

Air Surcharges if applicable
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Amit Shah will speak on students' protest,
says government amid Parliament logjam

Perils of promoting ancient remedies

Sawan Shivratri: The Sacred Night
of Shiva in the Monsoon

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The Researchers'

NEWS BOX

16 Bangladeshi Workers Killed In Fire At Saudi Furniture Factory

Riyadh.(Agency)

A major fire at a sofa manufacturing factory in Riyadh, the Saudi capital, killed 16 Bangladeshi migrant workers, officials in Dhaka said on Monday. The fire broke out on Sunday in the Musa Sanaiya industrial area. Bangladesh's Ministry of Foreign Affairs is monitoring the situation, while officials from the Bangladesh Embassy in Riyadh are working with Saudi authorities to complete the repatriation formalities. Expatriates' Welfare and Overseas Employment Minister Ariful Haque Choudhury has instructed officials to bring back the bodies as soon as possible and ensure necessary government assistance and compensation for the bereaved families. With around 3.5 million Bangladeshis living in Saudi Arabia, the country remains the largest destination for Bangladeshi migrant workers, who sent home more than \$2.7 billion in remittances last year.

North Korean Hackers Develop AI Tools To Automate Cyberattacks: Report

world.(Agency)

A North Korean hacking group built large language model tools and collected software that could help automate cyberattacks, analyse stolen material and produce more convincing phishing campaigns, a South Korean cybersecurity firm said on Monday. The cybersecurity firm, Genians, said it found evidence that the North Korean-linked group Kimsuky had set up tools for running and managing AI models locally, including Ollama, GPT4All and Msty, alongside document search technology known as retrieval augmented generation (RAG). According to the company, the tools could allow operators to process documents without sending sensitive information to outside AI services. Genians also found AI agent development frameworks, speech-to-text software and Cursor, an AI-assisted coding tool, on infrastructure it linked to the campaign. The findings suggest Kimsuky is moving beyond using generative AI to create phishing lures and is building capacity to integrate existing AI models into malware development, data analysis and attack automation, Genians said in a report. Genians also said it found finance and cryptocurrency-themed decoy documents that appeared to have been generated with AI. The materials were designed to resemble legitimate investment reports and other workplace documents, it said. The company's findings could not be independently verified. North Korea has for years used state-linked cyber units for espionage, financial theft and revenue generation, according to U.S. and South Korean authorities, as well as cybersecurity experts.

A Californian City Declares State Of Emergency Following Cyberattack On Emergency Systems

world.(Agency)

A city in California has declared a local state of emergency after a cyberattack crippled its digital network, impacting key public safety tools, including 911 call routing and emergency dispatch systems. According to the New York Post, officials in Suisun City, a community of roughly 30,000 residents located between San Francisco and Sacramento, reported that malicious software breached the city's information technology systems on Friday morning. The attack affected internal city records, municipal services, and the digital tools used for police and fire dispatching. To contain it, the city immediately shut down its entire IT network. After an incident happens, there's all the money in the world to go out and fix it," cybersecurity expert Alex Hammerstone told NewsNation. "But before an incident happens, it's much harder to get budget for prevention." City representatives emphasised that despite the computer network shutdown, public safety remains fully operational, with emergency calls getting automatically transferred to the neighbouring Solano County dispatch centre, ensuring no interruption in 911 call handling. Local police officers and firefighters continue to respond directly to incoming emergency calls. Meanwhile, non-emergency online services, such as permit processing and online water bill payments, remain temporarily unavailable while systems are offline. During a special meeting on Saturday, the Suisun City Council voted unanimously to declare a State of Emergency.

Bengal Tea Farmer Kidnapped, Taken To Bangladesh To Secure Intruder's Release

Dhaka.(Agency)

Tensions have gripped the India-Bangladesh border area after a 35-year-old tea farmer from West Bengal's Jalpaiguri was allegedly abducted by Bangladeshi nationals in retaliation against the arrest of a Bangladeshi intruder by the Border Security Force (BSF) two days earlier. Dipankar Gope was tending to his tea garden in Tasar Para village -- located within 150 yards of the border fence of BSF's Chaulhati outpost -- when he was taken hostage by a group of about 20 men, according to his family. The group then reportedly took Gope across the international border into Bangladesh's Panchagarh district and handed him over to Border Guard Bangladesh (BGB). The incident came after the BSF



reportedly caught a Bangladeshi man last Thursday trying to enter India by cutting the barbed wire fence along the Chaulhati border. The man, believed to be linked to a cross-border smuggling network, was handed over to the police. Gope's family has alleged that he was kidnapped in retaliation for that

incident. A video has also emerged where Gope can be heard saying that he would be released from captivity if India releases Tamiz Uddin, the Bangladeshi intruder arrested by BSF. BGB personnel can be seen standing alongside the villagers making the threat. NDTV could not independently

verify the authenticity of the video.

BSF Works To Seek Gope's Release

Meanwhile, Gope is believed to be in BGB's custody. Following the incident, BSF rushed in to secure his release and held a flag meeting with the BGB on Saturday evening. However, the farmer had not been released till Saturday night and was reportedly in BGB custody. According to sources, BSF remains in regular contact with its Bangladeshi counterpart and has urged the BGB to ensure his immediate and safe return to India. The incident sparked panic across nearby border villages, with locals expressing concerns that if ordinary citizens working near the border can be abducted in such a manner, it could raise serious questions about security in the area.

Woman, infant killed as boat capsizes in New York Harbour; operator arrested

NEW YORK.(Agency)

A woman and her infant died when a boat capsized in New York Harbour on Sunday, following which the police have arrested the boat operator. The 22-foot Bayliner speedboat overturned around 10:25 pm Saturday near Liberty Island, home to the Statue of Liberty, the US Coast Guard said. Consequently, the authorities are investigating whether the vessel was an illegal charter, the US Coast Guard said. Twelve people were rescued from the water before police arrived, and police divers later located the deceased 27-year-old

woman and 5-month-old girl in the water. The mother and daughter



were declared dead when taken to a hospital. The remaining passengers were in stable condition, the Coast Guard said. "We are deeply saddened by the tragic loss of life last night, and our

thoughts are with the victims' family and loved ones during this incredibly difficult time," said Capt. Doreen McCarthy, the Coast Guard Sector New York commander.

"We are extremely grateful for the heroic, swift actions of our partner agencies and the Good Samaritan vessel that assisted in rescuing survivors from the water." Police arrested the 46-year-old boat operator, Manuel Hernandez, on Sunday. He has been charged with 13 counts of reckless endangerment, police said. However, no phone number for him could be found Sunday, and the case has not yet been entered into online court records.

Indian student strangulates girlfriend to death in Arizona, US; arrested in Germany

WASHINGTON.(Agency)

An Indian student was arrested in Germany for allegedly killing his girlfriend in Arizona, US, before boarding a connecting flight to his home country. The accused, Varun Batchigari, is a 20-year-old business analytics student at the University of Arizona. He reportedly murdered his 19-year-old girlfriend, Julissa Rubi Salazar, on August 6 at an apartment in Tucson. According to the Tucson Police Department (TPD), Batchigari travelled to the Tucson International Airport, where he boarded a flight to Germany with plans to continue to India. Detectives obtained an arrest warrant charging Batchigari with first-degree murder and kidnapping. "Through close coordination between TPD, the FBI Tucson Office, and the FBI Legal Attache Office in Berlin,

Batchigari was taken into custody upon his arrival in Germany, preventing him from continuing his travel," Tucson Police said in a statement. Investigators allege that



Batchigari stole Salazar's cellphone and credit cards after the killing and sent a series of text messages to her mother while posing as the victim in an apparent attempt to conceal the crime. The messages raised concern among Salazar's family, prompting a welfare check that led officers to discover her body. Local media reported that the

Tucson Fire Department (TFD) responded to a call about a cardiac arrest around 4 pm on August 6.

Crews found Salazar dead on the floor of her apartment with a blanket pulled up to her neck.

Salazar had strangulation marks and scratches on her neck, so the TFD crew called the city police. According to the warrant, obtained by KOLD-TV, Batchigari had previously been involved in an assault case investigated by the University of Arizona Police Department. Witnesses interviewed by investigators said Salazar moved out after experiencing problems with Batchigari in late 2025 and had planned to end the relationship because of an alleged history of domestic violence.

The warrant also includes allegations from multiple witnesses describing prior violent behaviour.



outcome for everyone." Netanyahu earlier told his cabinet that he rejected the plan, under which Hamas would hand over weapons to a nascent Palestinian governing body and Israel would start a withdrawal from the war-ravaged territory.

Mladenov described the current stage of the agreement as a commitment involving the United States, Hamas and the Board of Peace -- notably leaving out Israel. He also reiterated an assurance he made to Netanyahu last week that Israel would pull out only after a complete Hamas disarmament, walking back earlier language that spoke of Israel starting a phased withdrawal. But Mladenov maintained that Israel would eventually pull out if there were verified disarmament. "If there is genuine demilitarisation, Israel will withdraw from the Strip," he said. He said the disarmament would involve all Hamas weapons, down to Kalashnikov rifles. Israel has demanded the destruction of all weapons, not just handing them over.

Saudi Arabia Has Money, Missiles, And America. Why Is It Still So Scared?

World.(Agency)

It has finally happened. After months of meetings, news conferences, bold statements, and speculation, Saudi Arabia, Turkey, and Pakistan signed a joint defence agreement in Mecca last month. Turkish President Recep Tayyip Erdogan, Saudi Crown Prince Mohammed bin Salman, and Pakistani Prime Minister Shehbaz Sharif signed the deal, which many had been likening to an "Islamic NATO", though nowhere has the term been formalised.

The key provision in this pact is that an attack on any one of the signatories will be regarded as an attack on all. "The agreement is intended to strengthen collective deterrence against any act of aggression, and stipulates that any armed attack against any one of the three states shall be regarded as an attack against them all. It further

provides for the enhancement of "all aspects of defence cooperation among the three states", the joint statement said. Unsurprisingly, the agreement comes against the backdrop of the Iran conflict, where Saudi Arabia has been one of the worst-hit nations. Turkey, a NATO member already with the bloc's second-largest standing army, has said that this new agreement does not clash with its commitments to NATO. In a post on X, the Turkish government's anti-disinformation service said, "The agreement is not in contradiction with the commitments of Turkey's existing international alliances, including those at the heart of NATO." In fact, Turkey had probably been waiting for a green signal from the US, which is why it did not sign the agreement before the NATO summit it convened in July.

Why The Bloc Works

By itself, the bloc is a formidable one,



with enormous potential. Saudi Arabia is an energy and economic powerhouse, which can bankroll military innovation and R&D. Turkey has a highly developed military industrial complex, given its proximity to NATO's cutting-edge technology. It has made a name for itself in the drone industry and is an emerging defence exporter, accounting for 1.6% of global

arms exports. Pakistan is the only nuclear-armed Muslim country in the world with a battle-hardened army and an impressive military arsenal. Both Pakistan and Turkey have close defence cooperation; in 2023, Saudi Arabia had made one of Turkey's largest drone purchases. All three countries lie on major shipping and trade routes, controlling ports, shipping, and maritime trade. Pakistan and Turkey also stand to benefit handsomely through defence cooperation and arms sales. But the genesis of the pact goes back almost a year, when in September 2025, Saudi Arabia and its long-time client state, Pakistan, signed a Strategic Mutual Defence Agreement. That had come in the aftermath of Israel's unprecedented attack on Qatar, a close, non-NATO American ally, which also hosts the largest US Central Command base in the region.

Jharkhand Student Protest Turns Violent: Water Cannons, Lathicharge After Assembly March

by Ashis Sinha

Ranchi: Jharkhand's simmering student agitation over alleged irregularities in recruitment examinations turned tense on Monday when protesters marching towards the state Assembly breached multiple barricades, prompting police to deploy water cannons, tear gas and lathicharge. Reports said several protesters and at least four police personnel were injured in the confrontation. The confrontation unfolded as thousands of JPSC-JSSC aspirants gathered in Ranchi for a proposed 'Vidhan Sabha Gherao', intensifying their pressure on the state government over their long-standing demands concerning re-

cruitment examinations. Barricades breached as march reaches Assembly Heavy security arrangements had been put in place around the Assembly ahead of the march. Multiple layers of barricades were erected to prevent protesters from entering the restricted zone. However, the protesting aspirants pushed forward and breached several barricades, eventually reaching close to the Assembly complex. Police responded with water cannons and tear gas before resorting to a lathicharge to disperse the crowd. Visuals and reports from the spot showed chaotic scenes as security personnel attempted to push the protesters back from the Assembly area.

Students press JPSC-JSSC demands The latest confrontation is part of a wider agitation by students and job aspirants against what they allege are irregularities and lack of transparency in recruitment examinations conducted by the Jharkhand Public Service Commission (JPSC) and Jharkhand Staff Selection Commission (JSSC). The protesters have been demanding action against alleged examination irregularities, cancellation of examinations they consider compromised and an independent investigation, including a CBI probe into the allegations. The agitation has continued despite several rounds of discussions between student representatives and the state government.



The protesters maintain that key issues remain unresolved. Government-protesters remain divided The Jharkhand government has maintained that a large majority of the students' demands have been addressed. Protesters,

however, dispute the government's assessment and have continued their agitation, arguing that their principal demands have not been fully met. The disagreement has kept the recruitment examination controversy alive and fuelled growing frustra-

tion among aspirants who have been waiting for clarity over the future of several examinations. Devendra Mahto hospitalised amid agitation The confrontation also came against the backdrop of the deteriorating health of student leader Deven-

dra Nath Mahto, who has reportedly been on a hunger strike for several days over the examination issue. Reports said Mahto was hospitalised after his health condition worsened. His supporters have also alleged that he suffered injuries during the police action, while the circumstances surrounding his injuries remain part of competing claims. Police action sparks fresh controversy The use of force against the protesters is likely to intensify the political and public debate surrounding the agitation. While protesters have alleged excessive use of force, police and authorities have pointed to the breaching of barricades and the escalating situa-

tion as the reason for the intervention. Reports also said police personnel were injured during the confrontation. Monday's clash has therefore added a new and sharper dimension to the JPSC-JSSC controversy, with the government facing renewed pressure to break the deadlock with protesting students. For thousands of job aspirants, the central question remains unchanged: will the government agree to an independent probe and provide a credible resolution to the recruitment examination controversy? With students refusing to back down and the administration maintaining tight security around the Assembly, the Jharkhand recruitment row appears far from over.

Jal Sadan Wins Folk Dance Competition at Chinmaya Vidyalaya



Bokaro: Jal Sadan won the Inter-House Group Folk Dance Competition held at Chinmaya Vidyalaya, Bokaro, on Monday, with students showcasing the rich folk traditions of different regions of India. In the competition, Prithvi Sadan secured second place, while Vayu and Agni Sadans jointly finished third. The Middle Wing students presented vibrant folk dances after the four houses were allotted regions through a draw—Agni (North), Jal (West), Prithvi (East) and Vayu (South). The programme began with ceremonial lamp lighting in the presence of Secretary Mahesh Tripathi, Principal Suraj Sharma, Senior Deputy Principal Narmendra Kumar and Deputy Principal Dr Roshan Sharma. Biswajit Kumar judged the performances. Addressing the students, Principal Suraj Sharma said India's folk art and culture are a rich heritage that the younger generation must learn, preserve and promote. He said such activities complement classroom learning and help students understand the country's cultural diversity.

RPF Conducts Special Checking Drive at Gaya Station Ahead of Shraavan Mela



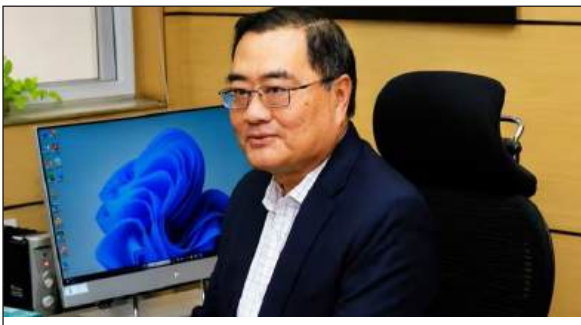
by Prabhat Sinha

Gayaji: The Railway Protection Force (RPF) conducted a special security checking and passenger-awareness drive at Gaya Railway Station on Monday ahead of the ongoing Shraavan Mela. The drive, led by Assistant Security Commissioner Sanjay Kumar Singh and Gaya RPF Post Inspector-in-Charge Banarsi Yadav, focused on passenger safety and maintaining law and order. During the arrival and departure of the Howrah-Gaya Express (13023/13024) at Platform 1/C, passengers and Kanwariyas were advised through loudhailers not to accept food or drinks from strangers, carry inflammable items or approach suspicious objects and activities. They were asked to report emergencies to Railway Security Helpline 139. RPF personnel, with the Commercial Department, also shifted Kanwariyas travelling in AC coaches and conducted ticket checks through the Mobile Unreserved Ticketing System.

Former JPSC Chairman L. Kiangte Arrested by CID; ₹2-Crore Bribery Allegation Adds New Twist to Exam Scam

by Ashis Sinha

Ranchi: The Jharkhand CID on Monday arrested former Jharkhand Public Service Commission (JPSC) chairman and former Chief Secretary L. Kiangte in connection with alleged irregularities in the commission's 14th Combined Civil Services Examination, adding a major twist to the ongoing recruitment controversy. The arrest came amid a continuing agitation by JPSC-JSSC aspirants in Ranchi, who are demanding cancellation of allegedly tainted examinations and a CBI probe into the recruitment controversy. Kiangte has been questioned repeatedly by the CID during the investigation. Investigators are examining the selection of TSR Data Processing Private Limited (TDPL) for conducting examinations and allegations of irregularities in the process.



Former JPSC chairman L. Kiangte has been arrested by Jharkhand CID in the recruitment exam probe, amid ₹2 crore bribe and 20% commission allegations linked to the TDPL contract.

Reports said TDPL had earlier faced blacklisting by JSSC, while its offices in Ranchi and Lucknow were subsequently sealed during the probe. A further twist has come with allegations that Kiangte allegedly accepted a ₹2-crore bribe in connection with awarding the examination contract to TDPL and was allegedly to receive a 20 per cent

commission from subsequent payments made to the agency. The allegations reportedly emerged during the CID interrogation of Abhay Tiwari, described by investigators as an alleged key figure in the recruitment examination case. The bribery and commission allegations are part of the ongoing investigation and have not been

established in court. The CID probe has widened in recent weeks, with arrests and searches involving people linked to the examination process. Three serving JPSC members also resigned amid the investigation into alleged irregularities and the appointment of agencies handling examinations. Kiangte had resigned as JPSC chairman last month amid the mounting controversy. His arrest now places the former head of the constitutional recruitment body at the centre of an investigation that has triggered widespread concern among government-job aspirants. Importantly, Kiangte was arrested by the Jharkhand CID, not the CBI. The CBI probe is a key demand of protesting students, while the present investigation is being conducted by the state CID.

DPS Chas Wins 'Institution of the Year' Award; Principal Dr Manisha Tiwari Honoured

Bokaro: Delhi Public School (DPS), Chas, has received the prestigious 'Institution of the Year Award' at the 23rd Educational Excellence Awards organised by the SilverZone Foundation in New Delhi on August 8. The school was recognised for its sustained efforts towards academic excellence, innovation, holistic student development and preparing learners for future challenges. In another honour for the institution,



DPS Chas Principal Dr Manisha Tiwari received the 'Academic Leadership Excellence Award' for her academic vision and leadership in strengthen-

ing educational standards and fostering a progressive learning environment. The awards were presented at a ceremony attended by Shri Jai Prakash Pan-

dey, IRPS, Joint Director General (Joint Secretary Level), Directorate General of Civil Aviation (DGCA), Ministry of Civil Aviation, as the chief guest. The school said the twin honours reflected the collective efforts of its students, teachers, staff and parents. It also expressed gratitude to the SilverZone Foundation for recognising the institution's contribution to education.

Shorties

Three Senior IPS Officers Promoted as CBI Joint Directors

New Delhi: The Appointments Committee of the Cabinet has approved the promotion of three senior IPS officers, including Anish Gupta of the Jharkhand cadre, to the rank of Joint Director in the Central Bureau of Investigation (CBI). According to an official order issued on August 10, the other two officers are Akhilesh Kumar Singh, 2008-batch Maharashtra cadre, and Satya Veer Singh, 2008-batch Bihar cadre. Gupta, also a 2008-batch IPS officer, was serving as a DIG in the CBI before his elevation.

Jharkhand Bandh: BJP Calls Shutdown Over Student Issues, Lathi-Charge

Ranchi: The BJP has called for a Jharkhand bandh tomorrow in support of the ongoing student agitation over alleged irregularities in JPSC and JSSC examinations. Addressing a press conference on Monday, BJP leaders, including Leader of Opposition Babulal Marandi, accused the Hemant Soren government of ignoring students' demands and using police force against protesters. The BJP said controversies surrounding competitive examinations and government recruitments have persisted in Jharkhand for years. The party reiterated its demand for a CBI probe into several such cases.

Rahul Backs Jharkhand Students, Condemns Police Force; Congress Part of Soren Govt

New Delhi: Congress leader and Leader of Opposition in the Lok Sabha Rahul Gandhi on Monday criticised the use of force against protesting students in Jharkhand, where his party is part of the ruling alliance. In a post on X, Gandhi said students have the right to peaceful protest and that their concerns should be addressed through dialogue. He urged the Jharkhand government to listen to the protesters and resolve their issues at the earliest. Speaking at a Congress press conference later, Gandhi reiterated that his party does not support violence against peacefully protesting students, irrespective of where it occurs. His remarks come amid the ongoing student agitation in Jharkhand and are significant as Congress is a partner in the Hemant Soren-led government, with four ministers holding key portfolios in the state cabinet.

Trump Demands Compensation From Iran for Deaths, Injuries

Washington: US President Donald Trump has said Washington will seek compensation from Iran for people killed or seriously wounded in attacks allegedly linked to Tehran. His remarks came after Iran reportedly demanded compensation for damage suffered during the five-month conflict. In a post on Truth Social, Trump said the compensation issue was never raised during previous negotiations but would now be included in future talks with Iran.

From Miss Bihar to Mrs Universe: Rani Thakur's Remarkable 'Second Innings'

by Sangita Pandey

Ranchi: For Dr Rani Thakur, the journey from a beauty pageant winner to a doctorate holder and title-winning personality has been a story of ambition, family responsibilities and a determined second innings. Thakur, who hails from Jamshedpur, was crowned Miss Bihar in 1993 and reportedly received offers from the film and television industry. She also obtained a Miss India entry form in 1994, around the time Aishwarya Rai Bachchan emerged as Miss India first runner-up before winning the Miss World crown. However, Thakur chose family responsibilities over the glamour world and devoted herself to raising her children. Her early business venture, Rani Food Products in Gamharia, also could not be sustained as family commitments took priority. But the



ambition to build her own identity remained alive. In 2019, after her children grew up, Thakur began what she describes as her "second innings", entering beauty pageants and pursuing academics and social work. She has since claimed titles including Mrs Asia 2019, Mrs India International 2021, Mrs India World 2022, Mrs Dynamic Female World 2022, Mrs Worldwide Diva 2024 and Mrs Universe 2025. Her academic journey has been equally notable. An M.Com topper who also completed B.Ed, Thakur pursued a PhD in Commerce

and Management from Arka Jain University. University records list her as a PhD scholar in the programme, while reports state that she received her doctorate in 2025 from Governor Santosh Gangwar. Alongside academics and pageantry, Thakur has been associated with social work since 2014 and entered active politics with the BJP in 2021, according to the information provided. Her journey, marked by family, education, social service and renewed ambition, reflects her belief that it is never too late to pursue an unfinished dream.

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Nayab Singh Saini rules out BJP-SAD alliance in Punjab; Poonia deputed to quell dissent in state BJP
CHANDIGARH. (Agency)

Haryana Chief Minister Nayab Singh Saini, ruled out any possibility of an alliance with the Shiromani Akali Dal (SAD) in the state.

Despite Akali Dal president Sukhbir Singh Badal meeting Prime Minister Narendra Modi last week, triggering fresh speculation about a possible SAD-BJP alliance for the 2027 Punjab Assembly elections, the SAD on Saturday demanded the immediate implementation of the Women's Reservation Bill and fair and equitable delimitation to ensure equal representation for all states.

On the other hand, the BJP found itself firefighting this week, mostly around the public display of dissent in poll-bound Punjab, where a newly constituted state body left many leaders fuming, as party's Haryana in-charge Satish Poonia has been deputed to quell the dissent in the Punjab unit of the saffron party.

Brij Bhushan calls sexual harassment case a 'conspiracy' after WFI poll win over Deepender Hooda
New Delhi. (Agency)

Former Wrestling Federation of India (WFI) president Brij Bhushan Sharan Singh on Monday alleged that a "conspiracy" was launched against him following his victory over Congress leader Deepender Hooda in the wrestling body's election. Brij Bhushan's remarks come a week after his acquittal in a sexual harassment case.

Singh, a BJP leader, claimed that subsequently some women wrestlers were made to speak against him under pressure from the Hooda family.

Talking to reporters at his residence in Vishnoharpur, about 40 km from Gonda city, Singh said the Delhi court's decision reflected what he has been saying from the beginning.

Saying that he was repeatedly portrayed in media debates as an accused in a rape case, he claimed he was not present with the wrestlers at the time the alleged sexual harassment is supposed to have happened. He also blamed the Congress and AAP for using the controversy as a "toy".

A Delhi court last week acquitted former WFI chief Singh in a sexual harassment case filed by six women wrestlers.

Amit Shah will speak on students' protest, says government amid Parliament logjam

Parliamentary Affairs Minister Kiren Rijiju informed the Parliament that the government is ready to discuss all issues related to students and will respond to the points raised by the Opposition.

New Delhi. (Agency)

As Parliament remained deadlocked over the Opposition's demand for a statement from Union Home Minister Amit Shah on the police action against students protesting in Delhi, the government on Monday said Shah will respond in the House, potentially paving the way for an end to the logjam that has continued since the Monsoon Session began.

Pushing back against the Opposition pressure, Parliamentary Affairs Minister Kiren Rijiju said the government is ready for a detailed discussion on all issues concerning students -- not just a statement -- and would respond to every point raised by the Opposition.

"The government is ready for a discussion on issues related to students. We are ready

and will respond to all the points that will be raised by the Opposition. The Home Minister will respond," Rijiju said.

He also urged the Opposition not to disrupt proceedings during the discussion and



allow the Home Minister to make his statement.

"My only point to the Opposition is that while the discussion and a reply are being made, the Opposition should not create

disturbances to prevent the statement of the Home Minister. They must listen to the reply of the Home Minister and the government. Once discussion begins, we must have a threadbare discussion," Rijiju said.

The Opposition has alleged that the police action against students protesting on June 20 under the banner of the CJP was disproportionate and condemned the reported use of pellet guns. Leader of Opposition in the Lok Sabha Rahul Gandhi has alleged that the action was carried out on Shah's orders.

The Opposition has alleged that the police action against students protesting on June 20 under the banner of the CJP was disproportionate and condemned the reported use of pellet guns. Leader of Opposition in the Lok Sabha Rahul Gandhi has alleged that the action was carried out on Shah's orders.

No compromise: Vijay's push to mandate Tamil anthem gets all-party backing

The Tamil Nadu Assembly unanimously passed a resolution requiring Tamil Thaaai Vazhthu before government functions. The move, backed by all parties, came amid a row over the Centre's advisory on Vande Mataram.

Tamil Nadu. (Agency)

The Tamil Nadu Assembly on Monday unanimously passed a resolution mandating the rendition of 'Tamil Thaaai Vazhthu' at the beginning of government functions, with Chief Minister C Joseph Vijay asserting that he would not compromise on the linguistic and cultural rights of the state.

Moving the resolution, Vijay described Tamil as more than a language, calling it an integral part of people's identity and emotions. "Tamil is not only a

language but also our life and emotions," Vijay said, stressing that the mother-tongue carries the same sanctity as one's mother.



"Singing the Tamil Thaaai Vazhthu is not against the political system or India's unity. On the contrary, it reflects the nation's high principle of unity in diversity," he

said.

The Chief Minister questioned whether Tamil Nadu did not have the right to give its state anthem the first place at official events. He said his government had written to Prime Minister Narendra Modi seeking appropriate respect for state songs and made it clear that the TVK government would not compromise on the dignity accorded to the Tamil anthem. "Tamil is 'gethu' (pride) and power," Vijay said, adding that whenever the identity of Tamil is invoked, people across the state come together.

SC allows Abhishek Banerjee's foreign trip for treatment, cancels High Court order
New Delhi. (Agency)

The Supreme Court on Monday allowed Trinamool Congress (TMC) general secretary and Lok Sabha MP Abhishek Banerjee to travel abroad for three weeks for eye treatment, setting aside the Calcutta High Court's refusal to relax a restriction on his movement outside the country.

The order was passed by a bench of Chief Justice of India (CJI) Surya Kant and Justices Joymalya Bagchi and V Mohana. Banerjee had challenged the High Court's dismissal of his plea seeking permission to travel abroad.

While passing the impugned order on August 5, the court had noted that the parliamentarian was unwilling to appear before a medical board at a state-run hospital in Kolkata for an assessment of his medical condition.

The High Court had noted that had the TMC leader appeared before the medical board, then, based on the opinion furnished by the medical experts, the issue could have been examined by the court in order to find out whether he needed to go abroad for treatment or not. Two days before that, on August 3, the Supreme Court had asked the high court to take up within a week Banerjee's plea seeking permission to travel abroad.

The travel-related application was linked to conditions imposed on Banerjee in a case over alleged comments made at a public meeting during the West Bengal Assembly polls.

Sharad Pawar's MPs meet PM Modi amid buzz over delimitation bill support

New Delhi. (Agency)

A delegation of MPs from Sharad Pawar's NCP, led by senior leader Supriya Sule, met Prime Minister Narendra Modi at his residence on Monday amid speculation that the INDIA bloc ally could support the government on the proposed Delimitation Bill in Parliament.

According to sources, the meeting lasted around half an hour. The MPs raised concerns over drought conditions and irrigation-related issues in Maharashtra, besides taking up constituency-specific matters. The delegation also demanded

that Mahatma Jyotirao Phule, Savitribai Phule, Shahir Anna Bhau Sathe and



Tukdoji Maharaj be awarded the Bharat Ratna. They also sought the naming of Navi Mumbai Airport after former Maharashtra minister D Y Patil, sources

said. The MPs submitted a written memorandum to the Prime Minister listing their demands and concerns and described the meeting as positive. Modi told the delegation that the issues raised required attention and assured them of concrete action, sources said.

However, the proposed Delimitation Bill and the Foreign Contribution (Regulation) Amendment Bill were not discussed during the meeting. The MPs have said they will oppose the FCRA Bill.

Ahead of the meeting, Sule had said the MPs sought an appointment with the Prime Minister as they were not receiving funds for assistance in Maharashtra.

New Karnataka ministers intensify lobbying to bag plum portfolios

Kharge loyalist and MLC Manjunath Bhandari, who was also in the race for a ministerial berth, also met the AICC president in Delhi.

BENGALURU (Agency)

With Chief Minister D K Shivakumar holding talks with the Congress High Command in New Delhi to resolve the crisis that has erupted following the recent cabinet expansion, lobbying for key portfolios has intensified. Food and Civil Supplies Minister K H Muniyappa and newly inducted minister Shivaraj Tangadagi are already camping in Delhi.

Amid speculation that Muniyappa could be asked to resign from the ministry to make way for his daughter and KGF MLA Rupkala Shashidhar, Muniyappa made it clear that he has no plans to quit. He is reportedly seeking the social welfare portfolio. Tangadagi is also said to be

interested in the same department, though he described his Delhi visit to meet Kharge as a courtesy call after his induction into the cabinet.

Kharge loyalist and MLC Manjunath Bhandari, who was also in the race for a ministerial berth, also met the AICC president in Delhi.

Within the party, several possibilities are being discussed as part of efforts to settle the crisis. These include replacing Ron MLA G S Patil with former minister H K Patil to make the latter as Assembly Speaker, making way for M Krishnappa by dropping either N Chaluvarayaswamy or Balakrishna, replacing Basavaraj Rayareddy with Hampanagouda Badarli, paving the way for Rupkala Shashidhar by

asking K H Muniyappa to step down and replacing B Nagendra with Annapurna E Tukaram. There is also speculation about giving representation to women legislators by replacing Rizwan Arshad with Kaneez Fathima. In such an arrangement, Rizwan Arshad could be appointed as the state's special representative in Delhi, while Rayareddy could be accommodated as economic adviser to the chief minister or as chairman of the KKRDB, party sources said.

The party is also considering chairperson posts in various boards and corporations for several disgruntled legislators, including Yashwant

Rayagouda Patil, Appaji C S Nadagouda, Krishnappa's son and Govindarajnarag Sharath Bachegowda, S R Srinivas, B G Govindappa, Belur Gopalakrishna, G S



Patil, B R Patil and Kampli MLA Ganesh, besides former minister NS Boseraju's son Ravi Boseraju.

for a key position in one of the Bengaluru development authorities, while T B Jayachandra may be appointed chairman of the Guarantee Implementation Committee.

Narasimharaja MLA Tanvir Sait and Shantinagar MLA N A Harris are also among those being considered for the post of political secretary to the chief minister, sources said.

Meanwhile, supporters of Narasimharaja Assembly constituency MLA and former minister Tanvir Sait staged a massive protest on Sunday, demanding that he be inducted into the cabinet.

Concrete horizon: Navigating India's urban metamorphosis

Since 1980, the global landscape has undergone a tectonic shift. For the first time in human history, the ‘urban’ is no longer the exception, but the rule; approximately 55 percent of the world’s population now inhabits urban spaces. In India, this transition is not merely a demographic statistic; it is a profound reorientation of a civilisation. In 1990, just 25 percent of Indians lived in cities. Today, that figure has climbed to a third, and by the end of this decade, 40 percent of the nation is expected to reside in urban clusters.

This shift represents a fundamental departure from the Gandhian ideal that India “lives in her villages”. As the country moves from the paddy field to the pavement, the national consciousness is being rewritten. It is time to explore the policy-driven nature of this shift, its impact on the social fabric, and the urgent need for a politics that addresses the unique pressures of the Indian city.

India’s urbanisation was not an accidental byproduct of growth but a directed effort, often prodded by global financial institutions. Following the 1991 liberalisation, the International Monetary Fund and the World Bank advocated that India see urban centres as “engines of growth”. This led to a series of landmark missions designed to upgrade the country's decaying infrastructure. The Mega City scheme of 1993 was an early attempt to channel funds into five major metros to handle the initial post-liberalisation surge. The Jawaharlal Nehru National Urban Renewal Mission in 2005 marked the first comprehensive effort to link infrastructure funding with institutional reforms. Ten years later came the Modi government’s Atal Mission for Rejuvenation and Urban Transformation and Smart Cities Mission, which shifted the focus toward technology-driven governance and ‘rejuvenation’, aiming to create sustainable, digitally-integrated urban hubs.

These policies reflect a State that has pivoted away from the village-centric development of the mid-20th century. However, the speed of this transition has often outpaced the capacity of our institutions, leading to cities that are hyper-modern in their aspirations but crumbling in their execution. The move to the city is more than a change of address; it is a psychological migration. In the village, identity is often fixed—inherited through caste, family and land. In the city, identity becomes fluid. For the Indian youth, the city is a space of anonymity, which, while often lonely, is also liberating. It offers a chance to shed the baggage of traditional hierarchies. The urban environment has also birthed a new Indian ‘aspirationalism’. Success is no longer measured by the harvest, but by consumption, connectivity and mobility. However, this has created a unique set of pressures. The urban youth face a paradox: they have more freedom than their ancestors, but they live in a state of precariousness—navigating a gig economy, rising rents and the compressed living of tenements and high-rises. The city has also altered social mores. Traditional family structures are giving way to nuclear setups or ‘chosen families’ among migrant workers. Yet, the city also reinforces divisions. We see the rise of gated communities— islands of privilege that physically wall themselves off from the surrounding slums, creating a fragmented social consciousness where the ‘other’ is always in sight but never in reach. One of the most sobering questions raised by urbanisation is the nature of conflict. Historically, communal violence in India has been predominantly an urban phenomenon. Why does the city, supposedly the bastion of modernity, become a theatre for ancient animosities? Urban spaces concentrate diversity, but they also concentrate competition. When resources (land, water, jobs) are scarce, identity becomes a tool for mobilisation.

Perils of promoting ancient remedies

Science funding agencies should stop sponsoring studies by dubious institutions & researchers

SOME curious remarks were made about cow urine (gaumutra) in Parliament last week. The context was the appointment of Veezhinathan Kamakoti, Director of the Indian Institute of Technology, Madras, as a member of the task force on entrance test reforms. During the debate on the subject, an indirect reference was made to Kamakoti’s support for the use of cow urine. In defence, some ruling party members cited patents granted for certain properties of cow urine to prove that the claims were indeed scientific. In January last year, Kamakoti, at a public meeting, claimed that cow urine had “anti-fungal, anti-bacterial and anti-inflammatory” properties that had been “scientifically demonstrated”.

A group of academics has extended support to Kamakoti, saying that the dismissal of his views on cow urine amounts to undermining scientific temper enshrined in the Constitution, and that he is entitled to “present a hypothesis and discuss traditional knowledge”. The Director of the Indian Institute of Management, Calcutta, too, has defended Kamakoti. Research into cow urine and cow dung is not new. Some claims were made and papers were published even in the 1970s and 1980s, but they remained on the fringe. What’s new is official support for such research as part of a systematic state-driven effort to prove mythical-religious beliefs as being scientifically validated.

As a result, there is a surge of articles and reviews about cow urine and cow dung in professional journals, and patents are being filed on certain claims. While professional bodies of scientists have kept mum, such claims are getting support from high-profile academics like Directors of IITs and IIMs — who are not necessarily experts in biochemistry, pharmacology or drug discovery. Seeking scientific validation of ancient ideas and beliefs is not true science for several reasons. This approach to research starts with a preconceived notion and a sort of confirmation bias, while lacking falsifiability. Ancient texts and traditional knowledge mention the human body, diseases and cures in such broad terms

that they can be twisted or interpreted to fit any modern discovery or concept. This path is often adopted to claim that plastic surgery, stem cell treatment, in vitro fertilisation and satellite communication existed in ancient India. WorldNews Section The same validation approach is being applied to cow urine. Finding certain trace minerals and bioactive peptides in cow urine or excreta is not a convincing proof of their medicinal properties because they can be found in excreta or urine of humans as well as other mammals like bulls, yaks or even deer. At most, such research can fall in the realm



of pseudoscience because there is a bit of scientific jargon used to describe urine chemistry, but claims of medicinal benefits are not scientific because all that has been done is in a Petri dish and using some distillates of cow urine and not whole urine. When research starts with a preconceived notion, it tends to ignore or suppress negative results. The government recently claimed that a new study had validated papaya leaf extract “as a low-cost solution for chemotherapy-related low platelet counts.” The results were published in an oncology journal. However, the journal has been forced to review the results following red flags raised by independent experts, who found that the researchers omitted the cases of patients who did not recover to make the

herbal extract appear more effective. The same has been the case with curcumin, an active ingredient of turmeric, which has been touted as a miracle herb with therapeutic value for several diseases, including cancer. In recent years, it has emerged that claims are based on dubious research, although published in international journals. Over 30 research papers on curcumin, written by an American researcher, Bharat Aggarwal, have been retracted by international journals so far for falsified data, duplicated images and manipulated figures.

In the 1990s, RB Singh, a researcher based in Moradabad, collaborated with those from Israel and Slovakia to test the benefits of the Indo-Mediterranean diet on the progression of heart disease and published the findings in The Lancet and the British Medical Journal. A few years later, independent scientists raised red flags about the authenticity of the clinical trial data. When asked to make available raw data, Singh claimed that termites had devoured the files. Another problem with the validation approach is that it bypasses safety issues. The argument that toxicity tests for natural remedies, which find mention in ancient texts, are not required is flawed. Plants and herbs may contain heavy metals and other contaminants present in soil, which may cause injury to the liver or kidneys.

Bioavailability of active ingredients in a plant also varies, depending on the conditions under which it is grown. In the case of cow urine, a study by the Indian Veterinary Research Institute has concluded that it is unfit for human consumption as it contains harmful bacteria. WorldNews Section China has taken a science-based approach to traditional medicine, instead of religious or ideology-based validation. The discovery of artemisinin, an anti-malarial drug which won the 2015 Nobel Prize in medicine for Chinese scientist Tu Youyou, is a good example. Instead of accepting ideas mentioned in ancient texts as uncritical truths, the project used them as clues and screened over 400 plants. Rigorous experiments were conducted over almost half a century before the molecule was isolated and developed as a drug. The discovery was not claimed as a validation of ancient texts, but as proof of a time-tested scientific method.

Growth uptick shows hope in measures to offset demand drag

While strong private consumption, robust investment sentiment and stronger services activity support the growth outlook, rural demand remains uneven

The RBI kept the benchmark repo rate unchanged at 5.25 percent, entering a phase of prolonged pause and joining a slew of global central banks favouring status quo. Retail inflation rose to an 18-month high in June; yet, Wednesday’s policy tone sounded more dovish than market expectations. Governor Sanjay Malhotra maintained that the policy was balanced and appropriate for the evolving macroeconomic conditions. Analysts now expect the central bank to pause rate actions through 2026 unless supply-side pressures translate into a sustained, broad-based inflationary spiral. That said, Malhotra underlined anticipated risks from an uneven monsoon, volatile energy prices and geopolitical uncertainties. With several cross-currents in play, the RBI remains cautious with its neutral policy stance, guiding a wait-and-watch approach to future rate directions. For investors, the status quo signals a stable policy environment, near-term certainty and visibility on interest rates. The headline inflation for 2026-27 has been revised 10 basis points lower to 5 percent owing to a softer print in the first quarter. However, prices are expected to peak in Q3 and will likely ease thereafter. Overall, the year’s inflation projection remains within the upper half of the



government’s tolerance band. But the RBI is willing to look through moderately higher prices to avoid choking growth because, as Malhotra noted, the inflationary uptick is supply-driven and limited to food and fuel, with little

evidence of a broad-based rise. Such price pressures do not often warrant a monetary policy response, or an urgent rate hike. In any case, RBI’s neutral stance allows it flexibility in policy action if conditions change in either direction. Meanwhile, higher Q1 growth prompted the central bank to revise the 2026-27 real GDP growth rate upwards by 10 bps to 6.7 percent, with Malhotra stressing that domestic emand remains resilient amid geopolitical tensions.

While strong private consumption, robust investment sentiment and stronger services activity support the growth outlook, rural demand remains uneven. The RBI acknowledged this as an unclear near-term growth dampener besides mixed indications from consumption-intensive sectors and the monsoon. Yet, the upward revision of the full-year forecast signals that, on balance, investment uptick, supply-side measures and government spending will likely offset the demand-side drags this fiscal. Moreover, the RBI must remain vigilant about trade uncertainties, currency volatility and renewed supply-chain disruptions—all of which could affect growth and inflation.

Valid Gen Z demand: Robust exams

➔Several countries have taken smart steps to secure exams. India’s framework continues to suffer from three major structural weaknesses: excessive dependence on private vendors, mostly pen-and-paper tests and inadequate infrastructure. The Bill on safer exams is one step towards a fairer system. Many more are awaited

The recent student protests in the country can be viewed from several perspectives. One may see them as an attempt to politicise the issues, as an effort by certain elements—who had tried in the past, and were rightfully named ‘Aandolanjeevi’ by the Prime Minister—to raise anti-national slogans, as an occasion where vulgar language was used against the PM, or an attempt to create havoc through violence. At the same time, it is equally true that many of the students participating in these protests were genuinely demanding that the government create a system capable of permanently eliminating the problem of examination paper leaks. However, I view these protests from a different perspective. For me, they reflect the energy of India’s GenZ. If this energy can be channelled in the right direction, it has the potential to transform the country. As the PM has consistently said, India’s development will be possible only when its youth become the driving force behind progress. Since 2014, the Modi government has focused primarily on empowering India’s young population physically, mentally and intellectually. To promote physical development and fitness among the youth, national initiatives such as the Fit India Movement and Khelo India were launched. These programmes have encouraged a sporting culture at the grassroots level while preparing young athletes for the global stage. Alongside this, the promotion of regular yoga and the Nasha Mukh Bharat Abhiyan has encouraged young people to adopt healthier lifestyles by steering them away from substance abuse. On the other hand, initiatives such as Tele-MANAS and the education ministry’s Manodarpan helpline were launched to strengthen the mental health, emotional well-being and intellectual capabilities of young people. The PM’s annual Pariksha Pe Charcha has played a significant

role in advocating reduction in exam-related stress among students through mass level awareness. To promote intellectual and creative development, the National Education Policy 2020 was implemented, while Atal Tinkering Labs established in schools encouraged robotics, coding and innovation, thereby strengthening critical thinking among young minds. Similarly, platforms such as MY Bharat and Skill India have provided young people with digital and practical opportunities to build skills and actively contribute to nation-building, looking towards the future, the present government considers the youth not merely as beneficiaries of development, but as the principal drivers of the Viksit Bharat @2047 vision—the Amrit Peedhi. The government’s long-term roadmap aims to equip young people with skills in emerging sectors such as artificial intelligence, semiconductors and green technologies, with the objective of transforming India into a global skill hub. At the same time, it seeks to promote startups and entrepreneurship so that young Indians become job creators rather than job seekers, while also building a generation that is healthy, drug-free and mentally resilient. However, there is also an urgent need to build a robust and reliable exam system in the country. If one looks at the data, between 2004 and 2026, more than 70 incidents of question paper leaks have been reported across over 15 major national exams as well as several state-level exams. Despite major national exam paper leaks such as CBSE AIPMT in 2004, CAT in 2006 and AIEEE in 2011, the government failed to demonstrate the

political will to enact a dedicated and stringent central law to curb this organised exam mafia. For almost an entire decade, an issue involving the future of lakhs of young people continued to be dealt with under the ordinary provisions of the Indian Penal Code, such as those relating to cheating and forgery, allowing exam rackets to



repeatedly escape accountability. In the past, despite repeated scandals, the government’s response remained largely confined to cancelling exams and carrying out routine administrative formalities. Even the establishment of transparent institutions such as the National Testing Agency or the creation of a strong legal framework remained on paper for years. This clearly indicates that during that period, the integrity of competitive exams and the future of India’s youth did not receive the policy priority they deserved. Paper leaks and cancelled exams are not new phenomena

in India, and the problem has continued under the BJP government as well. My point is that every paper leak or cancelled exam amounts to playing with the future of the country’s youth. At the global level, I have observed that countries with large populations have adopted extremely stringent and technologically advanced models to secure their national exams, compared to which India still lags behind. In China, papers for the Gaokao, taken by nearly 1.3 crore students, are transported under military supervision, while serious exam fraud can attract imprisonment of up to seven years. In South Korea, professors involved in preparing questions remain in complete isolation at undisclosed locations for about 40 days until the exams conclude. Meanwhile, the US has largely replaced the traditional pen-and-paper system with encrypted digital adaptive testing, where AI algorithms ensure that every student receives a different set of questions. In contrast, India’s exam framework continues to suffer from three major structural weaknesses: excessive dependence on private vendors, an outdated pen-and-paper exam system (in most cases), and inadequate infrastructure. In exams such as NEET, the reliance on private contractors for printing question papers and courier services creates significant security vulnerabilities. Furthermore, transporting physical question papers to thousands of exam centres and using private institutions as exam centres provide organised mafias ample opportunities to compromise the process.



शादी के बाद आपके जीवन में एक और साथी शामिल हो जाता है। जब हमारे परिवार में कोई नया सदस्य बढ़ता है तो उसके साथ-साथ हमारे खर्चों का बढ़ना भी स्वाभाविक है। शादी के बाद कई बार प्रापर प्लानिंग के अभाव में हमारा बजट गड़बड़ा जाता है। उस वक्त होने वाली परेशानियों से बचने के लिए पहले से ही हर चीज की प्लानिंग करके चलें ताकि बाद में आपको कोई परेशानी नहीं हो। शादी के बाद हमारे सपनों में भी पंख लग जाते हैं। शादी के बाद नए घर, बच्चे, अच्छी लाइफ स्टाइल, खर्च आदि के रूप में हमारे कई सपने उपजने लगते हैं। ऐसे में अपने सपनों को हकीकत बनाने के लिए तथा अपने जीवनसाथी को खुशियों का तोहफा देने के लिए अपनी फायनेंशियल प्लानिंग करें। यदि आप प्री-प्लानिंग नहीं करेंगे तो पलक झपकते ही आपकी जेब कैसे ढीली हो जाएगी आपको पता ही नहीं चलेगा। हमारे जीवन में कई ऐसी घटनाएँ होती हैं, जिनका पूर्वानुमान भी हम नहीं कर सकते हैं। ऐसी परिस्थितियों के लिए हमेशा तैयार रहें तथा अपने बजट में से कुछ धनराशि इन आपातकालीन खर्चों के लिए जमा करके रखें।

प्राथमिकताएँ तय करें :

शादी के बाद फरमाइशों की लंबी फेहरिस्त लग जाती है। ऐसे में प्राथमिकता वाले काम को पहले करें। एक-दूसरे की सलाह से यह तय करें कि पहले आपके लिए गाड़ी, घर, नौकरी आदि में से क्या बहुत जरूरी है। उसके हिसाब से यह तय करेंगे कि आपका बजट क्या है और उस बजट में आप उस चीज को खरीद सकते हैं या नहीं? बीमा और हेल्थ पॉलिसी : शादी के बाद आपकी जिम्मेदारियाँ बहुत बढ़ जाती हैं इसलिए दोनों की बीमा पॉलिसी जरूर लें। इससे आपका भविष्य सुरक्षित हो

ब्ल्यू आदि। क्योंकि अक्सर ऐसा होता है कि घर आने वाले मेहमान लम्बा सफर तय आते हैं। ऐसे में हल्के रंग आंखों को सुकून पहुंचाने वाले होते हैं। गहरे रंग आंखों में चुभते हैं।
- कमरे को और भी आकर्षक रूप देने के लिए कमरे की चادرें, पर्दों के रंग मिलते-जुलते होने चाहिए।
- कमरे को कुछ इस तरह सजाएँ कि वह होटल के किसी कमरे की तरह न लगे। इस बात का ध्यान जरूर रखें कि फर्नीचर बहुत ज्यादा भरा हुआ न हो जिससे कि कमरे में चलने-फिरने में आसानी रहे और कमरा भी खुला-खुला दिखाई दे। इंटीरियर डेकोरेशन में



मेहमानों का कमरा हो खास

घर के हिस्से में मेहमानों का कमरा अपने अलग मायने रखता है। जितनी खुशी से आप मेहमानों का स्वागत करते हैं। उसी उत्साह को घर के गेस्ट रूम को सजा कर गेस्ट को अपने पन का अहसास करा सकते हैं। जिससे मित्र या हो रिश्तेदार बार-बार मिलने के लिए घर आए और आपकी तारीफ करें। इसलिए ये कमरा हर तरह से आरामदायक होना चाहिए। आप भी अपने घर को कुछ ऐसा अंदाज दे सकते हैं-
- कमरे में हल्के रंगों का प्रयोग करें जैसे ऑफ व्हाइट, क्रीम, लाइट

ओपन स्पेस की अहमियत को समझें।
- गेस्ट रूम को स्टोरेज रूम में भी तब्दील न करें, घर की कोई भी पुरानी चीज या फिर बेकार पड़े सामान को इस कमरे की अपेक्षा स्टोर रूम में ही रखें। इससे घर के इस हिस्से में ठहरने वाले मेहमान को अपने घर जैसा ही अहसास होगा।
- कमरे में कपड़ों और दूसरे सामान को रखने के लिए एक अलमारी जरूर होनी चाहिए। इससे कमरे में रखा सामान बिखरा हुआ नहीं लगेगा।
- कमरे में कचरा रखने के लिए छोटा सा कूड़े दान, एक टेबल या फिर दीवार घड़ी के अलावा चाहें तो ताजे फूलों को फूलदान में सजा सकते हैं। इससे भी आपके घर आने वाले मेहमानों को फेश अहसास मिल सकेगा। आप चाहें तो साइड टेबल पर कुछ पुस्तक व पत्रिकाएँ भी रख सकते हैं।
- गेस्ट रूम में रोशनी का पूरा प्रबंध करना भी आवश्यक है। इसके अलावा नाइट लैंप की व्यवस्था भी इस कमरे में की जा सकती है। आप चाहें तो ड्रेसिंग टेबल के साथ ही आलमारी या फिर दीवार में फुल साइज का मिरर भी लगा सकते हैं। इससे उन्हें कहीं आने-जाने के समय तैयार होने में सहायता मिलेगी।

सपने और फायनेंशियल प्लानिंग

जाएगा। यह एक ऐसा कार्य है, जिसको टालना भविष्य की कई परेशानियों का सबब बनता है। आपके बेहतर स्वास्थ्य के लिए ‘हेल्थ पॉलिसी’ बहुत फायदेमंद सिद्ध होती है। बीमारी कभी कहकर दस्तक नहीं देती है इसलिए भविष्य में आने वाले खतरों के लिए पहले से ही सचेत रहें।

जब घर खरीदें :

यदि आप नया घर खरीदना चाहते हैं तो पहले ही घर खरीदने के रूप के अलावा महीनेभर के राशन, बिजली, पानी व केबल का बिल आदि खर्च को भी उसमें जोड़ें। ऐसा करने पर आपको महीनेभर में आपकी जेब से

इन खर्चों के नाम पर निकलने वाले रूपयों का अनुमान हो जाएगा।

आपातकालीन खर्च :

हमारे जीवन में कई ऐसी घटनाएँ होती हैं, जिनका पूर्वानुमान भी हम नहीं कर सकते हैं। ऐसी परिस्थितियों के लिए हमेशा तैयार रहें तथा अपने बजट में से कुछ धनराशि इन आपातकालीन खर्चों के लिए जमा करके रखें।

बजट का हमेशा ध्यान रखें :

किसी शादी-ब्याह व अन्य समारोहों में अपने बजट का पूरा ख्याल रखें क्योंकि उत्सुकतावश व दूसरों को खुश करने के लिए हम दिल खोलकर खर्च करते हैं परंतु बाद में उसकी भरपाई के लिए हमें अपनी कई चीजों से समझौता करना पड़ता है। इस स्थिति से बचने के लिए अपनी चादर देखकर ही पैर पसारें। ‘आज सब कुछ लुटा दिया तो कल को आपके पास क्या बचेगा’ हमेशा कुछ भी खरीदते वक्त इस बात का हमेशा ख्याल रखें। अपने भविष्यगामी खर्चों की प्रापर प्लानिंग करें। इस प्रकार प्रापर प्लानिंग से आप अपने जीवनसाथी को उम्मीर की खुशियाँ दे सकते हैं तथा एक सुखमय जीवन की शुरुआत कर सकते हैं।

गुरस्से पर लगाएं ब्रेक



अच्छे मुड़ में प्रवेश करती हैं। मेरी बीबी से पृष्ठि हम दुनिया को हंसाते हैं, उनका तनाव दूर करते हैं, लेकिन खुद मुझे गुरसा बहुत आता है। सीरियल करते वक्त इसे रोकना मुश्किल हो जाता है। मेरी बीबी से पृष्ठि मेरे गुरस्से की बात, क्योंकि झेलना तो उन्हें ही पड़ता है। मैं अपना गुरसा बिल्कुल भी मैनेज नहीं कर पाता। अपसेट हो जाता हूँ। चिड़चिड़ा हो जाता हूँ, लेकिन यह सब चलता है सिर्फ 10 मिनट के लिए। ज्यादा देर के लिए नहीं। बहुत जल्दी ही सब कुछ नॉर्मल हो जाता है। अतुल परचुरे, टीवी एक्टर झलक दिख जाती है चेहरे पर मैं अपने गुरस्से को बाहर नहीं निकाल पाती, लेकिन उसकी झलक मेरे चेहरे पर दिख जाती है। खिचड़ी के बाद जब मैं आर. के. लक्ष्मण की दुनियाएँ लिए आई तो सब लोगों को यही लगा कि मैं बड़ी एटीट्यूड वाली हूँ, लेकिन ऐसा नहीं है। हाँ, शूट में कुछ गलत

कार्यरत प्रज्ञा श्रीवास्तव के लिए तो कम से कम ऐसा ही है। दफ्तर में छोटी सी बात पर भड़क जाती थीं वह। शुरू में तो उन्हें लगा कि उनके तेज बोलने से काम तेजी से हो रहा है, लेकिन जब लगा कि अपनी टीम से कटने लगी है वह तो उन्होंने खुशबू को अपना सहारा बना लिया। जब उनका पारा हाई होने लगाता है तो खुशबूदार टिशू पेपर निकाल लेती हैं। उससे चेहरे को पोछने पर उन्हें हीलिंग इफेक्ट का अहसास होने लगता है। इसकी नमी उन्हें ताजगी देती है और खुशबू खुद को काबू करने की क्षमता।

ब्रिस्क वॉक से कूल
मैंने तो छोटी सी बात पर रिएक्ट किया था। ऐसा तो मैं हरदम ही करती हूँ। इसमें नया क्या था। ये चाहते तो चुप रहकर बात खत्म भी कर सकते थे, लेकिन इन्होंने ही बहस बढ़ा दी और मेरा गुरसा सातवें आसमान पर पहुंच गया। अच्छा हुआ कि फिर मैं निकल गई सैर पर। तेज कदम चलकर मैंने अपने गुरस्से को बाहर आने की जगह दी और खुद को कूल किया। किरण को शायद यह अहसास नहीं था कि किसी भी मौके पर गुरसा हो जाना उनकी आदत में शुमार हो गया था और यही झगड़े की जड़ था। फिर भी उन्होंने बिगड़ी बात को और बिगड़ने से बचा लिया और ब्रिस्क वॉक करके अपनी सेहत को भी सुधरने का मौका दिया।

रामबाण है संगीत
संगीत में खो जाना दुनिया भुला देने जैसा है। आवेग को नियंत्रित करने में रामबाण साबित हो सकती है संगीत सुनने की प्रवृत्ति। घर में आपके मनपसंद गीत हल्की आवाज में चल रहे हों तो कोई कुछ भी करे, कुछ भी कहे आपको कोफ्त नहीं होगी। आप शांति से समाधान निकाल पाएंगी। अगर गाड़ी चला रही हैं और मध्यम आवाज में एफएम पर आ रहे पुराने गीत या गजलों का लुफ्त उठा रही हैं तो सड़क पर तकरार जैसी नौबत तो नहीं आएगी। इस संगीत की बदौलत ही शालिनी अपने घर और दफ्तर का भीनी-भीनी सी खुशबू हर मर्ज का इलाज साबित होती है। मल्टीनेशनल कंपनी में मैनेजर पद पर

होता है तो मुझे लगता है क्यों? आखिर ऐसा क्यों हो रहा है? एकदम से गुरसा आ जाने की अपनी इस आदत को काफी हद तक मैनेज कर लेती हूँ मैं। वंदना पाठक, टीवी एक्टर
गौर करें
- क्या वाकई बात इतनी चुभने वाली थी कि आप रिएक्ट कर गईं?
- क्या आपकी अपनी जल्दबाजी तो गुरस्से का सबब नहीं?
- क्या मुश्किलें सहन करने की आपकी साम? श्रृंय कम तो नहीं हो गई?
- क्या आपके प्रियजन तो आहत नहीं हुए?
- क्या प्रभाव नजर आ रहे हैं आपको अपने गुरस्से के?

वया करें
- कोई बात आपको बुरी लगी है तो उसे सीधे-सीधे बता दें। जाहिर कर दें अपनी नाराजगी।
- खुद को टाइम दें, स्पेस दें और स्थिति को समझें।
- खुद को उस जगह पर रख कर सोचें।
- बात-बात पर गुरसा करने से भी इसकी आदत बन जाती है। अगर ऐसा है तो बदलें खुद को और खुश रहने की आदत डालें।
- तुरंत रिएक्ट न करें।
फील गुड फ़ैक्टर
हमारे भीतर का जो गुरसा होता है वह हमें कहीं न कहीं भरोसा दिलाता है कि हम अपने हालात बदल सकते हैं। हॉर्बर्ट डिसीजन साइंस लेबोरेटरी की रिसर्च के मुताबिक अगर हम अपने अंदर के गुरस्से को सही रास्ता दिखा दें तो जिंदगी बदल सकते हैं। अपने अधुरूप को भरने की कोशिश हमें कहीं से कहीं ले जा सकती है। बदलाव की छटपटाहट एक टॉनिक का काम भी कर सकती है।
वया है कारण
- लाइफस्टाइल में बढ़ती व्यस्तता
- उम्मीदों से कम सफलता
- क्षमताओं से ज्यादा टारगेट

NEWS BOX

India win Sepak takraw bronze medal at Thai Kings Cup, video goes viral



New Delhi. (Agency)

Sindia secured a bronze medal in the men's quadrant event at the prestigious King's Cup Sepak Takraw Championship in Thailand on Friday, August 7, continuing their recent rise in the sport ahead of the 2026 Asian Games. India's campaign ended in the semi-finals after they were beaten by hosts Thailand in a thrilling three-set contest. The Indian team lost 15-9, 9-15, 9-15, but the result was enough to secure them a place on the podium.7.72m, 7.84m and 7.52m.A video of India's medal-winning campaign and the team's celebrations has since gone viral on social media, drawing attention to the country's growing presence in a sport traditionally dominated by Southeast Asian nations.

WHAT IS SEPAK TAKRAW?

Sepak takraw is a fast-paced team sport that combines elements of volleyball, football and martial arts. Players use their feet, head, knees and other parts of their body, but cannot use their hands, to keep a ball in the air and send it over a net.The sport is played on a court similar to a badminton court, with teams trying to ground the ball on their opponents' side while defending their own half.Sepak takraw is particularly popular across Southeast Asia and has been a regular feature at the Asian Games, with Thailand, Malaysia and other regional powerhouses traditionally dominating the sport.

WHAT IS THE KING'S CUP?

The King's Cup Sepak Takraw Championship is one of the most prestigious tournaments in the sport, attracting several of the world's top

Gurnoor Brar is an exciting player... expect a lot from him: Zaheer Khan | Exclusive

CRAIG. (Agency)

TimesofIndia.com in Colombo: Indian cricket has been hit by a barrage of injuries in the last few weeks, with more than a dozen regular players currently at the BCCI Centre of Excellence (CoE) undergoing rehabilitation. Jasprit Bumrah and Sai Sudharsan will miss the two Tests against Sri Lanka, while Nitish Kumar Reddy and Harshit Rana were also unavailable when the selectors met to pick the squad for the assignment. It is far from an ideal situation for a side in a tight spot in the World Test Championship (WTC) table, but former



India cricketer Zaheer Khan, who knows a thing or two about injuries from his playing days, urges patience. On the sidelines of the Lanka Premier League (LPL) final in Colombo, the Jaffna Kings co-owner spoke about workload management, the Mohammed Shami situation, India's most exciting young bowler, the debate between speed and craft, and more. Excerpt There are a lot of quick bowlers in the country right now. What do you think is more important: speed or craft? Everything is important. More importantly, it is about the phase in which you are playing. Every fast bowler starts differently, and then understanding and experience develop. That way, things are balanced for maximum output. So, both things are important.

Sports Minister says Indian football is making excellent progress. But where?

Indian football is desperate for stability, yet the Sports Minister sees "excellent progress". Between club exits, financial uncertainty, falling broadcast value and national-team confusion, the reality looks very different.

New Delhi. (Agency)

If you are an Indian football fan reading that line, there is a fair chance you are wondering whether you have just walked into some elaborate ragebait. It is, in fact, a comment made by Sports Minister Mansukh Mandaviya while speaking about Indian football on the sidelines of

the 85th edition of Fit India Sundays on Cycle.And yes, he was talking about the same Indian football ecosystem currently trying to make sense of club exits, financial uncertainty, a changing ISL structure and a national-team setup that has had its own share of confusion.The Indian Super League will return, as Mandaviya said, but the bigger picture around Indian football remains far more difficult than that one fact suggests.After the uncertainty around the competition last season, having a league back on the calendar matters for clubs, players and supporters. But the return of the competition cannot by itself be treated as proof that Indian football is in good health, or making "excellent progress" That is certainly setting the bar at a historic low.While the ISL is finding a way back, clubs are struggling to make the numbers work, investors are stepping away and the commercial

structure of the league is still being rebuilt.The latest blow came when Tata Steel decided to withdraw Jamshedpur FC from the ISL for the 2026-27 season.



That decision led to appeals from the club's players, former India captain Sunil Chhetri and AIFF president Kalyan Chaubey, all asking the Tata Group to reconsider There is certainly a football ecosystem beyond the ISL, but the country's top division is currently dealing with questions that go well

beyond how many clubs are being formed. THE ISL PROBLEMS ARE GETTING HARD TO IGNORE The trouble with the ISL has been building for some time.The commercial agreement between the All India Football Federation (AIFF) and Football Sports Development Limited (FSDL), which had been central to the league's operation, expired before the previous season. The uncertainty around the commercial structure contributed to a drastically shortened 2025-26 campaign.The season, which was initially expected to begin in September, eventually ran from February 14 to May 21 and was played in a single-leg format. That meant fewer matches and fewer opportunities to generate revenue for clubs that were already carrying substantial operating costs.

Rohit Sharma should play 2027 World Cup: Ajinkya Rahane calls for BCCI clarity

Ajinkya Rahane has asked the BCCI to give Rohit Sharma clarity on his ODI future and back him for the 2027 World Cup. He said senior players such as Rohit and Virat Kohli should be supported rather than judged series by series.

St. Louis. (Agency)

Former India batter Ajinkya Rahane has urged the Board of Control for Cricket in India (BCCI) to provide Rohit Sharma with clarity over his ODI future, backing the veteran opener to be part of India's 2027 World Cup plans. Rahane believes India's next World Cup campaign should not be clouded by repeated questions over whether Rohit will make the cut.Rohit's ODI future has remained a talking point despite his continued presence in India's plans and a timely return to form at Lord's. Speaking in an

Idea Exchange interview, Rahane said Rohit's place should not be assessed one series at a time."I think it is important to



tell Rohit Sharma he is going to play the 2027 ODI World Cup," Rahane said. "Just look at his contribution over several years. It has been amazing. You need the experience of such a player at a World Cup."Rahane believes India's selectors should look beyond short-term fluctuations when assessing a player of Rohit's stature. He argued that

experience becomes particularly valuable in high-pressure World Cup matches."

There should be no discussions around it. You can't look at it series by series because he is such a big player," Rahane added. Rohit's future has come under renewed scrutiny despite his ability to produce decisive performances. Reports earlier suggested that the England ODI series could be his last, but he answered those questions with a spectacular 138 off 110 balls at Lord's.That innings came after scores of 11 and 26 in the first two matches of the series and served as another reminder of the difference between a player's overall value and his form over a short stretch. Rohit remains part of India's squad for the upcoming three-match ODI series against Australia, beginning October 19.

Cricket has given Sarfaraz Khan another chance. He has to make it count now

MADRID. (Agency)

There is a particular kind of cricketing limbo reserved for batters who score too many runs to be ignored yet never quite get enough opportunities to be trusted. Sarfaraz Khan has lived in that space for the better part of two years. On Sunday, the door opened again. The Mumbai batter was named as Sai Sudharsan's replacement in India's injury-hit squad for the two-match Test series in Sri Lanka, stepping back into the national setup for the first time since 2024.It is a recall built less on a single innings and more on a long, occasionally lonely fight to get back into the reckoning. But Indian cricket's recent past carries a

warning for anyone handed another



opportunity: the door that opens once does not always stay open, and how you use the runs you're given can matter more than how many of them you score. A CENTURY THAT SHOULD HAVE CHANGED EVERYTHING Rewind to late 2024. India were in the

middle of a home collapse against New Zealand, a series that would end in a historic 0-3 whitewash, the first time India had been swept in a three-Test series at home. Amid the wreckage, Sarfaraz produced one of the few genuine bright spots, a defiant 150 in the series opener in Bengaluru, the kind of innings that is supposed to cement a career rather than merely punctuate it.It did not work out that way. He managed only a highest score of 11 for the rest of the series, and when India named their squad for the Border-Gavaskar Trophy in Australia, Sarfaraz travelled but never got a game. His Test exile began soon after.

I hate the name Narender: Why Indian boxer's Pakistan story had PM Modi in splits

Asan. (Agency)

Indian boxer Narender Berwal had Prime Minister Narendra Modi in stitches when he recalled a hilarious exchange with a Pakistani opponent after their bout at the 2015 World Military Games.Berwal, who won a silver medal in the men's 90+kg category at the 2026 Commonwealth Games in Glasgow, shared the anecdote while interacting with Modi at the Prime Minister's residence in New Delhi on Sunday, August 9.The boxer recalled how he was drawn against a Pakistani opponent at the Military Games and was told by his army colleagues that he could not afford to lose the bout."My first-round match was against Pakistan. I got a call from the military that you cannot lose to a Pakistani opponent. I won that fight, but we suffered



cuts and went to hospital to get stitches," Berwal told Modi.I HATE THE NAME NARENDER' The fight, however, left Berwal and his opponent with cuts, meaning both boxers had to visit hospital for stitches after the bout.It was there that the Pakistani boxer noticed an unusual coincidence involving Berwal, his coach and India's Prime Minister.Berwal said his army coach at the Games was also named Narender. The boxer then recalled what his Pakistani opponent told him after the fight."Aapka naam Narender hai, aapke coach ka naam Narender hai, aapke Pradhan Mantri ka naam Narendra hai. Mujhe Narendra naam se nafrat ho gayi hai," Berwal recalled the boxer telling him.

SL vs IND warm-up: Padikkal's rise, Jadeja's return and the questions in between

Colombo. (Agency)

India's three-day warm-up against Sri Lanka Cricket XI offered a useful glimpse into where the team stands ahead of the first Test in Galle. The six-wicket win mattered less than the selection clues that emerged, with Devdutt Padikkal strengthening his No.3 role, Ravindra Jadeja finding rhythm and India's bowling attack showing a significant improvement on the final day. There were concerns too. Rishabh Pant and Dhruv Jurel did not make substantial contributions, while Auqib Nabi and Saransh Jain failed to completely settle questions around their places.Caption: India's warm-up provided encouraging signs as well as selection questions ahead of the Sri Lanka Tests

PADIKKAL MAKES HIS CASE

With Sai Sudharsan ruled out of the series, India's No.3 position became one of the biggest questions heading into the Sri Lanka tour. Padikkal provided a strong answer with an unbeaten 142, combining sound defence with an ability to punish anything short. He reached his century in 121 balls and finished with 18 boundaries.His comfort against spin was particularly encouraging given the conditions India are likely to encounter. The bigger examination, however, could come in Galle if Sri Lanka produce the kind of rank turner that forces Padikkal to play spin for long periods. For now, though, the left-hander has done what was required of him. This was a genuine audition and he made a compelling case.

JADEJA FINDS RHYTHM

Ravindra Jadeja also got an important outing under his belt after not playing a Test since November 2025. He scored 63 in India's first innings and picked up two wickets in Sri Lanka XI's second innings, while his partnership with Padikkal helped India recover and



build a sizeable total. There was some rust with the ball early on, but Jadeja became more effective as he attacked the stumps and settled into his rhythm. For an all-rounder whose value comes from what he provides in both departments, getting meaningful time in the middle was important.He now heads into the Test series with runs and wickets behind him rather than a long period of inactivity. PACERS TURN IT AROUND India's fast bowlers were one of the concerns after the opening day. Sri Lanka XI's Nishan Madushka and Ravindu Rasantha put on 110 for the first wicket, with Mohammed Siraj and Prasidh Krishna struggling to find their rhythm on a surface offering little assistance.



Shweta Tiwari

Shares FIRST Post Amid Raja Chaudhary's Allegations, Remarks On Palak Tiwari: 'Whom To Trust...'

Shweta Tiwari has shared her first post on social media after ex-husband Raja Chaudhary’s recent explosive claims. In a chat with Siddharth Kannan, Raja Chaudhary denied the domestic abuse allegations levelled against him by Shweta, and even accused the actress of having an extramarital affair with co-star Cezanne Khan. Raja also opened up about why he seemingly “chose” a Rs 93 lakh flat over their daughter, Palak Tiwari.

After Raja’s interview went viral, fans were waiting to see if Shweta Tiwari or Palak Tiwari would issue any statements against his claims. Shweta has now taken to Instagram to share her first post amid the row. However, Shweta’s post is about her upcoming stint on Traitors 2. She has not reacted to any of Raja’s claims. Shweta captioned her post, “This time the real kasauti is knowing whom to trust .”Shweta’s inclusion in Traitors 2 is being met with much excitement online. Traitors 2 also marks Shweta’s comeback to reality television. Besides the actress, the game of deception will also feature Rida Tharana, Munawar Faruqui, Sahil Salathia, Dalip Tahil, Rhea Chakraborty, Parul Gulati, and Ikka, among others.

Shweta Tiwari Had An Affair With Cezanne Khan?

Meanwhile, Raja Chaudhary’s claims about Shweta Tiwari have gone viral. Raja accused Shweta of dating her Kasauti Zindagi Kay co-star Cezanne Khan while she was married to him and went on to claim that the actress had several affairs during that time. He said, “... She was working with him. She was staying in his house. Even a common friend of ours confessed that she used to come here with him... Even he himself said yes, that we’re in a relationship."However, Raja claimed that Shweta never admitted to him that she was allegedly dating

Cezanne Khan. He also denied domestic violence allegations and said that he “never” raised his hand at Shweta. “I may have broken things- the door, TV, the table- but I never raised my hand at her," he said. Raja said, “She said I was the one who used to beat her every day. What a lie!”

Raja also finally broke his silence on Shweta’s claim that he chose a flat worth Rs 93 lakh over their daughter, Palak Tiwari, as part of the divorce settlement. Raja said that even though the court allowed him to meet Palak, Shweta never let it



happen. He claimed that during that time, his name got embroiled in several other cases too, making it hard for him to find a place to stay.

Raja said that he was “fed up” and wanted to live in peace. He mentioned that Shweta happily agreed to their arrangement, but then twisted the narrative in her favour. Raja said that Shweta’s claim would only be valid had he not let go of his rights to their shared properties. Shweta Tiwari has yet to react to Raja’s claims. She is currently focused on her new show, Traitors 2, which will be out in August this year.

Raja Chaudhary and Shweta Tiwari tied the wedding knot in 1998. Their nine-year marriage came to an end in 2007, with Shweta citing domestic violence and Raja’s alcoholism issues as reasons for the separation. Their daughter, Palak Tiwari, has since been living with Shweta.

Bhumi Pednekar

Brutally TROLLED For Wearing Sunglasses While Offering Prayers At Shiv Temple

Bhumi Pednekar has found herself at the centre of an online debate after sharing pictures and videos from a recent visit to a Shiv temple. While the actor marked the beginning of the holy month of Sawan with a prayer, a section of social media users questioned her decision to keep her sunglasses on while performing the ritual.

Bhumi posted glimpses from the temple visit on Instagram, where she was seen offering water to a Shivaling and praying with folded hands. However, instead of focusing on her spiritual message, several users flooded the comments section with criticism over her attire and accessories inside the temple premises.

Temple Visit Draws Mixed Reactions Online

In the photos and videos, Bhumi was dressed in a black top paired with blue denim jeans and black sunglasses. Alongside the post, she wrote, “As Sawan begins, I pray not for an easier life, but for the strength to walk it with grace. Har Har Mahadev.”

Soon after the post went live, social media users began debating whether wearing sunglasses during a temple ritual was appropriate.

One user commented, “Sunglasses utar ke pooja kar sakte the?” Another wrote, “Never saw anyone wearing goggles and doing pooja.”Some also questioned whether the post appeared more like a photoshoot than a religious visit. “Mandir mein bhagwan ki bhakti kar rahe hai ya photoshoot?” read one comment, while another user requested the actor to avoid wearing sunglasses during prayers the next time.

Bhumi has not responded to the criticism so far.

Recently Appealed For Assam Flood Relief

Just days before the temple visit, Bhumi had used her social media platform to raise awareness about the devastating floods in Assam. Sharing visuals from the affected regions, she urged people to contribute towards relief efforts, highlighting the urgent need for food, sanitation supplies, mattresses and evacuation support.



“This time, Assam needs us,” she had said, encouraging her followers to donate and amplify the appeal. Her message received appreciation from the Assam Chief Minister Himanta Biswa Sarma’s Office, which thanked the actor for extending support to families affected by the floods.

Bhumi’s Recent Work

On the professional front, Bhumi was most recently seen in Prime Video’s crime thriller series Daldal. The show, directed by Amrit Raj Gupta and based on Vish Dhamija’s novel Bhendi Bazaar, featured her as DCP Rita Ferreira, a police officer investigating a serial killer. Before that, Bhumi made her mark in Bollywood with Dum Laga Ke Haisha alongside.



Did CJP Comment On Ayesha Khan's Workout Video? Here's The Truth Behind Dhurandhar Star's Post



Dhurandhar actress Ayesha Khan has been making headlines after being detained by Mumbai Police on July 22 for partaking in the NEET protest in the city. The actress has actively spoken for the students of the country and even celebrated Dharmendra Pradhan’s resignation after the CJP NEET protest. Now, her latest gym post is grabbing eyeballs because of a certain CJP-related comment.

An account named Cockroach Janta Videos took to the comments section of her workout video and wrote, “Thank you, Ayesha, for standing with students and supporting their voice. Your courage and commitment to their cause show the importance of standing up for justice and education.”Many believe CJP’s official account has made the comment on Ayesha’s post. Some social media users who made this assumption expressed their disappointment at the post chosen for the comment, especially since Ayesha has protest-related videos on her profile as well. Others were disappointed at the assumed selective nature of the account.

However, it must be clarified that CJP did not leave the comment under Ayesha’s post. Cockroach Janta Videos is not related to any Cockroach Janta Party account. It is an independent account made by a CJP fan and is not affiliated with any other accounts. The account’s bio also reads, “Welcome to Cockroach Janta videos Support cockroach janta videos by following Independent video page. Not affiliated with any other account.”

The confusion was likely caused because this account has a blue tick. However, blue ticks can now be purchased for use on social media. Cockroach Janta Party’s official account does not have a blue tick. Meanwhile, Ayesha’s fans appreciated the strength that she showed in the video, and even lauded her for supporting the NEET protest. Meanwhile, on the work front, Ayesha Khan found much acclaim after she appeared in Dhurandhar’s Shararat song with Krystle D’Souza. The song became a chart-topper and was hailed as one of the highlights of the film. Ayesha has yet to announce a new project.

Mamta Kulkarni Reacts To Mahira Sharma’s Ranaji 2.0 Amid Trolling: ‘Original Is Etched in People’s Minds’

Whenever an iconic song gets a new version, comparisons with the original are almost impossible to avoid. The nostalgia, the memories attached to the old track and the expectations of fans always become a part of the conversation. Now, the song ‘Mujhko Ranaji Maaf Karna’ from the 1995 film Karan Arjun found a new version with Mahira Sharma’s recently released recreation, Ranaji 2.0. While the new track has brought the original song back into conversations, it has also faced heavy trolling on social media. Mamta Kulkarni, who featured in the 1995 song, has shared her thoughts on the recreated version.

What did Mamta Kulkarni say about Mahira Sharma’s Ranaji 2.0?

Reacting to Mahira Sharma’s version, Mamta told Variety India that the actress has done a good job but pointed out how different the two songs are in terms of presentation. She explained that the original had a traditional feel with ghagra-choli costumes and Indian dance elements, while the new version takes a more modern, Western approach.

“She has done a good job. The point is that you’re watching a song that was originally in ghagra choli and Indian dance moves, now made in a western format and in a western outfit. So, it stands out. But the earlier song is etched in people’s minds, so it immediately comes to your mind," said Mamta Kulkarni.

Mamta Kulkarni Recalls Shooting The Original Mujhko Ranaji Maaf Karna

For Mamta, the making of the original song came with its own set of challenges. She recalled how choreographer Chinni Prakash had planned rehearsals for a few days, but she picked up the steps quickly on the very first day. However, when she reached the set, the choreography had been changed.

“When I arrived on the set, the steps were changed. I asked him why he had changed the steps. I wondered what the point of the rehearsals was, but Chinni Prakash masterji was very good, and we wrapped up the song on time," she said.

Is Mamta Kulkarni Planning A Return To Acting?

The actress revealed that she continues to receive acting offers and would consider returning if she finds a script that excites her. However, Mamta admitted that her approach towards choosing projects has changed over the years.

गोड्डा में प्रेम प्रसंग में नाबालिग की पीटकर हत्या, गले पर दाग और नाक से खून निकलने के मिले निशान, शादीशुदा महिला से था अफेयर

गोड्डा,एजेंसी। गोड्डा जिले के महागामा थाना क्षेत्र के गोड़िया गांव में प्रेम प्रसंग के चलते एक नाबालिग लड़के की पीट पीटकर हत्या का मामला सामने आया है। 17 वर्षीय सूरज राय का शव सोमवार सुबह रघुनाथकिता पुल के पास से बरामद किया गया। मृतक की मां ने प्रेम प्रसंग को हत्या का कारण बताया है। ग्रामीणों ने अहले सुबह पुल के पास एक युवक का शव पड़ा देखा, जिसके बाद गांव में हड़कंप मच गया। सूचना मिलते ही महागामा पुलिस निरीक्षक उपेंद्र कुमार महतो पुलिस टीम के साथ मौके पर पहुंचे और परिजनों से पूछताछ की, पुलिस ने शव का पंचनामा कर पोस्टमॉर्टम के लिए भेज दिया है। मृतक की पहचान पथरगामा थाना क्षेत्र के तरडीह निवासी सूरज राय (17) के रूप में हुई है। वह स्वर्गीय राधे राय का पुत्र था। शव पर चोट के निशान मिले हैं, जिसमें गले पर दाग और नाक से ब्लड निकलता हुआ शव बरामद किया गया है। सूरज टोटो चलाकर अपने परिवार का भरण-पोषण करता था। मृतक की मां किरण देवी और परिजनों ने प्रेम प्रसंग में पीट पीटकर हत्या का आरोप लगाया है। किरण देवी ने बताया कि सूरज अपने दोस्त का ससुराल गोड़िया गया हुआ था। जहां सूरज का गोड़िया गांव की एक शादीशुदा महिला से प्रेम प्रसंग था और वह उससे फोन पर बात भी करता था। परिजनों का आरोप है कि इसी प्रेम प्रसंग के कारण इस घटना को अंजाम दिया गया है। हालांकि साक्ष्य छुपाने के लिए शव को गांव से 500 मीटर दूर लाकर पुल के पास फेंक दिया गया है। महागामा पुलिस निरीक्षक उपेंद्र कुमार महतो ने बताया कि एक युवक का शव बरामद किया गया है और पुलिस मामले की हर एंगल से जांच कर रही है। उन्होंने आश्वासन दिया कि जल्द ही मामले का खुलासा किया जाएगा।

गिरिडीह में घर से 7 लाख के जेवरात, नकदी चोरी, कमरे में स्प्रे कर चोरी की आशंका, घर में मौजूद लोगों को घटना की नहीं हुई जानकारी



गिरिडीह, एजेंसी। गिरिडीह जिले के सरिया प्रखंड स्थित छोटकी सरिया में रविवार देर रात एक घर से करीब सात लाख रुपए के जेवरात और पांच हजार रुपए नकद की चोरी हो गई। चोरों ने वारदात को अंजाम देते हुए घर के एक कमरे में कथित तौर पर स्प्रे का इस्तेमाल किया, जिससे परिजनों को भनक नहीं लगी। गृहस्वामी राजू मंडल ने बताया कि रविवार रात करीब 2 बजे चोर उनके घर में घुसे। उन्होंने राजू मंडल के बेटे अनु राज मंडल के कमरे को बाहर से बंद कर दिया। इसके बाद दूसरे कमरे में रखी अलमारी और बक्से से नकदी और जेवरात चुरा लिए। राजू मंडल के अनुसार, चोरी गए जेवरात की कीमत लगभग सात लाख रुपए है, जबकि पांच हजार रुपए नकद भी चुराए गए। राजू मंडल को रात करीब छह बजे उनके बेटे ने फोन कर चोरी की जानकारी दी। घर पहुंचने पर उन्होंने देखा कि बेटे का कमरा बाहर से बंद था और दूसरे कमरे का सामान बिखरा पड़ा था। परिजनों ने आशंका जताई है कि चोरों ने कमरे में किसी प्रकार का स्प्रे किया था, जिससे घर में मौजूद लोगों को घटना का पता नहीं चला। सुबह अनुराज मंडल के सिर में दर्द होने की बात भी सामने आई है। हालांकि, स्प्रे के इस्तेमाल की पुष्टि पुलिस जांच के बाद ही हो सकेगी। चोरी में इस्तेमाल किया गया एक छोटा बक्सा घर के बाहर खेत में पड़ा मिला। घटना की सूचना मिलने पर पुलिस मौके पर पहुंची और जांच-पड़ताल की। सरिया-बगोदर एसडीपीओ धनंजय राम ने बताया कि चोरी की घटना की जानकारी मिली है। पुलिस टीम ने घटनास्थल का मुआयना किया है और गृहस्वामी से आवेदन प्राप्त कर आगे की कार्रवाई की जा रही है।

श्रावणी मेले में रेलवे ने चलाई छह अतिरिक्त स्पेशल ट्रेनें

जामताड़ा,एजेंसी। श्रावणी मेला के दौरान श्रद्धालुओं और यात्रियों की बढ़ती भीड़ को देखते हुए पूर्व रेलवे ने अतिरिक्त अनारक्षित श्रावणी मेला स्पेशल ट्रेनों के परिचालन का निर्णय लिया है। ये ट्रेनें अलग-अलग निर्धारित तिथियों पर जसीडीह, बासुकीनाथ, पटना, मधुपुर और नरकटियागंज के बीच चलेंगी। अतिरिक्त ट्रेनों के परिचालन से बाबा बैद्यनाथ और बाबा बासुकीनाथ के दर्शन के लिए आने-जाने वाले कांवरियों को सुविधा मिलने की उम्मीद है। ट्रेन संख्या 03562 जसीडीह-बासुकीनाथ श्रावणी मेला स्पेशल 10, 17 और 24 अगस्त को जसीडीह से दोपहर 2:55 बजे रवाना होगी और शाम 4:05 बजे बासुकीनाथ पहुंचेगी। ट्रेन का उहराव देवघर, मोहनपुर और घोरमारा स्टेशनों पर होगा। ट्रेन संख्या 03563 बासुकीनाथ-पटना श्रावणी मेला स्पेशल 10, 17 और 24 अगस्त को शाम 4:45 बजे बासुकीनाथ से रवाना होकर अगले दिन रात 1 बजे पटना पहुंचेगी। वापसी में ट्रेन संख्या 03564 पटना-बासुकीनाथ स्पेशल 11, 18 और 25 अगस्त को रात 1:20 बजे पटना से चलेगी और सुबह 9 बजे बासुकीनाथ पहुंचेगी। दोनों दिशाओं में घोरमारा, मोहनपुर, देवघर, जसीडीह और सिमलतला स्टेशनों पर उहराव दिया गया है। ट्रेन संख्या 03565 बासुकीनाथ-पटना श्रावणी मेला स्पेशल 11, 18 और 25 अगस्त को सुबह 10:30 बजे बासुकीनाथ से रवाना होगी और रात 8 बजे पटना पहुंचेगी।

राजमहल में पेड़ पर चढ़े 15 वर्षीय किशोर की हाईटेशन तार की चपेट में आने से मौत

राजमहल,एजेंसी। राजमहल थाना क्षेत्र के मटियाल अंतर्गत चहरबन्ना, वार्ड नंबर 12 में रविवार को एक हृदय विदारक घटना घटी। पेड़ में फंसी पतंग निकालने के दौरान 11 हजार वोल्ट (हाईटेशन) तार की चपेट में आने से एक 15 वर्षीय किशोर की दर्दनाक मौत हो गई। मृतक की पहचान मटियाल निवासी मुख्तार शेख के पुत्र समीउल शेख के रूप में हुई है। इस घटना के बाद मृतक के परिजनों में कोहराम मच गया है और पूरे इलाके में शोक की लहर है। प्राप्त जानकारी के अनुसार, रविवार को समीउल शेख अपने घर के समीप दोस्तों के साथ पतंग उड़ा रहा था। इसी दौरान उसकी पतंग पास के ही एक पेड़ की टहनियों में जाकर फंस गई। अपनी पतंग को निकालने के लिए समीउल पेड़ पर चढ़ा। दुर्भाग्यवश, पेड़ के बिल्कुल करीब से ही 11 हजार वोल्ट की गंभीर बिजली की तार गुजर रही थी, जिसके संपर्क में समीउल आ गया। जोरदार करंट लगने से वह बुरी तरह झुलस गया और अचेत होकर पेड़ पर ही अटक रह गया। लोगों ने जब उसे किसी तरह पेड़ से निचे उतारा तब तक उसकी मौत हो चुकी थी।

Jharkhand

जर्जर स्कूल भवनों में 2500 बच्चे पढ़ने को मजबूर हर दिन हादसे का डर, स्वीकृति के इंतजार में निर्माण

जामताड़ा,एजेंसी। जिले के जर्जर विद्यालय भवनों में करीब 2500 विद्यार्थी जान जोखिम में डालकर पढ़ाई करने को मजबूर हैं। वर्ष 1991-92 के आसपास निर्मित करीब 30 विद्यालय भवन अब जर्जर हो चुके हैं। कई भवनों की स्थिति इतनी खराब है कि बारिश के दौरान छत से पानी टपकता है और कक्षाओं का संचालन प्रभावित होता है।

विभाग ने इन विद्यालयों के पुनर्निर्माण के लिए राज्य सरकार को प्रस्ताव भेजा है, लेकिन अब तक स्वीकृति नहीं मिली है। जिले के कई जर्जर विद्यालय भवनों में बारिश के दौरान स्थिति और खराब हो जाती है। छत से पानी टपकने के कारण बच्चों को बैठने में परेशानी होती है और पठन-पाठन प्रभावित होता है। पुराने भवनों की हालत को देखते हुए विद्यार्थियों और शिक्षकों की सुरक्षा को लेकर भी चिंता बनी हुई है। विभाग ने जिले के 30 जर्जर विद्यालयों में दो-दो नए कक्षाओं के निर्माण का प्रस्ताव राज्य सरकार को भेजा है। प्रत्येक विद्यालय में दो कक्षाओं के निर्माण पर तीन लाख रुपये खर्च होने का प्रस्ताव है। इस हिसाब से 60 नए कक्षाओं के निर्माण पर कुल 90 लाख रुपये खर्च होंगे। स्वीकृति मिलने के बाद विभाग टेंडर प्रक्रिया पूरी कर निर्माण कार्य शुरू करेगा।

2016 में गिरा दुधानी स्कूल का भवन, अब तक नहीं बना नया भवन प्राथमिक विद्यालय दुधानी का



भवन वर्ष 1992 में बनाया गया था। जर्जर होने के बाद वर्ष 2016 में भवन गिर गया। इसके बावजूद अब तक नए भवन का निर्माण नहीं कराया गया है।

वर्तमान में कक्षा एक से पांच तक 73 विद्यार्थी नामांकित हैं। भवन गिरने के बाद शिक्षकों और विद्यालय प्रबंधन समिति के सहयोग से एक कमरे में

भूईयापाड़ा से चंद्रपुर तक जाने वाली करीब 8 किमी सड़क जर्जर

बागडेरही,एजेंसी। प्रखंड के भूईयापाड़ा मोड़ से चंद्रपुर तक जाने वाली करीब 8 किलोमीटर लंबी सड़क लंबे समय से जर्जर है। लगातार बारिश के बाद सड़क की हालत और खराब हो गई है। जगह-जगह बड़े गड्ढे बन गए हैं और उनमें बारिश का पानी जमा है।

कीचड़ फैलने के कारण राहगीरों और वाहन चालकों को आवागमन में भारी परेशानी हो रही है। ग्रामीणों के अनुसार इस मार्ग से रोजाना करीब 8 हजार लोग आवाजाही करते हैं। सुद्राक्षीपुर गांव के पास सड़क की स्थिति सबसे खराब हो गई है। यहां सड़क दलदल में तब्दील हो गई है। कीचड़ में कई दोपहिया और चारपहिया वाहन फंस रहे हैं, जिससे कुछ देर के लिए जाम की स्थिति भी बन जाती है। इसके बावजूद सड़क की स्थिति सुधारने की दिशा में अब तक ठोस पहल नहीं हुई है। स्कूल आने-जाने वाले विद्यार्थियों को भी रोज परेशानी का सामना करना पड़ रहा है। ग्रामीणों ने बताया कि यह सड़क पश्चिम बंगाल को जोड़ने वाली महत्वपूर्ण संपर्क सड़क है। कुंडहित प्रखंड के कई गांवों के लोग इसी मार्ग से प्रखंड मुख्यालय और आसपास के क्षेत्रों में आते-जाते हैं। लोकपुर समेत पश्चिम बंगाल से सटे इलाकों में जाने के लिए भी बड़ी संख्या में लोग इसी



सड़क का उपयोग करते हैं। ग्रामीणों के अनुसार लंबे समय से सड़क की मरम्मत नहीं होने के कारण लोगों को जोखिम उठाकर सफर करना पड़ रहा है।

बारिश में इस मार्ग पर पैदल चलना भी मुश्किल बारिश के दिनों में सड़क पर पैदल चलना भी मुश्किल हो गया है। बड़े-बड़े गड्ढों में पानी भर जाने से उनकी गहराई का अंदाजा नहीं लग पाता। ऐसे में दोपहिया वाहन चालकों

पलामू में दो सगे भाइयों के शव पोखर में मिले

परिवार ने खेत में पानी विवाद को लेकर हत्या का लगाया आरोप, सुबह हुआ था विवाद



पलामू,एजेंसी। पलामू के छतरपुर थाना क्षेत्र स्थित चौड़ार गांव में रविवार देर शाम एक पोखर से दो सगे भाइयों के शव मिलने से हड़कंप मच गया। मृतकों की पहचान उमाशंकर रवि के बेटों आयुष कुमार (12) और पीयूष (7) के रूप में हुई है। परिवार ने हत्या का आरोप लगाया है। बच्चों के परिजनों ने गांव के ही नरेश रजक के बेटे पर हत्या

का आरोप लगाया है। उनका कहना है कि सुबह धान के खेत में पानी को लेकर नरेश रजक के बेटे से विवाद हुआ था, जिसके बाद उसने 12 घंटे के भीतर गंभीर परिणाम भुगतने की धमकी दी थी। शाम करीब छह बजे लौटने पर बच्चे घर पर नहीं मिले मृतकों के चाचा रामशंकर रवि ने बताया कि परिवार के लोग धान रोपने गए थे। शाम करीब छह बजे लौटने पर बच्चे घर पर नहीं मिले। खोजबीन के दौरान कुछ देर बाद पता चला कि बच्चे पोखर की तरफ थे। ग्रामीणों ने पोखर में उतरकर तलाश की और किनारे से दोनों बच्चों के शव बरामद किए। घटना की सूचना मिलते ही छतरपुर थाना पुलिस रात में मौके पर पहुंची। पुलिस ने शवों को कब्जे में लेकर आगे की कार्रवाई शुरू कर दी है। बड़ी संख्या में ग्रामीण घटनास्थल पर जमा हो गए थे। पुलिस ने घटनास्थल का जायजा लिया है और मामले की जांच शुरू कर दी है।

चतरा में 67,545 हेक्टेयर जमीन में धनरोपनी का लक्ष्य, कम बारिश होने से किसान चिंतित

चतगू,एजेंसी। मानसून की कमजोर बारिश का असर जिले की खरीफ खेती पर साफ दिखाई देने लगा है। पर्याप्त बारिश नहीं होने के कारण धान की रोपनी की रफ्तार धीमी है। 8 अगस्त तक जिले में निर्धारित लक्ष्य के मुकाबले महज 47.16 फीसदी खेतों में ही धनरोपनी हो सकी है। वहीं मक्का की बुआई लगभग पूरी होने के कगार पर है। मक्का का आच्छदन 94.36 फीसदी हो चुका है। जिला कृषि विभाग की फसल आच्छदन रिपोर्ट के अनुसार जिले में अब तक सभी खरीफ फसलों को मिलाकर 57.34 फीसदी आच्छदन हुआ है। विभाग ने इस खरीफ मौसम में जिले में कुल 67,545 हेक्टेयर भूमि में विभिन्न फसलों की खेती का लक्ष्य निर्धारित किया है। इसके विरुद्ध 8 अगस्त तक 38,729 हेक्टेयर में फसलों का आच्छदन हुआ है। धान के लिए 36,500



हेक्टेयर का लक्ष्य है, जबकि अब तक 17,213 हेक्टेयर में ही धनरोपनी हो पाई है। इसमें हाईब्रिड, अधिक उपजशील और उन्नत किस्म के धान शामिल हैं। बारिश के आंकड़े भी किसानों की चिंता बढ़ाने वाले हैं। जून में जिले में सामान्य बारिश 167.1 मिमी के मुकाबले सिर्फ 9.5 मिमी बारिश हुई। जुलाई में सामान्य 308.2 मिमी के विरुद्ध 134.5 मिमी बारिश दर्ज की गई। वहीं 8

अगस्त तक सामान्य 310.8 मिमी के मुकाबले सिर्फ 53.2 मिमी बारिश हुई है। लगातार कम बारिश का सबसे अधिक असर धान की रोपनी पर पड़ा है। मक्का की बुआई लक्ष्य के करीब : मक्का की खेती के मामले में जिले की स्थिति बेहतर है। विभाग ने 9,960 हेक्टेयर में मक्का की खेती का लक्ष्य रखा है। इसके विरुद्ध 9,398 हेक्टेयर में बुआई पूरी हो चुकी है। यानी लक्ष्य का

94.36 फीसदी हासिल कर लिया गया है। वहीं दलहन फसलों का आच्छदन 65.72 फीसदी है। 17,600 हेक्टेयर के लक्ष्य के विरुद्ध 11,566 हेक्टेयर में दलहन की खेती हुई है। मोटे अनाज का आच्छदन सबसे कम है। 1,825 हेक्टेयर के लक्ष्य के विरुद्ध महज 180 हेक्टेयर में खेती हुई है, जो 9.86 फीसदी है। तेलहन फसलों में 1,660 हेक्टेयर के लक्ष्य के विरुद्ध 372 हेक्टेयर में आच्छदन हुआ है। इसका प्रतिशत 22.41 फीसदी है। दृष्टिाने में इस वर्ष काफी कम बारिश हुई है। इसका सीधा असर धनरोपनी पर पड़ा है। अभी धनरोपनी का समय चल रहा है। यदि आने वाले दिनों में लगातार अच्छी बारिश होती है तो धनरोपनी की रफ्तार बढ़ने की संभावना है। उन्होंने बताया कि बारिश होने पर किसान तेजी से खेतों में धान की रोपनी कर सकेंगे।

रामगढ़ में पकड़ा गया शराब लदा ट्रक, प्राथमिकी दर्ज

रामगढ़,एजेंसी। एसपी मुकेश कुमार लुनायत की सक्रियता से अवैध कारोबार पर अंकुश लगाया जा रहा है। उनकी इसी सक्रियता की वजह से बिना किसी दस्तावेज के ट्रक से ले जाए जा रहे भारी मात्रा में शराब जब्त की गई है। एसपी मुकेश कुमार लुनायत ने बताया कि उन्हें गुप्त सूचना प्राप्त हुई थी एक ट्रेलर (जेएच 02 बीयू 6500)मांडू थाना क्षेत्र अंतर्गत हसागढ़ा के हाईवे के किनारे इंडियन ऑयल पेट्रोल पंप के पास खड़ा है। उसपर बिना किसी दस्तावेज के शराब लोड किया गया है। इस सूचना के आधार पर एसडीपीओ आलोक रंजन और मांडू थाना प्रभारी सदानंद कुमार ने पूरे मामले की जांच की। पुलिस ने छापेमारी की तो इंडियन ऑयल पेट्रोल पंप पर खड़े ट्रेलर (जेएच 02 बीयू 6500) की तलाशी ली गई। इस दौरान ट्रेलर में रॉयल स्टैंग का 103 कार्टून में कुल 1236 बोतल शराब पाया गया। पकड़े गए शराब के संबंध में किसी ने कोई वैध दस्तावेज प्रस्तुत नहीं किया। इसके बाद पुलिस ने शराब लंदे उस ट्रक को पकड़ा और थाने ले आई। इस मामले में पुलिस ने प्राथमिकी दर्ज की है। एसपी ने बताया कि जितनी शराब जप्त हुई थी, उन शराब की बौतलों पर फॉर सेल इन हरियाणा ऑनली लिखा हुआ था। लेकिन उसके संबंध में कोई भी वह दस्तावेज किसी ने प्रस्तुत नहीं किया।



गांव के बच्चों की अब शहर जैसी पढ़ाई, 72 हाईस्कूलों में स्मार्ट क्लास की तैयारी

जामताड़ा,एजेंसी। जामताड़ा के ग्रामीण क्षेत्र के विद्यार्थियों के लिए अच्छी खबर है। अब उन्हें बेहतर पढ़ाई और प्रतियोगी परीक्षाओं की तैयारी के लिए बड़े शहरों या महंगे कोचिंग संस्थानों पर निर्भर नहीं रहना पड़ेगा। जिला प्रशासन की ओर से जिले के 72 उच्च विद्यालयों में स्मार्ट क्लास शुरू करने की तैयारी जोर-शोर से की जा रही है। एक सप्ताह के भीतर स्मार्ट क्लास का संचालन शुरू कर दिया जाएगा। इस योजना से जिले के करीब 16 हजार विद्यार्थियों को सीधा लाभ मिलने की उम्मीद है। स्मार्ट क्लास के माध्यम से प्रतिष्ठित कोचिंग संस्थानों के विशेषज्ञ शिक्षक ऑनलाइन माध्यम से जिले के अलग-अलग विद्यालयों के विद्यार्थियों को पढ़ाएंगे। एक ही समय पर कई स्कूलों के विद्यार्थी विशेषज्ञ शिक्षकों से जुड़कर पढ़ाई कर सकेंगे। कक्षा 10वीं और 12वीं के



विद्यार्थियों को उनके पाठ्यक्रम के अनुसार पढ़ाई करने के साथ-साथ नीट, जेईई सहित अन्य प्रतियोगी परीक्षाओं की तैयारी भी कराई जाएगी। विषय विशेषज्ञ शिक्षकों की कमी वाले स्कूलों को भी मिलेगा लाभ इस पहल का सबसे बड़ा फायदा उन विद्यालयों के विद्यार्थियों को मिलेगा, जहां विषय विशेषज्ञ शिक्षकों या प्रतियोगी परीक्षाओं की तैयारी के पर्याप्त संसाधन उपलब्ध नहीं हैं। डिजिटल माध्यम से विद्यार्थी विशेषज्ञ शिक्षकों से सीधे जुड़ सकेंगे।

टाटानगर स्टेशन पर युवक हाईटेशन तार से झुलसा, ट्रेन की छत पर चढ़ने के बाद हुआ हादसा, करंट का झटका लगते ही नीचे गिरा

जमशेदपुर (पूर्वी सिंहभूम),एजेंसी। टाटानगर रेलवे स्टेशन पर सोमवार को एक युवक ट्रेन की छत पर चढ़ने के बाद हाईटेशन विद्युत तार की चपेट में आकर गंभीर रूप से झुलस गया। इस घटना से स्टेशन पर अफरातफरी मच गई। लगभग 30 वर्षीय यह युवक खड़ी टाटा-दानापुर एक्सप्रेस की छत पर चढ़ गया था। प्लेटफॉर्म पर मौजूद यात्रियों और रेलकर्मियों ने उसे नीचे उतारने के लिए काफी समझाया, लेकिन वह किसी की बात मानने को तैयार नहीं हुआ। प्रत्यक्षदर्शियों के अनुसार, युवक की पहचान सागु राम के रूप में हुई है। वह अचानक ट्रेन के ऊपर चढ़ गया और कुछ देर तक छत पर घूमता रहा। लोगों ने उसे रोकने की कोशिश की तो उसने कथित तौर पर ट्रेन की छत के रास्ते एक छोर से दूसरे छोर तक जाने की बात कही।



संतुलन बिगड़ने के कारण नीचे गिरा: इसी दौरान युवक ऊपर से गुजर रहे हाईटेशन विद्युत तार की चपेट में आ गया। तेज विद्युत प्रवाह की चपेट में आते ही वह बुरी तरह झुलस गया और संतुलन बिगड़ने के कारण ट्रेन की छत से नीचे गिर पड़ा। हादसे के तुरंत बाद रेलकर्मियों और आसपास मौजूद लोगों ने युवक को संभाला। उसे आनन-फानन में इलाज के लिए अस्पताल पहुंचाया गया, जहां उसका उपचार जारी है। जानकारी के अनुसार, फिलहाल उसकी हालत स्थिर बताई जा रही है। घटना के बाद रेलवे स्टेशन पर कुछ समय के लिए अफरा-तफरी का माहौल बना रहा।

दिल्ली मेट्रो ने समय-पाबंदी और भरोसेमंद होने के मामले में हांगकांग, पेरिस और न्यूयॉर्क को छोड़ा पीछे

एजेंसी नई दिल्ली। दिल्ली मेट्रो रेल कॉर्पोरेशन (डीएमआरसी) ने ट्रेन की समय-पाबंदी और भरोसेमंद होने के मामले में दुनिया के कुछ सबसे पुराने और स्थापित मेट्रो सिस्टम, जैसे हांगकांग मेट्रो, पेरिस मेट्रो और न्यूयॉर्क सबवे को भी पीछे छोड़ दिया है। इससे दुनिया के बेहतरीन शहरी रेल नेटवर्क में दिल्ली मेट्रो की जगह और सुनिश्चित हो गई है। यह उपलब्धि इसलिए भी खास है क्योंकि डीएमआरसी ऑपरेशनल परफॉर्मेंस के लिए बहुत कड़े मानक अपनाता है। जहां कई मेट्रो सिस्टम में देरी को कई मिनटों के बाद ही देरी माना जाता है, वहीं दिल्ली मेट्रो में अगर कोई ट्रेन अपने तय समय से 59 सेकंड से अधिक देर से डेस्टिनेशन स्टेशन पर पहुंचती है, तो उसे देरी माना जाता है। ट्रेन की समय-पाबंदी, जो 2003 में 98.27 प्रतिशत थी, 2005 में बढ़कर 99.64 प्रतिशत पर पहुंची थी। इससे डीएमआरसी उन चुनिंदा मेट्रो सिस्टम में शामिल हो गया, जिन्होंने शुरू होने के सिर्फ दो साल के अंदर ही 99 प्रतिशत से अधिक समय-पाबंदी हासिल की। इसके बाद से डीएमआरसी ने लगातार हर साल 99.9 प्रतिशत ट्रेन समय-पाबंदी हासिल की है। सबसे व्यस्त कॉरिडोर पर ट्रेनों के बीच का समय (हेडवे) शुरुआती सालों के सात मिनट से घटकर अब सिर्फ 2 मिनट 18 सेकंड रह गया है।

विश्व आदिवासी दिवस पर केजरीवाल का संदेश, आदिवासी समाज के अधिकारों के लिए लड़ रही है आप

नई दिल्ली । दुनियाभर के आदिवासी समुदायों के अधिकारों की रक्षा करना, उनकी संस्कृति, भाषा और परंपराओं का सम्मान करने के लिए हर वर्ष विश्व आदिवासी दिवस मनाया जाता है। आम आदमी पार्टी के राष्ट्रीय संयोजक अरविंद केजरीवाल ने विश्व आदिवासी दिवस पर बधाई दी। अरविंद केजरीवाल ने सोशल मीडिया प्लेटफॉर्म ‘एक्स’ पर पोस्ट कर लिखा, ‘विश्व आदिवासी दिवस की पूरे आदिवासी समाज को बहुत-बहुत बधाई। देश में आदिवासी समाज के साथ ही सबसे ज्यादा अन्याय हुआ है। दूसरी पार्टियों द्वारा आपके जल, जंगल और जमीन पर डাকা डाला गया। केवल आम आदमी पार्टी ही आपके अधिकारों के लिए लड़ रही है। आज चैतर वसवा जेल में हैं, क्योंकि वे आपकी आवाज उठा रहे थे। उनके जेल बाहर आने के लिए प्रार्थना करें।’ सोशल मीडिया पर एक वीडियो पोस्ट कर अरविंद केजरीवाल ने कहा, ‘पिछले 75 वर्षों में अदिवासी समाज के साथ सबसे ज्यादा अन्याय हुआ है। 75 वर्षों की देश की तरक्की हुई और बाकी सभी समाज के लोगों की तरक्की हुई, लेकिन आदिवासी समाज पीछे रह गया। आदिवासी समाज को जानबूझकर पीछे रखा गया। आदिवासी समाज के संसाधनों पर डাকা डाला गया।’

केजरीवाल के कार्यकाल में सरकार को भारी जीएसटी नुकसान, रिश्वत-वसूली के लिए नहीं की गई कार्रवाई: प्रवेश वर्मा

नई दिल्ली । दिल्ली सरकार में मंत्री प्रवेश वर्मा ने कैंग रिपोर्ट का मुद्दा उठाते हुए पिछली आम आदमी पार्टी सरकार पर बड़ा हमला बोला है। उन्होंने कहा कि 24वीं कैंग रिपोर्ट में साढ़े 3 हजार करोड़ रुपए की अनियमितताएं सामने आई हैं। यह रिपोर्ट केजरीवाल सरकार के भ्रष्टाचार का लिखित दस्तावेज है। मंत्री प्रवेश वर्मा ने प्रेस कॉन्फ्रेंस में कहा, ‘विधानसभा के मानसून सत्र में 24वीं कैंग रिपोर्ट को पेश किया गया। कैंग रिपोर्ट केजरीवाल सरकार के भ्रष्टाचार का लिखित दस्तावेज है। हम सभी जानते हैं कि केजरीवाल सरकार में कामों का ऑडिट नहीं होता था। भाजपा सरकार बनने के बाद डेढ़ साल में 24 कैंग रिपोर्ट आ चुकी हैं। हर रिपोर्ट में सैकड़ों-हजारों करोड़ रुपए का भ्रष्टाचार सामने आया है।’ उन्होंने दावा किया कि 24वीं कैंग रिपोर्ट में साढ़े 3 हजार करोड़ रुपए की अनियमितताएं सामने आई हैं। यह रिपोर्ट 31 मार्च 2023 की है। ‘प्रवेश वर्मा ने कहा कि हर वित्त वर्ष में केजरीवाल सरकार ने क्या-क्या भ्रष्टाचार किए, इन सबके बारे में कैंग रिपोर्ट के दस्तावेजों से जानकारी सामने आई है। कैंग ने सबसे अहम बात यह कही कि 70,410 करोड़ रुपए का जीएसटी दिल्ली की जनता का बकाया था।

एम्स ने किया कमाल, 70 वर्षीय ब्रेन डेड महिला के दोनों गुर्दे 56 वर्षीय मरीज में प्रत्यारोपित

नई दिल्ली। एम्स-दिल्ली के डॉक्टरों ने 70 वर्षीय ब्रेन डेड महिला के दोनों गुर्दों को 56 वर्षीय महिला मरीज में सफलतापूर्वक प्रत्यारोपित किया है। यह एम्स-दिल्ली में किसी सीमांत (मार्जिनल) डोनर से किया गया दूसरा ड्यूल किडनी ट्रांसप्लांट है। प्रत्यारोपण 28 जुलाई को किया गया। डोनर का चंडीगढ़ के कमांड अस्पताल, चंडीमंदिर में ब्रेन डेड घोषित किया गया था। दोनों गुर्दों को चंडीगढ़ से दिल्ली तक सेना के हेलिकॉप्टर से लाया गया। 70 वर्ष की उम्र के कारण डोनर को मार्जिनल डोनर की श्रेणी में रखा गया था। आम तौर पर 60 वर्ष से अधिक उम्र के दाताओं के अंगों को इस श्रेणी में माना जाता है। सर्जिकल विभाग के प्रोफेसर डॉ. असुरी कृष्ण ने बताया कि डोनर की अधिक उम्र को देखते हुए दोनों गुर्दों को एक ही मरीज में प्रत्यारोपित किया गया। करीब 12 घंटे के डायलिस इस्केमिया टाइम के बावजूद प्रत्यारोपण के तुरंत बाद दोनों गुर्दों ने काम करना शुरू कर दिया।महिला मरीज में दोनों गुर्दों को शरीर के दाहिने हिस्से में प्रत्यारोपित किया गया। डॉक्टरों के मुताबिक, मरीज की रिकवरी सामान्य रही और उन्हें 10 दिन बाद अस्पताल से छुट्टी दे दी गई।

संसद परिसर में विपक्षी सांसदों ने किया विरोध प्रदर्शन, अमित शाह से सदन में जवाब देने की मांग

‘झारखंड सरकार ने अपने अधिकार क्षेत्र में आने वाली मांगों को स्वीकार करने के संकेत दिए हैं ’

एजेंसी नई दिल्ली । संसद के मानसून सत्र के दौरान विपक्ष और सरकार के बीच गतिरोध लगातार बढ़ता जा रहा है। विपक्षी सांसदों ने दिल्ली में 20 जुलाई को जंतर-मंतर पर छात्रों के विरोध-प्रदर्शन के दौरान हुई पुलिस कार्रवाई और राम मंदिर चढ़ावा चोरी के आरोपों को लेकर केंद्रीय गृह मंत्री अमित शाह से संसद में बयान देने की मांग की है। कांग्रेस का कहना है कि जंग तक गृह मंत्री इन मुद्दों पर सदन में स्पष्टीकरण नहीं देते, तब तक विपक्ष कई महत्वपूर्ण विधेयकों पर चर्चा आगे नहीं बढ़ने देगा। कांग्रेस सांसद प्रियंका गांधी वाड्ढा ने पत्रकारों से बात करते हुए कहा कि उन्हें लगता है कि गतिरोध



खिलाफ हुई कार्रवाई पर बयान देना चाहिए। उन्होंने कहा कि यह विपक्ष की स्पष्ट मांग है और बयान के बिना सरकार को इन मामलों पर आगे नहीं बढ़ने दिया जाएगा। एफसीआरए बिल को लेकर भी विपक्ष ने सरकार

देने वाले महत्वपूर्ण संसाधनों पर असर पड़ सकता है। कांग्रेस सांसद सुखदेव भगत ने विश्व आदिवासी दिवस के संदर्भ में भी गृह मंत्री अमित शाह पर निशाना साधा। उन्होंने आरोप लगाया कि

आदिवासी समुदाय को ‘वनवासी’ कहकर उसकी पहचान, संघर्ष, ऐतिहासिक विरासत और विप्लवता को कमजोर करने की कोशिश की जा रही है। भगत ने कहा कि वे इस मुद्दे पर सांकेतिक विरोध दर्ज करा रहे हैं और अमित शाह के सदन में आने पर आदिवासी पहचान से जुड़े सवाल को उठाएंगे। एफसीआरए विधेयक पर उन्होंने प्रशासनिक खर्चों की सीमा को 50 प्रतिशत से घटाकर 20 प्रतिशत किए जाने के प्रस्ताव पर भी चिंता जताई। उनका कहना था कि इसका अनुच्छेद 19 के तहत मिले अधिकारों पर असर पड़ सकता है। उन्होंने सरकार पर कई विधेयक बदले की भावना से लाने का आरोप भी लगाया। इस बीच झारखंड के छात्रों के प्रस्तावित विरोध-प्रदर्शन को लेकर कांग्रेस नेताओं ने शांतिपूर्ण माहौल बनाए रखने की अपील की। पार्टी नेताओं ने उम्मीद जताई कि छात्र शांतिपूर्ण तरीके से प्रदर्शन करेंगे और प्रशासन यह सुनिश्चित करेगा कि कोई असामाजिक तत्व आंदोलन का फायदा न उठा सके।

बोलीविया की ओर भारत ने बढ़ाया मदद का हाथ, आठ मीट्रिक टन जीवनरक्षक और आवश्यक दवाइयों की खेप भेजी

एजेंसी नई दिल्ली । भारत के विदेश मंत्रालय (एम्पई) ने बताया कि भारत ने बोलीविया की सार्वजनिक स्वास्थ्य व्यवस्था को मजबूत करने के लिए आठ मीट्रिक टन जीवनरक्षक

और आवश्यक दवाइयों की खेप भेजी है। विदेश मंत्रालय ने सोशल मीडिया प्लेटफॉर्म ‘एक्स’ पर लिखा, ‘लोकल साउथ के एक साझेदार देश की मदद के लिए भारत आगे आया है। भारत ने बोलीविया को

सार्वजनिक स्वास्थ्य क्षमता को समर्थन देने के लिए आठ मीट्रिक टन जीवनरक्षक और जरूरी दवाइयों की खेप भेजी है। भारत हमेशा एक-जुटता और साझा प्रगति के जरिए सहयोग को आगे बढ़ाने के लिए तैयार रहता

है। बोलीविया के उपराष्ट्रपति एडमंड लारा मोंटानो इस साल फरवरी में भारत आए थे। नई दिल्ली में आयोजित एआई इम्पैक्ट समिट के दौरान उन्होंने भारत के उपराष्ट्रपति सीपी राधाकृष्णन से मुलाकात की

थी। दोनों नेताओं ने सौर ऊर्जा, महत्वपूर्ण खनिज, डिजिटलीकरण, उच्च शिक्षा और चिकित्सा क्षेत्र में सहयोग बढ़ाने के तरीकों पर चर्चा की थी। बैठक के बाद उपराष्ट्रपति कार्यालय ने ‘एक्स’ पर एक पोस्ट में

कहा, ‘बोलीविया के उपराष्ट्रपति एडमंड लारा मोंटानो ने आज नई दिल्ली स्थित उपराष्ट्रपति भवन में भारत के उपराष्ट्रपति सीपी राधाकृष्णन से मुलाकात की। यह महत्वपूर्ण खनिज, डिजिटलीकरण,

समिट 2026 के दौरान हुई।’ पोस्ट में आगे कहा गया, ‘दोनों नेताओं ने भारत और बोलीविया के बीच लगातार मजबूत हो रहे द्विपक्षीय संबंधों पर संतोष व्यक्त किया। उन्होंने सौर ऊर्जा, महत्वपूर्ण खनिज, डिजिटलीकरण,

उच्च शिक्षा और स्वास्थ्य क्षेत्र में सहयोग बढ़ाने के अवसरों पर चर्चा की। साथ ही, बहुपक्षीय और अन्य अंतरराष्ट्रीय मंचों पर सहयोग को और मजबूत करने के बारे में भी विचारों का आदान-प्रदान किया। ’

मुख्यमंत्री ने महिलाओं के साथ मनाया हरियाली तीज का उत्सव

‘हरियाली तीज केवल एक पर्व नहीं, बल्कि आस्था, प्रेम, प्रकृति और नारी शक्ति का उत्सव है’

एजेंसी नई दिल्ली। सावन की रिमझिम फूझाों और तीज के उल्लास के बीच पीतमपुरा स्थित दिल्ली हाट में हरियाली तीज का रंग देखने को मिला। मेहंदी की सौंधी खुशबू, लोकगीतों की मधुर तान और पारंपरिक नृत्यों की रंगीन छटा के बीच आयोजित तीज उत्सव में दिल्ली की महिलाओं ने उत्साहपूर्वक भाग लिया। मुख्यमंत्री रेखा गुप्ता ने भी कार्यक्रम में शामिल होकर महिलाओं के साथ तीज की खुशियां साझा कीं और उन्हें पर्व की शुभकामनाएं दीं।

इस अवसर पर विधायक राजकुमार भाटिया,तिलक राम गुप्ता, पुनम शर्मा सहित बड़ी संख्या में महिलाएं उपस्थित रही। मुख्यमंत्री ने कहा कि हरियाली तीज केवल एक पर्व नहीं, बल्कि आस्था, प्रेम, प्रकृति और नारी शक्ति का उत्सव है। सावन की हरियाली और उत्सव के रंगों के बीच यह पर्व मां पार्वती और भगवान शिव के अटूट प्रेम एवं पुनर्मिलन की पावन गाथा को स्मरण करने का अवसर देता है। उन्होंने कहा कि ऐसे



जुड़ाव को भी मजबूत करते हैं। मुख्यमंत्री ने कहा कि पीतमपुरा दिल्ली हाट में तीज के अवसर पर जिस तरह महिलाओं ने पारंपरिक परिधानों, मेहंदी, लोकगीतों और नृत्य के माध्यम से अपनी संस्कृति की खूबसूरती को प्रस्तुत किया, वह हमारी समृद्ध विरासत की जीवंत झलक है। दिल्ली सरकार का प्रयास

है कि राजधानी में ऐसे सांस्कृतिक मंचों को निरंतर प्रोत्साहित किया जाए, जहां हमारी लोक परंपराओं

को रें। उन्होंने कहा कि हमारी परंपराओं और त्योहारों की यही जीवंतता दिल्ली की सांस्कृतिक आत्मा की और मजबूत बनाती है।

दिल्ली पर्यटन विभाग द्वारा आयोजित दो दिवसीय तीज महोत्सव 8 और 9 अगस्त को पीतमपुरा और आईएनए स्थित दिल्ली हाट में आयोजित किया गया। महोत्सव में महिलाओं के लिए मेहंदी, बिंदी, रंगोली, ‘तीज क्वीन-मिस तीज 2026’ और बेस्ट ड्रेस फीमेल जैसी प्रतियोगिताएं आयोजित की गईं, जबकि बच्चों और परिवारों के लिए किड्स जोन, सावन के झूले, सरप्राइज गिफ्ट्स और म्यूजिकल चेयर जैसी गतिविधियां आकर्षण का केंद्र रहीं। महोत्सव में करीब 20 फूड स्टॉल और 80 हस्तशिल्प एवं हथकरघा स्टॉल लगाए गए, जहां आगंतुकों को पारंपरिक व्यंजनों और स्थानीय कला-शिल्प का अनुभव मिला। इससे स्थानीय कारीगरों, शिल्पकारों और छोटे उद्यमियों को भी अपने उत्पादों को प्रदर्शित करने और नए अवसर प्राप्त करने का मंच मिला।

डीएमआरसी ने येलो लाइन पर चलाई ‘हर घर तिरंगा’ थीम वाली मेट्रो

एजेंसी नई दिल्ली। दिल्ली मेट्रो ने 80वें स्वतंत्रता दिवस के जश्न के तहत आयोजित हफ्ते भर चलने वाले कार्यक्रमों के हिस्से के तौर पर ‘हर घर तिरंगा’ थीम वाली खास मेट्रो ट्रेन पेश की। यह ट्रेन दिल्ली मेट्रो नेटवर्क की येलो लाइन पर चल रही है। यह जानकारी दिल्ली मेट्रो कार्पोरेशन लिमिटेड (डीएमआरसी) ने अपने सोशल मीडिया अकाउंट एक्स पर साझा की। इस साल ‘हर घर तिरंगा’ अभियान भारत के राष्ट्रीय गीत ‘वंदे मातरम’ के 150वें साल के खास मौके को भी मना रहा है। सभी नागरिकों को गर्व के साथ राष्ट्रीय ध्वज फहराने और डिजिटल कार्यक्रमों में हिस्सा लेने के लिए प्रोत्साहित किया जा रहा है। इसी अभियान के तहत दिल्ली मेट्रो ने ‘हर घर तिरंगा’ थीम वाली मेट्रो ट्रेन येलो



घर लाने और भारत की स्वतंत्रता के उपलक्ष्य में इसे फहराने के लिए प्रोत्साहित करना है। यह इस विचार से प्रेरित था कि राष्ट्रीय ध्वज के साथ हमारा संबंध हमेशा से व्यक्तिगत से

अधिक औपचारिक और संस्थागत रहा है। इसलिए, एक राष्ट्र के रूप में

एजेंसी नई दिल्ली । दिल्ली के खाद्य एवं आपूर्ति मन्त्रि

सिंह सिरसा ने आम आदमी पार्टी (आआप) के दिल्ली संयोजक सौरभ भारद्वाज और विधायक संजीव झा के जरिए सस्ता चावल खरीद को लेकर आरोप को बेबुनियाद, झूठे, मनगढ़ंत और दुर्भावनापूर्ण बताया। उन्होंने सोशल मीडिया अकाउंट एक्स पर पोस्ट करते हुए कहा कि इन आरोपों का मकसद साफ तौर पर मेरी छवि खराब करना है। उन्होंने कहा कि दोनों माफी मांगें या अदालत में मिलें। भारद्वाज और संजीव झा को इन झूठे आरोपों को वापस लेने और सार्वजनिक रूप से माफी मांगने के लिए 24 घंटे का समय दिया है। उन्होंने कहा कि अगर वे ऐसा नहीं करते हैं, तो मैं उन दोनों के खिलाफ उचित कानूनी कार्रवाई करने और इन दुर्भावनापूर्ण हस्तकों के लिए उन्हें जवाबदेह ठहराने के लिए मजबूर हो जाऊंगा। उल्लेखनीय है कि सौरभ भारद्वाज और संजीव झा ने प्रेस कॉन्फ्रेंस करते हुए दिल्ली में भारतीय जनता पार्टी (भाजपा) की सरकार और मंत्री मन्जिंदर सिंह सिरसा पर घोटाले की साजिश



दिल्ली के किसी भी जस्तुतमंद नागरिक तक पहुंचने के बजाय सीधे हरियाणा की एक निजी कंपनी को भारी मुनाफे पर बेचा जाना था। आआपा नेताओं ने आंकड़ों का हवाला देते हुए बताया कि इस फर्जीबाड़े से हर सप्ताह लगभग 143 करोड़ रुपये के घोटाले का खाका तैयार किया गया था। यदि यह तंत्र लगातार 3 वर्षों तक सक्रिय रहता, तो यह कुल 22 हजार करोड़ रुपये का एक विशाल संस्थागत घोटाला साबित होता।

का आरोप लगाया है। दोनों का कहना है कि सरकार की योजना गरीबों के लिए सस्ता चावल खरीद उसे आगे बेचकर कमाने की थी।आआपा नेताओं ने दावा किया कि दिल्ली सरकार और असम की एक संस्था ने मिलकर फूड कॉर्पोरेशन ऑफ इंडिया (एफसीआई) से सस्मिडी वाला चावल हासिल कर उसे निजी हाथों में बेचने की सुनियोजित योजना बनाई थी। उन्होंने कहा कि इस योजना के तहत दिल्ली के गरीबों के बीच बांटने के नाम पर एफसीआई से हर सप्ताह 31 हजार मीट्रिक टन रियायती चावल की मांग की गई थी। आरोप है कि यह भारी-भरकम चावल

दिल्ली के किसी भी जस्तुतमंद नागरिक तक पहुंचने के बजाय सीधे हरियाणा की एक निजी कंपनी को भारी मुनाफे पर बेचा जाना था। आआपा नेताओं ने आंकड़ों का हवाला देते हुए बताया कि इस फर्जीबाड़े से हर सप्ताह लगभग 143 करोड़ रुपये के घोटाले का खाका तैयार किया गया था। यदि यह तंत्र लगातार 3 वर्षों तक सक्रिय रहता, तो यह कुल 22 हजार करोड़ रुपये का एक विशाल संस्थागत घोटाला साबित होता।

दिल्ली भाजपा के पूर्व अध्यक्ष कोहली को पार्टी नेताओं ने पुष्पांजलि अर्पित की

संगठन को परिवार मानकर चलने वाले कोहली जी ने दिल्ली भाजपा को जमीन से जोड़ने का काम किया।

एजेंसी नई दिल्ली । दिल्ली भाजपा के पूर्व अध्यक्ष एवं गुजरात के पूर्व राज्यपाल प्रो. ओमप्रकाश कोहली की 92वें जयंती के अवसर पर दिल्ली

भाजपा कार्यालय में पार्टी नेताओं और दिल्ली विधानसभा अध्यक्ष विजेंद्र गुप्ता ने उन्हें पुष्पांजलि अर्पित की। प्रदेश भाजपा उपाध्यक्ष सुनील यादव की अध्यक्षता में आयोजित पुष्पांजलि कार्यक्रम में सांसद योगेंद्र चांदोलिया ने प्रथम पुष्पांजलि अर्पित करके एकर जनों के समक्ष प्रो. ओमप्रकाश कोहली से जुड़े कार्य संस्मरण रखे। योगेंद्र चांदोलिया के साथ पूर्व प्रदेशाध्यक्ष मनोज तिवारी, आदेश गुप्ता एवं वीरेंद्र सचदेवा, प्रदेश पदाधिकारियों राजेश भाटिया, सुनील यादव, योगिता सिंह, प्रवीण शंकर



कपूर, विनोद बछेली, रंजीत कश्यप ने भी पुष्पांजलि अर्पित की। दिल्ली विधानसभा उपाध्यक्ष विजेंद्र गुप्ता ने विशेष रूप से कार्यक्रम में सम्मिलित होकर प्रो. ओमप्रकाश कोहली के चित्र पर पुष्पांजलि अर्पित की और कहा कि प्रो. कोहली ने विद्यार्थि काल से मुझ पर एक अमिट छाप छोड़ी जो आज भी मेरी प्रेरणा है। सांसद योगेंद्र चांदोलिया ने पुष्पांजलि बाद एकर जनों को संबोधित किया और कहा की आज हम दिल्ली भाजपा के पूर्व अध्यक्ष कोहली को जन्म जयंती मना रहे हैं। कोहली जी संगठन के पर्याय

थे, उनकी सबसे बड़ी ताकत थी - बुध स्तर तक कार्यकर्ता को जोड़ना और हर कार्यकर्ता को सम्मान देना। अनुशासन, समय की पाबंदी और सिद्धांतों पर समझौता न करना, यही प्रो. कोहली की सफलता एक लोकप्रियता का मूल मंत्र था। मतभेद होने पर भी वे संवाद से समाधान निकालते थे। संगठन को परिवार मानकर चलने वाले कोहली जी ने दिल्ली भाजपा को जमीन से जोड़ने का काम किया। आज उनकी जयंती पर हम संकल्प लें कि उनके दिशाएं मार्ग पर चलकर संगठन को और मजबूत करेंगे।

दिल्ली लक्ष्मी योजना के विरोध पर भाजपा का आप विधायकों के घर के बाहर प्रदर्शन

एजेंसी नई दिल्ली। दिल्ली सरकार की लक्ष्मी योजना को लेकर आम आदमी पार्टी (आप) और भारतीय जनता पार्टी (भाजपा) के बीच सियासी टकराव तेज होता दिखाई दे रहा है। दिल्ली लक्ष्मी योजना का विरोध करने वाले आप विधायक संजीव झा सहित 22 विधायकों के घर के बाहर सोमवार को भाजपा कार्यकर्ताओं ने सोमवार को प्रदर्शन किया। प्रदर्शनकारियों ने सोमवार सुबह ही आप के 22 विधायकों के खिलाफ नारेबाजी करते हुए लक्ष्मी योजना को लेकर अपनी आपत्तियों पर माफी मांगने की मांग की। प्रदर्शन का नेतृत्व सवित्र लाईंस जोन के चेयरमैन गुलाब सिंह राठौर ने किया। इस दौरान बड़ी संख्या में भाजपा कार्यकर्ता संजीव झा के आवास के बाहर पहुंचे और दिल्ली सरकार की लक्ष्मी योजना के समर्थन में आवाज उठाई। भाजपा कार्यकर्ताओं का कहना है कि योजना के तहत महिलाओं को आर्थिक सहायता देने का प्रावधान है और इसका विरोध करना दिल्ली की महिलाओं के हितों

के खिलाफ है। भाजपा कार्यकर्ताओं का कहना है कि दिल्ली सरकार की लक्ष्मी योजना का विरोध करने वाले आम आदमी पार्टी के 22 विधायकों के घर

सशक्तीकरण की बात आती है, तो आप विधायकों ने योजना के तहत महिलाओं को 2500 रुपए देने का विरोध क्यों किया।

भाजपा पाषंद ममता यादव ने

आपत्तियों पर माफी मांगने की मांग



और कार्यालय के बाहर भी प्रदर्शन किया जा रहा है। भाजपा कार्यकर्ताओं ने सवाल उठाया कि जब महिलाओं के सम्मान और आर्थिक

समाचार एजेंसी आईएनएस से बातचीत में आरोप लगाया कि भाजपा सरकार दिल्ली में विकास कार्य करना चाहती है, लेकिन आम

आदमी पार्टी लगातार उसका विरोध कर रही है। उन्होंने कहा कि दिल्ली सरकार लक्ष्मी योजना के तहत महिलाओं को 2500 रुपए देने जा रही थी, लेकिन आप विधायकों के विरोध के कारण योजना लागू नहीं हो सकी। ममता यादव ने आप पर निशाना साधते हुए कहा कि आम आदमी पार्टी की कथनी और करनी में बहुत अंतर है। उन्होंने आरोप लगाया कि आप के विधायक जनता को दिखाने के लिए लक्ष्मी योजना के फॉर्म भरवा रहे हैं, लेकिन जब सदन में योजना को लेकर बात आई तो इसका विरोध किया गया। महिलाओं के हितों से जुड़े मुद्दे पर विरोध को महिलाएं स्वीकार नहीं करेंगी। वहीं, पूर्व निगम पाषंद रेखा ने भी प्रदर्शन को सही ठहराते हुए कहा कि आप विधायकों के विरोध की वजह से लोगों को परेशानी हो रही है और इसका सबसे ज्यादा असर महिलाओं पर पड़ रहा है। उन्होंने आरोप लगाया कि विधायकों के विरोध के कारण दिल्ली की महिलाओं को लक्ष्मी योजना के तहत 2500 रुपए का लाभ नहीं मिल पा रहा है।

ED charges against RCom, Reliance Infra in 40k crore bank fraud



New Delhi, Agency: ED filed two chargesheets, one each against Reliance Communications (RCom) and Reliance Infrastructure Ltd, on Saturday before a special court here, naming Gautam Doshi, Sateesh Seth, Amitabh Jethunhwal and the two entities of Anil Ambani's Reliance Group as the accused for offences of money laundering and defalcation of bank funds of over Rs 40,000 crore.

In its chargesheet against RCom, the agency has said that "the proceeds of crime are quantified at Rs 40,186 crore, the outstanding sum defaulted on by the entities to a consortium of banks and financial institutions".

India among top nations in quantum technology, says science minister Jitendra Singh



New Delhi, Agency: India stands alongside the world's leading nations in several advanced technologies, said Jitendra Singh, MoS (independent charge) for science and technology and earth sciences. Speaking at Digit India's Top Appliance Awards 2026, Jitendra Singh highlighted how technology and Artificial Intelligence have transformed access to opportunities and education.

Asked when India would become a manufacturing hub, Singh said, "It indicates that progress is happening at a very fast pace, both in manufacturing and in technology, and unlike I think a decade and a half back, today we are at the same level as any other country in the world..." He highlighted achievements in space exploration and pointed to Chandrayaan's discovery of water molecules on the Moon as an example of the country's specific capabilities.

ED director Rahul Navin's tenure extended by a year



New Delhi, Agency: The tenure of Navin, a 1993-batch Indian Revenue Service (I-T) officer, as director of enforcement has been extended for a period of one year beyond "13.08.2026 i.e. up to 13.08.2027, including extension in service beyond the date of his superannuation or until further orders," as per DoPT. After three years as ED director, he could get two more extensions and serve till August 2029, all through the PM Modi government's tenure, with polls due in April-May 2029.

'Our mother tongue is as pure as our mother': Vijay moves Tamil anthem resolution; DMK, AIADMK back it

New Delhi, Agency: Tamil Nadu chief minister C Joseph Vijay on Monday moved a government resolution in the assembly making the rendition of Tamil Thai Vazhthu, the state song, mandatory at the beginning of official programmes across the state. Moving the resolution in the state assembly, Vijay said his Tamilaga Vetti Kazhagam government would not compromise on Tamil Nadu's linguistic and cultural rights and urged legislators to set aside political differences

in supporting the measure.

"Our mother tongue is as pure as our mother," Vijay said in an emotive speech, adding that, "Tamil is not only a language but also our life and emotions."

"Tamil means pride, Tamil means power. The moment you say 'Tamil', the entire Tamil Nadu will come together and stand as one," he said.

"Tamil Thai Vazhthu must hold the first place in Tamil Nadu. Giving first place to Tamil Thaaai Vazhthu is our state right," he noted. "Saying



that Tamil Thai Vazhthu should be sung first does not need to become a political debate," the Tamil Nadu CM said, appealing to members across party lines to support the resolution.

What does the res-

olution say? The resolution describes Tamil Thai Vazhthu as an expression of respect for the Tamil language and culture and links its mandatory rendition to the linguistic and cultural rights guaranteed under the Constitution.

"Therefore, this House (Tamil Nadu Assembly) emphasises that "Tamil Thai Vazhthu" is an expression of respect for the Tamil language and Tamil culture. In accordance with the linguistic and cultural rights guaranteed by the Constitution of India,

and with a view to preserving the Cultural identity of Tamil Nadu, the Tamil Nadu Legislative Assembly unanimously resolves that "Tamil Thai Vazhthu" shall be mandatorily sung first, before the commencement of programmes held by all Educational Institutions, Universities, Government Offices, Public Sector Undertakings and other Public Institutions in Tamil Nadu," the resolution said. The resolution also notes that Tamil is one of the world's oldest classical languages and

describes Tamil civilisation as one of the world's oldest cultural traditions.

Under the resolution, Tamil Thai Vazhthu will be sung first at programmes held by educational institutions, universities, government offices, public sector undertakings and other public institutions in Tamil Nadu. The resolution received support from both DMK and AIADMK legislators, with members backing the government's move to mandate the singing of the state song at official functions.

Sharad Pawar's MPs to meet PM Modi; Congress asks them to delink women's quota, delimitation

New Delhi, Agency: A delegation of eight MPs from Sharad Pawar-led NCP (SP) is scheduled to meet Prime Minister Narendra Modi on Monday during the ongoing Monsoon Session of Parliament.

Ahead of the meeting, the Congress has urged its alliance partner to convey the INDIA bloc's opposition to linking the implementation of women's reservation with the proposed delimitation exercise.

AICC secretary Sachin Sawant urged the NCP (SP) delegation to press Modi for the immediate implementation of the Women's Reservation Act, passed in 2023, without waiting for delimitation.

"It is learnt that the MPs of the Nationalist Congress Party - Sharadchandra Pawar will be



meeting Prime Minister Narendra Modi on Monday regarding issues concerning Maharashtra. We urge them to firmly convey to Prime Minister Modi that the INDIA Alliance's unequivocal position is that the Women's Reservation Act, passed in 2023, must be implemented immediately and should not be linked to delimitation," Sawant posted on X on

Sunday. "It is important that the unity of the INDIA Alliance and its opposition to the Modi government on this issue is made unequivocally clear," he added.

The Congress' appeal comes ahead of the meeting between PM Modi and eight NCP (SP) MPs, led by party MP Supriya Sule. Sule had said on Saturday that the delegation would raise issues affecting Maharashtra, including farmer suicides, the water crisis and problems caused by rapid urbanisation.

"We - some MPs and I - were talking about that Prime Minister must be apprised about the problems in Maharashtra. There is water related issues, farmer suicides, and problems being faced due to urbanisation," Sule said at a press conference in Mumbai.

Dope test of turbulent Air India flight's pilot 'not negative', sent for confirmation, says government

New Delhi, Agency: The captain of Air India's August 4 Phuket-Delhi flight, which experienced a sudden loss of altitude of about 300 feet, was subjected to a psychoactive substance (dope) screening test on arrival, whose result was "not negative" and has been sent for confirmatory tests, the aviation ministry said Sunday. Media had exclusively reported on Sunday that the pilot of the turbulence-hit flight may have failed the dope test.

The ministry has classified the incident, which led to 17 people being hospitalised, as serious and said the Aircraft Accident Investigation Bureau



(AAIB) will probe it.

"Further action, as appropriate, will be taken based on the outcome of the investigation and confirmatory test results," it said. Directorate General of Civil Aviation rules stipulate that "in case the screening test (for psychoactive substances) is non-negative, the employee shall be immediately removed from the safety-sensitive duty till a confirmatory report is received.

India, Russia to be linked by rail? Moscow floats proposal, calls it 'viable'

New Delhi, Agency: Russian Deputy Prime Minister Marat Khusnullin has called on Moscow and New Delhi to explore the feasibility of a direct rail link to the Indian Ocean, aimed at reducing transit risks associated with the Bosphorus strait and Strait of Hormuz.

According to Khusnullin, potential routes could pass through Turkmenistan, Iran, Afghanistan and Pakistan, adding that any corridor providing connectivity to India would be considered "viable." If realised, the proposal would create a direct overland rail freight link between Russia and India. "A rail link to the Indian Ocean should also be explored. Risks related to the Bosphorus and the Strait of Hormuz might require alternative routes: through Turkmenistan, Iran, Afghanistan, and Pakistan. Any options providing access to India are acceptable," Khusnullin was quoted as saying by TASS.

The proposal comes amid disruptions to maritime



trade through the Strait of Hormuz following the escalation of hostilities between the US-Israel and Iran. On February 28, the US and Israel launched joint strikes on Iran, targeting key urban centres, including Tehran. Iran responded with missile and drone attacks on Israeli targets and US military bases across Bahrain, Jordan, Iraq, Qatar, Kuwait, the UAE and Saudi Arabia.

Tehran subsequently announced a maritime blockade of the Strait of Hormuz targeting vessels linked to the US, Israel and allied countries involved in the conflict. The strategic waterway handles around 20% of global oil trade and nearly 20% of worldwide LNG shipments.

Police search 26 locations tied to banned Jamaat-e-Islami J&K

Srinagar, Agency: ted residential and other premises linked to Jamaat-e-Islami J&K members and activists. No arrest was reported till filing of this report. "The operation was conducted in accordance with due legal procedure and prescribed protocols," police said.

Police said the seized material was being examined to

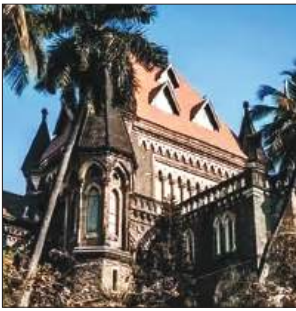
establish further linkages and activities connected with the proscribed organisation. The operation was part of efforts to dismantle networks linked to banned organisations, separatist activities and terrorist funding. Distinct from Jamaat-e-Islami Hind, Jamaat-e-Islami J&K has a history tied to regional separatism and has

long had a support base in Sopore. Union government first declared it an "unlawful association" in Feb 2019 under the Unlawful Activities (Prevention) Act. In Feb 2024, the ban was extended for five years, with the government saying the organisation continued activities against India's security, integrity and sovereignty.

7 of 25 high courts without CJs, collegium recommends names for just four

New Delhi, Agency: At a time when seven of the country's 25 high courts are without regular chief justices, the Supreme Court collegium, headed by CJI Surya Kant, recommended the names of four HC judges to the government for their appointment as CJs of the Bombay, Calcutta, Patna, and Punjab and Haryana HCs.

The collegium recommended appointment of Justice Mahesh



Chandra Tripathi, a judge of Allahabad HC, as CJ of Bombay HC; Justice Ravindra V Ghuge, acting CJ of Bombay HC, as CJ of Calcutta HC; Justice V Kameshwar Rao, a

judge of Delhi HC, as CJ of Patna HC; and acting CJ Punjab and Haryana HC Justice Ashwini Kumar Mishra - whose parent high court is Allahabad HC - as regular CJ of that HC. The collegium is yet to decide on selecting judges for appointment as regular CJs to HCs of Rajasthan, J&K and Madhya Pradesh, which are manned by acting CJs - Justices Sanjeev Prakash Sharma, Sanjeev Kumar and Vivek

Rusia, respectively.

The five-member collegium comprising CJI Kant and Justices Vikram Nath, BV Nagarathna, MM Sundresh and PS Narasimha met separately to recommend the government the transfer of Orissa HC judges Justices Manas Ranjan Pathan and Krushna Ram Mohapatra to Gujarat and Chhattisgarh high courts, respectively, for better administration of justice.

Government may be going slow on FCRA to woo DMK, NCP(SP) for delimitation

New Delhi, Agency: The passage of FCRA amendment bill is not in Lok Sabha's agenda for Monday as Parliament's monsoon session enters its last week, giving rise to the view that government may be going slow on the contentious piece of legislation to sweeten the deal for parties such as DMK and NCP(SP), which are opposed to its provisions and are being seen by the governing alliance as prospective backers for its delimitation exercise.

Sources said the meeting of LS's business advisory committee, where upcoming agenda items are finalised, on



Monday will give more clarity as a schedule for discussion on the bill should be fixed if it has to be taken up for passage in the remaining four days of Parliament's monsoon session ending on Aug 13. Monday's agenda includes the introduction of four bills but makes no

mention of the Foreign Contribution (Regulation) Amendment Bill.

Govt may be going slow on FCRA to woo DMK, NCP(SP) for delimitation. Government may prefer full-fledged debate on FCRA to address criticism against the bill. The Bill was

introduced in Lok Sabha on March 25 but has not been taken up for discussion yet, amid fierce protest from opposition parties and minority groups, especially Christian bodies.

Christian groups, which are a major recipient of foreign funding, have decried the proposed amendments, saying it threatens their charitable works and will allow the government to seize their assets if their FCRA licence is withdrawn or not renewed.

What has, though, made things politically trickier for the BJP is the support extended by DMK president M K

Stalin to the demand of a delegation representing churches of different denominations in their meeting with home minister Amit Shah that the bill be either withdrawn or sent to a joint parliamentary committee for scrutiny.

With the government looking to assuage DMK's concerns to get it on board before it makes a fresh bid for Parliament's nod for its delimitation exercise, coupled with implementation of the women's reservation law from 2029, it may not like to put the regional party on the defensive by bringing up the FCRA bill, some MPs said.

Sawan Shivratri: The Sacred Night of Shiva in the Monsoon

When the monsoon clouds gather over the Indian landscape and the earth turns green after weeks of rain, the month of Sawan brings with it a distinctive spiritual atmosphere. Temples of Lord Shiva begin to fill with devotees, roads leading to famous shrines witness processions of Kanwariyas, and the sound of “Har Har Mahadev” becomes part of the everyday rhythm of many towns and villages. At the heart of this month-long devotion lies Sawan Shivratri, a festival that combines faith, fasting, prayer and the timeless symbolism associated with Lord Shiva.

Observed during the Krishna Paksha Chaturdashi, or the fourteenth day of the waning moon, Sawan Shivratri occupies a special place in the religious calendar of Shiva devotees. While Mahashivratri is celebrated on a much larger scale across the country, Sawan Shivratri has its own distinctive character because it falls within the sacred month of Sawan. The festival connects the natural transformation brought by the monsoon with a season of spiritual reflection and devotion.

A festival deeply connected with Lord Shiva
Sawan is traditionally regarded as one of the most auspicious months for worshipping Lord Shiva. According to Hindu traditions, devotees



believe that prayers offered to Shiva during this period carry special spiritual significance. Mondays of Sawan, popularly known as Sawan Somvar, are particularly important, while Sawan Shivratri represents one of the most significant occasions for devotees during the month. The association between Sawan and Shiva is also deeply rooted in mythology. One of the most widely remembered stories connected with the month is the Samudra Manthan, or churning of the cosmic ocean. According to Hindu mythology, the churning produced both divine treasures and the deadly poison known as halahala. The poison threatened the existence of the universe, prompting Lord Shiva to consume it to protect creation.

Shiva held the poison in his throat rather than allowing it to spread

through his body, giving rise to his name Neelkanth, or the blue-throated one. Devotees traditionally connect this story with the cooling and soothing rituals performed during Sawan. Offering water to the Shiva lingam is seen as an expression of devotion and also as a symbolic act of offering relief to Shiva. The story gives Sawan Shivratri a meaning that goes beyond ritual. Shiva's willingness to absorb danger for the protection of others represents sacrifice, responsibility and the idea of placing collective welfare above individual comfort.

The significance of the Shiva lingam
One of the central elements of Sawan Shivratri worship is the Shiva lingam. Devotees visit temples to perform abhishek, the ritual bathing of the lingam, with water and other tradition-

al offerings.

Water occupies a particularly important place in Shiva worship during Sawan. Devotees may carry water from sacred rivers or other holy sources and offer it to Shiva temples. In many regions, Kanwariyas undertake long journeys on foot carrying containers of sacred water, which they later offer at Shiva shrines.

The ritual is simple in appearance but carries layers of symbolism. Water represents purity, life and renewal. During the monsoon, when rivers, ponds and fields are replenished, the offering of water to Shiva becomes closely connected with the natural cycle of the season. Other traditional offerings include milk, curd, honey, sugar and ghee, collectively associated in many traditions with Panchamrit. Devotees also offer bel patra, flowers, fruits and other items according to local customs.

A night of prayer and reflection

The word Shivratri literally refers to the “night of Shiva”. Devotees observing Sawan Shivratri often remain engaged in prayer and worship during the evening and night. Some observe a complete fast, while others follow different forms of vrat depending on their family traditions and personal circumstances.

Beyond Rituals: The Timeless Message of Sawan Shivratri



As the sacred month of Sawan reaches its most significant moments, Shiva temples across India prepare for one of the most deeply observed occasions of the season — Sawan and spend the night in prayer. For many, these rituals are an expression of faith that has been passed down through generations.

Yet Sawan Shivratri carries a significance that extends beyond rituals. The festival brings together ideas of self-control, sacrifice, compassion, environmental respect, community service and inner reflection. Its stories and symbols, rooted in ancient traditions, continue to offer themes that can be interpreted in the context of contemporary life. At a time when modern life is increasingly shaped by speed, consumption and constant digital engagement, the observance of Sawan Shivratri creates an opportunity to pause and reconsider the values that guide everyday life.

Shiva as a symbol of balance

Lord Shiva occupies a unique position in Hindu traditions. He is portrayed as an ascetic, yet he is also a family man. He is associated with meditation and silence, but also with powerful cosmic energy. These apparent contrasts form an important part of Shiva's cultural image. Shiva's presence in mythology is

often associated with balance — between creation and destruction, stillness and movement, worldly responsibility and detachment. This symbolism gives Sawan Shivratri a broader relevance. The festival encourages devotees to think about how balance can be maintained in their own lives. Modern society often rewards constant activity. People move between professional responsibilities, family commitments and digital communication with very little time for silence. The Shivratri tradition of spending a night in prayer and reflection offers a different rhythm. It reminds people that rest, contemplation and self-awareness can also be valuable.

The lesson of restraint
Fasting is one of the most visible practices associated with Sawan Shivratri. Traditionally, devotees observe vrat by limiting or avoiding certain foods.

At a symbolic level, fasting represents restraint.

The practice asks devotees to consciously control an ordinary physical desire. That discipline can then become a reminder that not every desire needs to be immediately fulfilled.

This idea has relevance beyond religious practice.

Modern consumer culture encourages constant consumption — food, entertainment, products and digital content. The temporary restraint of a vrat offers an opportunity to experience a different relationship with consumption. For devotees, the purpose remains spiritual. But the broader lesson of moderation can resonate with contemporary concerns about health, sustainability and mindful living.

From Kanwar Routes to Temple Towns: How Sawan Shivratri Transforms Public Life



Every year, as the monsoon settles over large parts of India, a familiar transformation begins. Roads leading towards major Shiva temples become pilgrimage routes, markets around shrines grow busier, temporary camps appear along highways and village roads, and groups of saffron-clad devotees travel long distances carrying decorated kanwars. The arrival of Sawan brings a religious observance that gradually becomes a wider social and cultural phenomenon. Sawan Shivratri is at the centre of this seasonal cycle of devotion. For millions of Shiva devotees, it is a day of prayer and fasting. But for communities located along pilgrimage routes and around major temples, it is also a period of intense public activity. From transport and hospitality to food distribution and volunteer services, the festival creates a temporary network connecting devotees, local residents, businesses and government

agencies.

The journey as an act of devotion

One of the most distinctive features of Sawan is the Kanwar Yatra. Devotees, known as Kanwariyas, travel to sacred rivers and water sources to collect holy water. They then carry the water back to Shiva temples, where it is offered during worship.

The journey itself is considered an important part of the devotional experience. Many devotees travel on foot, covering considerable distances over several days.

The kanwar, traditionally designed to balance containers of water across a pole, has become a powerful symbol of Sawan devotion. Many are decorated with colourful materials, religious symbols and images associated with Shiva.

Groups of devotees often travel together. Friends, relatives and members of local communities may participate as a group, transforming the pilgrimage from an individual religious activity

into a collective experience.

Roads become pilgrimage corridors

During the Sawan season, ordinary roads can take on a completely different character.

Routes used by Kanwariyas may witness a steady flow of pilgrims throughout the day and night. Temporary shelters are established at strategic points, allowing devotees to rest, eat and refill water supplies.

Local administration faces the challenge of balancing the needs of pilgrims with regular traffic. Traffic diversions, security arrangements, medical facilities and sanitation services may become necessary in areas with heavy footfall.

The organisation required for such a large seasonal movement highlights the scale of the festival. What appears to be a religious journey involves coordination between multiple sections of society.

Fasting, Abhishek and Bel Patra: The Rituals That Define Sawan Shivratri

Sawan Shivratri is not only a day of religious observance; for millions of devotees, it is a deeply personal experience shaped by fasting, prayer, temple visits and traditional offerings. As the sacred month of Sawan progresses, Shiva temples across India witness an increase in devotees seeking blessings, performing abhishek and observing vrat. On Sawan Shivratri, these practices take on particular importance as devotees dedicate the day and night to Lord Shiva.

The rituals associated with the festival may appear simple — offering water, lighting a lamp, placing bel patra on the Shiva lingam and chanting prayers — but each practice carries a cultural and spiritual meaning that has been passed from one generation to another. At the same time, the way these rituals are performed differs across communities. Local customs, family traditions and regional practices shape the manner in which devotees observe the festival. This diversity gives Sawan Shivratri its distinctive character across India.

Beginning the day with preparation

For many devotees, preparations for Sawan Shivratri begin before sunrise. The day may start with bathing, cleaning the home and preparing the puja area. Those planning to visit a temple often collect traditional puja materials in advance.

A typical Shiva puja thali may contain flowers, bel patra, fruits, water, milk,



sandalwood paste, incense, lamps and other offerings. Devotees may also carry sacred water for abhishek. The preparation itself is considered part of the observance. Cleaning the worship space and arranging offerings creates a devotional atmosphere and allows the devotee to begin the day with a sense of discipline and focus.

In many families, elders explain the significance of individual rituals to younger members. This makes Sawan Shivratri an important occasion for the transmission of cultural traditions within households.

The significance of fasting

Vrat is among the most visible practices associated with Sawan Shivratri. Devotees observe fasting as an expression of devotion and self-control. Different people follow different forms of vrat. Some consume only fruits and

milk, while others eat foods traditionally prepared for fasting. Some devotees observe a stricter fast and refrain from food for a longer period.

The purpose of fasting in the religious tradition is not simply to avoid food. It represents restraint — an effort to reduce physical distractions and focus attention on prayer and spiritual practice.

The discipline involved in fasting can also encourage devotees to reflect on their habits. The day becomes an opportunity to step away from routine indulgences and spend more time in worship, meditation or quiet reflection.

However, fasting practices are not identical everywhere. Families and communities have their own customs, and individual health circumstances can influence how a person observes the vrat.