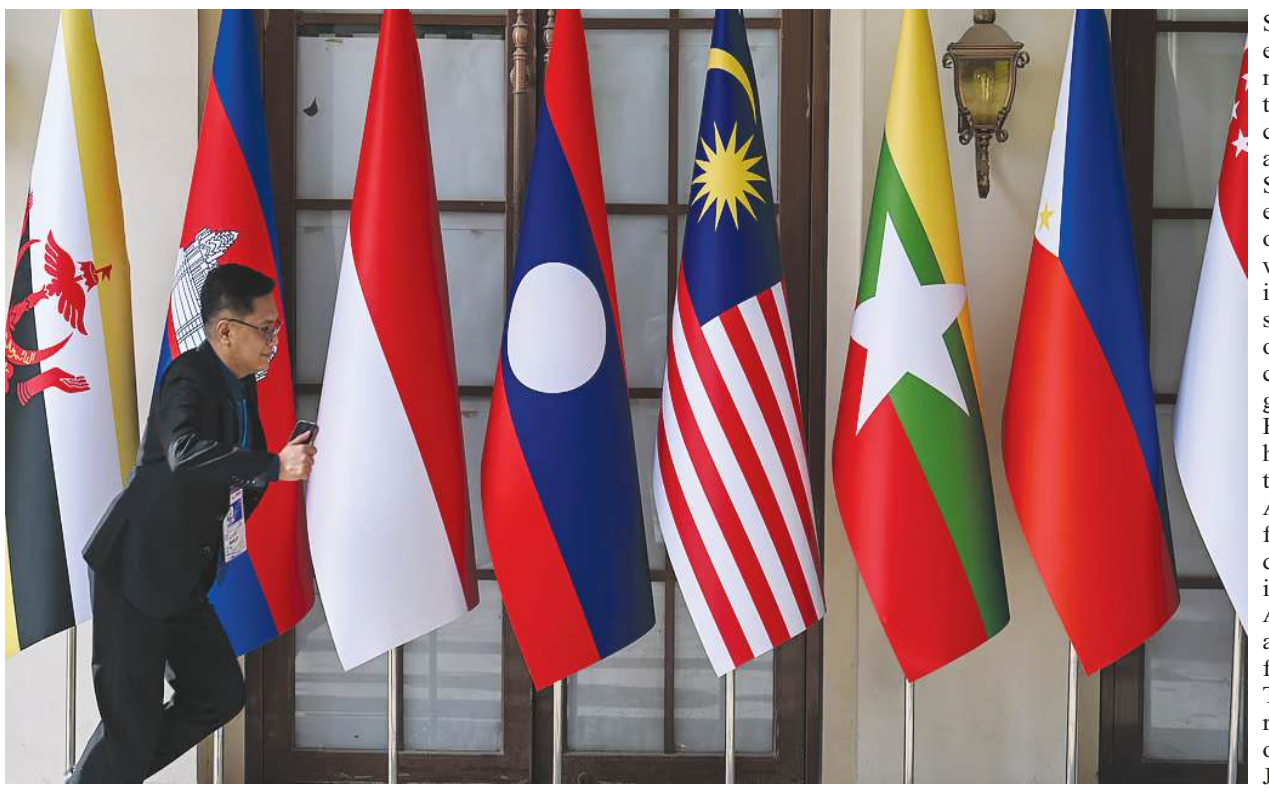
Slow and stodgy on the eastern front

From New Delhi's perspective, this will also mark the 23rd ASEAN-India Summit, with a key focus on improving maritime security cooperation.

The word 'jamboree' probably accurately sums up what will unfold in Manila this Monday. As the 49th ASEAN Summit commences with the Philippines as the chair, the build-up to main summit of Southeast Asian leaders will be preceded by a flurry of meetings to set the tone and agenda, as well as multiple related mini-summits.Most of this work is coordinated by the ASEAN secretariat. That and all the other coordinating group meetings in the run-up to the main event seek to align both the final declarations and review of the annual progress of the grouping. As an official process, it is a massive effort of many moving parts.

This year's summit theme—'Navigating the future, together'—remains critically distinct. For the first summit chaired by President Ferdinand 'Bongbong' Marcos Jr, it could not be more apt in describing what the bloc is facing given the turbulent world order at present, where fragmentation remains the key determinant of how systemic factors are shaped.

The year beyond the summit will be crucial for ASEAN's relevance in the region and the larger cause of how multilateralism evolves in the current environment. Given this backdrop, this article focuses on the year's core issues for the bloc and the manner in which the grouping may move prior to handing the chairmanship to Singapore in 2027.The most interesting set of issues to watch out for during the summit will fall in three critical areas. First, how the ASEAN leadership under the Philippines addresses two of the core issues within the grouping—the situation in Myanmar, which remains far from seeing any resolution, and the manner in which geopolitics of the South China Sea is being shaped through the year.



The question that looms large is whether either of these issues will find any long-term answers at the summit.The continuing military rule in Myanmar and the kind of electoral process held over three phases from late last year to early this year have not gone down well either within the ASEAN or in the rest of the international community. While ASEAN's principle of remaining out of the domestic politics of its member States may have held some significance in its early years, this option of ignoring the situation in member countries is no longer tenable.Increasingly, the civil societies in countries such as Indonesia and the Philippines are coming out stronger against violence within States. ASEAN itself has been less than endorsing of the electoral results and the efforts of the Filipino special envoy to Myanmar has met with little success, though some progress is seen in terms of meeting the conflicting parties.The situation also reflects the fact that the government of President Ming Aung Hliang is not in full control of the country and National Union government supported by the People's Defence Force and various ethnic armed organisations have a hold on a bit over 40 percent of the nation's territory. This unprecedented situation pushes ASEAN to continuously reiterate its original five-point consensus, which looks at an inclusive dialogue of all stakeholders. While the ban on inviting the Myanmar president continues, the ASEAN has been unable to deliver a resounding and effective result on the country. This remains far from being adequately addressed.

Through te past year, the bloc has had several rounds of meetings to look at furthering the Code of Conduct (CoC) for South China Sea. Even in January, when the Philippines took over the chair, it was assumed that the CoC would feature strongly in this year's agenda, based on the host's position and increasing geopolitical tensions in the area.

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भोजपुरी छठ गीत

दउरा मउरा पर

- श्याम कुंवर भारती



ठेकुआ बबुआ झबुआ रघुआ
दउरा मऊरा पर उठा लिहले।

उखिया घउनदिया सुखिया दुखिया
सुपवा मथवा पर उठा लिहले।

छठी के बरतिया अरघिया के बेरिया
घटवा में छठवा मना लिहले।

उगते सूरज के मन गोहराईके
दुधवा से अरघिया चढ़ा दिहले।

सँझवा के बेरवा संग परिवरवा
नदिया के ओरवा पगवा बढ़ा दिहले।

मेला के ठेला में छठ के बरतिया
भारती करी आरती मनसा पूरा लिहले।

পিতৃ পৰৰ অনুষ্ঠান: গযা ফাল্গু নদীতে ব্যাপক উপস্থিতি সাৰী

বহিৰ: আজ পিতৃ পৰ ২০২৫-এৰ দ্বিতীয় দিনে গযাৰ পবিত্ৰ ফাল্গু নদীৰ তীৰে ভক্তি ও ঐতিহ্যৰে এক গভীৰ প্ৰদৰ্শনী অনুষ্ঠিত হয। প্ৰায ৫০,০০০ এৰও বেশি ভক্ত পিণ্ড দান ও তৰণ অনুষ্ঠানে অংশ নিতে এখানে জড়ো হন। মন্ত্ৰপাঠৰে ছন্দ, ধূপৰে সুবাস এবং পুণ্যাৰ্থীদৰে শ্ৰদ্ধাগ্ৰাহী প্ৰাৰ্থনাৰ সঙ্গে পুৰো পৰিবেশ মুখৰিত ছিল। আবগেঘন পৰিবেশে পুত্ৰৰো তাদৰে মাতাৰ জন্য পিণ্ডদান কৰলনে, কন্যাৰা কাঁদতে কাঁদতে তাদৰে পিতামাতাৰ প্ৰতি বিদায জানালনে, আৰ এক শন্থি তাৰ প্ৰযাত মাযৰে তৰণ অৰ্পণ কৰে উপস্থিতি সবাৰ মনকে স্তব্ধ কৰে দযিছে।

এই অনুষ্ঠান, যা হিন্দু ঐতিহ্যৰে গভীৰ অংশ, জীবিত ও প্ৰযাতৰে মধ্যে পবিত্ৰ সম্পৰ্ক কৰে প্ৰতীক, যা প্ৰজন্মৰে আত্মাৰ শান্তি ও মুকুৰি আশ্বাস দযে বলে বিশ্বাস কৰা হয।

দীঘ সাৰি ও দাহক তাপ সত্ত্বেও ভক্তৰা তাদৰে অটল নিষ্ঠা প্ৰদৰ্শন কৰলনে। বিশেষভাবে নিৰ্মিত পদ্মিঞ্চে জল, তিল ও পিণ্ডদান কৰে নদীতে পবিত্ৰ স্নান কৰলনে।

পুৰোহিতৰো ভাবগম্ভীৰ্যপূৰ্ণ মন্ত্ৰে সমস্ত অনুষ্ঠান পৰিচালনা কৰে পূজাপৰে আধ্যাত্মিক পৰিবেশে আৰও বৃদ্ধি কৰলনে। গযা, যা গড়শংযধ-এৰ ভূমি হিসেবে পৰিচিত, পিতৃ পৰৰে সময়ে বিশেষ তাৎপৰ্য ধাৰণ কৰে। এ সময দেশৰে কোণাকুণি থকে এবং বিদেশে থকেও হাজাৰো পুণ্যাৰ্থী এখানে আসে। স্থানীয কৰ্তৃপৰ জানযিছে, এই বছৰৰে উপস্থিতি প্ৰত্যাশাৰ অনকে ওপৰে গযিছে, যা প্ৰাচীন ঐতিহ্যৰে প্ৰতি অটুট শ্ৰদ্ধাৰ পৰিচাযক।

একজন ভক্ত বলনে, "এই ৰীতিনীতি কেবলমাত্ৰ একটি ঐতিহ্য নয, এটি পিতৃপুৰুষৰে প্ৰতি কৃতজ্ঞতা প্ৰকাশ এবং আমাদৰে পবিত্ৰ কৰ্তব্য পালনৰে মাধ্যম।"

সন্ধ্যাৰ দিকে যখন আকাশ ধীৰে ধীৰে অন্ধকাৰাবৃতি হতে লাগল, ফাল্গুৰ পাড়ে প্ৰদীপৰে আলো নদীতে ভাসতে লাগল, যা চিৰন্তন স্মৃতিৰ প্ৰতীক হিসেবে ঝলমল কৰছিল।

रेजरपे आईपीओ को मिली सेबी की मंजूरी, 6,500 करोड़ तक जुटाएगी कंपनी

2027 की पहली तिमाही में लिस्टिंग संभव, वित्त वर्ष 25 में राजस्व बढ़ा, लेकिन घाटा भी हुआ

नई दिल्ली ।

देश की प्रमुख फिनटेक कंपनी रेजरपे को आखिरकार शेयर बाजार में लिस्ट होने के लिए भारतीय प्रतिभूति और विनिमय बोर्ड (सेबी) से हरी झंडी मिल गई है। कंपनी का लक्ष्य इस आईपीओ के जरिए 5,500 से 6,500 करोड़ रुपए तक जुटाना है और इसकी लिस्टिंग 2027 की पहली तिमाही में होने की उम्मीद है। यह कदम फिनटेक सेक्टर में रेजरपे की बढ़ती साख और निवेशकों के लिए एक बड़ा अवसर प्रस्तुत करता है, हालांकि कंपनी के वित्तीय प्रदर्शन में मजबूत राजस्व वृद्धि के साथ-साथ घाटा भी दर्ज किया गया है। सेबी की मंजूरी और वैल्यूएशन की स्थिति रेजरपे को हाल ही में सेबी से ड्राफ्ट आईपीओ दस्तावेजों पर अंतिम टिप्पणियां मिली थीं, जिसके बाद कंपनी अब अपनी लिस्टिंग की दिशा में आगे बढ़ सकती है। कंपनी ने जून में गोपनीय तरीके से ड्राफ्ट रेड हेरिंग प्रॉस्पेक्टस जमा किया था। बाजार में रेजरपे का संभावित वैल्यूएशन करीब 5 अरब डॉलर (लगभग 49,000-50,000 करोड़ रुपए) आंका जा रहा है, जो 2021 में मिले 7.5 अरब डॉलर के वैल्यूएशन से कम है। आईपीओ में 2,700 करोड़ रुपए के नए शेयर जारी किए जाएंगे, जबकि मौजूदा निवेशक ऑफर फॉर सेल के जरिए अपनी हिस्सेदारी का कुछ हिस्सा बेच सकेंगे। एक्सिस कैपिटल, जेपी मॉर्गन, सिटी और कोटक महिंद्रा कैपिटल इस आईपीओ के प्रमुख सलाहकार हैं। बाजार का रुख और रेजरपे की रणनीति रेजरपे ऐसे समय में आईपीओ ला रही है, जब नई टेक कंपनियों की कमाई, ग्रोथ और वैल्यूएशन पर निवेशक कड़ी नजर रख रहे हैं। वॉलमार्ट समर्थित फोनपे जैसी कंपनियों ने भी बाजार की अनिश्चितता के कारण अपनी आईपीओ योजना टाल दी थी। 2014 में स्थापित, रेजरपे कारोबारियों को ऑनलाइन, ऑफलाइन और क्रॉस-बॉर्डर पेमेंट सहित विभिन्न वित्तीय सेवाएं प्रदान करती है। कंपनी ने अपने ऑफलाइन पेमेंट कारोबार की रणनीति में बदलाव किया है,



जिससे लागत घटाने और मुनाफा बढ़ाने में मदद मिल सकती है। इसके अलावा, कंपनी ने मई 2025 में अमेरिका से भारत मुख्यालय स्थानांतरित कर रिवर्स फ्लिप प्रक्रिया पूरी की है, जिससे भारतीय बाजार में लिस्टिंग का रास्ता साफ हो गया।

मुंबई में सीएनजी फिर महंगी, 91.50 रुपए प्रति किलो पहुंचा दाम

साल में आठवीं बढ़ोतरी, जनवरी से अब तक 11 रुपये महंगा हुआ ईंधन

नई दिल्ली ।

मुंबई और आसपास के इलाकों में कंप्रेस्ड नेचुरल गैस (सीएनजी) की कीमतें एक बार फिर बढ़ गई हैं, जिसने वाहन चालकों की चिंता बढ़ा दी है। महानगर गैस लिमिटेड (एमजीएल) ने रविवार, 15 नवंबर को सीएनजी के दाम में 1.50 रुपये प्रति किलोग्राम का इजाफा किया, जिसके बाद अब इसका खुदरा मूल्य 91.50 रुपये प्रति किलोग्राम के रिकॉर्ड स्तर पर पहुंच गया है। ये नई दरें 14 नवंबर की आधी रात से लागू हो गई हैं। यह इस साल की आठवीं वृद्धि है। जनवरी में 80.50 रुपये प्रति किलोग्राम रही सीएनजी की कीमत में अब तक कुल 11 रुपये प्रति किलोग्राम का इजाफा हुआ है, जो लगभग 14 प्रतिशत की बढ़ोतरी दर्शाता है। इस वृद्धि से मुंबई मेट्रोपॉलिटन रीजन (एमएमआर) में लगभग 12.93 लाख सीएनजी वाहनों, जिनमें ऑटो-रिक्शा, टैक्सी और निजी गाड़ियां शामिल हैं, के मालिकों का ईंधन खर्च बढ़ जाएगा। महानगर गैस लिमिटेड ने कीमतों में बढ़ोतरी की वजह गैस खरीदने की बढ़ती लागत, घरेलू प्राकृतिक गैस के कम आवंटन और आयातित रीगैसिफाइड लिक्विफाइड नेचुरल गैस पर बढ़ती निर्भरता को बताया है। कंपनी के अनुसार, मध्य पूर्व में जारी संकट और वैश्विक ऊर्जा बाजारों में उतार-चढ़ाव ने उनकी इनपुट लागत को काफी बढ़ा दिया है। एमजीएल ने कहा कि यह बढ़ोतरी लागत के बढ़ते बोझ को कुछ हद तक कम करने और सीएनजी की निर्बाध आपूर्ति सुनिश्चित करने के लिए की गई है। कंपनी लागत नियंत्रण के प्रयास जारी रखने का दावा कर रही है।

टाटा स्टील 27 तक एनआईएनएल विलय पूरा करेगा

40 हजार करोड़ रुपए के विस्तार का मार्ग प्रशस्त

नई दिल्ली ।

टाटा स्टील वित्त वर्ष 2026-27 तक नीलाचल इस्पात निगम लिमिटेड (एनआईएनएल) का अपने साथ विलय करने की प्रक्रिया पूरी करने की तैयारी में है। कंपनी के एक कार्यकारी निदेशक ने बताया कि इस रणनीतिक कदम से ओडिशा में 40,000 करोड़ रुपये के निवेश से इस्पात उत्पादन क्षमता के बड़े विस्तार का मार्ग प्रशस्त होगा।

कार्यकारी निदेशक चटर्जी ने पुष्टि की कि विलय प्रक्रिया तय कार्यक्रम के अनुसार आगे बढ़ रही है। हालांकि, इसे राष्ट्रीय कंपनी विधि न्यायाधिकरण (एनसीएलटी) की अंतिम मंजूरी का इंतजार है, जिसकी सुनवाई इसी महीने के अंत में प्रस्तावित है। विलय की मंजूरी मिलते ही टाटा स्टील एनआईएनएल की मौजूदा 10 लाख टन सालाना क्षमता में करीब 50 लाख टन की अतिरिक्त क्षमता जोड़ेगी। यह 40,000 करोड़ रुपए का विस्तार मुख्य रूप से लंबे इस्पात उत्पादों, जैसे सरिया, के उत्पादन पर केंद्रित होगा। टाटा स्टील ने जुलाई 2022 में 12,100 करोड़ रुपए में एनआईएनएल का अधिग्रहण किया था। एनआईएनएल केंद्र सरकार की निजीकरण प्रक्रिया के तहत निजी हाथों में जाने वाली पहली सरकारी इस्पात कंपनी थी। यह विलय टाटा स्टील की ओडिशा में अपनी उत्पादन क्षमता बढ़ाने और इस्पात कारोबार को मजबूत करने की रणनीति का अहम हिस्सा है।

माइक्रोसॉफ्ट की ग्लोबल सेवाएं बहाल, 24 घंटे बाद मिली राहत

आउटलुक, टीम्स, माइक्रोसॉफ्ट 365 जैसी प्रमुख सेवाएं प्रभावित

नई दिल्ली ।

माइक्रोसॉफ्ट ने शनिवार को घोषणा की कि उसकी सभी कंज्यूमर और एंटरप्राइज सेवाएं, जो 24 घंटे से अधिक समय से एक वैश्विक तकनीकी रुकावट के कारण बाधित थीं, अब पूरी तरह से बहाल कर दी गई हैं। इस आउटेज ने दुनिया भर के लाखों उपयोगकर्ताओं को प्रभावित किया, जिन्हें आउटलुक, टीम्स और माइक्रोसॉफ्ट 365 कोपायलट जैसी आवश्यक सेवाओं तक पहुँचने में गंभीर चुनौतियों का सामना करना पड़ा। तकनीकी दिग्गज माइक्रोसॉफ्ट ने अपनी सभी उपभोक्ता और उद्यम सेवाओं की पूर्ण बहाली की पुष्टि की है, जिससे 24 घंटे से अधिक समय तक चली एक वैश्विक तकनीकी बाधा समाप्त हो गई है। कंपनी के सर्विस स्टेटस पेज पर सभी सेवाएं बहाल का संदेश पोस्ट किया गया, जो दुनिया भर में लाखों उपयोगकर्ताओं के लिए राहत की बात है। यह समस्या गुरुवार को शुरू हुई और शुक्रवार तक कई देशों में व्यवसायों, सरकारी एजेंसियों और व्यक्तिगत उपयोगकर्ताओं को प्रभावित करती रही। आउटलुक, टीम्स, माइक्रोसॉफ्ट 365 कोपायलट, शेयरपॉइंट ऑनलाइन और अन्य



क्लाउड-आधारित सेवाओं तक पहुंचने में कठिनाइयों के कारण ईमेल सेवाएं बाधित हुईं, वर्चुअल मीटिंग्स पर असर पड़ा और महत्वपूर्ण कार्यों में बाधा आई। माइक्रोसॉफ्ट ने इस वैश्विक आउटेज के लिए अपने ग्राहकों और साझेदारों से गहरा खेद व्यक्त किया है। कंपनी ने स्पष्ट किया कि यह एक तकनीकी समस्या थी, जिसका साइबर हमले या एआई एजेंट्स से कोई लेना-देना नहीं था।

यह खराबी नेटवर्क क्षमता को बढ़ाने (नेटवर्क कैपेसिटी अपग्रेड) के दौरान आई, जो हाल ही में किए गए एक नेटवर्क बदलाव के बाद सामने आई।

साइकिल के पुर्ज़े से एआई-सैटेलाइट तक सुनील मित्तल का 50 साल का बेमिसाल सफ़र

मोबाइल एआरपीयू 350 रुपए करने पर जोर; एआई, क्लाउड और सैटेलाइट पर एयरटेल का भविष्य केंद्रित

नई दिल्ली ।

लुधियाना में साइकिल के पुर्जे बनाने की छोटी इकाई से शुरू होकर सुनील भारती मित्तल का सफर आज भारती एयरटेल को दुनिया की सबसे बड़ी दूरसंचार कंपनियों में शामिल कर चुका है। समूह अपनी 50वीं वर्षगांठ मना रहा है, और इस मौके पर मित्तल ने कंपनी के तकनीकी भविष्य की महत्वाकांक्षी रूपरेखा पेश की है। उनका लक्ष्य एयरटेल को महज दूरसंचार सेवा प्रदाता से आगे बढ़ाकर एक व्यापक प्रौद्योगिकी कंपनी बनाना है, जिसके केंद्र में संपर्क हो और विस्तार कृत्रिम मेधा (एआई), डिजिटल वित्तीय सेवाओं, सॉवरेन क्लाउड और सैटेलाइट संचार तक हो। इस भविष्य की तस्वीर के साथ ही मित्तल ने एक स्पष्ट संदेश दिया है कि भारत में मोबाइल सेवाओं की कीमतें बढ़नी चाहिए। उनके अनुसार, प्रति ग्राहक औसत राजस्व (एआरपीयू) बढ़कर 350 रुपए प्रतिमाह होना चाहिए, जो वर्तमान 271 रुपए से लगभग 29 फीसदी अधिक है। मित्तल ने बढ़ती परिचालन लागत और मोबाइल सेवाओं द्वारा प्रदत्त व्यापक सुविधाओं (बैंकिंग, शिक्षा, स्वास्थ्य) का हवाला देते हुए इसे उचित ठहराया, जो प्रतिदिन 10-12 रुपये के खर्च पर उपलब्ध हैं। इस तकनीकी परिवर्तन को साकार करने के लिए भारत को अपने डिजिटल बुनियादी ढांचे में भारी निवेश की जरूरत है, जिसमें मोबाइल टावरों की संख्या दोगुनी करना और फाइबर नेटवर्क का विस्तार शामिल है। मित्तल ने



2016 में रिलायंस जियो के प्रवेश जैसे महाभारत के दौर को याद करते हुए तीन निजी और एक सरकारी दूरसंचार कंपनी के आदर्श मॉडल का समर्थन किया।

केडब्ल्यू ग्रुप ने गाजियाबाद में खरीदी 1.5 एकड़ जमीन

नई दिल्ली ।

रियल एस्टेट सेक्टर की प्रमुख कंपनी केडब्ल्यू ग्रुप ने उत्तर प्रदेश के गाजियाबाद स्थित इंदिरापुरम में एक महत्वपूर्ण कदम उठाया है। कंपनी ने नीलामी के जरिए 134 करोड़ रुपए में 1.5 एकड़ (लगभग 5,965 वर्ग मीटर) फ्रीहोल्ड जमीन का अधिग्रहण किया है। इस भूखंड पर समूह एक अल्ट्रा-लग्जरी आवासीय परियोजना विकसित करने की योजना बना रहा है। केडब्ल्यू ग्रुप द्वारा गाजियाबाद के स्थानीय विकास प्राधिकरण से खरीदी गई यह जमीन इंदिरापुरम में एक रणनीतिक स्थान पर है।

इस परियोजना में करीब पांच लाख वर्ग फुट क्षेत्र के विकास की संभावना है, जिसका अनुमानित सकल विकास मूल्य (जीडीवी) 877 करोड़ रुपए आंका गया है। इसे ब्लैकस्टोन समर्थित एएसके प्रॉपर्टी फंड से 150 करोड़ रुपए का निवेश समर्थन भी प्राप्त है। केडब्ल्यू ग्रुप के एक अे धिकारी ने बताया कि इंदिरापुरम में अल्ट्रा-लग्जरी आवास की कमी थी, जिसके लिए खरीदारों को दिल्ली या नोएडा देखना पड़ता था। उनकी परियोजना इस अंतर को भरेगी और बड़े आकार के प्रीमियम आवास उपलब्ध कराएगी। वैधानिक स्वीकृतियां मिलते ही निर्माण कार्य शुरू कर दिया जाएगा।

सेबी पूंजी बाजार में एआई इस्तेमाल के दिशानिर्देश जारी करेगा

निवेशक हित, पारदर्शिता व वित्तीय स्थिरता पर जोर

नई दिल्ली ।

पूंजी बाजार में कृत्रिम मेधा (एआई) के बढ़ते उपयोग को देखते हुए, भारतीय प्रतिभूति एवं विनिमय बोर्ड (सेबी) जल्द ही विस्तृत दिशानिर्देश जारी करेगा। सेबी के एक वे रिष्ठ अे धिकारी ने कहा कि इनका उद्देश्य प्रौद्योगिकी नवोन्मेषण को बढ़ावा देने के साथ निवेशकों के हितों, बाजार की पारदर्शिता और वित्तीय स्थिरता की रक्षा करना है। उन्होंने बताया कि इन दिशानिर्देशों में एआई के उपयोग की जानकारी देना, निर्णयों की जवाबदेही तय करना और महत्वपूर्ण फैसलों में मानवीय निगरानी बनाए रखना सुनिश्चित किया जाएगा। सेबी ने इस विषय पर पहले भी एक परामर्श पत्र जारी किया था। सेबी प्रमुख ने वित्तीय संस्थानों व सोशल मीडिया धोखाधड़ी से बढ़ते साइबर खतरों पर भी बात की। नियामक अपनी साइबर सुरक्षा व्यवस्था मजबूत कर रहा है, जिसके तहत मई में एक व्यवस्थित घटना-प्रतिक्रिया व्यवस्था शुरू की गई है। क्वांटम कंप्यूटिंग से संभावित खतरों के लिए सेबी मौजूदा कूटलेखन प्रणालियों की पहचान कर रहा है, क्योंकि 2032-2035 के बीच ये जोखिम गंभीर हो सकते हैं, जिसके लिए अभी से तैयारी जरूरी है। सेबी ने बाजार



निगरानी के लिए सुदर्शन जैसे तकनीकी उपकरण भी विकसित किए हैं। नियामक स्टार्टअप के लिए इनोवेटर्स ग्रोथ प्लेटफॉर्म (आईजीपी) को आकर्षक बनाने हेतु एक कार्यदल का गठन कर चुका है।

एफपीआई ने नवंबर में भारतीय शेयर बाजार में 84,290 करोड़ निवेश किया

वैश्विक एआई शेयरों में बिकवाली और कच्चे तेल की कीमतों में गिरावट बनी प्रमुख वजह

नई दिल्ली ।

भारतीय शेयर बाजार में विदेशी पोर्टफोलियो निवेशकों (एफपीआई) ने नवंबर महीने में जोरदार वापसी दर्ज की है। लगातार दो महीने की शुद्ध बिकवाली के बाद एफपीआई ने नवंबर के पहले पखवाड़े (2 से 13 नवंबर) में भारतीय इक्विटी बाजारों में 84,290 करोड़ रुपये का विशाल शुद्ध निवेश किया है। यह पूंजी प्रवाह वैश्विक स्तर पर कृत्रिम मेधा (एआई) से जुड़ी कंपनियों के शेयरों में बिकवाली और कच्चे तेल की कीमतों में आई गिरावट जैसे अनुकूल कारकों से प्रेरित है, जिसने निवेशकों का ध्यान भारत की ओर खींचा है।

पूंजी प्रवाह और कारणों का विश्लेषण डिपॉजिटरी के आंकड़ों के अनुसार, यह महत्वपूर्ण निवेश अक्टूबर में 34,843 करोड़ रुपये और सितंबर में 35,861 करोड़ रुपये की शुद्ध निकासी के बाद आया है, जो भारतीय बाजार के लिए एक बड़ा बदलाव है। इस ताजा निवेश के साथ, चालू वर्ष में भारतीय शेयर बाजार से विदेशी निवेशकों की कुल निकासी घटकर लगभग 2.1 लाख करोड़ रुपये रह गई है, जो कुछ सप्ताह पहले करीब तीन लाख करोड़ रुपये थी।

बाजार विशेषज्ञों का मानना है कि इस वापसी के पीछे कई वैश्विक और घरेलू कारण हैं। वैश्विक स्तर पर कृत्रिम मेधा (एआई) से जुड़ी कंपनियों के शेयरों में आई बिकवाली ने निवेशकों को प्रौद्योगिकी-केंद्रित बाजारों से हटकर अन्य बाजारों में निवेश के अवसर तलाशने पर मजबूर किया।

इसके अतिरिक्त, नवंबर के पहले सप्ताह में ब्रेंट कच्चे तेल की कीमतों में लगभग 13 प्रतिशत की गिरावट और इसका 97 डॉलर प्रति बैरल के आसपास आना भी भारतीय बाजार के लिए सकारात्मक रहा। बड़ी भारतीय कंपनियों के शेयरों का आकर्षक मूल्यांकन भी एक वजह है।

सरकारी ठेकों में कम बोली पर शिकंजा, 30 फीसदी से अधिक छूट पर होगी जांच

गुणवत्ता व पारदर्शिता पर जोर, बोलीदाताओं से मांगा जाएगा स्पष्टीकरण

नई दिल्ली ।

सरकारी ठेकों में गुणवत्ता और समयबद्धता सुनिश्चित करने हेतु वित्त मंत्रालय ने एक अहम कदम उठाया है। अब अनुमानित लागत से 30 फीसदी से अधिक कम मूल्य की बोली लगाने वाली कंपनियों की अनिवार्य रूप से जांच होगी। सरकारी खरीद में असामान्य रूप से कम बोली (एएलबी) की पहचान के लिए यह नई सीमा तय की गई है। वित्त मंत्रालय के व्यय विभाग के नए दिशा-निर्देशों का मुख्य उद्देश्य यह सुनिश्चित करना है कि केवल कम कीमत की प्रतिस्पर्धा में काम की गुणवत्ता और समयबद्धता प्रभावित न हो। ऐसे मामलों में, संबंधित सरकारी एजेंसी बोली लगाने वाली कंपनी से लिखित स्पष्टीकरण मांगेगी, जिसमें उसे इतनी कम लागत में कार्य पूरा करने का विस्तृत तरीका बताना होगा। आवश्यकता पड़ने पर विस्तृत लागत विश्लेषण भी मांगा जा सकता है। हालांकि, केवल



कम बोली लगाना सीधे अस्वीकृति का कारण नहीं बनेगा। जांच के दौरान यदि कंपनी यह साबित करने में विफल रहती है कि वह प्रस्तावित कीमत पर निर्धारित गुणवत्ता का काम करने में सक्षम है, तभी उसकी बोली रद्द की जा सकती है। पहले कम बोली की पहचान के लिए कोई निश्चित प्रतिशत नहीं था, जिससे विभिन्न विभागों में एकरूपता की कमी थी। सरकार का लक्ष्य प्रतिस्पर्धा को रोकना नहीं, बल्कि यह सुनिश्चित करना है कि ठेका लेने वाली कंपनी प्रस्तावित कीमत पर निर्धारित गुणवत्ता के अनुरूप काम पूरा करे। यह नई व्यवस्था सरकारी खरीद में पारदर्शिता बढ़ाएगी और परियोजनाओं की गुणवत्ता तथा समय पर आपूर्ति सुनिश्चित करने में मदद करेगी।

10 दिनों में 8400 तक सस्ता हुआ सोना,चांदी 15000 लुढ़की

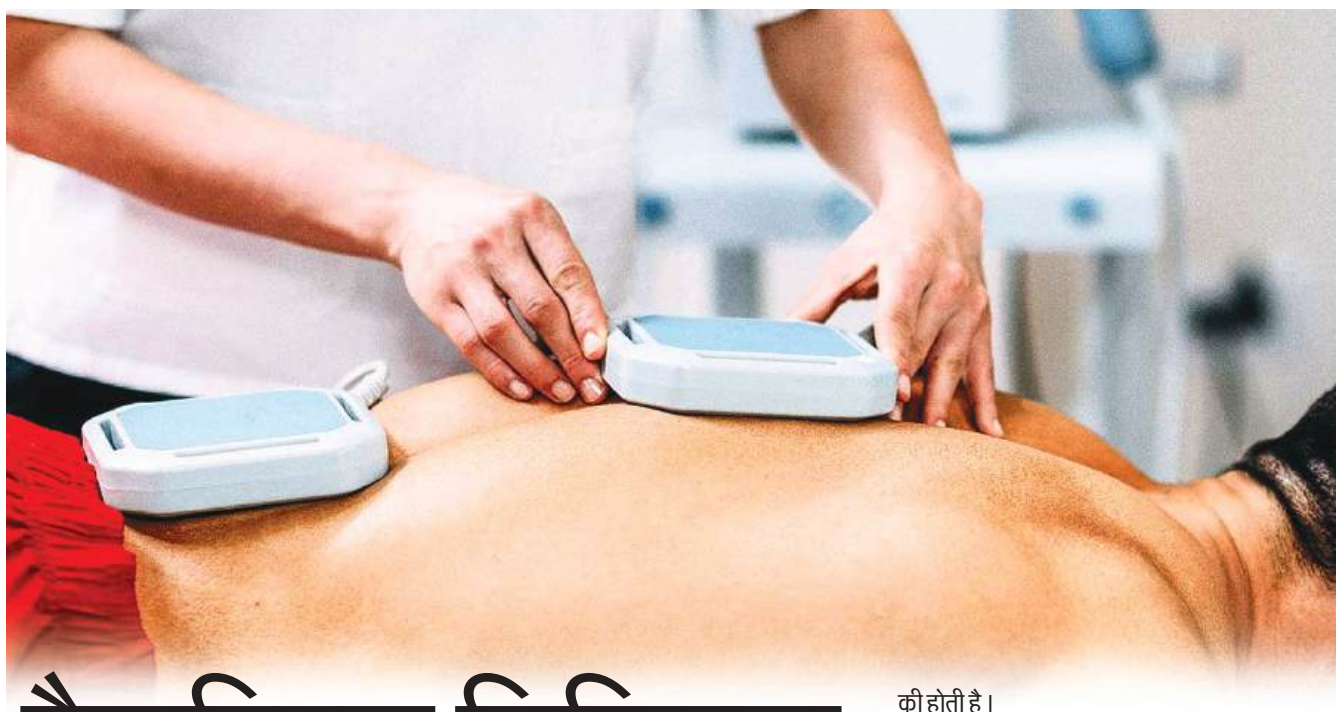
देवउठनी एकादशी से पहले बाजार में खुदरा मांग कमजोर

नई दिल्ली।

सोने और चांदी की कीमतों में रे विवार को कोई बदलाव नहीं हुआ है। हालांकि, पिछले 10 दिनों में इन कीमती धातुओं के भाव में भारी गिरावट दर्ज की गई है। इस दौरान 24 कैरेट सोना 8,400 रुपये तक और चांदी 15,000 रुपये प्रति किलो सस्ती हो चुकी है। यह गिरावट देवउठनी एकादशी से पहले कमजोर मांग और अंतरराष्ट्रीय बाजार में नरमी के कारण आई है, जिससे त्योहारों से ठीक पहले ग्राहकों को खरीदारी का अच्छा मौका मिल रहा है। पिछले 10 दिनों में सोने के भाव में बड़ी गिरावट पिछले 10 दिनों के आंकड़ों पर गौर करें तो, 5 नवंबर 2026 को 24 कैरेट सोना 1,46,170 रुपये प्रति 10 ग्राम पर था, जो अब घटकर 1,37,770 रुपये पर आ गया है, यानी 8,400 रुपये की बड़ी गिरावट।

इसी अवधि में 22 कैरेट सोना 7,700 रुपये सस्ता होकर 1,26,300 रुपये और 18 कैरेट सोना 6,300 रुपये सस्ता होकर 1,03,370 रुपये प्रति 10 ग्राम हो गया है।

खास बात यह है कि 10 से 13 नवंबर के बीच लगातार चार दिनों तक सोने की कीमतों में गिरावट दर्ज की गई, जिससे खरीदारों को बड़ी राहत मिली है। चांदी भी 15,000 रुपए सस्ती, मांग में सुस्ती प्रमुख कारण सोने के साथ-साथ चांदी की कीमतों में भी बड़ी गिरावट आई है।



वैकल्पिक चिकित्सा की राह मैग्नेटिक थेरेपी कैसे बनाएं कॅरियर

एक मैग्नेटो चिकित्सक को मैग्नेटोमीटर के सही उपयोग के बारे में पता होना चाहिए, जो एक चुंबक के ध्रुवों को निर्धारित करता है। इसके अलावा आपको चुंबकीय चिकित्सा में इस्तेमाल होने वाले अन्य उपकरणों की भी सही जानकारी होनी चाहिए।

मैग्नेटिक थेरेपी, जिसे मैग्नेट थेरेपी या मैग्नो थेरेपी भी कहा जाता है, वास्तव में एक वैकल्पिक चिकित्सा उपचार है, जिसमें विभिन्न रोगों के उपचार के लिए चुंबक का इस्तेमाल किया जाता है। यह एक बेहद सिंपल, इफेक्टिव, सुरक्षित व पूरी तरह से दर्दरहित प्राकृतिक उपचार है। चुंबकीय चिकित्सा को एक विज्ञान के साथ-साथ एक कला के रूप में माना जाता है, क्योंकि इसमें मानव के विभिन्न अंगो, रोगों को जानने के साथ-साथ व मैग्नेट के उचित उपयोग को जानना भी उतना ही जरूरी है। विज्ञान में, चुंबकीय चिकित्सा एक्यूपंक्चर के समान है। वहीं कला में, इसमें विभिन्न बीमारियों के इलाज के लिए शरीर के विभिन्न हिस्सों पर विभिन्न आकारों और शक्तियों के मैग्नेट का इस्तेमाल किया जाता है। यह एक बेहद डिफरेंट चिकित्सा थेरेपी है। तो चलिए जानते हैं कि इस क्षेत्र में कैसे बनाएं कॅरियर-

स्किल्स

एक मैग्नेटो चिकित्सक को मैग्नेटोमीटर के सही उपयोग के बारे में पता होना चाहिए, जो एक चुंबक के ध्रुवों को निर्धारित करता है। इसके अलावा आपको चुंबकीय चिकित्सा में इस्तेमाल होने वाले अन्य उपकरणों की भी सही जानकारी होनी चाहिए। इसके अलावा उन्हें मानव शरीर व उसके महत्वपूर्ण अंगों की रचना व उसके विज्ञान के बारे में भी पता होना चाहिए।

शैक्षणिक योग्यता

भारत में केवल कुछ ही संस्थान मैग्नेट थैरेपी पाठ्यक्रमों की पेशकश कर रहे हैं। मैग्नेट थेरेपी में सर्टिफकिट, डिग्री और डिप्लोमा पाठ्यक्रमों में प्रवेश के लिए न्यूनतम योग्यता 10+2 है और पीजी पाठ्यक्रमों के लिए स्नातक होना आवश्यक है। डिप्लोमा कोर्स की अवधि 1 वर्ष की है और स्नातक और स्नातकोत्तर डिप्लोमा कोर्स 2 वर्ष का है। कुछ संस्थान शार्ट टर्म डिप्लोमा और मास्टर डिप्लोमा कोर्स भी करवाते हैं, जिनकी अवधि एक से तीन महीने की होती है।

नौकरी की संभावनाएं

एक मैग्नेटिक थेरेपिस्ट प्राइवेट व पब्लिक हॉस्पिटल, नेचुरोपैथी हॉस्पिटल या वैकल्पिक उपचार चिकित्सा केन्द्रों में काम कर सकते हैं। इसके अलावा मैग्नेटिक थेरेपिस्ट इंडिपेंडेंट प्रैक्टिस भी कर सकते हैं। इतना ही नहीं, वह उपचार के लिए मैग्नेटिक ज्वैलरी, ब्रेसलेट व अन्य उत्पादों को भी बेच सकते हैं।

आय

एक मैग्नेटिक थेरेपिस्ट की आय असीमित है। उनकी आय उनके चिकित्सीय कौशल पर निर्भर करती है। सेल्फ इंपलायड मैग्नेटिक थेरेपिस्ट घंटे के हिसाब से चार्ज करते हैं। उनका एक सेशन करीबन 20 से 30 मिनट का होता है।

प्रमुख संस्थान

इंस्टीट्यूट ऑफ अल्टरनेटिव मेडिसिन, कोलकाता
एक्यूप्रेशर रिसर्च, टेनिंग व टीटमेंट इंस्टीट्यूट, जोधपुर
ऑल इंडिया पैरा मेडिकल टेक्नोलॉजी एंड अल्टरनेटिव मेडिकल काउंसिल, लुधियाना
नेशनल इंस्टीट्यूट ऑफ नेचुरोपैथी, पुणे
कॉलेज ऑफ विलनकिल मैग्नेटोलॉजी और प्राण हीलिंग कॉलेज, त्रिशूर
इंस्टीट्यूट ऑफ अल्टरनेटिव मेडिसिन एंड रिसर्च, कोलकाता
इंटरनेशनल इंस्टीट्यूट ऑफ अल्टरनेटिव मेडिसिन एंड रिसर्च, बैंगलोर
महेन्द्र इंस्टीट्यूट ऑफ अल्टरनेटिव मेडिसिन, जयपुर





कॅरियर को बेहतर बनाने के लिए अपनाएं यह आसान टिप्स

कॅरियर को बेहतर बनाने के लिए बड़े लक्ष्यों से पहले छोटी सफलताओं पर फोकस करना जरूरी है। आप दो साल बाद या पांच साल बाद खुद को कहां देखते हैं, सिर्फ यही सोचना काफी नहीं है। बल्कि उस जगह तक पहुंचने के लिए रास्ता आपको आज से ही तय करना है। जीवन में हर व्यक्ति सफलता पाने की चाह रखता है और इसके लिए वह कड़ी मेहनत भी करता है। लेकिन हर व्यक्ति को कॅरियर में सफलता नहीं मिलती। ऐसे में व्यक्ति यह सोचता है कि आखिरकार सफल लोग ऐसा क्या करते हैं या फिर उनमें ऐसी कौन सी खासियत है, जिनसे उनके हाथ सिर्फ तरक्की लगती है। अगर आप भी ऐसा ही सोचते हैं तो अब आपको परेशान होने की जरूरत नहीं है। कॅरियर को बेहतर बनाना वास्तव में इतना भी कठिन नहीं है। बस आपको कुछ छोटी-छोटी बातों का ध्यान रखना होता है। तो चलिए आज हम आपको बताते हैं कि कॅरियर को बेहतर बनाने के लिए आपको क्या करना चाहिए

बनाएं छोटे गोल्स

कॅरियर को बेहतर बनाने के लिए बड़े लक्ष्यों से पहले छोटी सफलताओं पर फोकस करना जरूरी है। आप दो साल बाद या पांच साल बाद खुद को कहां देखते हैं, सिर्फ यही सोचना काफी नहीं है। बल्कि उस जगह तक पहुंचने के लिए रास्ता आपको आज से ही तय करना है। बड़ी सफलता प्राप्त करने के लिए उसे छोटे-छोटे हिस्सों में बांट लें। मसलन, कॅरियर में जो मुकाम आप हासिल करना चाहते हैं, उसके लिए आपके भीतर कौन-कौन सी क्वालिटी होनी चाहिए और अपने स्किल्स को इंप्रूव करने के लिए आप क्या करते हैं, यह भी बेहद जरूरी है। इसलिए हर दिन कुछ छोटे-छोटे गोल्स तय करें। जब आप ऐसा करेंगे तो बड़ी सफलता आपको खुद ब खुद मिल जाएगी।

स्मार्ट वर्क

आज के समय में सिर्फ हार्ड वर्क करना ही काफी नहीं है, बल्कि यह भी जरूरी है कि आप स्मार्ट वर्क करना सीखें। अगर आप कड़ी मेहनत करते हैं, लेकिन उसे कोई नोटिस नहीं करता या फिर उसका श्रेय कोई और ले लेता है तो इससे आप कभी भी अपने करियर को बेहतर नहीं बना पाते। इसलिए अपने काम पर फोकस करने के साथ-साथ आप इस बात का भी ध्यान दें कि वह आपके सीनियर्स की नजर में आए। आप चाहें तो अपने द्वारा किए गए कार्य को सोशल मीडिया पर पोस्ट करें व अपने सीनियर्स से फीडबैक लें। इस तरह आपका काम दूसरों की नजर में आएगा और आपकी सफलता के चांसेज बढ़ेंगे।

बनाएं नेटवर्क

वर्तमान समय में कॅरियर को बेहतर बनाने में नेटवर्क भी बेहद काम आता है। जब आप अपनी फील्ड में लोगों से जुड़े होते हैं और उनसे आपके बेहतर संबंध होते हैं तो कोई भी अवसर आपसे छूटता नहीं है। हो सकता है कि आपको इंटरनेट या अन्य तरीकों से सिर्फ जॉब के बारे में पता चले, लेकिन जब उस कंपनी में जॉब करने वाला कोई व्यक्ति आपका जानकार होता है तो आपको कंपनी की पॉलिसी व उसके माहौल के बारे में भी पता चलता है, जिससे आपके लिए यह डिसाइड करना आसान हो जाता है कि आपके लिए वहां जॉब करना सही रहेगा या नहीं। बेहतर नेटवर्क एक नहीं, बल्कि कई तरीकों से आपके कॅरियर को बेहतर बनाने में मदद करता है।

ऑफिस शिष्टाचार

अमूमन लोग सोचते हैं कि सिर्फ अच्छा काम करके ही सफलता प्राप्त की जा सकती है, लेकिन वास्तव में ऐसा नहीं है। आपके काम की क्वालिटी के साथ-साथ अन्य कई चीजों को भी ऑफिस में नोटिस किया जाता है। जैसे आपके अपने कलीग्स के साथ कैसे रिश्ते हैं। आप ऑफिस समय पर आते हैं या नहीं, आपको डेडलाइन पर काम करने की आदत है या नहीं, इसके अलावा बॉडी लैंग्वेज व अन्य कई बातों पर भी ऑफिस में बॉस व सीनियर्स ध्यान देते हैं। इसलिए अपने कॅरियर को बेहतर बनाने के लिए आप हर छोटी-छोटी बात पर ध्यान दें।



घरेलू महिलाओं के लिए बेस्ट है यह पार्ट टाइम जॉब

फ्रीलांस राइटर भी एक ऐसी जॉब है, जिसे घर से ही किया जा सकता है। अगर आपकी लेखनी में दम है तो आप अपने लिखे लेखों, कविताओं, कहानियों व स्क्रिप्ट आदि को अखबार से लेकर मैगजीन, ऑनलाइन वेबसाइट आदि को भेज सकती हैं। आज के समय में अधिकतर महिलाएं वर्किंग हैं, लेकिन कुछ महिलाएं ऐसी भी हैं, जो फुल टाइम घर-परिवार की जिम्मेदारी उठाना पसंद करती हैं। ऐसे में जॉब करने की जगह पूरा दिन घर को ही देती हैं। लेकिन घर पर रहकर भी अगर आप आर्थिक जिम्मेदारी में अपना सहयोग देना चाहती हैं तो आपको परेशान होने की जरूरत नहीं है। ऐसे कई पार्ट टाइम जॉब या काम हैं, जिसे महिलाएं घर से रहकर भी कर सकती हैं और अच्छी खासी आमदनी कर सकती हैं। तो चलिए जानते हैं ऐसे कही कुछ काम के बारे में-

ट्यूटर - अगर आपके पास दिन का समय खाली होता है तो आप उस समय अपने आस-पड़ोस के बच्चों को पढ़ा सकती हैं। वर्तमान समय में, बच्चों की पढ़ाई इतनी टफ होती जा रही है कि पैरेंट्स बच्चों के लिए ट्यूटर रखना पसंद करते हैं। अगर आप बच्चों को अच्छी तरह हैंडल करके उन्हें पढ़ा सकती हैं तो बतौर ट्यूटर काम कर सकती हैं।

बेबी सिटर - चूंकि अधिकतर घरों में महिलाएं वर्किंग हैं और इसलिए उन्हें अपने छोटे बच्चों को संभालने के लिए बेबी सिटर की जरूरत होती है। यूं तो आजकल कई क्रच पहले से ही मौजूद हैं, लेकिन उनकी फीस बहुत अधिक होती है और समय भी सुनिश्चित होता है। लेकिन अगर आप घर में बच्चों के लिए किफायती दाम पर अच्छी सुविधाएं व माहौल रखती हैं तो यकीनन पैरेंट्स बच्चों को संभालने की जिम्मेदारी आपको सौंपेंगे। अगर आपको छोटे बच्चों के साथ वक्त बिताना अच्छा लगता है तो आप बतौर बेबी सिटर काम शुरू कर सकती हैं।

कॉल सेंटर एजेंट - आज के समय कॉल सेंटर एजेंट बनने के लिए आपको नौ से पांच की जॉब करने की आवश्यकता नहीं है। टेवल से लेकर हॉस्पिटैलिटीज से जुड़ी कई कंपनियां अब घरेलू महिलाओं को भी यह काम मुहैया करा रही है। अगर आपको अपना अधिकतर समय फोन पर गुजारने और कस्टमर्स की मदद करने से कोई परहेज नहीं है तो आप घर से बतौर कॉल सेंटर एजेंट बनकर काम कर सकती हैं।

लेखक - फ्रीलांस राइटर भी एक ऐसी जॉब है, जिसे घर से ही किया जा सकता है। अगर आपकी लेखनी में दम है तो आप अपने लिखे लेखों, कविताओं, कहानियों व स्क्रिप्ट आदि को अखबार से लेकर मैगजीन, ऑनलाइन वेबसाइट आदि को भेज सकती हैं। एक बार अगर आपका लिखा गया लेख उन लोगों को पसंद आता है तो आपको घर बैठे ही काफी अच्छा काम मिल सकता है।

हॉबी को कॅरियर- अगर आपके लिए बाहर जाकर जॉब करना संभव नहीं है तो आप अपनी हॉबी को ही घर से अपना करियर बना सकती हैं। मसलन, अगर आपको पेंटिंग पसंद है तो आप घर से ही पेंटिंग बना सकती हैं और फिर एक्जीबिशन लगा सकती हैं। इस तरह आप मेहंदी आर्टिस्ट बनकर या फिर मेकअप आर्टिस्ट बनकर भी घर से आसानी से काम कर सकती हैं।

ऑनलाइन जॉब - अगर आप घर बैठकर अच्छी आमदनी करना चाहती हैं तो ऑनलाइन जॉब सबसे बेहतर ऑप्शन है। जैसे आप वीडियो बनाकर यूट्यूब के जरिए आमदनी करें या फिर ऑनलाइन ट्यूटर, लैंग्वेज टीचर, योगा टीचर आदि बनकर काम कर सकती हैं। इसके अलावा आप ऑनलाइन सर्वे से लेकर ट्रांसक्रिप्शनिस्ट व ब्लॉगर आदि बनकर कमाई कर सकती हैं।



जेईई परीक्षा की तैयारी में मील का पत्थर साबित होंगे यह टिप्स

जेईई की तैयारी करते समय आपका माइंड एकदम क्लीयर होना चाहिए। आप सबसे पहले बेसिक और महत्वपूर्ण कॉन्सेप्ट को ध्यान से पढ़ें। इसके लिए आप एनसीईआरटी की किताबों के अलावा आप कुछ लिमिटेड जेईई रेफरेंस बुक की मदद लें।

देश भर में स्थित कई में मेधावी छात्रों को प्रवेश देने के लिए हर साल जेईई आयोजित करता है। जो छात्र जेईई को एक टॉप स्कोर के साथ पास करना होता है। यह नेशनल लेवल का एक बेहद टफ एंट्रेंस एग्जाम है और बिना तैयारी के इसे क्लीयर कर पाना या अच्छे स्कोर प्राप्त करना काफी कठिन होता है। जेईई दो चरणों में आयोजित किया जाता है- जेईई मेन्स और जेईई एडवांस्ड। छात्रों को जेईई एडवांस में आने के लिए पहले जेईई मेन्स क्वालिफाई करना पड़ता है। जेईई में प्राप्त अंक और रैंक ही छात्रों के भाग्य का फैसला करते हैं। टॉप स्कोरर को आसानी से टॉप आईआईटी संस्थान में दाखिला मिल जाता है। इतना ही नहीं, वह अपनी मनपसंद ब्रांच में पढ़ाई कर सकते हैं। हालांकि यह सब करना इतना आसान नहीं है। अगर आप सच में जेईई में अच्छे अंक लाना चाहते हैं तो आपको हार्डवर्क के साथ-साथ स्मार्ट वर्क करना होगा। तो चलिए आज हम आपको कुछ ऐसे टिप्स बता रहे हैं, जो जेईई एग्जाम की तैयारी में आपके लिए काफी मददगार साबित होंगे

महत्वपूर्ण कॉन्सेप्ट को करें क्रैक

जेईई की तैयारी करते समय आपका माइंड एकदम क्लीयर होना चाहिए। आप सबसे पहले बेसिक और महत्वपूर्ण कॉन्सेप्ट को ध्यान से पढ़ें। इसके लिए आप एनसीईआरटी की किताबों के अलावा आप कुछ लिमिटेड जेईई रेफरेंस बुक की मदद लें।

टाइम मैनेजमेंट

जेईई की तैयारी के लिए आपको सबसे ज्यादा जिस बात का ध्यान रखना है, वह है टाइम। इस साल से भले ही सवालों की संख्या कम हो गई हो, लेकिन प्रश्न काफी कठिन हो गए हैं। जिसके कारण आपको समय का खास ख्याल रखना होता है। जेईई की तैयारी के दौरान ही आपको टाइम पर अधिक फोकस करना होगा। अगर आप एक उचित रणनीति बनाकर परीक्षा की तैयारी करते हैं तो आपके लिए एग्जाम को क्रैक करना इतना भी मुश्किल नहीं होगा। साथ ही आप एग्जाम की तैयारी के साथ-साथ रिवीजन पर भी ध्यान दें, ताकि आप आगे बढ़ते हुए पीछे का भूलते ना जाएं।



Ronaldo's farewell night ends in misery for Portugal with worst home defeat vs Denmark

New Delhi.(Agency)

Cristiano Ronaldo's Portugal farewell was meant to be a night of celebration, but the occasion quickly turned into one the hosts would rather forget. In their first match since the 41-year-old announced his international retirement, Portugal were thrashed 4-1 by Denmark in the UEFA Nations League at the Estadio Municipal de Braga on Saturday.The result was particularly damaging for Jorge Jesus, whose side had won their first four matches in the competition. Denmark handed Portugal their heaviest-ever defeat in a competitive match on home soil, leaving the home crowd with little to celebrate despite the pre-match tribute to their former captain. Portugal had not conceded four goals at home in a match since their 4-4 draw against Cyprus in



September 2010.ning game, taking the initiativThe night had begun with a fitting acknowledgement of Ronaldo's extraordinary contribution to Portuguese football. Players walked out wearing shirts bearing his name and iconic No. 7, while supporters displayed a banner reading 'Obrigado, capi7o' (Thank you, captain). Portugal had also unveiled a redesigned No. 7, with a permanent mark to ensure the number remains associated with Ronaldo.

A classic India-Pakistan final, but did U19 boys go too far with celebrations



New Delhi.(Agency)

For a few minutes on Saturday evening, India's Under-19 team looked beaten. They were chasing 338 in the Asia Cup final against Pakistan, had lost eight wickets and still needed 86 runs from 51 balls. Pakistan could almost see the trophy. Then Mohit Ulva and Manal Chauhan decided the final wasn't over.Captain Lakshya Raichandani had given India a fighting chance with 80, while Aaryavir Sehwag's 58 had kept the chase alive. But at 252 for 8, those efforts looked destined to end in defeat. India needed something extraordinary, and two players from the lower order delivered it.

IND vs PAK, U19 Asia Cup Final: Highlights

Manal, batting at No. 7, scored 47 from 32 balls. Ulva, coming in at No. 10, made an unbeaten 49 of just 26. Their 57-run partnership for the ninth wicket brought India within touching distance before Manal fell at 302. India still needed 36, with only one wicket remaining.There was little reason to believe they could finish the job. Chigurupati Venkata, playing his first match of the tournament, walked in at No. 11. His unbeaten 11 from eight balls gave Ulva the support he needed. India entered the final over requiring eight runs, with leg-spinner Ahmed Hussain defending the total. Five came ofthe first five deliveries, including a wide. Three were needed It was an extraordinary finish, the sort of match that makes young cricketers believe anything is possible. The celebrations were inevitable. But some of what followed has left an uncomfortable aftertaste.

Sehwag like Dravid, and a Dravid like Sehwag

Sehwag and Dravid are batting for India, once again. Aaryavir Sehwag and Anvay Dravid stole the limelight in the U19 Asia Cup 2026. They are carrying two of Indian cricket's biggest surnames.

New Delhi.(Agency)

Sehwag and Dravid are back playing for India again. The two youngsters, Aaryavir Sehwag and Anvay Dravid, took centre stage in India's victorious campaign at the U19 Asia Cup 2026, where the side beat Pakistan in a nail-biter.Aaryavir top-scored (361 runs at 90.25 avg) in India's campaign, winning the Player of the Series award. Anvay, on the other hand, was extremely assured as a wicketkeeper on pitches that seamed and bounced considerably in the first 10-15 overs of every game.Throughout the tournament, the two youngsters caught the eye with their contrasting styles of batting.

Aaryavir Sehwag, the opener, has impeccable foot movement and takes his time to settle against the new ball. In sharp contrast to his father, Virender Sehwag, Aaryavir slowly opens up after seeing of the new ball.And once he does, it turns into utter carnage, just like his father, as he has the ability to crash his cuts through covers, lift the ball over the bowler's head and slog spinners out of the park.This was evident in the final against Pakistan as well. Aaryavir took his time at the crease against the spirited opening spell from Ali Raza and Mohammad Sayyam, getting India off to a steady start in the final.Sehwag's watchful approach made sure that India did not crumble early, as they had against Pakistan earlier in the tournament.The 98-run opening partnership between him and Lakshya Raichandani was the perfect stand India needed to chase down the huge target of 338 runs.Anvay, on the other hand, walked out to bat in the 33rd over with India having lost four wickets. India were under pressure and in desperate need of boundaries.Without fear, he pulled his second ball aggressively to deep mid-wicket



and then cut his third ball hard for a four.This is a classic trait of Anvay's batting: his ability to score runs quickly in the middle order. In the recent Youth ODIs against Sri Lanka, Dravid blasted 87 of 67 balls and 38 of 18, taking on the bowlers from the very first ball. While his innings of 19 off 12 balls was cut short by a run-out, it had enough signs of his class and how good he could be under pressure situations.

WEIGHT OF THEIR NAMES

For all their diferences at the crease, Aaryavir and Anvay have one thing in common. They are growing up with surnames that carry enormous weight in Indian cricket. Every innings, every dismissal and every promising stroke invites comparisons with two of India's most celebrated batters.Both players know very well what their names mean in the context of Indian cricket. Before going to play the U19 Asia Cup, Aaryavir asked Delhi's U19 head coach for advice.How do I shed the weight of my name and play freely?"

"I told him not to take the pressure of the name. His style of play is diferent from his father's," Aaryavir Sehwag's coach Rajeev Nayyar told India Today.

Aaryavir was asked to keep things simple.

"I told him that once he gets a good start, he should look to bat long. Earlier, he was getting starts and then getting out after scoring 40 or 50. I reminded him that he is an opener. If he bats for 40-50 overs, he can score 150 or even close to 200.

Lakshya Sen doubles up Hylo Open win with Japan Masters victory

New Delhi.(Agency)

India's Lakshya Sen on Sunday produced a remarkable comeback to beat Koki Watanabe in the men's singles final to win the Japan Masters in Kumamoto on Sunday. After losing the first game, Sen, the world No. 13, bounced back in the next two games to win the contest 13-21, 21-18, 21-14 in an hour and four minutes.In the final game, Sen produced a dominant display to extend his lead to an overall nine points after taking a crucial lead of 11-7. He did not give his opponent a chance to stage a comeback thereafter.Sen, who won the Hylo Open title in Germany in his last outing, continues to show signs of getting back to his best form after a poor World Championships and Asian Games campaign.On Sunday, the Indian star once again showed strong mental resilience to out think Watanabe in a court that had ample sideways drift on the far side.Lakshya started of slowly and let Watanabe take a big lead in the first game, eventually losing 13-21. He fought back with his cross-court smashes in the second game to level the final 1-1.After winning the second game 21-18, things were rather straightforward. A tired Watanabe was not able to judge the length and width of the court well and ended up committing heavy mistakes. Lakshya kept things strong in his defence and pulled off a dominant 21-14 win to clinch the title.The Japan Masters title is another boost for Lakshya, who has now won back-to-back tournaments after lifting the Hylo Open title in Germany earlier this month. The Indian had entered the Kumamoto event looking to build on that momentum and strengthen his chances of qualifying for the BWF World Tour Finals.

LAKSHYA OVERCOMES FARHAN IN SEMI-FINAL

Lakshya had booked his place in the final with a



three-game win over Indonesia's Alwi Farhan, the world No. 10, on Saturday. The Indian won 21-12, 15-21, 21-11 to reach his second consecutive men's singles final.

The victory was particularly significant as Lakshya had lost both his previous meetings with Farhan without managing to take a game off the Indonesian. He changed that record with a composed performance, relying on patient rally construction to counter Farhan's high-tempo, attacking approach.Lakshya took the opening game comfortably before Farhan fought back to force a decider. The Indian then regained control in the third game, building an early lead and using his attacking strokes to pull away from his opponent.

Let them celebrate: BCCI secretary defends India U19 team after Pakistan win

Sydney.(Agency)

The Board of Control for Cricket in India (BCCI) secretary Devajit Saikia has come out in support of India's Under-19 players amid the debate over their celebrations after a thrilling Asia Cup final win against Pakistan. Saikia believes the youngsters had every right to let their emotions show after pulling off a victory that looked unlikely for much of the contest.Speaking to ANI, Saikia was asked about India's aggressive celebrations after their one-wicket win in Oman on Saturday. He backed the players, saying their reaction was a reflection of the fight and belief they showed when the match seemed to be slipping away.

IND vs PAK, U19 Asia Cup Final: HIGHLIGHTS

"That reflects their character and fighting spirit. Consider how much of a cliffhanger today's match was. At one point, it really didn't look like it was in India's favour. Yet, India managed to win. This speaks volumes about the team's confidence level and their 'never-say-die' attitude," Saikia said.When they win a match from such a difficult position, they certainly deserve to celebrate. That's something we must allow," he added.

Saikia's comments come after India's celebrations became a talking point following Mohit Ulva's winning boundary off the final delivery. The players were understandably ecstatic, but videos circulating on social media appeared to show some of them making gestures towards their Pakistan counterparts, prompting criticism from sections of fans.

WHAT SPARKED THE CELEBRATION DEBATE?

India pulled of a remarkable chase in the Under-19 Asia Cup final, hunting down Pakistan's 337 for 9 to win by one wicket. At one stage, the chase looked all but over, with India eight wickets down and needing 86 runs from 51 balls.

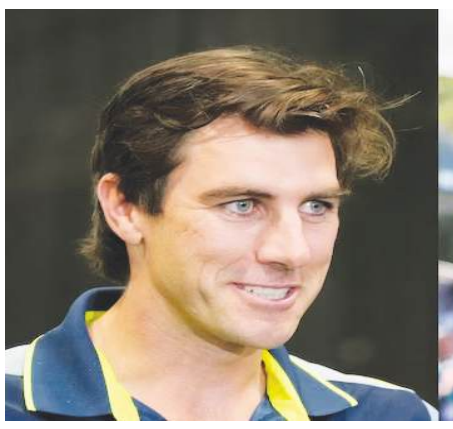
Manal Chauhan and Mohit Ulva then gave India a lifeline with a crucial ninth-



wicket stand. Manal made 47 of 32 balls, while Ulva remained unbeaten on 49 from just 26 deliveries. Chigurupati Venkata also chipped in before Ulva struck the winning boundary of the final ball to seal a memorable victory.The celebrations were just as dramatic. The Indian players rushed onto the field, with Ulva soon wrapped in the tricolour. However, footage appearing to show gestures directed at Pakistan wicketkeeper Hamza Zahoor and his team-mates drew criticism.

Is Pat Cummins lying or Usman Khawaja? Sandpapergate 12th-man speaks up amid controversy

Chadd Sayers, Australia's 12th man during the 2018 Cape Town Test, has backed Usman Khawaja's version of the Sandpapergate scandal. Sayers believes the entire Australian team knew about the use of sandpaper, contradicting Pat Cummins' account.





New Delhi.(Agency)

Usman Khawaja and Pat Cummins's contrasting narratives about the Sandpapergate controversy have taken the cricketing world by storm. Khawaja, who reignited the 2018 incident with his new book, Sabr, has alleged that every single member of the Australian team knew that sandpaper was being used on the ball, and that only three cricketers took the fall for it.Cummins responded to the allegations in a one-hour-long press conference, where he reiterated his stance from 2021: that the Australian bowling group did not know about the use of sandpaper on the ball. He also said he was unaware of Khawaja's claim that the team had discussed taking collective responsibility in the dressing room, a plan that was eventually scrapped.Now, Chadd Sayers, Australia's 12th man during the third Test against South Africa in Cape Town in 2018, has broken his silence on the matter and offered his version of events. In an interview with SEN, Sayers has backed Khawaja's account, saying he believes every member of the Australian team knew that sandpaper was being used during the South Africa series.

Sayers was quick to clarify that he was not taking sides in the dispute, insisting that he was only recounting what he believed had happened."I'm neutral in all this. I'm just trying to tell my side of the story and what I believe happened. There are no sides, they've both (Pat Cummins) been great to me throughout my time in the Test squad, so I'm not taking sides, I'm neutral in all this," Sayers said."I'm comfortable sitting here right now and where I stand on the situation, that I believe that everyone in that side knew what was going on and what was being used."

WHAT SAYERS REMEMBERS FROM SOUTH AFRICA

Sayers claimed that he first became aware of the use of sandpaper during the Port Elizabeth Test. He also recalled discussions in the Australian dressing room about how the team could get the ball to reverse swing."In Port Elizabeth, so as it's known now, it was used in two Test matches and there were discussions in changing rooms of how we were going to get the ball to reverse and what was going to be used," he said.

Asked whether he remembered whose idea it was initially, Sayers said he could not recall that detail. However, he claimed that David Warner was not going to be involved and that Cameron Bancroft had stepped in to carry out the act."No, I don't recollect that, but obviously David Warner was not going to do it. Cam Bancroft stepped in and said he would," Sayers said.When asked whether he personally recalled that discussion, Sayers was emphatic: "100 per cent."He also ofered an explanation for why Warner, who was eventually handed a one-year ban for his role in the ball-tampering scandal, did not want to be directly involved.

Hurt Suryakumar Yadav vows to break the door down for India comeback

New Delhi.(Agency)

Suryakumar Yadav is not ready to give up on his India career just yet. After spending a difficult few months out of the national team, the Mumbai batter has found fresh motivation to fight his way back, making his intentions clear with a stunning knock in the Syed Mushtaq Ali Trophy on Saturday.

Returning to action for Mumbai after being left out of India's T20I plans, Suryakumar smashed a 21-ball 60 against Hyderabad in their tournament opener. His explosive innings helped Mumbai chase down a target of 173 in just 13.1 overs, sealing a seven-wicket win with 41 balls to spare.Speaking after the match, the former India captain admitted that being overlooked following India's T20 World Cup triumph had hurt him. Having expected to continue representing the country after being part of a historic campaign, Suryakumar said the disappointment had now become a source of motivation.

"After winning the World Cup, you naturally expect that you will play after the IPL or whenever India's first series takes place. Because you have won a major



tournament, and winning an ICC event is not easy, especially on home soil, something nobody had achieved before," Suryakumar was quoted as saying by PTI."But the selectors must have had their reasons and must have thought things through before taking that decision. But yes, I was hurt. If you don't feel sad or hurt, how will you turn that into passion, and how will you play with that passion? That is what I am trying to do now," he added.



'Either You Move Ahead Or...':

Hina Khan

Reveals She And Rocky Jaiswal 'Got Married In Less Than 15 Minutes'

Hina Khan, who got married to her long-time boyfriend Rocky Jaiswal in June last year, has shared that their decision to get married was spontaneous and that they took less than 15 minutes to tie the knot. In a recent conversation, Hina shared that it was during her cancer treatment that the two decided to get married. The decision was so casual that they even forgot their first wedding anniversary.While speaking to Sania Mirza, Hina Khan shared, "This was just a random decision. We didn't plan this. I don't think we were ready to get married or anything. We have been together for the longest time, more than 10 years. I think 13-14 years now. And it is just that, whatever I was going through health-wise, I told him, 'Either you move ahead… you go get married to somebody, whoever you want to, or you better get married to me because I don't know what's going to happen tomorrow.'



"Surprised by the confession, when Sania questioned, "You literally got married in 15 minutes?" Hina replied, "In less than that, actually."Hina then confirmed that her health situation was largely the reason behind their sudden decision and added, "If I had to put it that way, it was uncertainty, because I don't know what is going to happen. That is with everybody, to be very honest. So I was just like, 'Let's go ahead and do it.' And he said, 'Okay.' He never had issues."

"Marriage doesn't define our relationship. Marriage or no marriage, nothing changed. Everything is the same. It's been more than a year, and we did not remember our first wedding anniversary," said Hina, as she believes marriage was just a natural progression for them.

"We didn't until the night, when people started wishing us. Then we looked at each other and wished each other. We are so chill and cool with each other. We are not dates people," Hina said, revealing how her sister-in-law reminded the couple about their first wedding anniversary.Hina Khan and Rocky Jaiswal recently marked a year of marriage, having tied the knot in an intimate ceremony in June 2025 after being together for several years. Hina was undergoing treatment for stage 3 breast cancer around the time of their wedding. Soon after getting married, the couple made their first television appearance together as newlyweds on the reality show Pati, Patni Aur Panga.

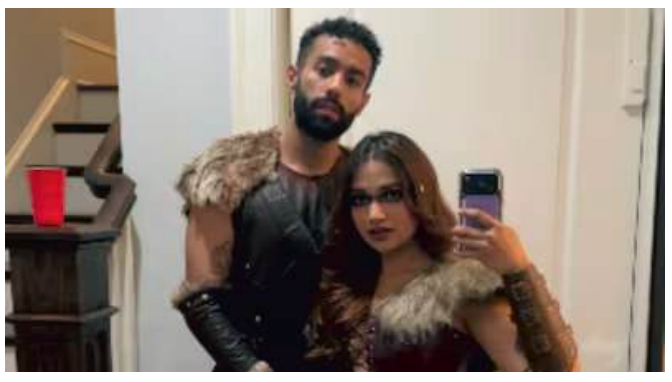


Jiya Shankar

Shares Picture With Fiancé Kaaran Dhanak, Follows Him On Instagram Amid Trouble Rumours

Actress Jiya Shankar sparked speculation after she unfollowed her fiancé, Kaaran Dhanak, on Instagram. What added fuel to the fire were her stories about heartbreak, betrayal and emotional pain. While fans continued to wonder what was happening, she put out a clarification about speculation surrounding her personal life. Now, Jiya has posted a picture with Kaaran and has followed him again on social media.Putting the speculation to rest, Jiya Shankar reshared a picture with Kaaran as they celebrated Halloween in outfits inspired by characters from Game of Thrones. Additionally, Jiya's following list shows that she has followed Kaaran again on Instagram, putting an end to all the rumours.

Jiya Shankar Breaks Silence On Break-Up Rumours



In an official statement, Jiya wrote, "I'd like to clarify something. Recent assumptions about my personal life have gone far beyond what I have actually shared." She then directly requested fans not to circulate theories about her relationship. "Please don't speculate about or spread rumours regarding my relationship," she added. She concluded by saying, "Some things are private, and I'd appreciate everyone respecting that."Jiya announced her engagement to Kaaran on August 5, 2026. The actress had shared a series of pictures from an intimate sunset proposal, offering fans a glimpse of the moment Kaaran went down on one knee. The post also featured Jiya's diamond engagement ring.In the proposal pictures shared on Instagram, the actress looked happy and emotional. While introducing her beau to the world, Jiya penned a long, beautiful caption summing up her feelings for him. A part of her caption read, "So maybe it is true, you do find love when you least expect it, but God really tested my patience here. It wasn't easy, but somehow it still was. Every conversation with you, even though you were thousands of miles away from me, felt like home. This journey wasn't easy, but we chose each other every single day. You showed me the love I waited my whole life for. You made me laugh on my toughest days.

Sanjay Gupta Passes Away: Hansal Mehta Calls Him 'My Only Boss In The Film Industry'



Filmmaker Hansal Mehta is bereaved after the demise of his dear friend Sanjay Gupta. The director remembered the filmmaker calling him perhaps his "only boss" in the film industry. Hansal also revealed that the first and only luxury watch he owns was gifted to him by Sanjay and said he does not think he will ever take it off.Hansal took to his social media account to share an emotional note, recalling the highs and lows they experienced together. Sharing his tribute, Hansal wrote, "Not done, bro. Sanjay Gupta. Gups. My only boss in the film industry, perhaps. But more than that, a dear friend. We went through many lows and many highs together, and through all of it we shared a love for the good things in life."He added, "My first and only Rolex came from him. Today it's the one memory of him I carry on my wrist, and I don't think I'll ever take it off. He held my hand when I was at my lowest. We didn't exactly create magic together, but the time itself was an absolute blast."

He recalled, "The good food, the good booze, the endless parties. I watched some of the best films of my life in his theatre. I borrowed some of the best books I've read from his shelves. My bro code began with you, Sanjay. And now it's ended." He added, "I'm going to miss you more than I can say. The heavens are all set for a big party. Anu, Dalai and Shivansh, may God give you the strength to bear this terrible loss."For the uninitiated, Sanjay Gupta made his directorial debut with 'Aatish: Feel the Fire' in 1994. Over a career spanning more than three decades, he directed films such as 'Kaante', 'Musafir', 'Zinda', 'Shootout at Lokhandwala', 'Shootout at Wadala', 'Jazbaa', 'Kaabil' and 'Mumbai Saga'. His last directorial venture, 'The Miranda Brothers', was released in 2025.Sanjay Gupta passed away on October 30 at his residence in Mumbai. According to reports, he reportedly slipped in the bathroom during the night and sustained a head injury.Other people were present at the house, but his family members were reportedly unaware of the incident at the time. He was found the following morning, after which the family alerted the authorities.Sanjay Gupta is survived by his wife Anu and their two children, Dalai and Shivansh.

Kangana Ranaut's Next Is A Horror Film! Rana Daggubati Announces Scary Picture With Ravi Babu



Kangana Ranaut has an interesting new film coming up, and horror fans might want to keep an eye on this one. The actor has worked in different genres over the years, from drama and comedy to action and horror. Now, she is getting ready to explore the horror genre once again. This time, she will be working with actor-producer Rana Daggubati and a filmmaker known for his unusual storytelling style.Rana Daggubati surprised the audience at HorrorCon India 2026 by announcing his next production. The film is titled Scary Picture and will feature Kangana Ranaut.Videos from the event show Rana making the announcement on stage, with the film's title appearing on the screen behind him. While his production house is yet to share an official announcement, Kangana confirmed the news on Sunday. She reposted a video from an Instagram page showing Rana talking about the film.The film is expected to be made in Hindi. It will also be Ravi Babu's first Hindi feature film. Talking about the project at the event, Rana said, "So, it's a horror film. It's by a director called Ravi Babu, who is a friend of mine. He's made multiple horror films in Telugu. And this is his first Hindi feature. The title is announced here first. It went to no Hindi press; this is the first time we're putting the intimation up."Ravi Babu is the son of late veteran Telugu actor Chalapathi Rao. He started acting in 1998 and made his directorial debut in 2002. He is known for making films that are a little different from the usual commercial movies. His stories often mix genres and come with unusual ideas. Not all his films have worked at the box office, but his experimental style has made him stand out.One of his most interesting projects was Adhugo. Released in 2018, the film had a piglet as its main character and was made on the lines of the Hollywood film Babe. Over the years, Ravi has directed films across different genres, including coming-of-age stories and thrillers. Many of his films also have a good dose of slapstick comedy.He was last seen acting in Coffee with a Killer in 2025 and directed Razor this year. Since he does not often work with big names, his collaboration with Kangana for Scary Picture has certainly made the project interesting.

SpaceX Makes History as Starship Returns from Space, Gets Caught Midair by Giant Mechanical Arms



News Desk: SpaceX has achieved a major breakthrough in space technology by successfully catching its Starship spacecraft midair using two giant mechanical arms mounted on a launch tower in Texas. The dramatic operation marks a significant step towards the company's ambition of making its massive rocket system fully reusable.

The spacecraft returned from a nearly 22-hour journey in space before descending towards SpaceX's Starbase facility in South Texas. As it approached the launch tower, two enormous robotic arms, popularly known as 'chopsticks', moved into position and caught the vehicle, preventing it from landing on the ground.

The achievement is particularly significant as it demonstrates the successful recovery of Starship's upper stage after an orbital mission. SpaceX had earlier demonstrated a similar technique with its Super Heavy booster, but catching the spacecraft itself presented a considerably greater engineering challenge.

During the mission, Starship completed 14 revolutions around Earth at an altitude of approximately 265 kilometres. It also deployed 26 Starlink satellites before beginning its return journey.

The spacecraft successfully navigated the intense heat of atmospheric re-entry before restarting its engines to perform a controlled flip manoeuvre and position itself vertically for recovery. The giant mechanical arms then secured the vehicle in a carefully coordinated operation.

However, the mission was not entirely successful. SpaceX's Super Heavy booster failed to complete its planned recovery after encountering engine-related problems during descent. It was diverted away from the launch tower and subsequently exploded before reaching the water in the Gulf of Mexico.

Despite the booster failure, the successful capture of Starship was considered a major milestone in the development of reusable space transportation.

The recovery system, known as 'Mechazilla', is designed to catch returning rocket stages directly at the launch tower.

The approach could eliminate the need for conventional landing legs and lengthy recovery operations, potentially reducing launch costs and turnaround time.

SpaceX chief Elon Musk has repeatedly described Starship as central to his ambition of making human life multiplanetary, particularly through future missions to Mars. The spacecraft is also expected to play a crucial role in NASA's Artemis programme, which aims to return astronauts to the Moon.

However, significant challenges remain, including repeated successful recoveries, rapid vehicle refurbishment, reliable orbital refuelling and crew safety certification.

The successful midair capture represents an important advance towards fully reusable orbital spacecraft. If the technology proves reliable, it could transform the economics of spaceflight and open new possibilities for lunar exploration, commercial satellite deployment and future human missions to Mars.

Goldy Dhillon Threatens Amitabh, Abhishek Bachchan; Claims 200 Men Active in Mumbai



Mumbai: Bollywood megastar Amitabh Bachchan and his son Abhishek Bachchan have reportedly received death threats from gangster Goldy Dhillon, who allegedly claimed that the recent arrest of two suspected associates would not derail a purported plan to target the veteran actor in Mumbai.

In a threatening social media post attributed to Dhillon, the gangster claimed that nearly 200 of his associates were active and ready in Mumbai.

He reportedly dismissed the impact of the arrests of Vikas Thakur and Deepak Singh, warning that even bulletproof protection would not save the Bachchans from an attack.

The post also invoked the 1984 anti-Sikh riots, declaring that those responsible for the violence would never be forgiven.

It warned that anyone making statements against the Sikh community, irrespective of their location, would face consequences. Amitabh and Abhishek Bachchan were specifically named in the alleged threat.

The threats surfaced days after the Delhi Police Special Cell arrested two suspected shooters allegedly linked to the Lawrence Bishnoi gang. Investigators suspect the duo was involved in a conspiracy to open fire outside Amitabh Bachchan's Mumbai residence, Jalsa.

Their interrogation is also believed to have helped uncover a separate alleged plot to shoot a Delhi-based businessman as part of an extortion attempt.

Police are investigating the possible links between the suspected operations and the wider criminal network.

The latest development has renewed concerns over the security of the Bachchan family. Jalsa has reportedly been under heightened security surveillance following a series of bomb-threat emails targeting the residence, which were subsequently treated as hoaxes.

Security agencies are expected to examine the social media post and verify its origin, credibility and the alleged threat network in Mumbai.

However, the authenticity of the post and the claim that 200 associates are operating in the city have not been independently verified.

Top Lashkar Commander Latief Bhat Killed in Kulgam Encounter



Top Lashkar-e-Taiba terrorist Latief Bhat was killed in a security forces encounter in Kulgam, Jammu and Kashmir, amid a spate of terror attacks in the region.

Kulgam: Security forces have eliminated a top Lashkar-e-Taiba (LeT) terrorist, identified as Latief Bhat, in an encounter in Jammu and Kashmir's Kulgam district, marking a significant success in the ongoing counter-terror operations in South Kashmir. According to media reports, the encounter involved personnel from multiple Army units and the Jammu and Kashmir Police's elite Special Operations Group (SOG). Following the gunfight, security forces cordoned off the area and launched an extensive search operation to rule out the presence of other militants.

Bhat, a resident of Kulgam, was reportedly operating alongside Pakistani terrorists and frequently shifting between hideouts across South Kashmir. Intelligence inputs suggested that he was receiving logistical support from a network of overground workers (OGWs) who allegedly helped militants move and evade security forces.

The killing comes amid a fresh spurt in terrorist activities in the region. On November 11, two heavily armed terrorists opened fire on a Central Reserve Police Force (CRPF) post near Mir Bazar in Kulgam, injuring three personnel before escaping. In a separate incident, two Special Police Officers (SPOs), identified as Babi Chand and Yashpal Kumar, were shot dead by terrorists in Jammu and Kashmir's Kishtwar district, nearly 24 hours after the Kulgam attack. The two officers were reportedly travelling towards Dherna post to relieve their colleagues when they came under attack.

The back-to-back incidents have raised fresh security concerns in Jammu and Kashmir, particularly in South Kashmir and the Chenab Valley.

Security agencies are maintaining heightened vigilance as operations continue to track down the remaining militant networks and identify those providing logistical support to them.

Centre Launches AI-Powered Platform for Authentic Information on Indian Heritage



New Delhi: The Union Ministry of Culture has launched an AI-powered semantic search and knowledge discovery platform with a conversational assistant to provide easy access to authentic information on India's culture and heritage.

Culture Secretary Vivek Aggarwal said the platform integrates information available across more than 65 websites operated by the Ministry and its affiliated institutions, enabling citizens, researchers and students to access verified information through a single digital interface.

Developed in collaboration with Bhashini, the platform supports 22 Indian languages and offers text-to-speech and speech-to-text facilities, making cultural and historical resources more accessible to a wider audience. The initiative aims to simplify heritage-related research and ensure users receive authentic and authorised information directly from official government sources.

The integration of AI-based semantic search is expected to make information discovery faster and more convenient by allowing users to search through natural-language queries rather than relying solely on specific keywords.

The initiative is also expected to strengthen digital access to India's vast cultural knowledge base and encourage greater public engagement with the country's rich historical and artistic heritage.

Shorties

IIT-ISM Scholar Selected for Japan's LOTUS Research Programme



Dhanbad: Dhiraj Kumar Srivastav, a third-year PhD scholar in the Department of Mathematics and Computing at IIT (ISM) Dhanbad, has been selected under the Basic category of the India–Japan Circulation of Talented Youths in Science (LOTUS) Programme 2026–27, supported by the Japan Science and Technology Agency (JST).

He will undertake collaborative research as a Special Research Student at Kyushu University, Japan, from January 1 to September 30, 2027. His research will be conducted at the Laboratory of Mathematical Modeling under Associate Professor Ton Viet Ta, in collaboration with his IIT (ISM) supervisor, Prof. Ranjit Kumar Upadhyay.

Srivastav's research will focus on mathematical modelling of human behaviour and cholera transmission, examining disease-spread patterns and the role of human behaviour in infectious disease transmission.

The LOTUS Programme promotes scientific cooperation between India and Japan by providing young researchers opportunities to collaborate with Japanese universities and research institutions. His selection offers an international platform to advance his research and strengthen IIT (ISM)'s global academic engagement

Spyware, Drone Secrets and WhatsApp: How IAF Officer Was Allegedly Trapped

New Delhi: An Indian Air Force (IAF) Wing Commander allegedly fell victim to a Pakistani intelligence-linked honey trap and shared sensitive military information with a suspected operative, according to the Delhi Police chargesheet in the espionage case.

Police allege that the officer came into contact with a woman through WhatsApp after receiving a message from an unknown number. The conversation reportedly developed into personal and intimate exchanges, which investigators suspect were used to manipulate and compromise him.

According to the chargesheet, the officer allegedly shared classified information relating to military operations, drone capabilities, troop deployments, movements of combat aircraft and coordinates of sensitive installations. Investigators have also alleged that he was asked to facilitate the installation of spyware on the devices of five of his subordinates.

The officer was arrested on May 30, 2026, and booked under the Official Secrets Act. The chargesheet was filed on July 30, and he remains in judicial custody as the case proceeds.







मुंबई सीएसएमटी पर बम की धमकी निकली अफवाह

मुंबई, एजेंसी। मुंबई में रविवार को पुलिस अधिकारियों ने बताया कि मुंबई के छत्रपति शिवाजी महाराज टर्मिनल (सीएसएमटी) को बम से उड़ाने की धमकी मिली थी, जो जांच के बाद अफवाह निकली। शनिवार शाम करीब 6:40 बजे वाडी बंदर स्थित राजकीय रेलवे पुलिस (जीआरपी) के नियंत्रण कक्ष को स्टेशन पर बम रखे होने की सूचना मिली थी। इसके तुरंत बाद, रेलवे सुरक्षा बल (आरपीएफ), जीआरपी, मुंबई पुलिस और अन्य सुरक्षा एजेंसियों ने मिलकर पूरे टर्मिनल पर व्यापक तलाशी अभियान चलाया। श्वान दस्तों के साथ, उपनगरीय व लंबी दूरी की ट्रेनों के प्लेटफॉर्म, पैदल पार पुलों और पार्सल क्षेत्रों सहित पूरे परिसर को खंगाला गया। घंटों चली इस सघन जांच के बावजूद, स्टेशन या किसी भी ट्रेन में कोई संदिग्ध व्यक्ति, विस्फोटक सामग्री या लावारिस वस्तु नहीं मिली। सुरक्षा एजेंसियां अब भी पूरी तरह सतर्क हैं और रेलवे नेटवर्क पर कड़ी निगरानी बनाए हुए हैं।

पुणे एयरपोर्ट से उड़ी फ्लाइट नहीं मुड़ा लैंडिंग गियर, वापस एयरपोर्ट पर कराई लैंडिंग

- विमान में थे 192 यात्री सवार, सभी यात्रियों और क्रू सदस्यों को सुरक्षित निकाला

पुणे, एजेंसी। महाराष्ट्र के पुणे एयरपोर्ट पर रविवार सुबह इंडिगो की एक फ्लाइट की इमरजेंसी लैंडिंग हुई। पुणे से गुवाहाटी जा रही फ्लाइट ने उड़ान भरने के कुछ देर बाद ही तकनीकी खराबी के कारण वापस पुणे एयरपोर्ट पर लैंडिंग करानी पड़ी। राहत की बात यह रही कि इस दौरान किसी भी तरह का हादसा नहीं हुआ। जानकारी के मुताबिक इंडिगो की फ्लाइट 6ई 0623 ने रविवार सुबह पुणे से गुवाहाटी के लिए उड़ान भरी थी। उड़ान भरने के बाद विमान का लैंडिंग गियर वापस अपनी जगह पर नहीं मुड़ पाया। इस तकनीकी दिक्कत का पता चलते ही सुरक्षा को ध्यान में रखते हुए विमान को तुरंत वापस उतारने का फैसला लिया गया। मीडिया रिपोर्ट के मुताबिक इस विमान में कुल 192 यात्री सवार थे। इमरजेंसी लैंडिंग के बाद सभी यात्रियों और क्रू सदस्यों को सुरक्षित बाहर निकाल लिया गया। इस घटना में किसी के भी घायल होने की कोई खबर नहीं है। लैंडिंग गियर विमान के पहियों और उनसे जुड़े पूरे सिस्टम को कहा जाता है। इसका इस्तेमाल विमान को रनवे पर सुरक्षित उतारने और जमीन पर चलाने के लिए किया जाता है। आमतौर पर उड़ान भरने के बाद विमान के ये पहिए अंदर की तरफ मुड़कर अपनी तय जगह में बंद हो जाते हैं ताकि हवा का दबाव कम रहे और विमान आसानी से उड़ सके। इस फ्लाइट में यही सिस्टम ठीक से काम नहीं कर पाया था जिसके चलते विमान की वापस लैंडिंग करानी पड़ी।

नशा तस्करों पर शिकंजा :25 करोड़ की स्मैक के साथ छह गिरफ्तार

अररिया, एजेंसी। बिहार के अररिया जिले में पुलिस ने नशीले पदार्थों की तस्करी के खिलाफ चलाए जा रहे विशेष अभियान ऑपरेशन प्रहार के तहत बड़ी सफलता मिली है। पुलिस ने तीन अलग-अलग ठिकानों पर छापेमारी कर एक अंतरराज्यीय मादक पदार्थ तस्करी गिरोह का भंडाफोड़ किया है। इस कार्रवाई में छह कथित तस्करों को गिरफ्तार किया गया है और उनके पास से अंतरराष्ट्रीय बाजार में 25 करोड़ रुपये से अधिक मूल्य की 4.08 किलोग्राम स्मैक व इस बनाने में इस्तेमाल होने वाले रसायन जब्त किया हैं। पुलिस ने बताया कि इन कार्रवाइयों में गिरफ्तार आरोपियों में चार पश्चिम बंगाल के मालदा जिले के निवासी हैं, जबकि दो अररिया जिले के हैं। पुलिस ने आरोपियों के कब्जे से एक बिना नंबर प्लेट वाली काली स्कॉर्पियो, छह मोबाइल फोन और वजन तौलने वाली मशीन बरामद की है। पुलिस ने बताया कि पहली कार्रवाई राष्ट्रीय राजमार्ग-27 पर हड़ियाबाड़ा टोल प्लाजा के पास हुई, जहां मालदा निवासी इस्माइल शेख को 812 ग्राम स्मैक के साथ पकड़ा गया। उसकी निशानदेही पर जोगबनी के रियाज अंसारी को भी गिरफ्तार किया। एक अन्य कार्रवाई में, पूर्णिया से आ रही एक यात्री बस की तलाशी के दौरान मालदा के रिंकू महालदार से 1.416 किलोग्राम स्मैक बरामद की गई। इसके बाद, अररिया पुलिस और जिला आसूचना इकाई (डीआईयू) की संयुक्त टीम ने राष्ट्रीय राजमार्ग-27 पर एक संदिग्ध स्कॉर्पियो को रोककर तलाशी ली।

सीएम योगी ने 25 लाख टैबलेट योजना का किया शुभारंभ: सपा सरकार ने मुन्ना भाई पैदा किए



लखनऊ , एजेंसी। उत्तर प्रदेश में आगामी विधानसभा चुनावों से पहले, मुख्यमंत्री योगी आदित्यनाथ ने युवाओं को सशक्त बनाने की दिशा में बड़ी पहल की शुरुआत की है। लखनऊ में आयोजित एक भव्य कार्यक्रम में उन्होंने स्वामी विवेकानंद युवा सशक्तिकरण योजना के तहत 25 लाख युवाओं को टैबलेट वितरित करने की योजना का श्रीगणेश किया।

इस मौके पर, मुख्यमंत्री योगी ने प्रतीकात्मक रूप से 50 हजार छात्र-छात्राओं को टैबलेट सौंपे, जिसमें लखनऊ के साथ-साथ उन्नाव, सीतापुर और हरदोई जिलों के युवा भी शामिल थे। सीएम योगी ने अपनी इच्छा व्यक्त कर कहा कि वे स्वयं प्रत्येक लाभार्थी से मिलकर सेल्फी लेना चाहते थे, लेकिन योजना का विशाल आकार इस बात की अनुमति नहीं देता।

इस दौरान मुख्यमंत्री योगी ने पूर्ववर्ती समाजवादी पार्टी सरकार पर कड़ा प्रहार कर कहा कि 2017 से पहले, सरकारी नौकरियों में चाचा-भतीजे वसूली करने निकल पड़ते थे। उन्होंने कहा कि अब युवाओं को नौकरी पाने के लिए न किसी सिफारिश की जरूरत है और न ही कोई रिश्वत देनी पड़ती है। हमारी सरकार ने युवाओं के सामने से पहचान का संकट समाप्त किया है।

योगी ने दावा किया कि पिछले नौ वर्षों में उत्तर प्रदेश की पहचान बदली है। अब राज्य में ब्रह्मोस मिसाइल और कानपुर में राइफल जैसे उत्पादों का निर्माण हो रहा है। उन्होंने माफिया द्वारा कब्जा की गई जमीन पर फोरेंसिक इंस्टीट्यूट के निर्माण का उदाहरण देकर कहा कि बुलडोजर भेजने पर माफिया भाग खड़े हुए। उन्होंने सपा सरकार पर मुन्ना भाई पैदा करने और परीक्षा कोई और देने तथा डिग्री कोई और लेने का आरोप भी लगाया। यह योजना, जो 2021 में शुरू हुई थी, इस चरण के पूरा होने के बाद कुल 85 लाख युवाओं को टैबलेट और स्मार्टफोन प्रदान करेगी, जो डिजिटल सशक्तिकरण की दिशा में एक महत्वपूर्ण कदम है।

श्रीगंगानगर में रेलवे ट्रैक धमाके के दो आरोपी गिरफ्तार, इसमें एक महिला भी

- पाकिस्तान में बैठे दो हैंडलर्स को चाचा और दूसरे को शाह के नाम से पुकारते थे

जयपुर, एजेंसी। राजस्थान के श्रीगंगानगर में हुए रेलवे ट्रैक धमाके के मामले में सुरक्षा एजेंसियों ने पंजाब से एक महिला समेत दो आरोपियों को गिरफ्तार किया है। राजस्थान एंटी-टेरर स्क्वाड, श्रीगंगानगर पुलिस और पंजाब पुलिस की संयुक्त टीम ने इस ऑपरेशन को अंजाम दिया। पकड़े गए आरोपियों की पहचान महकदीप कौर (21) और दविंदर सिंह (22) के रूप में हुई है। मीडिया रिपोर्ट के मुताबिक पुलिस जांच में सामने आया है कि महकदीप कौर पाकिस्तान में बैठे दो हैंडलर्स के संपर्क में थी। पुलिस ने बताया कि इनमें से एक हैंडलर को चाचा और दूसरे को शाह के नाम से जाना जाता है। दोनों ने प्यार भरी बातों और पैसों का लालच देकर महकदीप को अपने जाल में फंसाया था। पुलिस अधिकारियों के मुताबिक पाकिस्तान की खुफिया एजेंसी आईएसआई अब इसी तरह के तरीके अपना रही है। इससे पहले भी आईएसआई ने गंगानगर की रहने वाली बबीता नाम की एक महिला को इसी तरह अपने जाल में फंसाया था। महकदीप अपने पति से अलग रह रही थी, जो फिलहाल ड्रग तस्करी के आरोप में जेल में बंद है। जांच में यह भी पता चला है कि महकदीप को रेलवे ट्रैक पर धमाका करने के लिए पैसे दिए गए थे। पुलिस ने उसके पास से दो हथियार, 46 कारतूस और 30 हजार रुपए नकद बरामद किए हैं।

राहुल गांधी ने निभाया वादा: बड़वानी की प्रियंका की आंख का दिल्ली में सफल ऑपरेशन

- छात्रों की गूंज कार्यक्रम के दौरान राहुल गांधी ने किया था वादा

भोपाल, एजेंसी। मध्यप्रदेश के बड़वानी जिले की प्रियंका सेंगर, जिनकी तीन साल की उम्र में दर्दनाक हादसे के दौरान आंख में चूना गिरने से एक आंख की रोशनी चली गई थी, अब एक सफल ऑपरेशन के बाद बेहतर महसूस कर रही हैं। परिवार की आर्थिक तंगी के कारण यह इलाज मुमकिन नहीं हो पाया था। 19 सितंबर 2026 को इंदौर में छात्रों की गूंज कार्यक्रम के दौरान लोकसभा में नेता प्रतिपक्ष राहुल गांधी से संवाद करते हुए प्रियंका ने सरकारी छात्रावासों की बदहाली का मुद्दा उठाया। जब राहुल गांधी की नजर उनकी आंख पर पड़ी और उन्होंने प्रियंका की आपबीती सुनी, तब तुरंत उनके इलाज का पूरा खर्च उठाने और जिम्मेदारी लेने का वादा किया।



अपने वादे के कुछ ही दिनों बाद राहुल गांधी की टीम ने प्रियंका के परिवार से संपर्क किया। 27 सितंबर को प्रियंका अपने पिता उदय सिंह सेंगर और सामाजिक कार्यकर्ता सरदार नरगावे के साथ दिल्ली पहुंचीं। दिल्ली के इंदिरा गांधी आई हॉस्पिटल में जरूरी जांचों के बाद 1 अक्टूबर को उनकी आंख का सफल ऑपरेशन हुआ। कांग्रेस नेता पोरलाल खरते ने भी इस पूरी प्रक्रिया में सहयोग दिया। राहुल गांधी की ओर से आने-जाने के टिकट से लेकर अस्पताल के सभी खर्चों का वहन किया गया, जिससे परिवार पर कोई आर्थिक बोझ नहीं पड़ा। प्रियंका ने बताया कि अब उन्हें पहले से काफी बेहतर दिखाई दे रहा है, और भविष्य में आंख में लेंस भी प्रत्यारोपित किया जाएगा। इस मानवीय रिश्ते की एक और खूबसूरत तस्वीर 11 नवंबर 2026 को भाई दूज के दिन सामने आई। दिल्ली स्थित कांग्रेस मुख्यालय में राहुल गांधी ने प्रियंका, उनके पिता और सरदार नरगावे से व्यक्तिगत रूप से मुलाकात की। उन्होंने प्रियंका की तबीयत और आंख की स्थिति का हालचाल पूछा और दिलासा देते हुए कहा, किसी भी बात की चिंता मत करना, आपका भाई आपके साथ है। इस मुलाकात में प्रियंका ने अपनी व्यक्तिगत समस्या तक सीमित न रहकर छात्रों से जुड़े व्यापक मुद्दों जैसे छात्रवृत्ति, आवास, भर्ती प्रक्रिया और पेपर लीक पर भी चर्चा की।

अलग-अलग संगठनों में बैठे दिमागी नक्सलियों के प्रति सतर्क रहें लोग: नितिन नबीन

छत्तीसगढ़ में जनजातीय गौरव दिवस कार्यक्रम को किया वर्चुअली संबोधित

रायगढ़ , एजेंसी । बीजेपी के राष्ट्रीय अध्यक्ष नितिन नबीन ने रविवार को लोगों से दिमागी नक्सलियों के प्रति सतर्क रहने की अपील की और आरोप लगाया कि इनमें से कुछ लोग अलग-अलग संगठनों में नेतृत्व के पदों पर बैठे हैं। नबीन ने कहा कि उनकी पार्टी की सरकार अपने कामों और कल्याणकारी योजनाओं के जरिए इन्हें सबक सिखाएगी। छत्तीसगढ़ के रायगढ़ जिले के धरमजयगढ़ कस्बे में जनजातीय गौरव दिवस कार्यक्रम को वर्चुअली संबोधित करते हुए नबीन ने कहा कि पीएम मोदी ने देश से नक्सलवाद को खत्म करने का संकल्प लिया। केंद्र और राज्य सरकारें इस संकल्प को पूरा करने के लिए काम कर रही हैं।

मीडिया रिपोर्ट के मुताबिक नबीन को इस कार्यक्रम में शामिल होना था, लेकिन खराब मौसम के कारण उनका विमान नहीं उतर सका, जिसके कारण उनका दौरा रद्द करना पड़ा। उन्होंने सीएम विष्णु देव साय और उनकी



टीम को राज्य को नक्सलवाद से मुक्त बनाने के लिए बधाई दी। साथ ही, माओवादियों के खिलाफ लड़ाई में अपनी जान गंवाने वाले सुरक्षाकर्मियों को श्रद्धांजलि दी। उन्होंने कहा कि बस्तर के जिन इलाकों में पहले लोगों को बंदूक चलाना सिखाया जाता था, वहां अब खेल के मैदान बन गए हैं। वहां बच्चों को खेलकूद और पढ़ाई-लिखाई के लिए प्रोत्साहित किया जा रहा है।

कांग्रेस पर निशाना साधते हुए नबीन ने आरोप लगाया कि उसने दशकों तक आदिवासी समुदाय को मुख्यधारा से दूर रखा और उनके वोटों का इस्तेमाल अपने राजनीतिक फायदों के लिए किया। उन्होंने बताया कि पूर्व पीएम अटल बिहारी वाजपेयी के कार्यकाल में ही जनजातीय कार्य मंत्रालय की स्थापना की गई थी। उन्होंने कहा कि बीजेपी आदिवासी समुदाय के लिए काम करती है और उन्हें नेतृत्व की जिम्मेदारियां भी सौंपती है। नबीन ने कहा कि केंद्र और छत्तीसगढ़ में बीजेपी सरकारें आदिवासी लोगों के जीवन स्तर को बेहतर बनाने और यह तय करने के लिए प्रतिबद्ध हैं कि विकास का लाभ अंतिम व्यक्ति तक पहुंचे। उन्होंने कहा कि चाहे नरेन्द्र मोदी के नेतृत्व वाली सरकार हो या विष्णु देव साय के नेतृत्व वाली, हमारा मुख्य संकल्प आपके जीवन स्तर में बदलाव लाना और विकास की उस गति को तेज करना है, जो लंबे समय से रुकी हुई थी।

बीजेपी अध्यक्ष नबीन 18 को आएंगे पंजाब, समरसता संकल्प यात्रा को दिखाएंगे हरी झंडी

- यात्रा 7 राज्यों और केंद्र शासित प्रदेशों से होकर गुजरेगी, दलित समुदाय को साधने की स्ट्रैटेजी

अमृतसर ,एजेंसी। पंजाब में 2027 के विधानसभा चुनाव के लिए राजनीतिक गतिविधियां तेज हो गई हैं। इसी बीच बीजेपी के राष्ट्रीय अध्यक्ष नितिन नबीन फिर पंजाब आ रहे हैं। जानकारी के मुताबिक नबीन 18 नवंबर को पंजाब आएंगे। अपने दौरे में वे गुरु रविदास महाराज के 650वें प्रकाश पर्व के उपलक्ष्य में जालंधर से आयोजित होने वाली समरसता संकल्प यात्रा को हरी झंडी दिखाएंगे। बता दें यह यात्रा जालंधर के प्रसिद्ध धार्मिक केंद्र डेरा सचखंड बल्लां से शुरू होगी और 3 दिसंबर को यूपी के वाराणसी में खत्म होगी। करीब 2,558 किमी लंबी यह यात्रा 7 राज्यों और केंद्र शासित प्रदेशों से होकर गुजरेगी। इस यात्रा का मकसद गुरु रविदास महाराज के सामाजिक समानता, आपसी भाईचारे, मानव कल्याण और सद्भाव के संदेश को आम लोगों तक पहुंचाना है। बीजेपी पंजाब में सिर्फ पॉलिटिकल रैलियों तक सीमित न रहकर सामाजिक और सांस्कृतिक सद्भाव बनाने की स्ट्रैटेजी अपना रही है।

रिपोर्ट के मुताबिक नबीन के दौरे से पार्टी यह मैसेज देना चाहती है कि वह 2027 का चुनाव पूरी गंभीरता से लड़ेगी। पंजाब में अनुसूचित जाति की बड़ी आबादी को ध्यान में रखते हुए बीजेपी गुरु रविदास की शिक्षाओं के जरिए दलित समुदाय में अपना सामाजिक आधार मजबूत करना चाहती है। साथ ही बीजेपी ने आम आदमी पार्टी के वोट बैंक को मजबूत करने के लिए सामाजिक सद्भाव का दांव खेला है, जिसे पिछले चुनावों में अनुसूचित जाति के वोटरों का भारी समर्थन मिला था। पंजाब और वाराणसी दोनों ही गुरु रविदास महाराज के भक्तों के लिए आस्था के सबसे बड़े केंद्र हैं। बीजेपी जालंधर से होने वाली समरसता संकल्प यात्रा के जरिए दोनों राज्यों के दलित समुदाय को एकजुट करने की कोशिश कर रही है।

एक देश के साथ दोस्ती करने के लिए दूसरे देश से दुश्मनी जरूरी नहीं

शेख हसीना ने एक इंटरव्यू में बांग्लादेश की विदेश नीति का किया जिक्र

नई दिल्ली , एजेंसी। भारत के साथ रिश्तों को लेकर बांग्लादेश की पूर्व पीएम शेख हसीना ने कहा है कि बांग्लादेश भारत का सबसे करीबी पड़ोसी है और दोनों देशों के संबंध किसी एक व्यक्ति से कहीं ज्यादा अहम हैं। भारत में अगस्त 2024 से रह रहीं शेख हसीना ने एक इंटरव्यू में कहा कि उनकी निजी स्थिति भारत और बांग्लादेश के रिश्तों में रुकावट नहीं बननी चाहिए। उन्होंने चीन के साथ बांग्लादेश की बढ़ती नजदीकी पर भी अपनी राय रखी और साफ कहा कि एक देश के साथ दोस्ती करने के लिए दूसरे देश से दुश्मनी जरूरी नहीं है।

मीडिया रिपोर्ट के मुताबिक शेख हसीना ने कहा कि भारत और बांग्लादेश के संबंध 1971 के मुक्ति संग्राम के समय से चले आ रहे हैं। दोनों देशों के बीच लंबी सीमा है और व्यापार, ऊर्जा, कनेक्टिविटी और सुरक्षा जैसे क्षेत्रों में साझा हित जुड़े हैं। उन्होंने कहा कि ये रिश्ते इतने अहम हैं कि इन्हें किसी व्यक्ति से जुड़े राजनीतिक मतभेदों के आधार पर नहीं देखा जाना चाहिए। बांग्लादेश की मौजूदा सरकार की ओर से अपने प्रत्यर्पण की मांग पर हसीना ने कहा कि भारत एक संप्रभु देश है और उसके अपने कानून और प्रक्रियाएं हैं। वहां की सरकार इन्हीं के मुताबिक फैसला लेगी। उन्होंने उम्मीद जताई कि उनकी निजी स्थिति दोनों देशों के संबंधों में कोई बाधा नहीं बनेगी।

भारत के महत्व पर जोर देते हुए हसीना ने कहा कि एक शांतिपूर्ण, लोकतांत्रिक और स्थिर बांग्लादेश से भारत को फायदा होता है, जबकि मित्रवत और सहयोगी भारत बांग्लादेश के हित में है। उन्होंने कहा कि पड़ोसी देशों के बीच मतभेद हो सकते हैं, लेकिन उनका समाधान बातचीत और आपसी सम्मान से होना चाहिए। गंगा के पानी के बंटवारे, जमीन की सीमा और समुद्री सीमाओं से जुड़े मुद्दों का उदाहरण देते हुए उन्होंने कहा कि बातचीत से विवाद सुलझाए जा सकते हैं।

उन्होंने बांग्लादेश के चीन के करीब जाने और बीजिंग से लड़ाकू विमान खरीदने की संभावनाओं पर हसीना ने कहा कि बांग्लादेश को अपनी सेना आधुनिक बनाने का पूरा अधिकार है। उनकी सरकार ने भी रक्षा क्षेत्र में निवेश किया था और चीन समेत कई देशों के साथ सहयोग किया था। हालांकि, उन्होंने कहा कि रक्षा क्षेत्र में किसी भी बड़ी खरीदारी से पहले देश की आर्थिक स्थिति और उसकी वास्तविक जरूरतों को देखना जरूरी है।

शेख हसीना ने कहा कि बांग्लादेश को अपने राष्ट्रीय हितों को प्राथमिकता देनी चाहिए, लेकिन उसे बड़ी शक्तियों के बीच प्रतिस्पर्धा का अखाड़ा नहीं बनने देना चाहिए। उन्होंने अपनी सरकार की विदेश नीति का जिक्र करते



हुए कहा कि उसका सिद्धांत सभी देशों के साथ दोस्ती और किसी के प्रति दुश्मनी नहीं रखने का रहा है। हसीना के इस बयान में भारत के साथ मजबूत सहयोग, चीन के साथ संतुलित संबंध और क्षेत्रीय स्थिरता को लेकर उनका नजरिया साफ दिखाई देता है।

दिल्ली-एनसीआर में प्रदूषण पर लगाम लगाने के लिए केंद्र सरकार सख्त

नियमों का उल्लंघन तो अफसर होंगे जिम्मेदार, 191 उद्योगों को सील करने के निर्देश

नई दिल्ली, एजेंसी । दिल्ली-एनसीआर में प्रदूषण पर लगाम लगाने के लिए केंद्र सरकार ने सख्त कदम उठाने के निर्देश दिए हैं। केंद्रीय पर्यावरण मंत्री भूपेंद्र यादव ने दिल्ली, हरियाणा, यूपी और राजस्थान के पर्यावरण मंत्रियों और वरिष्ठ अधिकारियों के साथ समीक्षा बैठक की। उन्होंने कहा कि प्रदूषण किसी राज्य की सीमा में नहीं रुकता, इसलिए दिल्ली समेत पूरे एनसीआर में मिलकर एक जैसे कदम उठाने होंगे।



मीडिया रिपोर्ट के मुताबिक केंद्रीय मंत्री यादव ने जल्द से जल्द सभी संबंधित राज्यों को गाड़ियों की नंबर प्लेट पहचानने वाले ऑटोमैटिक कैमरे लगाने के निर्देश दिए हैं। ऐसा नहीं करने पर 30 नवंबर 2026 के बाद संबंधित परिवहन विभाग के जिम्मेदार अधिकारियों के खिलाफ आपराधिक मुकदमा शुरू किया जाएगा। यादव ने हरियाणा, यूपी और राजस्थान के 15 शहरों में सचिव स्तर के अधिकारियों को तैनात करने और प्रदूषण नियंत्रण उपायों की रियल टाइम निगरानी के निर्देश दिए हैं। नियमों के उल्लंघन पर इन फील्ड अफसरों की सीधी जवाबदेही होगी।

केंद्रीय मंत्री यादव ने कहा कि वह खुद राज्यों के पर्यावरण मंत्रियों के साथ मिलकर नियमित रूप से फील्ड निरीक्षण करेंगे। इसके साथ ही यादव ने केंद्रीय प्रदूषण नियंत्रण बोर्ड को बार-बार नियम तोड़ने वाले 191 उद्योगों को तत्काल सील करने का निर्देश दिया। इन इकाइयों ने प्रदूषण नियंत्रण उपकरण लगाने के निर्देशों का पालन नहीं किया है। सड़क धूल नियंत्रण की स्थिति पर चिंता जताते हुए यादव ने कहा कि 5480 किलोमीटर सड़कों में से केवल 3221 किलोमीटर का पुनर्विकास हुआ है। उन्होंने संबंधित एजेंसियों को गड्ढों की मरम्मत, फुटपाथों की देखभाल के साथ ही सड़कों की एंड-टु-एंड पक्की सतह सुनिश्चित करने को कहा। मैकेनिकल रोड स्वीपिंग मशीनों को डबल शिफ्ट में चलाने और एआई आधारित निगरानी से उनकी कार्यप्रणाली पर नजर रखने के निर्देश भी दिए। हरियाणा के 7, यूपी के 4 और राजस्थान के 4 शहरों में सचिव स्तर के अफसरों को फील्ड निरीक्षण का जिम्मा सौंपा गया है। ये अफसर हर सप्ताह रिपोर्ट देंगे, नियमों के उल्लंघन पर होगी सीधी जवाबदेही। दिल्ली के 154 बॉर्डर एंट्री पॉइंट्स पर इस साल 31 दिसंबर तक मल्टी-लेन फ्री फ्लो सिस्टम लगाए जाएं।

नहीं थम रहा जहरीली शराब से मौतों का सिलसिला, सागर में जहरीली शराब पीने से एक की मौत, दूसरा गंभीर

सागर, एजेंसी । मध्यप्रदेश में जहरीली शराब से होने वाली मौतों का सिलसिला थमने का नाम नहीं ले रहा है। ताजा मामला सागर जिले का सामने आया है, जहां कथित तौर पर जहरीली शराब पीने से एक व्यक्ति की मौत हो गई, जबकि दूसरा व्यक्ति गंभीर हालत में अस्पताल में भर्ती है। घटना के बाद क्षेत्र में हड़कंप मच गया है। प्रारंभिक जानकारी के अनुसार, दोनों व्यक्तियों ने विवेकानंद वार्ड की मछरआई की शराब दुकान से शराब खरीद कर पी थी। इसके बाद उनकी तबीयत बिगड़ने लगी। हालत गंभीर होने पर उन्हें अस्पताल पहुंचाया गया, जहां राजाराम खटीक को चिकित्सकों ने मृत घोषित कर दिया, जबकि दूसरे कमलेश पिता रामचरण का उपचार जारी है। घटना के बाद पुलिस और प्रशासन ने मामले की जांच शुरू कर दी है।

विरासत सहेजकर झारखंड को समृद्ध बनाने का आह्वान: सीएम सोरेन

रांची, एजेंसी । झारखंड के मुख्यमंत्री हेमंत सोरेन ने राज्य के 26वें स्थापना दिवस और आदिवासी स्वतंत्रता सेनानी बिरसा मुंडा की जयंती के मौके पर प्रदेशवासियों से अपनी गौरवशाली विरासत और संस्कृति को सहेजकर एक समृद्ध एवं सशक्त झारखंड के निर्माण का संकल्प लेने का आह्वान किया। मुख्यमंत्री सोरेन ने कहा कि आज का दिन हमारे लिए गौरव, स्वाभिमान और संकल्प का दिन है।

15 नवंबर, 2000 को बिहार से अलग होकर नए राज्य के रूप में अस्तित्व में आया झारखंड, आज अपने 26वें स्थापना दिवस पर आदिवासी स्वतंत्रता सेनानी भगवान बिरसा मुंडा की जयंती मना रहा है। मुख्यमंत्री सोरेन ने इस मौके पर कहा कि यह दिन उन वीर पुरखों और शहीदों के संघर्ष, त्याग और बलिदान की याद दिलाता है जिन्होंने जल, जंगल, जमीन, हक-अधिकार और अस्मिता की रक्षा के लिए अपना सर्वस्व न्यौछावर किया। उन्होंने दिशोम गुरु शिबू सोरेन, शहीद निर्मल महतो, विनोद बिहारी महतो सहित बिरसा मुंडा, तिलका मांझी, सिदो-कान्हू जैसे असंख्य आंदोलनकारियों के योगदान को राज्य की अमूल्य धरोहर बताया।

बिरसा मुंडा, जिनका जन्म 1875 में खूंटी जिले के उलिहातू गांव में हुआ था, ने ब्रिटिश शासन के खिलाफ आदिवासियों को संगठित करने में महत्वपूर्ण भूमिका निभाई थी और 25 वर्ष की अल्पायु में ही ब्रिटिश हिरासत में उनका निधन हो गया था। 2021 से उनकी जयंती को जनजातीय गौरव दिवस के रूप में मनाया जा रहा है, जो भारत के स्वतंत्रता संग्राम में जनजातीय समुदायों के योगदान को सम्मान देने का प्रतीक है। मुख्यमंत्री सोरेन ने कहा कि उनके पुरखों ने जिस झारखंड का सपना देखा था, उस सपने को साकार करना ही उनके प्रति सच्ची श्रद्धांजलि है। इसी संकल्प के साथ राज्य सरकार शिक्षा, स्वास्थ्य, रोजगार, सामाजिक सुरक्षा और स्थानीय अर्थव्यवस्था को मजबूत करने की दिशा में निरंतर प्रयासरत है। युवाओं को राज्य की सबसे बड़ी ताकत बताकर सोरेन ने कहा कि उनकी प्रतिभा और नई सोच ही झारखंड के उज्ज्वल भविष्य की नींव है। सोरेन सरकार उन्हें बेहतर शिक्षा, कौशल और रोजगार के अवसर प्रदान कर उनकी ऊर्जा को राज्य की शक्ति में बदलना चाहती है।

BRIFF NEWS

Empty Vande Bharat allowed to run 463km despite 'poor power brake'



New Delhi, Agency: An empty Vande Bharat train was allowed to travel around 463km from Hatia in Jharkhand to Deen Dayal Upadhyaya station in UP despite two loco pilots reporting "poor power brake". An inspection subsequently found that the brakes on every coach had been isolated, "resulting in non-application of joint brakes."

The incident happened on Oct 24, as per a document of South Eastern Railway, and posed a potential risk to other passenger trains. In a Nov 7 order, the zone directed Ranchi divisional railway manager to investigate the incident "to ascertain the lapses on part of staff concerned" for taking necessary steps.

It highlighted failures on part of staff members. As per the document, instructions were issued on Oct 24 for a freight locomotive to haul the empty Vande Bharat chair car rake from Hatia to Jhansi. News agency Media, quoting officials, said staff were supposed to integrate the rake's braking system with that of the locomotive for the entire journey.

Mumbai physics forum hosts online lecture by Pak N-scientist



Mumbai, Agency: For the first time in recent years, Mumbai hosted an event on Sunday to honour a Pakistani scientist. The occasion was the birth centenary of Nobel laureate Abdus Salam and the event was an online lecture by eminent nuclear physicist Pervez Amirali Hoodbhoy, who spoke from Islamabad.

The presentation, "The Truth About Abdus Salam: Science, Faith moved to and the Atom Bomb," was organised by the Mumbai sub-regional council of the Indian Association of Physics Teachers. The audience comprised mainly physics teachers from different Mumbai colleges and the Tata Institute of Fundamental Research (TIFR). The interaction comes ahead of the Shanghai Cooperation Organisation Civilisational Dialogue in Delhi in late Nov at which the federal Pakistani minister for climate change is expected to be present.

Hoodbhoy, who described Salam as an ambassador for goodwill between India and Pakistan, stressed that while he was glad that the celebrated scientist was being recognised in India, it was not the same case in Pakistan as he belonged to the Ahmadiyya sect. "This is sad because there is no real role model for the youth of Pakistan right now," he said. Hoodbhoy said Salam had a lot of interactions with Indian scientists and left behind a rich legacy. "Salam was a major figure in physics in the 20th century along with C.V. Raman and Jagdishchandra Bose," he said.

Launching new anti-anaemia strategy without enough evidence could waste public funds, warn experts

New Delhi, Agency: From fortification of rice with iron, as the focus shifts to double fortification of salt (DFS) with iron and iodine in a bid to tackle high incidence of anaemia, several public health experts have sounded a warning against introducing any intervention without enough evidence. The new national anaemia prevalence data is yet to be made public though the survey was completed in November 2025.

In response to an RTI application, the National Institute of Nutrition had stated in September that the analysis of the data from the Diet and Biomarkers Survey of India (DABS-I) launched in December 2022 and completed three years later is still under progress. The DABS-I survey, now renamed Survey for Assessment of Markers of Population Health, Activity, Diet and Anthropometry (SAMPADA), has used venous blood samples or samples drawn from veins, said to be the gold standard to estimate anaemia. DABS-I, which covers only 2.6 lakh people in the survey, will



give state level prevalence, unlike NFHS with a sample size of seven lakh, which gives district-level data.

However, with the data from the survey not being made public, India has no anaemia data since the last NFHS survey in 2019-21. That NFHS survey showed an increase in anaemia over the last survey in 2115-16. The government rejected the anaemia data from the 2019-21 survey on the grounds that it used blood samples drawn from the tip of the finger, which studies have shown to be unreliable. The Comprehensive National Nutrition Survey (CNNS) of 2016-18 used venous blood samples. It showed lower prevalence of anaemia than the 2019-21 survey which was attributed to using venous blood samples. DABS-I/SAMPADA's anaemia data, comparable to the CNNS survey data, is expected to show even lower prevalence. It could show whether areas where distribution of iron fortified rice was done successfully have witnessed significant reduction in anaemia prevalence.

Tamil Nadu was a pioneer in distributing DFS through the school midday programme starting from 2004. Within a few years, it was expanded to include the public distribution system (PDS) and Integrated Child Development Services (ICDS). Yet, the NFH surveys of 2015-16 and of 2020-21 showed that more than 50% children and women of all ages in the state were anaemic.

Kishtwar BJP leader questions Shagun Parihar's mosque claim, Muslim body seeks public apology

New Delhi, Agency: Kishtwar BJP leader Jahanzaib Sirwal on Sunday questioned party MLA Shagun Parihar's claim that announcements were made from a mosque before two SPOs were killed in Kishtwar's Dachhan area, calling the allegation "deeply unfortunate and factually unsubstantiated".

The Islami Markaz-e-Majlis Shura Kishtwar, headed by Jamia Masjid Imam Maulana Farooq Ahmad Kichloo also rejected the MLA's claim as baseless and demanded a public apology. The organisation said unverified allegations against religious institutions could disturb communal harmony in the sensitive district.



SPOs Babi Chand, 57, and Rashpal Kumar, 45, both residents of Kishtwar, were found dead in a forest area in Dachhan early Thursday. They had gone missing a day earlier while travelling to a security post at Basnand in the adjoining Marwah tehsil.

Parihar made the claim in a video recorded on the sidelines of a wreath-laying ceremony for the two slain personnel. She questioned why those responsible had not been arrested and alleged that information was being leaked from the area.

"Why have those involved not been apprehended yet? Announcements were made from a mosque. Someone must be passing on information, and leaking intelligence from here. Our people are being selectively targeted and killed," the MLA alleged, Media reported.

Objecting to the remarks, Sirwal said religious institutions should not be linked to provocative announcements or slogans without credible evidence.

"As a proud member of the Muslim community, I strongly object to attempts to bring religious institutions into narratives that can create mistrust and suspicion among communities. Mosques are centres of faith, worship and spiritual guidance, and their sanctity must be respected," he said.

Criminal killed in 5th 'encounter' in West Bengal since May

Kolkata, Agency: A history-sheeter in Bengal, who had allegedly shot and injured a constable on Nov 13, was killed by police Sunday, the fifth such "encounter death" in the state since BJP came to office in May.



Ratan Sheikh, who had shot Santiniketan police constable Biswajit Das on his left knee to throw him off his trail, was gunned down at a desolate brick kiln at Nanoor after he fired at cops, police said. He had fled to Burdwan after shooting at constable Das.

CM Suvendu Adhikari told reporters: "He (Sheikh) was a notorious criminal with 36 cases pending against him. If somebody fires at police, the latter will not shower flower petals on them or feed them batasha. Police have been given a free hand (to deal with these criminals). All goons should flee to Bangladesh, where there are Jamatis (fundamentalists). If they stay here, we will do what is necessary."

India bucks trend, 38 institutions up in QS sustainability study

New Delhi, Agency: India was only one of the world's five most represented systems to record more universities rising than falling in QS World University Rankings: Sustainability 2027. Of 99 entries, 38 climbed, 34 declined and 19 were unchanged. The number in top 500 rose to 13 from five in 2023.

IIT-Delhi led India at 194th, up 11 places, followed by IIT-Kharagpur at 224th and Delhi University at 237th. JNU rose 192 places to 432nd. India has 42 universities in the top 1,000, joint third with mainland China, but none in the top 100. The gains masked a sharp divide: 61% of institutions slipped in governance rankings and 57% in environmental impact, even as 65% improved in social impact. IIT-Delhi was the only institution in top 100 for environmental impact, at 89th.



India, however, remained among the 18 lowest-scoring systems for impact of education. QS CEO Jessica Turner said India was improving in key sustainability metrics but lagged peers in impact of education.

3 grenades found in polythene bag defused in J&K's Baramulla

New Delhi, Agency: Security forces defused three grenades found inside a polythene bag in the Durhama area of north Kashmir's Baramulla district, news agency Media quoted officials on Monday.

The recovery comes days after Baramulla Police arrested a man and seized two hand grenades from the Baderkoot forest area of Tangmarg in Jammu and Kashmir.

The arrested man was identified as Ghulam Jeelani Reshi, a resident of Baderkote in Tangmarg. The operation was carried out by Baramulla Police in coordination with CICT Ftr BSF, 2RR and CRPF during an Area Domination Patrol (ADP) in the forest area.

Police said one hand grenade was recovered from Reshi during the operation. Acting on information provided by him, security forces later recovered another hand grenade concealed in the forest.



An FIR has been registered at Tangmarg police station, and further investigation is under way to establish the source of the explosives, their intended use and possible links, according to the police release. Baramulla Police reiterated its commitment to maintaining peace and security in the area and appreciated the coordinated efforts of the security forces involved in the operation.

Security booster for Bachchan, others on Lawrence's target list

New Delhi, Agency: Against the backdrop of the Lawrence Bishnoi gang escalating threats against top Bollywood actors, the noose appears to be tightening around the jailed gangster, as investigators have sought his visitors' list from Ahmedabad's Sabarmati Central Jail and are reviewing the security of stars who have recently been threatened or attacked.



The developments in Delhi and Mumbai come amid the arrest of his shooters for allegedly attempting to target high-profile figures, including Amitabh Bachchan, which has prompted Mumbai Police to reassess the security provided to celebrities on the syndicate's radar.

The gang's targets include Tiger Shroff, who was attacked in Oct; threats have been issued to stars such as Salman Khan, Aamir Khan, Ranveer Singh, Kapil Sharma and Guru Randhawa.

Most of them already have Y and Y plus category security, but to bolster it further, these actors are being assigned an additional two to four commandos, alongside armed cops and personal security officers to ensure round-the-clock protection. The letter to Sabarmati jail was sent by Delhi Police. Jail sources said the information has not been provided yet.

Focus on barring Lawrence from issuing orders from prison

The move to study Bishnoi's visitor logs stems from the revelation made during a separate but related investigation in which an individual, whose identity has not been disclosed, claimed he was taken to Sabarmati jail by Lawrence's arrested legal team member Deepak Khatri to allegedly settle an extortion demand.

A few individuals have also deposed before a magistrate in Delhi and recorded their statements regarding Khatri's alleged extortion racket being run on Lawrence's behalf, the sources said.

The investigators now aim to understand and dismantle the mechanism that allows his syndicate to issue orders from behind bars. Despite strict confinement restrictions, intelligence and police agencies suspect that physical visitors, alongside encrypted international conduits, could be used as couriers to relay instructions to his "shadow cabinet".

"Scrutinising everyone who has met the crime boss, including relatives, legal representatives, and acquaintances, is aimed at severing his ground-level command chain and holding prison communication channels accountable," said an investigator.

Lawrence was recently shifted to "Do sau kholi," a specialised high-security block at Ahmedabad's Sabarmati Central Jail which houses 200 inmates accused of terrorism and other heinous offences. He was earlier in "10 Kholi". To ensure total isolation and prevent inter-cell movement, the block is divided into four segregated sections of 50 prisoners each. The size of Lawrence's cell is roughly 7.5x11 ft.

Congress suggests Army 'friendly fire' behind deaths of 2 SPOs BJP calls it 'provocative'



Srinagar, Agency: Congress in J&K Sunday demanded a thorough probe into the killing of two special police officers (SPOs) in Kishtwar earlier this week, suggesting they may have been mistakenly killed by Army personnel, a remark that drew swift condemnation from BJP.

J&K Congress president Tariq Hamid Karra told reporters that the party's district president in Kishtwar has informed him that the two SPOs had gone hunting and were carrying guns. "When they were returning, Army personnel mistook them for terrorists as they were in civilian clothes and opened fire on them," he said, adding another version is that they were killed by terrorists.

Army has not issued any statement on the matter so far. Accusing the BJP of trying to communalise the incident, Karra said the BJP MLA from Kishtwar, Shagun Parihar, had claimed that announcements were made from mosques of the area calling for Hindus to be killed. Karra said district president Congress in Kishtwar is a Hindu, who denies any such thing had happened.

BJP spokesperson Altaf Thakur said Karra's statement amounted to casting aspersions on the professionalism and conduct of the security forces without establishing facts. "Making unverified allegations against the Army and questioning its conduct is an attempt to

The Second Brain Within Us

Understanding the Importance of Gut Health



The human digestive system is often associated with the simple process of breaking down food and absorbing nutrients. However, scientific research increasingly shows that the gut performs several important functions that influence overall health. From supporting immunity to communicating with the brain, the digestive system plays a much larger role in the human body than previously understood. This is why scientists sometimes describe the gut as the body's "second brain".

The gastrointestinal tract contains trillions of microorganisms, including bacteria, viruses and fungi. Together, these organisms form what is known as the gut microbiome.

Although the word bacteria is often associated with infections, many microorganisms living inside the digestive system are beneficial. They help break down certain foods, produce useful substances and maintain a healthy environment within the intestines.

A balanced gut microbiome is important for proper digestion. Some dietary fibres cannot be completely digested by human enzymes. Beneficial gut bacteria help ferment these fibres and produce short-chain fatty acids, which support the health of intestinal cells.

These substances also play a role in regulating inflammation and maintaining the intestinal barrier.

The gut is also closely connected with the immune system. A large proportion of the body's immune activity is associated with the gastrointestinal tract. The intestinal lining acts as a protective barrier, helping the body absorb nutrients while preventing harmful substances and microorganisms from entering the bloodstream. Beneficial bacteria also help train and regulate immune responses.

Another fascinating aspect of gut health is its communication with the brain. The digestive system and brain remain connected through nerves, hormones and chemical signals. This communication network is commonly known as the gut-brain axis. It helps explain why emotional stress can affect digestion and why digestive discomfort may influence mood and daily activities.

An unhealthy gut does not always produce obvious symptoms. However, persistent bloating, irregular bowel movements, abdominal discomfort and changes in digestion may indicate that something needs attention. Such symptoms can have several possible causes, so persistent problems should not be ignored or self-diagnosed.

Maintaining gut health does not require complicated routines or expensive products. A balanced diet containing fruits, vegetables, whole grains, pulses and other fibre-rich foods can support beneficial microorganisms. Drinking sufficient water, remaining physically active and maintaining regular sleep habits are also helpful.

The growing scientific understanding of the gut reminds us that good health begins with more than simply choosing nutritious food.

The digestive system is an active network that influences several essential functions of the body. Taking care of it is therefore an important part of maintaining overall well-being.

The Gut-Brain Connection: How Your Stomach Influences Your Mood



Have you ever experienced stomach discomfort before an important examination, felt butterflies in your stomach during an emotional moment or lost your appetite while dealing with stress? These everyday experiences demonstrate an interesting relationship between the digestive system and the brain. Scientists call this communication network the gut-brain axis, and it is becoming an important area of modern health research.

The gut and brain are connected through several pathways, including the nervous system, hormones, immune signals and chemical messengers. One important connection involves the vagus nerve, which carries signals between the brain and various organs, including the digestive tract. Through this communication system, emotional experiences can influence digestion, while signals from the gut can also affect brain activity.

Stress is one of the clearest examples of this connection. When a person experiences anxiety or fear, the body activates its stress-response system. This can change digestive movement, influence stomach secretions and affect intestinal sensitivity. As a result, some people experience abdominal discomfort, nausea, constipation or diarrhoea during stressful situations.

The relationship also works in the opposite direction. Persistent digestive discomfort can affect a person's mood, concentration and quality of life. People dealing with recurring gastrointestinal problems may experience frustration, disturbed sleep and emotional distress.

This does not mean that every digestive problem originates in the brain, but it highlights the importance of considering both physical and psychological factors.



Gut Bacteria and Immunity

The Tiny Organisms That Protect Our Health

Inside the human digestive system exists an enormous community of microorganisms that quietly contributes to the body's defence mechanisms. These microscopic organisms, particularly beneficial bacteria, help maintain the balance of the gut environment and support the immune system. Although they are invisible to the naked eye, their influence on human health is significant.

The gut microbiome consists of trillions of microorganisms living mainly in the large intestine. Every individual has a somewhat different microbial composition, influenced by factors such as age, diet, environment, medication and lifestyle. A diverse and balanced microbial community is generally considered beneficial because different microorganisms perform different functions.

One of the important responsibilities of beneficial gut bacteria is protecting the body against harmful microorganisms. They compete with potentially dangerous bacteria for space and nutrients, making it more difficult for harmful organisms to multiply. Some also produce substances that help prevent the growth of unwanted microbes.

The gut microbiome also communicates with the immune system. The intestinal lining contains specialised immune cells that help distinguish between harmless substances, beneficial microorganisms and potential threats. Gut bacteria contribute to the development and regulation of these immune responses. This relationship helps the body maintain a balance between defending itself against infections and avoiding unnecessary inflammation.

Another important function of gut bacteria is the production of useful substances. When beneficial microorganisms break down dietary fibre, they produce short-chain fatty acids such as butyrate. These compounds provide energy to cells lining the colon and help maintain the intestinal barrier. They also participate in processes that regulate inflammation and immune activity.

However, this delicate balance can be disturbed. A condition known as dysbiosis refers to an imbalance in the composition or functioning of the gut microbiome. It may be associated with factors such as poor dietary habits, certain infections, prolonged antibiotic use and other environmental influences. Dysbiosis has been studied in connection with several health conditions, although scientists are still investigating the exact nature of these relationships.

Antibiotics are particularly important in this discussion. They are essential medicines for treating bacterial infections, but they can also affect beneficial bacteria. This is why antibiotics should only be taken when prescribed by a qualified medical professional and should never be used unnecessarily.

Diet remains one of the most practical ways to support the gut microbiome.

Vegetables, fruits, whole grains, beans, lentils, nuts and seeds provide dietary fibre that beneficial bacteria can use. Fermented foods such as yoghurt and certain traditional preparations may also contribute useful microorganisms, although their effects vary. The relationship between gut bacteria and immunity demonstrates that the body's defence system is not limited to individual organs. It involves continuous cooperation between human cells and microorganisms. Protecting this microscopic community through balanced nutrition and responsible healthcare practices can contribute to better digestive and overall health.

Modern Eating Habits and the Declining Health of Our Gut



Changing food habits have transformed the way people eat. Busy schedules, long working hours, online food delivery and the increasing availability of packaged products have made convenience an important part of modern diets. While these changes save time, they can also influence digestive health when nutritious meals are regularly replaced with foods that are high in salt, sugar and unhealthy fats but low in dietary fibre.

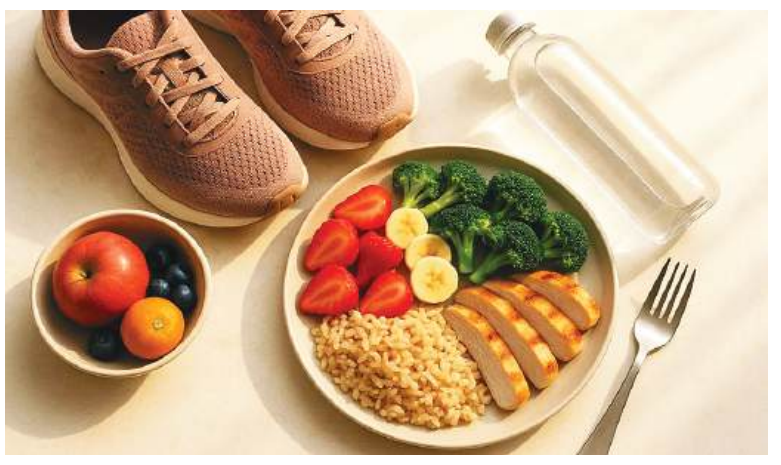
One of the major concerns is the increasing consumption of ultra-processed foods. These products often contain several industrial ingredients and undergo multiple stages of processing. Although not every processed food is unhealthy, diets heavily dependent on packaged snacks, sugary beverages, instant meals and ready-to-eat products may provide insufficient fibre and nutritional variety.

Dietary fibre plays a particularly important role in maintaining a healthy digestive system. It supports regular bowel movements and provides nourishment for beneficial gut bacteria. Fruits, vegetables, whole grains, pulses, nuts and seeds are valuable sources of fibre. When these foods are missing from daily meals, the gut microbiome may receive fewer of the nutrients it needs to function properly.

Irregular eating patterns are another feature of modern lifestyles. Skipping breakfast, eating late at night and consuming large meals after long gaps can create discomfort for some individuals. The digestive system follows natural patterns of activity, and consistent meal routines may help people maintain more comfortable digestion.

Insufficient water intake can also contribute to digestive problems, particularly constipation. Water helps soften stools and supports the movement of waste through the intestines. Along with fibre, adequate hydration is essential for maintaining normal bowel function.

Building a Healthier Gut: Everyday Habits That Make a Difference



Maintaining good digestive health does not necessarily require expensive supplements, complicated diets or strict food restrictions. In most cases, simple and consistent lifestyle habits can provide meaningful support to the digestive system. As scientists learn more about the gut microbiome, everyday choices involving food, exercise, sleep and stress management are receiving greater attention.

A fibre-rich diet is one of the most important foundations of gut health. Dietary fibre supports bowel movements and provides nourishment for beneficial gut bacteria. Foods such as apples, bananas, guavas, vegetables, oats, whole wheat, beans, lentils and chickpeas can help increase fibre intake. Including a variety of plant-based foods also exposes the gut microbiome to different types of nutrients.

Fermented foods are another interesting addition to a balanced diet. Traditional foods such as yoghurt, curd and certain fermented preparations contain microorganisms that may benefit digestion. However, not all fermented foods contain live beneficial cultures, and their nutritional value varies depending on how they are prepared. They should be considered part of a varied diet rather than a guaranteed treatment for digestive problems.

Drinking sufficient water is equally important. Water helps the digestive system process food and supports the movement of waste through the intestines. People should maintain adequate hydration throughout the day, adjusting their intake according to activity levels, climate and individual health needs.

Physical activity also supports digestive function. Walking, cycling, swimming and other forms of moderate exercise can encourage regular bowel movements and improve overall metabolic health.

A short walk after meals can be a practical way to introduce movement into a busy routine.

Sleep and stress management are often overlooked aspects of digestive well-being. Poor sleep and prolonged stress can influence digestive movement and sensitivity. Maintaining a regular sleeping schedule, limiting excessive screen use before bedtime and practising relaxation techniques may help support both mental and digestive health.