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Fights For Hunger

BJP's manifesto outlines path ahead for 'Bharat'

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Day to forget for India at wrestling Olympic qualifiers

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NEWS BOX

Five high school students injured in shooting in park in Maryland

Greenbelt. Gunfire broke out at a park in Greenbelt, Maryland, where hundreds of high school students had gathered while skipping school on Friday, wounding five males aged 16 to 18, police said. One victim was in critical condition and the others were in stable condition, Greenbelt Police Chief Richard Bowers told a press conference. Police were searching for one suspect but there may be others, Bowers said. No motive had been established.

There's absolutely no reason that this occurred. It is senseless, it is chronic in our society, and we have to do something to stop it," Bowers said. "It's maddening, honestly."here have been 120 such mass shootings in the United States in the first 110 days of this year, when defined as an incident with four or more people shot or killed, not including the shooter, according to the Gun Violence Archive. An estimated 500 to 600 students from at least two high schools converged on the park in what is known as senior skip day, when students in their final year of high school ditch their classes, Bowers said. About 20 officers had been on scene for about 15 minutes, having responded to the sudden gathering convened on social media, before the shooting broke out, Bowers said. They were able to render first aid before ambulances arrived."That could be the difference between somebody making it to the hospital and somebody not," Bowers said.Greenbelt is a city of about 24,000 people some 13 miles (21 kilometers) northeast of Washington.

Iran-Backed Militia Coalition Alleges US Airstrike Targets Base In Iraq

New Delhi: An airstrike targeted the base utilized by the Popular Mobilization Forces (PMF), a coalition of Iran-allied militias in Iraq, as per a statement from the group reported by the Associated Press on Saturday. Allegedly, three members of the PMF were injured in the attack on the Kalsu military base. Formerly a US post, the base was transferred to the Iraqi military in 2011. This recent airstrike follows a suspected Israeli strike in Iran the day before. However, the party responsible for the reported attack has not been definitively identified. Unnamed officials speakiAng to the agency attributed the strike to US forces, although they were not authorized to speak to the media. Meanwhile, A US official has refuted any such

The PMF is primarily comprised of Shiite, Iran-backed armed groups that united to combat the Islamic State extremist group following its seizure of significant parts of Iraq in 2014. In 2016, the Iraqi government officially recognised the Popular Mobilization Forces as an "independent military formation" within the Iraqi armed forces.

n recent months, certain factions within the PMF have launched attacks on U.S. forces stationed in Iraq and Syria. They claim these actions are in retaliation for Washington's support of Israel during its conflict with the Hamas militant group in Gaza.

US Imposes Sanctions On 4 Companies Aiding In Pakistan's **Ballistic Missile Programme**

WORLD. The United States on Friday enforced sanctions on four companies providing missile components to Pakistan. Among these is a Belarusbased firm, and the other three are based in China and responsible for supplying items to aid Pakistan's ballistic missile programme. "The Department of State is designating four entities pursuant to Section 1(a)(ii) of Executive Order 13382, which targets proliferators of weapons of mass destruction and their means of delivery. These entities have supplied missile-applicable items to Pakistan's ballistic missile program, including its long-range missile program," reported ANI, citing a statement from the US Department of State.

The sanctioned entities comprise three Chinese companies: Xi'an Longde Technology Development Company Limited, Tianjin Creative Source International Trade Co. Ltd., and Granpect Company Limited, alongside the Belarus-based Minsk Wheel Tractor Plant.

Due to today's action, any assets or belongings of the mentioned individuals in the United States or held by U.S. individuals are frozen and must be reported to the Department of Treasury's Office of Foreign

Assets Control (OFAC), asserted the statement. As per the order, if any individuals or entities are owned, either directly or indirectly, by 50 percent or more of blocked persons, they are also considered blocked. Any transactions involving property or interests in property of designated or blocked persons by U.S. individuals or within the United States are not allowed unless permitted by a license from OFAC or exempt. This includes giving or receiving contributions, funds, goods, or services to or from blocked persons.

According to the US Department of State's statement, the Belarus-based firm used to supply special vehicle chassis that are used as launch support equipment for ballistic missiles. Meanwhile, Granpect Company Limited has supplied missile-related equipment, including a filament winding machine. Granpect Company Limited has also collaborated with Pakistan's Space and Upper Atmosphere Research Commission (SUPARCO) to furnish equipment for testing large-diameter rocket motors. The firm also partnered with Pakistan's NDC to supply equipment for testing large-diameter rocket

Tianjin Creative Source International Trade Co. Ltd., based in the People's Republic of China, has provided stir welding equipment (deemed by the United States as capable of manufacturing propellant tanks for space launch vehicles) and a linear accelerator system (viewed by the United States as suitable for inspecting solid rocket

Donald Trump's jury set for hush money trial as he pleads not guilty to fraud

New York. The milestone on Friday in the first criminal trial of a former or sitting US President coincided with a man setting himself on fire outside the Manhattan courthouse. The selfimmolation did not appear to have anything to do with Trump's case. Authorities said the man was in hospital in critical condition and had been carrying pamphlets referring to an unrelated conspiracy theory. The full jury of 12 New Yorkers and six alternates had just been completed when the incident occurred on the street outside the building where the ex-president and Republican candidate for November sat on the 15th floor.Judge Juan Merchan has said that opening statements in Trump's trial would start Monday.Trump has pleaded not guilty to 34 counts of business fraud as part of a plan to cover up hush money paid to a porn star so that the story would not come out just before the 2016 presidential election, in which he beat Hillary Clinton. Impartial jury?

The difficulty of choosing impartial jurors,

clear throughout the selection process this week. Two women in the pool of dozens of ordinary New Yorkers being vetted for the final jury slots Friday burst into tears as they answered probing questions from attorneys."I'm sorry. I thought I could do this," said one who was quickly released by Merchan. "This is so much more stressful than I thought it was going to be."Trump delivered an angry statement in the morning about what he called the "very unfair" partial gag order imposed by Merchan to prevent him from using his powerful media presence to attack witnesses, prosecutors and relatives of court staff."The judge has to take off this gag order," said Trump, who has a long history, including while president, of making threatening or insulting statements against private and public opponents.On departure, he again called his trial a "giant witch hunt."The court proceedings have disrupted Trump's 2024 campaign, but he has tried to use the press coverage to relay his claim to be the victim of a "hoax." On pleaded not guilty to charges of falsifying



three other criminal cases, including on far more serious charges of attempting to overturn his 2020 election loss to President Joe Biden, but these have been repeatedly delayed.

Tight race against Biden

Trump has framed his multiple legal woes as an attempt by his political opponents to thwart his bid to return to power. Latest polls show him largely neck and neck with Biden.

election victory to hide an alleged sexual encounter with porn star Stormy

Potential jurors were this week grilled by

prosecutors and defence attorneys about

their media habits, political donations,

education and whether they have

attended a pro- or anti-Trump rally.Many potential panellists were excused after saying they could not be objective. One juror who had already been sworn in was excused because she had concerns her identity had been revealed, and another was let go following doubts about the accuracy of his answers during questioning. To protect the anonymity of those randomly selected for jury service, Merchan asked reporters to stop providing physical descriptions of jurors and not to identify where they work.A unanimous verdict will be required to convict Trump, who has been ordered by the judge to attend

each day of the trial. If convicted, he could face prison but would more likely be

US sanctions Chinese,

Elon Musk's Visit To India, Meeting With PM Modi Postponed, Tesla CEO Says 'Unfortunately...'

WORLD. Tesla CEO, Elon Musk's visit to India has been postponed, he informed via a post on 'X'. However, the exact reason behind this rescheduling remains unclear, Musk cited important Tesla obligation for the rescheduling. He was slated to visit India

on April 21 and 22, to meet the Prime Minister Narendra Modi. The visit was expected to reveal his plans for entering the

South Asian (Indian) market. In his post Musk also said that he may visit India later this year.Musk was expected to announce his investment



plan of over \$2 billion to establish manufacturing centres in India, reported Reuters. The development came after the Indian government in its latest industrial policy lowered the

tariffs on imported cars if the company invests locally in Indian Market.

Meawhile, on April 15, the announcement was made that Tesla would reduce its global workforce by over 10%. Also, Rohan Patel, a Tesla public policy executive reportedly involved in the company's plans to enter India, resigned this weekAs per agency, Musk is waiting for regulatory approval from the Indian government to launch his Starlink satellite broadband

services in India. Musk's expected arrival on Sunday was intended to coincide with the start of India's national election from April 19.

Belarus firms for providing ballistic missile tech to Pak WORLD. The United States has imposed

sanctions against entities supplying missileapplicable items to Pakistan's ballistic missile programme. According to an official statement by the US State Department, the entities included three Chinese companies and a Belarus-based firm. "The Department of State is designating four entities pursuant to Section 1(a)(ii) of Executive Order 13382, which targets proliferators of weapons of mass destruction and their means of delivery," the statement mentioned."These entities have supplied missile-applicable items to Pakistan's ballistic missile program, including its long-range missile program," it added.

On the implications of the sanctions, the US said, "As a result of today's action, all property and interests in property of the designated persons described above that are in the United States or described above that are in the United States or in possession or control of US persons are blocked and must be reported to the Department of Treasury's Office of Foreign Assets Control (OFAC).""Additionally, all individuals or entities that have ownership, either directly or indirectly, 50 per cent or more by one or more blocked persons are also blocked.""All transactions by US persons or within (or transiting) the United States that involve any property or interests in property of designated or property or interests in property of designated or otherwise blocked persons are prohibited unless authorised by a general or specific license issued by OFAC or exempt," the Department stated.

THE SANCTIONED FIRMS

Belarus-based Minsk Wheel Tractor Plant has worked to supply special vehicle chassis to Pakistan's long-range ballistic missile program. Such chassis are used as launch support equipment for ballistic missiles by Pakistan's National Development Complex (NDC), which is responsible for the development of Missile Technology Control Regime Category (MTCR) I ballistic missiles.People's Republic of China (PRC)-based Xi'an Longde Technology Development Company Limited has supplied missile-related equipment, including a filament winding machine, to Pakistan's long-range ballistic missile program that we assess was destined for NDC.

Filament winding machines can be used to produce rocket motor cases.PRC-based Tianjin Creative Source International Trade Co Ltd has supplied missile-related equipment to Pakistan's long-range ballistic missile program, including stir welding equipment (which the United States assesses can be used to manufacture propellant tanks used in space launch vehicles), and a linear accelerator system (which the United States assesses can be used in the inspection of solid rocket motors).PRC-based Granpect Company Limited has worked with Pakistan's SUPARCO to supply equipment for the testing of large-diameter rocket motors. In addition, Granpect Co. Ltd.

US Imposes Sanctions on Entities for Supplying Ballistic Missile Components to Pakistan

RNS: The United States has imposed sanctions on several entities for allegedly supplying ballistic missile components to Pakistan. The State Department announced on Friday that three Chinese entities and one Belarusian entity have been sanctioned for their involvement in supplying items related to ballistic missiles to Pakistan.

In a press release, US State Department Spokesman Matthew Miller stated, "The United States is committed to strengthening the global nonproliferation regime by taking action to disrupt procurement networks supporting proliferation activities of concern." He further added, "Today, we are designating four entities pursuant to Executive Order 13382, which targets proliferators of weap-



ons of mass destruction and their means of delivery." According to Miller, the sanctioned entities have supplied missile-applicable items to Pakistan's ballistic missile programs, including its long-range missile program. The designated entities

Plant, Xi'an Longde Technology Development Company Limited, Tianjin Creative Source International Trade Co Ltd, and Granpect Co.

Miller emphasized that these entities have engaged in activities or transactions that include Minsk Wheel Tractor have materially contributed

to, or pose a risk of materially contributing to, the proliferation of weapons of mass destruction or their means of delivery, including any efforts to manufacture, acquire, possess, develop, transport, transfer, or use such items, by Pakistan.

"Our Next Response Will Be At Maximum Level": Iran Warns Israel Again

Iran's foreign minister on Tehran: Friday said Tehran was investigating an overnight attack on Iran, adding that so far a link to Israel had not been roven as he downplayed the strike.ranian Foreign Minister Hossein Amirabdollahian told NBC News the drones took off from inside Iran and flew for a few hundred meters before being downed."They're ... more like toys that our children play with, not drones," Amirabdollahian said.

'It has not been proved to us that there is a connection between these and Israel,' he said, adding that Iran was investigating the matter but that media reports were not accurate, according to Tehran's information.Iranian media and officials described a small number of explosions, which they said resulted from air defenses hitting three drones over Isfahan in central Iran in the early hours of Friday. They referred to the incident as an attack by "infiltrators", rather than by Israel, obviating the need for retaliation. Amirabdollahian warned that if Israel retaliated and acted against the interests of Iran, Tehran's next response would be immediate and at maximum level."If Israel wants to do another adventurism and acts against the interests of Iran, our next response

said.The attack appeared to target an Iranian Air Force base near the city of Isfahan, deep inside the country, but without striking any strategic sites or causing major

Israel has said nothing about the State Antony Blinken said the United States had not been involved in any offensive operations, while the White House said it had no comment.

Israel had said it would retaliate after a strike on April 13, the first ever direct attack on Israel by Iran, which caused no deaths after Israel and its allies shot down hundreds of missiles and drones.

Tehran launched those attacks in response to a presumed Israeli airstrike on April 1 destroyed a building in İran's embassy compound in Damascus and killed several Iranian officers including a top general. Allies including the U.S. had pressed all week to ensure any further retaliation would be calibrated not to provoke more escalation, and Western countries tightened sanctions on Iran to mollify Israel. There was no word from Israel on Friday as to



whether further action might be planned. Apart from direct strikes on Iranian territory, it has other ways of attacking, including cyber attacks and strikes on Iranian proxies elsewhere. Violence between Israel and Iranian proxies across the Middle East has intensified throughout six months of bloodshed in Gaza, raising fears the longstanding foes' shadow war could spiral into a direct conflict.

rael's assault on Gaza began after Hamas Islamists attacked Israel on Oct. 7, killing 1,200, according to Israeli tallies. Israel's military offensive has killed Gaza, acrding to the Gazan health ministry.As night fell on Friday, Israeli planes and tanks pounded several areas across the Gaza Strip, with air strikes hitting areas of Rafah where over half of Gaza's 2.3 million people are sheltering, according to residents, Hamas media and officials at the Hamas-run Gaza health

One strike hit two apartments in a residential building in

the city, killing nine people, including four children, and wounding several others, health officials said. Air strikes also destroyed at least five houses in the Al-Nuseirat refugee camp in central Gaza, residents and Hamas media said."They (Israeli security) phoned some residents and ordered them to evacuate their houses before planes bombed some buildings nearby," Abu Omar, a resident of Al-Nuseirat, told Reuters via a chat app.

Soon as we ran away explosions shook the ground," he added.Listen to the latest songs, only on JioSaavn.com

will be immediate and will be at the maximum level," Amirabdollahian

Doordarshan unveils new saffron DD News logo; ex-CEO slams, Mamta Banarjee shocked

by Ashis Sinha

RNS: A new logo unveiled for Doordarshan's English news programme, DD News, has stirred up controversy in New Delhi. The logo, featuring an orange tone, has replaced the old red emblem, drawing criticism, particularly from opposition parties.

DD News, in a statement accompanying the logo's launch, expressed its vision for the future, stating, "While our ideals remain unchanged, we are now available in a new avatar. Prepare for a news trip like never before. Experience the all-new DD News! We are courageous enough to prioritise accuracy over haste, facts over claims, and truth over sensationalism. Because if it appears on DD

News, it must be true!"



Congress MP and former CEO of Prasar Bharati, Doordarshan's parent organisation, condemned the decision, stating, "As an ex-CEO of Prasar Bharati, it saddens me to see the saffronization of Doordarshan's logo—just before elections! It will influence voters, by overlaying the colour one religion and Sangh Parivar colour with a 'neutral' Public Broadcaster and a biased Govt/Regime!" West Bengal Chief Minister Mamata Banerjee also criticised the move, saying, "I am startled at the abrupt saffronization and changing of colour of our Doordar-

shan emblem while national elections are being held throughout the country! It is completely unethical, illegal, and demonstrates the national broadcaster's pro-BJP bias!'

This incident follows Banerjee's previous criticism of the BJP government for releasing saffron-colored practice jerseys for the Men's Indian Cricket Team, which she claimed was an attempt to saffronize the team.

Established by the Government of India in 1959 and owned by the Ministry of Information and Broadcasting, Doordarshan is a crucial component of India's media landscape. DD News, its English news station, plays a pivotal role in disseminating news and information to audiences across the nation.

Home Guard Jawan Murdered in Gaya SDO Office

RNS I Gaya: A tragic incident occurred in Gaya on Saturday afternoon as a home guard jawan working in the Sadar SDO office was murdered with a sharp weapon inside the office premises. The victim, identified as Sujit Kumar (45), a resident of Surajkund under Vishnupad police station area, was attacked in broad daylight, causing shock and concern in

According to sources, unidentified assailants entered the SDO office premises and fatally stabbed the security guard, leaving him with a serious wound to the left side of his stomach. After the attack, the perpetrators fled the scene, leaving behind a scene of chaos and confusion.

Sujit Kumar had been posted at the Gaya Sadar SDO office for many years and was also serving as a platoon commander in the Home Guard. The motive behind the attack remains unclear, adding to the distress of the victim's family and col-

ED Conducts Search Operations In Multiple Cities

In Illegal Online Forex Trading Case

The victim's wife, Kanchan Verma, expressed her shock and grief, stating that her husband was on duty at the time of the incident. Similarly, the victim's brother, Ajit Kumar, emphasized that Sujit had no known enemies and demanded swift action to apprehend the cul-

Ajit Kumar further highlighted that Sujit had just returned from election duty in Belaganj and was immediately assigned duty at the SDO office without any rest. The family, consisting of his wife and three children, is devastated by the sudden loss. Town DSP Paras Nath Sahu assured that the police are actively investigating the murder and are working to identify and apprehend the suspects. He mentioned that there are leads suggesting the involvement of a mentally unstable individual, but further investigation, including examination of CCTV footage from the SDO office, is underway to determine the exact circumstances and motive behind the crime.

DAV-6 Bokaro, Celebrates Mahatma Hansraj's Birth Anniversary



RNS I Bokaro: The birth anniversary of Mahatma Hansraj was celebrated with reverence at DAV Public School Sector-6, Bokaro. The school organized a special prayer meeting to honor the legacy of Mahatma Hansraj, where Principal Brij Mohan Lal Das paid tribute to the statue of Mahatma Hansraj ji and lit the ceremonial lamp.

During the event, Principal Das highlighted Mahatma Hansraj ji's exemplary life, marked by sacrifice, dedication, and a strong sense of duty towards society. He emphasized the need for everyone to draw inspiration from Mahatma Hansraj ji's life and work towards realizing his dreams.

Mahatma Hansraj ji devoted his life to the service of society, particularly through his contributions to the DAV Institute He played a significant role in times of crisis in India, offering devoted service to those in need. Mahatma Hansraj ji founded the first Dayanand Anglo Vedic School in Lahore in 1886 and made notable contributions to the causes of widow remarriage and women's education, establishing several girls' schools.

Principal Das reiterated the relevance of Mahatma Hansraj ji's teachings and principles in today's world. He praised Mahatma Hansraj ji as a dedicated educationist of the Arya Samaj, whose selfless service and commitment to simple living and high thinking serve as a guiding light for all. He urged everyone to follow in the footsteps of Mahatma Hansraj ji and uphold his ideals.

During the event, the school's Sanskrit teacher, B S Jha, spoke about the life and character of Mahatma Hansraj, sharing inspiring stories with the students. The celebration was attended by all teachers and students of the school, marking a solemn tribute to the great educationist and social reformer, Mahatma Hansraj.

Indian Navy conducts Exercise Poorvi Lehar on East Coast



RNS: Indian Navy conducted Exercise Poorvi Lehar on East Coast under the Operational Control of The Flag Officer Commanding-in-Chief, Eastern Naval Command. The exercise aimed at validation of procedures towards assessment of Indian Navy's preparedness to meet Maritime Security challenges in the region.

The exercise witnessed participation of Ships, Submarines, Aircrafts and Special Forces. XPOL was conducted in multiple phases including combat training in a realistic scenario during the Tactical Phase and successful conduct of various firings during the Weapon Phase towards reaffirming Indian Navy's capability to deliver ordnance on target.

With operation of aircraft from diverse locations, a near continuous Maritime Domain Awareness was maintained throughout the Area of operations. In addition to the participation of assets from Eastern Naval Command, the exercise also witnessed participation of assets from IAF, Andaman & Nicobar Command and Coast Guard indicating a very high

degree of interoperability amongst the Services. The Exercise offered valuable lessons to participating forces operating under realistic conditions, thereby enhancing their readiness to respond effectively to maritime challenges in the region.

The successful conclusion of XPOL 2024, reaffirms Indian Navy's resolve to meet growing security challenges in the maritime domain.

CJI Chandrachud Praises New Criminal Laws

New Delhi: Chief Justice DY Chandrachud hailed the implementation of three new criminal laws on July 1 as a significant milestone for Indian society, marking a crucial step

towards modernizing the justice system. Speaking at an event attended by Law Minister Arjun Meghwal, CJI Chandrachud described the implementation of the Bharatiya Nyaya Sanhita, 2023, Bharatiya Nagarik Suraksha Sanhita, 2023, and Bharatiya Sakshya Adhiniyam, 2023, as a forward-moving journey in managing the criminal justice

According to the Chief Justice, these new legislations will play a pivotal role in identifying and addressing the loopholes in the criminal justice system. The laws aim to digitize various procedural aspects of the criminal justice system, revolutionizing the way it operates.

From the registration of a First Information Report (FIR) to the final judgement, these laws will digitally document each phase of a criminal investigation, ensuring a more efficient and transparent process, as per CJI Chandrachud.

He further emphasized that the enactment of these laws by Parliament reflects India's evolving legal landscape and the need for new legal mechanisms to tackle contemporary challenges.

The new statutes are designed to facilitate seamless information flow and enhance collaboration and coordination among stakeholders involved in investigations and adjudi-

Speaking at the CBI Raising Day, the CJI lauded these new criminal laws as a significant stride towards modernizing the justice system and digitizing criminal proceedings.

The introduction of electronic summonses and virtual testimonies will eliminate the need for physical documentation and improve communication between law enforcement

agencies, courts, and legal practitioners. CJI Chandrachud also highlighted that these advancements will expedite the issuance of bail orders to prison authorities and streamline the process of recording witness statements. The conference aims to enhance understanding of these new criminal legislations, which are set to replace the Indian Penal Code 1860, the Code of Criminal Procedure, 1973, and the Indian Evidence Act, 1872.

Campaigning Picks Up Momentum For Second Phase Of LS Poll

RNS I New Delhi: As the first phase of general elections concluded yesterday, campaigning for the remaining phases has intensified across the country. Senior leaders and star campaigners from all political parties, including the Grand Alliance and the NDA, are holding multiple rallies to attract voters.

In the upcoming second phase on the 26th of this month, twenty seats in Kerala, fourteen in Karnataka, thirteen in Rajasthan, eight each in Uttar Pradesh and Maharashtra, seven in Madhya Pradesh, five each in Assam and Bihar, three each in West Bengal and Chhattisgarh, and one each in Tripura and Jammu and Kashmir will go to polls.

Prime Minister and senior BJP leader Narendra Modi addressed election rallies in Nanded and Parbhani in Maharashtra and Chikkaballapur and Bengaluru in Karnataka today.

He presented his report card and sought the blessings of the people, highlighting the benefits to SC, ST, and OBC communities from his government's



policies. He also reiterated his commitment to work around the clock for the development of India by 2047. PM Modi highlighted India's economic progress over the past decade, noting its position as the fifth largest economy, record foreign investments, and growth in exports and manufacturing, as well as its status as a major exporter of mobile

Former Prime Minister and JD(S) leader Deve Gowda criticized the previous Congress government, accusing it of depleting the treasury during its tenure. Karnataka Chief Minister Siddaramaiah alleged that the BJP's promise of free solar panels under the Surya Ghar Muft Bijli program would burden the poor with the cost of the

As part of the UDF campaign, AICC General Secretary Priyanka Gandhi addressed a meeting in Eriyad, Kerala, criticizing government agencies for allegedly engaging in unlawful extortion instead of upholding the law.

At a rally in Mathura, Uttar Pradesh, senior BJP leader Amit Shah expressed confidence that the BJP would win all 80 seats in the state. Former Congress President Rahul Gandhi, speaking at a rally in Amroha, Uttar Pradesh, promised that if the INDIA alliance government is formed, farmers' loans will be waived off, and the honorarium of MNREGA and Anganwadi workers will be doubled.

RNS: The Enforcement Directorate (ED) has conducted search operations in Mumbai, Chennai, Kolkata, and Delhi as part of an ongoing investigation into illegal Online Forex Trading through International Brokers, specifically targeting the OctaFx Trading App and its website. The searches, carried out on Thursday under the Prevention of Money Laundering Act

In a statement, the agency revealed that during the operations, bank funds totaling 2.7

(PMLA), aimed to uncover

financial irregularities and il-

legal activities.

crore rupees were frozen, and various incriminating documents and digital devices were seized. The ED's probe began following an FIR filed by the Shivaji Nagar Police Station in Pune against several individuals involved in fraudulent practices related to Forex trading, luring victims with false promises of high returns.

The investigation exposed that the OctaFx online trading app and website were operating in India through the entity OctaFx India Private Limited, without authorization from the Reserve Bank of India (RBI) to engage in Forex trading. As a result of the investigation, assets worth 35 crore rupees, including cryptocurrencies, bank balances, and gold coins, were attached by the ED.

The search operations also uncovered a network of chartered accountants and professionals who provided fake certificates of remittances and facilitated the use of bank accounts and companies to layer and launder funds. The ED's actions underscore the seriousness with which authorities are addressing financial crimes and illegal trading practices in India.

DPS Bokaro Students Shine at International Sanskrit Rising temperature forces Olympiad, Secure 85 Medals

RNS I Bokaros: Students from DPS Bokaro have made history by winning a remarkable 85 medals in the prestigious International Sanskrit Olympiad organized by the International Olympiad Foundation (IOF). This achievement marks a milestone for the school, with 85 students achieving top-level positions, including a significant number of international rankings. Among the medallists, 34 students secured Gold, 36 Silver,

and 15 Bronze medals. The students who clinched the International Rank 1, along with a Trophy, Gold Medal, Badge, and Certificate, are Adira Deep (VI), Ujjwal Pandey, Aaradhya Singh, Avani Priyadarshi (VII), Prapti Das, and Amogh Anand Jha (X). Additionally, students securing the Zonal Rank 1 with Gold include Om Prakash Patra, Sanskrit Singh (VIII), and Kunal Anand (IX). Among the top rankers, 25



students were awarded Gold Medals, including Kunwar Shaurya, Shashank (VI), Ridhvi, Kavya, Aditya Lal, Vansh Rajved, Abhineet Mohapatra, Akshra Singh, Sharda Nandini, Arush Kumar Sinha (VII), Soumilee Mondal, Ayushi Shree, Abhinav Mandal, Palak Priya (VIII), Animesh Anand (IX), Anushka Priya, Mannat

Manish, Arya Singh, Aarav Yash, Arpita Arya, Tanya Shree, Shagun Verma, Shipra Singh, Ridhim Gupta, and Aavya Singh (X).

The list of achievers also includes 37 Silver Medalists and 15 Bronze Medalists who have showcased exceptional performance in the Olympiad. Dr. A. S. Gangwar, the Princifor upholding the ancient language of Sanskrit.

pal, applauded the outstanding achievers for their impressive results and commended their unwavering commitment to excellence. He urged the students to continue striving for excellence in all their endeavors and praised them

'From tech to tanker city...'

RNS I Bengaluru: Prime Minister Narendra Modi, speaking at a rally in Bengaluru on Saturday, criticized the Congress party for the current infrastructure issues in the city and slammed the Karnataka government for its failure to address these

Modi highlighted Bengaluru's severe water crisis, which has resulted in water use restrictions and fines for non-essential consumption. He blamed the Congress government in Karnataka for turning the tech city into a hub dependent on water tankers, accusing them of yielding to the tanker mafia.

He further criticized the Congress party for its anti-business stance, targeting private enterprise, taxpayers, and wealth creators. Modi contrasted this with his focus on India's development and enhancing its



global standing, criticizing the opposition for their continued criticism of him. Modi also took a swipe at the opposition alliance, stating that their leaders were merely repeating old talking points like a

broken record, while he and his associates were highlighting their achievements. In conclusion, Modi expressed his intention to seek the support and blessing of the people of Bengaluru.

change in school timings



RNS: In response to a significant surge in temperatures and the onset of an intense heat wave, all government and private schools across Jharkhand have revised their timings to safeguard children from the adverse effects of the summer season.

With daytime temperatures soaring as high as 44 to 46 degrees Celsius in various parts of the state, authorities have taken the precautionary measure of adjusting school

The instructions also include provisions for considering compensatory measures to address any educational setbacks students may experience during this period.

Following the spike in mercury levels, Bokaro Deputy Commissioner Vijaya Jadhav has instructed officials to implement the revised school timings immediately.

As per the Deputy Commissioner's directive, classes from KG to class 08 will now be held from 7:00 am to 11:30 am, while classes from class 09 and above will take place from 7:00 am to 12:00 noon.

During these revised hours, schools have been instructed to refrain from organizing prayer meetings, sports activities, or any other outdoor events in direct sunlight. However, mid-day meals will continue to be provided. This adjusted schedule will be effective from Monday, 22nd April 2024, until further notice.

Jadhav noted that the order was issued by the Secretary in-charge of the School Education and Literacy Department. The District Education Officer (DEO) and District Superintendent of Education (DSE) have been tasked with ensuring compliance with the new timings across

Additionally, the department's instructions include provisions for considering compensatory measures to address any educational setbacks students may experience during this period.

Amit Shah jabs Rahul 'baba' Gandhi over Kashmir: 'No guts to throw a stone'

Union Home Minister Amit Shah slammed Congress leader Rahul Gandhi over his past statements on the law and order situation in Jammu and Kashmir after the scrapping of Article 370. He said nobody had the guts to throw a stone today.

New Delhi:Union Home Minister Amit Shah took a dig at Congress leader Rahul Gandhi over his past remarks on the law and order situation in Jammu and Kashmir after Article 370 was scrapped in 2019.Addressing a gathering while holding a roadshow in Rajasthan's Udaipur, Amit Shah cited statements made by Rahul Gandhi on Jammu and Kashmir. He asserted that the situation was normal in the Union Territory and that nobody had the guts to throw a stone today."In Kashmir, (People's Democratic Party chief) Mehbooba Mufti and (Congress leader) Rahul baba (Gandhi) used to say there would be bloodbath there once Article 370 is removed," he said.

Rahul baba, five years have passed (since the abrogation of Article 370). This is the government of Prime Minister Narendra Modi. Leave alone the talk of bloodbath, No one has the guts to throw a stone there," he said.He asserted that the Congress would be wiped out in the Lok Sabha elections and exuded confidence that the BJP would win all 25 Lok Sabha seats in the state. Amit Shah held the roadshow in Udaipur in support of BJP candidate Mannalal Rawat. Chief Minister Bhajanlal Sharma was also a part of



the roadshow.

Voting for 12 Lok Sabha seats in Rajasthan was held in the first phase of Lok Sabha polls on Friday. Elections in the remaining 13 constituencies are scheduled to be held on

April 26. Results are slated to be announced on June 4.In 2019, the BJP secured 24 of 25 Lok Sabha seats in the desert state. The remaining one seat was won by Rashtriya Loktantra Party leader Hanuman Beniwal.

Chief Justice Of India's Appeal To Voters For 2024 Lok Sabha Elections

New Delhi: Chief Justice of India DY have a participatory role in electing the Chandrachud has urged citizens not to miss the opportunity to vote in the general elections, saying that it is the "foremost duties" in a constitutional democracy.n a He recalled his excitement as the first time voter video message for the Election Commission's 'My Vote My Voice' mission for the 2024 Lok Sabha polls, Justice Chandrachud said, "We are citizens of the world's largest democracy, which is our country.

"The Constitution gives us a multitude of rights as citizens but it also expects that each of us performs the duty, which is cast upon us. I think that's the great tenacity and the power of And one of the foremost duties of citizenship is to cast a vote in a constitutional democracy," he said. I will request every one The CJI said he never missed that duty to cast of you please do not miss this opportunity to vote responsibly as citizens of our great motherland. Five minutes, every five years for our nation. It's doable, isn't it? Let's vote with pride. My vote, my voice," the CJI said.Justice Chandrachud said the citizens

government and that is why it is said that "this government is a government of the people, by the people and for the people".

and queuing up at the polling booth to exercise the franchise."The ink on the finger when I vote allows tremendous feelings of patriotism and association with the nation...," he said.So our Constitution and our law provides for one citizen, one vote and one

our nation as a constitutional democracy," he

his vote when he was a lawyer and had to run around for work. The Lok Sabha elections will be held from April 19 to June 1, 2024 to elect the 543members of the 18th Lok Sabha. The elections will be held in seven phases and the results will be announced on June 4. 2024.

Constitution Was In Danger During Congress Rule": Ravi Shankar Prasad

Ravi Shankar Prasad said that there are indications that the **BJP-led National Democratic** Alliance (NDA) will secure over 400 seats in the Lok Sabha elections.

Patna: Bharatiya Janata Party (BJP) leader Ravi Shankar Prasad said on Friday that the Constitution was in danger when the Congress imposed an emergency in the country and made all efforts to change it.

He also said that there are indications that the BJPled National Democratic Alliance (NDA) will secure over 400 seats in the Lok Sabha elections. The first phase of voting for 102 parliamentary



constituencies spread over 21 states and Union Territories was held on Friday. Speaking at a press conference here, he said, "We talk of '400 paar,' and now there are indications that the figure can go even further...The opposition is showing signs of frustration at defeat; they say only one thing: the

Constitution will change. Who is talking about changing the Constitution?"The Prime Minister and all of us made it clear that this would not happen. The Constitution was in danger during the rule of Congress; when Congress imposed an emergency, the Constitution was in danger," he said. Further attacking the Congress, he said, "During the entire emergency, there was an effort to change the Constitution. This is their history. The Congress party made all the efforts to change the Constitution, and the leftist parties were with them; today, Lalu Yadav is with them. The Constitution is in danger not from Prime Minister Narendra Modi or the BJP but from them."Bihar will witness polling for 40 Lok Sabha seats across all seven phases. Voting on four seats--Jamui, Nawada, Gaya, and Aurangabad--was held in phase 1 on Friday. The state will witness polling on five seats from Phases 2 to 5. In Phases 6 and 7,

The BJP, in its Lok Sabha poll manifesto, has

promised to continue to provide free ration to more than 80 crore people in the country for the next five years.

Ration Is Free In India While Pakistan Fights

For Hunger: Yogi Adityanath

Amroha, UP: Uttar Pradesh Chief Minister Yogi Adityanath invoked Pakistan at a political rally on Friday and said while those in the neighbouring country are fighting hunger, "80 crore people in India are getting free ration". Addressing a poll rally in Amroha in western Uttar Pradesh, the Bharativa Janata Party (BJP) leader also said the "phir ek baar Modi sarkar" slogan of the saffron party is reverberating across the country.Mr Adityanath spoke before Prime Minister Narendra Modi at the rally that was organised in support of Kanwar Singh Tanwar, the BJP candidate from the Amroha constituency in the ongoing Lok Sabha polls.

Pakistan, which has a population of hardly 23-24 crore, was formed after the partition in 1947 and is suffering from hunger today. This is also an example -- on one side, there is Pakistan, and on the other side, there is the promise of free ration to more than 80 crore people," the chief minister said. The BJP, in its Lok Sabha poll manifesto, has promised to continue to provide free ration to more than 80 crore people in the country for the next five years.Mr Adityanath said "only one slogan is being heard from every direction -- phir ek baar Modi sarkar".

Welcoming Modi to Amroha, he hailed him for bringing transformative changes in the country. Mr Adityanath addressed the rally as polling was underway in eight western Uttar Pradesh constituencies in the first phase of the Lok Sabha polls. Amroha will go to polls in the second phase on

Tanwar won the Amroha seat in 2014, but was defeated in 2019 by Danish Ali, who was with the Bahujan Samaj Party (BSP) then. Ali is again in the fray from Amroha on a Congress ticket.

"BJP's '400-Paar' Film Flopped On Day 1 Of Polls": Tejashwi Yadav

Tejashwi Yadav said that there is no competition in the first phase as Bihar will give shocking results this time.

Patna: After the first phase of the Lok Sabha elections, Rashtriya Janata Dal (RJD) leader Tejashwi Yadav on Saturday said that the BJP's "400 paar" film has become super flop on the first day itself.he Mahagathbandhan is winning all four seats in the first phase. We have held block-wise meetings and the feedback has been very good. The BJP's "400 paar" film has become a super flop on the first day itself. The people of Bihar are aware and will teach them a lesson," he said.Mr Yadav told ANI that there is no competition in the first phase as Bihar will give shocking results this

There is no competition in the first phase. We have said many times before Bihar will give shocking results this time. They have not done anything for the people of Bihar. The promises made by Modi ji in 2014 and 2019 were



Now, the public is tired of their statements and false promises. We have promised that we will give a special package to Bihar along with special status,"

said that local issues hold the key in these elections.

The entire Mahagathbandhan and INDIA bloc are working together. Unemployment is the biggest issue in Bihar, besides inflation, poverty, and investment. Migration and floods are also issues. This time, the BJP is very worried. They say they will abolish the Constitution. Those who destroy the Constitution will themselves be destroyed," Mr Yadav said. According to the Election Commission, Bihar recorded a voter turnout of 48.88 per cent in the first phase of voting. Four seats - Jamui, Nawada, Gaya, and Aurangabad - had gone to polls on

In the 2019 Lok Sabha elections, the BJPled NDA, also comprising the JDU and LJP, had secured 39 out of 40 seats while the

he added. The former deputy chief minister also Mahagathbandhan managed to win just one seat. After Amethi, Congress's "Sahabzade" Will Lose Wayanad Seat Too: PM Modi

Referring to Rahul Gandhi, PM Modi said, "After losing Amethi, the **Congress**' sahabzade will lose Wayanad as well. So he will have to look for a safe seat after **April 26.**"

Nanded, Maharashtra: Prime Minister Narendra Modi today took a swipe at Rahul Gandhi, saying that in the ongoing Lok Sabha elections, "Congress's sahabzade" will also lose from Wayanad constituency in Kerala and he will have to look for a safer seat after that.

Addressing a rally at Nanded in Maharashtra to campaign for BJP candidates from Nanded and Hingoli seats, PM Modi said the information available for the first phase of Lok Sabha polls indicates that there has been a one-sided voting in favour of the National Democratic Alliance (NDA).Referring to Rahul Gandhi, PM Modi said, "After losing Amethi, the Congress' sahabzade will lose Wayanad as well. So he will have to look for a safe seat after April 26."

In an apparent reference to Sonia Gandhi, he said some INDIA bloc leaders left the Lok Sabha and moved to the Rajya Sabha as they have no courage to contest elections."For the first time, the family will not vote for a Congress candidate in the constituency where they live as there is no party candidate there," he said.PM Modi said he has spent 10 years fixing the bad governance of the Congress regimes."A lot of work needs to be done," he added. The Congress has been a barrier in the development of farmers and poor people, he alleged.

The agriculture crisis did not happen now. It happened because of the flawed policies of Congress," PM Modi said. Targeting the INDIA bloc, he said it has no face to project and people do not know whom to entrust the country's future.

'They may claim anything, but the reality is that Congress leaders have accepted defeat even before the announcement of polls," he said.He termed the opposition alliance a



grouping of selfish people who have come together to protect their corrupt practices.He appealed to voters to

come out in large numbers to exercise their voting right in the Lok Sabha elections."You are not doing any

favour by voting, you are securing the country's future. I want to boost the morale of the party workers from the opposition. You (opposition leaders) are sure to lose the polls, but you will get a chance some day. But you must appeal to voters to vote," he said.PM Modi said the INDIA bloc constituents were contesting the elections against ech other in 25 per cent seats." After (the election results on) June 4, they will be fighting more with each other,' he said.

He said that without the Citizenship (Amendment) Act, what fate would have befallen Sikhs who came from Afghanistan.

The NDA under PM Modi is seeking a stronger majority for a third consecutive term, while the constituents of the opposition INDIA bloc are hoping for a rebound after facing reverses in the 2014 and 2019

RANCHI I 21 April 2024

Four decades of Operation Meghdoot

IT'S been 40 years since the first batch of Indian troops was moved posthaste to the Siachen Glacier to prevent Pakistani occupation of the world's highest, coldest and perhaps the most demanding frontline. Operation Meghdoot was launched by the Indian Army and the Indian Air Force (IAF) on April 13, 1984. Clearly, there was more to the boundary claims of both sides than met the eye. The Pakistanis were working towards a plan hatched in China in the 1960s to not only connect northern parts of Aksai Chin but also to harness 100 million acres of freshwater resources (which Siachen possesses) that China and Pakistan direly need — Pakistan for building more dams and generating hydroelectric power and China for realising its ambition of becoming a microchip giant. Apparently, every 10,000 litres of fresh/river water can be mixed with desert sand and chemicals to produce a 30-cm square sheet of silicon wafer. And there are a lot of glaciers in that area (242 in the Shaksgam valley itself in Pakistan-occupied Kashmir) that Pakistan handed over to China in February-March 1963, months after India's 1962 debacle.

Siachen is wedged between the Shaksgam valley and Aksai Chin. So, it carries a key strategic benefit for India. India's military presence on the icy heights around the glacier was initiated with the government's permission in 1984 on the recommendations of Lt Gen ML Chibber, then Northern Army commander. He said: "But the strategic importance of the area was not a major consideration, nor was our purpose to capture any territory... It was simply to ensure that we were not presented with a fait accompli like that in Aksai Chin in the early 1950s." Since the Chinese invasion of 1962, New Delhi had been understandably sensitive to cartographic ambiguities at its borders. In fact, the origins of the dispute over Siachen lie in a cartographic controversy. The Line of Control (LoC) of today is the 1949 CFL (Cease Fire Line) with some modifications. This de facto boundary line begins north of Jammu and ends abruptly at a mountain height called NJ 9842. Beyond that lies the glacier in no man's land, as per the India-Pakistan agreements of Karachi (1949) and Suchetgarh (1972). But since the 1970s, several international maps had begun to depict the Siachin Glacier as part of Pakistan. This included the National Geographic Society's Atlas of the World, University of Chicago's A Historical Atlas of South Asia and The Times Atlas of the World, published in London. All these showed the CFL extending from NJ 9842 in a northeasterly direction right up to the Karakoram Pass and onto the Chinese border. This, until then, had not been done even by Pakistani maps. Apparently, this cartographic confusion came from some maps that were initially produced by the US Defence Mapping Agency, which depicted the LoC running from the vicinity of NJ 9842 northeast to the Karakoram Pass in the 1970s and the 1980s. The best explanation for this error by America's mapmakers appears to lie in the possible translation' of air defence information zone (ADIZ) markings into a boundary line, which provides zoning boundaries for air traffic controllers in civil/military aviation. This gave the impression of the extension of the LoC from NJ 9842 to the Karakoram Pass, and thus became an article of faith for the Pakistanis. However, there can be several ADIZs that could pass through one country, and these are not national boundary lines. But the publication of such maps by many of the world's leading atlases further encouraged the Pakistani army to contest the sanctity of the LoC beyond NJ 9842, and that's where the Siachen area lies.

Initially, under then President Gen Zia-ul-Haq — prodded on by ambitious military commanders — Pakistan made plans to occupy the glacial heights around Siachen. Military men would know that you can defend territories by occupying heights. And in this case, the Saltoro Ridge is our wall against Pakistan's adventurism. Holding on to the western wall of the glacier in the initial stages amid a lack of acclimatisation led to hundreds of casualties. But the Indian Army held its ground, with logistics provided by the IAF.

Reduce out-of-pocket expenditure to revitalise healthcare

Promises like making India a developed nation by 2047 can fetch votes, but getting there entails an arduous journey in several sectors, including healthcare.

A recent editorial in The Lancet, a leading medical journal, has stated that healthcare has fared poorly under the Narendra Modi government. "Government spending on health has fallen and now hovers around an abysmal 1.2 per cent of the gross domestic product, out-of-pocket expenditure on healthcare remains extremely high, and flagship initiatives on primary healthcare and universal health coverage have so far failed to deliver services to people most in need," the editorial says. It adds that persistent inequity in both access to and quality of healthcare is well recognised, but a major obstacle that India faces relates to health data and a lack of data transparency. According to internationally available data, the Indian government spends much more per capita than Bangladesh and Nepal on healthcare, as do Indians out of pocket. But Indians live shorter lives. Something is not right somewhere, and it has to be corrected.India's spending on healthcare is the lowest among the G20 countries; unsurprisingly, it has the lowest per capita income in the group, according to a Lancet study. India's effort to use its G20 presidency to become a pole for the Global South can hardly happen if it remains handicapped by a poorly delivering healthcare sector, whose corollary is a population in indifferent health. It is not as if the government has not been trying. Over half a decade ago, it launched the Ayushman Bharat health insurance scheme. Under it, a family classified as 'deprived' is entitled to Rs 5 lakh per annum for secondary or tertiary care hospitalisation.

It promises to reduce out-of-pocket expenditure by the poor, provides critical medical treatment and emergency care which was earlier unaffordable (many poor families were rendered destitute after paying from their pocket), and its impact is most pronounced among marginal communities like Scheduled Tribes. Though healthcare is a state subject, the Centre has become associated with the delivery of free healthcare irrespective of which party is in power in which state. Particularly, states in the south, mostly ruled by Opposition parties, which already had their own healthcare schemes and relatively better healthcare infrastructure, have made the most of the Ayushman scheme. In states like Bihar, Jharkhand, Madhya Pradesh, Uttar Pradesh and even Maharashtra, which had low health insurance coverage before the Ayushman scheme, renamed Pradhan Mantri Jan Arogya Yojana (PMJAY), came along, the scheme has provided benefits to significant portions of their population.Out-of-pocket healthcare expenditure, which was running at 62.6 per cent in 2014-15 of the total household heath expenditure, dropped to 47 per cent by 2019-20. This has happened in part through the increase in social expenditure on health enabled by government allocation for PMJAY. Social security expenditure on health rose from 5.7 per cent in 2014-15 to 9.3 per cent in 2019-20. Average medical expenditure



per person ranged between Rs 11,315 and Rs 21,778, depending on whether a person is from SC, ST or OBC communities and resides in rural or urban areas. The sum of Rs 5 lakh available per family per year has gone a long way in mitigating this and keeping destitution at bay for the poor. While the above data speaks well of the government, there are questions regarding its reliability, as pointed out in The Lancet editorial. The 2021 Census is yet to take place. This leaves several other surveys in limbo: if you don't know how many Indians are there, how would you work out per capita data for matters like out-of-pocket expenditure and morbidity. The data officially made available need not be rejected, but it has to be kept in mind that such data is somewhat dated.

It is axiomatic that a high middle-income or high-income country needs to have citizens who live long and healthy lives. People also must follow a nutritional diet and remain physically active.

To be a healthier nation, India needs to devise special programmes or take forward existing ones focused on maternal health, medically assisted pregnancies and deliveries and nutrition. Children also must not be as stunted and underweight as they are. The government has in place programmes that have deployed ASHA (Accredited Social Health Activist) and Anganwadi workers who visit homes to render maternity advice and administer vaccines. The pay for these has also been recently raised. These worthwhile programmes need to be taken forward. The government and the public also

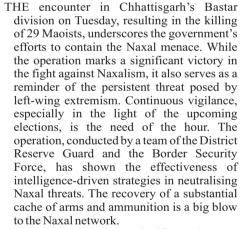
need to focus on the state of private healthcare. The ills afflicting this sector are many. Many doctors and consultants attached to private hospitals promptly prescribe a whole set of diagnostic tests, from whose expenses they get a cut.Private hospitals routinely overcharge and a patient who has been officially discharged is often unable to go home as the agent of his health insurance company and the hospital cannot agree on the admissibility of all the charges levied. Eventually, the patient's family has to pay out of pocket quite a bit simply to take the patient home. Private hospitals which are empanelled for cashless treatment often turn patients away as they claim that a lot of their bills remain unreimbursed.

While the government has to do its bit, including changing the attitude of officials who have to clear reimbursement bills, civil society has a lot to do. There need to be periodic surveys that give us a non-official sense of the healthcare reality on the ground. Some socially minded doctors are running their own hospitals, some of them in non-urban areas, where they are charging moderately and affordably and are still able to break even.

Indian healthcare is ailing, and various stakeholders have to help set it right. Promises like making India a developed country (Viksit Bharat) by 2047 can fetch votes, but actually getting there involves undertaking a long and arduous journey in several sectors, including healthcare. Otherwise, India will remain a low middle-income country with entrenched poverty.

Bastar encounter

Sustained vigil against Naxalism needed



With Naxalism posing a significant threat to development, peace and the future of the youth in the affected areas, a concerted government campaign to



tackle the problem is underway. It is evidenced by the steady decline in Naxal violence over the past few years. A multi-pronged approach, encompassing security

measures, development initiatives and community outreach, reflects a comprehensive strategy aimed at addressing the root causes of left-wing extremism. Initiatives such as the Aspirational Districts Programme demonstrate a commitment to holistic growth in Naxal-affected regions.

However, the prevalence of improvised explosive devices remains a weighty threat, highlighting the need for relentless demining operations. Also, allegations of fake encounters conducted by security forces need to be probed. Proactive steps and sustained vigilance are needed to pave the way for long-term peace in the disturbed areas. As the nation braces for the elections, heightened security measures are imperative to ensure the safety of voters and

the smooth conduct of the electoral process, particularly in regions vulnerable to Naxal violence.

BJP's manifesto outlines path ahead for 'Bharat'

At the time of the Partition, the Muslim League had argued that 'India' was a thing of the past and the two 'successor' states should be known as 'Pakistan' and 'Hindustan'.

AMID expectations that the BJP will win the Lok Sabha elections and PM Narendra Modi will retain power, foreign governments and Indian analysts are closely studying the external affairs sections of the party's manifesto. The document lists the Modi government's foreign policy achievements over the past decade and highlights the goals for the years to come.

The first striking aspect is the repeated use of the word 'Bharat' in the English version of the manifesto. This applies to the foreign policy sections as well. It has now become common for the Modi government to use the word 'Bharat' instead of 'India', in many settings, while referring to the country. Apart from the constitutional primacy of the word 'India' in English, this country's current international personality is also founded on that word. That is how India is known the world over, and that is the name used for it in the United Nations (UN). However, some Indian leaders have referred to India as 'Bharat' while using the English language. Perhaps the most notable case was that of President Droupadi Murmu, whose G20 invite to foreign leaders last year described her as the 'President of Bharat'.

Countries do change their names. For instance, Myanmar — which was earlier known as Burma — changed it in 1989 and informed the UN about the same. There are no commonly accepted global rules for countries to change their names. Sovereign states only need to inform the international community, and the name change is accepted. Naturally, governments have to fulfil internal constitutional processes for the purpose. In Myanmar's case, many Western countries continued to refer to it as Burma because they did not recognise the military

government which had changed the name.

The question that some observers will ask is: Will the Modi government, in its third term, seek to bring in constitutional changes to modify the country's name to 'Bharat' in English? This will be in line with its ideology. Naturally, once the constitutional changes are



made, no external power will have any problem dropping the word 'India' and only using 'Bharat'. Pakistan will be happy with our country being known as 'Bharat' because, at the time of the Partition, the Muslim League had argued that 'India' was a thing of the past and the two 'successor' states should be known as 'Pakistan' and 'Hindustan'.

A section of the manifesto, entitled 'Bharat on the global stage', lists out 11 achievements of the government. At the top of the list are the successful evacuation of Indians from war zones and the hosting of the G20 summit. There is no doubt that the outcome document of the summit amid the polarised global atmosphere was a diplomatic achievement, as was the success in bringing Indians in distress back home from conflict areas. However, previous governments also came to the rescue of Indians in difficult times. Also, the Modi

government has claimed credit for being the voice of the Global South. It is true that many countries in the Global South look up to India, but there is nothing unique about this. New Delhi's role in decolonisation and its leadership in securing the interests of the Global South in its different iterations — Third World, underdeveloped and developing countries — has been accepted through the decades. The title of one section — 'Modi ki Guarantee for Vishwa Bandhu Bharat' - is interesting, for it is not India that is giving a guarantee that it will act in the interests of the world but PM Modi. Indeed, just as he has given guarantees to the Indian people, he is doing so for the world. It is also noteworthy that the word 'Vishwaguru' has not been used. The last sentence of the introduction to this section states: "We will strengthen our position and conduct our policies to further our national interests with the spirit of Vishwa

Bandhu." In other words, Modi has guaranteed that India will seek to reconcile Indian interests with those of the world and shun the path of pursuing naked national interests. The PM is showing a noble instinct, but is it practical in a world order that is under challenge? Besides, how does it square with the assertion of a 'Bharat First' foreign policy?

Eight of the 10 objectives and paths to pursue mentioned in the section are not new. For example, India's aim of becoming a permanent member of the UN Security Council and strengthening global cooperation against terrorism has been part of its diplomatic agenda for the past three decades. It is laudable that the BJP would seek to build partnerships for mineral security, for it is essential to promote manufacturing. However, the India-Middle East-Europe Economic Corridor is a project that will be difficult to implement. And the pursuit of the Neighbourhood First policy is challenging because of the ingress of China into India's immediate neighbourhood. It is good that External Affairs Minister S Jaishankar has consistently acknowledged this fact, but mere acknowledgement does not push India's interests.

In the third section on foreign policy, the manifesto focuses on the promotion of Indian soft power. The first point relates to the establishment of Thiruvalluvar cultural centres to promote Indian cultural traditions. It is not clear if these will be different from the current Indian cultural centres that are performing the exact functions. Will the latter be renamed, or will both exist simultaneously? The manifesto says, "We will launch a global outreach programme for documenting and promoting the tangible and intangible legacy of Lord Ram in all countries." This can be controversial, as the Ramayana has several variants in Southeast Asia that are vastly different from the version accepted in India. How will the BJP deal with the controversies that such versions will inevitably generate?

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ভিজয়াওয়াড়ায় পাথর হামলায় জগন মোহন রেড্ডি আহত

ভিজায়াওয়াড়া: শনিবার সন্ধ্যায় ওমেমান্থা সিদ্ধাম বাস পর্যটনের সময়, আন্ধ্রপ্রদেশের মুখ্যমন্ত্রী জগন মোহন রেড্ডি এবং যুবজন স্রমিক রাইত কংগ্রেস পার্টি (ওয়াইএ– সআরসিপি) এর এমএলএ ভেল্লাম্পাল্লি শ্রীনিভাস রাও, ভিজায়াওয়াড়ায় একটি পাথ রওড়ের হুমকির ঘটনায় আহত হয়েছেন, প্রচারমাধ্যমে জানা গেছে।

মুখ্যমন্ত্রী তাঁর বাঁদিকায় একটি ক্ষতি হয়েছে, যদিও এমএলএ ভেল্লাম্পাল্লি তাঁর বাঁদিকায় চোখে ক্ষতি হয়েছে।

দুজনেই বাসেই তাড়াতাড়ি প্রাথমিক চি– কিৎসা পেয়েছেন।

হামলার পরেও, মুখ্যমন্ত্রী জগন তাঁর প্রযাত্ন চালিয়ে যাচ্ছেন।

ওয়াইএসআরসিপি সূত্রগুলি দাবি করেছেন যে, হামলায় তেলেগু দেশমুখ দলের কমীরা

শামিল ছিল, মিডিয়া রিপোর্ট করেছে।চ

भोजपुरी देश भक्ति चईता गीत

सिमवा पर

- श्याम कुंवर भारती (राजभर)

सिमवा पर शोभे ला गबरू जवनवा ये रामा. सिमवा पर।

दुषमनवा के करेला मारी मर्दनवा ये रामा, सिमवा पर।

मथवा पर टोपी शोभे गोड़वा में शोभे जुतवा। हथवा तिरंगा शोभे ताल ठोक गावे देश गीतवा। करेला गुमान इनपर बीर हिंदुस्तनवा ये रामा सिमवा पर।

छप्पन इंची छाती इनकर दहाड़ शेर गर्जनवा । सिरवा कफन बांधी गरजे हिंद मस्तनवा। ठहरे नाही आगे इनके देश दुश्मनवा ये रामा, सिमवा पर।

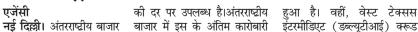
उत्तर में हिमालय ठाढ बाडे सीना तानी। दक्षिण में लहरे सागर करे बैरी पानी पानी। घबडाए हिंद से चीन पिकस्तनवा ये रामा, सिमवा पर।

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कच्चा तेल ८८ डॉलर प्रति बैरल के करीब, पेट्रोल-डीजल की कीमत स्थिर

में कच्चे तेल की कीमत में लंबे समय से स्थिरता नहीं दिख रही। ब्रेंट क्रूड का मूल्य 88 डॉलर और डब्ल्यूटीआई क्रूड 84 डॉलर प्रति बैरल के करीब है। सार्वजनिक क्षेत्र की तेल एवं गैस विपणन कंपनियों ने शनिवार को पेट्रोल-डीजल के मुल्य में कोई बदलाव नहीं किया है।

इंडियन ऑयल की वेबसाइट के मुताबिक,दिल्ली में पेट्रोल 94.72 रुपये, डीजल 87.62 रुपये, मुंबई में पेट्रोल 104.21 रुपये, डीजल 92.15 रुपये, कोलकाता में पेट्रोल 103.94 रुपये, डीजल 90.76 रुपये, चेन्नई में पेट्रोल 100.75 रुपये





दिन ब्रेंड क्रूड 0.18 डॉलर यानी 0.21 फीसदी की उछाल के साथ 87.29 डॉलर प्रति बैरल पर टिका

0.41 डॉलर यानी 0.50 फीसदी की बढ़त के साथ 83.14 डॉलर प्रति

नारायण मूर्ति के पोते को मिला 4.२ करोड़ें रुपये का लामांश

नई दिल्ली। सूचना एवं प्रौद्योगिकी (आईटी) कंपनी इंफोसिस के फाउंडर नारायण मूर्ति के पांच महीने के पोते एकाग्र रोहन मूर्ति को अपने 15 लाख शेयर्स पर 4.2 करोड़ रुपये का लाभांश मिला है। नारायण मूर्ति ने पिछले महीने अपने पोते को ये शेयर्स गिफ्ट किए थे। इन शेयरों की वैल्यू करीब 210 करोड़ रुपये है।

देश की दूसरी बड़ी सूचना एवं प्रौद्योगिकी (आईटी) कंपनी इंफोसिस ने 18 अप्रैल को वित्त वर्ष 2023-24 की चौथी तिमाही के नतीजे जारी किए थे। कंपनी ने इस तिमाही के लिए शेयरधारकों को 28 रुपये प्रति शेयर लाभांश

देने का ऐलान किया है। इसमें 20 तिमाही में मुनाफा 30 फीसदी रुपये का फाइनल लाभांश और 8 बढ़कर 7,969 करोड़ रुपये रहा है।



शामिल है।उल्लेखनीय है कि इंफोसिस को वित्त वर्ष 2023-24 की चौथी (जनवरी-मार्च)

रुपये का वन-टाइम लाभांश इंफोसिस के निदेशक मंडल ने अपने शेयरधारकों को 28 रुपये प्रति शेयर का लाभांश देने का ऐलान किया था।

एयर इंडिया ने तेल अवीव की सभी उड़ानों को ३० अप्रैल तक किया निलंबित

नई दिल्ली। इजराइल और ईरान के बढ़ते तनाव के मद्देनजर टाटा की अगुवाई वाली एयरलाइन कंपनी एयर इंडिया ने तेल अवीव की अपनी सभी उड़ानों को 30 अप्रैल तक निलंबित कर दिया है। एयर इंडिया ने एक सोशल मीडिया पोस्ट के जरिये इस फैसले की जानकारी सार्वजनिक की है। एयर इंडिया ने 'एक्स' पोस्ट पर जारी एक बयान में कहा कि मध्यपूर्व में उभरती स्थिति को देखते हुए तेल अवीव से आने-जाने वाली उड़ानों को हमने 30 अप्रैल, 2024 तक निलंबित कर दिया है। हम लगातार



स्थित की निगरानी कर रहे हैं। हम कर रहे हैं, जो पहले ही तेल अवीव अपने उन यात्रियों को सहायता प्रदान आने और जाने के लिए बुकिंग करा

चुके हैं। कंपनी ने कहा कि ग्राहकों और चालक दल की सुरक्षा हमारी सर्वोच्च प्राथमिकता है। अधिक जानकारी के लिए, कृपया हमारे 24/7 संपर्क केंद्र को 011-011-69329999 पर कॉल करें या हमारी वेबसाइट http://airindia.com पर जाएं। गौरतलब है कि विदेश मंत्रालय ने भी ईरान और इजराइल के लिए यात्रा से संबंधित एडवाइजरी पहले जारी की थी, जिसमें भारतीयों को सलाह दी गई है कि अगली सूचना तक ईरान और इजराइल की यात्रा न

देश का विदेशी मुद्रा भंडार ५.४० अरब डॉलर घटकर ६४३.१६ अरब डॉलर पर

नई दिल्ली। देश का विदेशी मुद्रा भंडार 12 अप्रैल को समाप्त सप्ताह में 5.40 अरब डॉलर घटकर 643.16 अरब डॉलर रहा। इससे पिछले हफ्ते विदेशी मुद्रा भंडार 2.88 अरब डॉलर की उछाल के साथ 648.56 अरब डॉलर की रिकॉर्ड ऊंचाई पर पहुंच गया था।

रिजर्व बैंक ऑफ इंडिया ने बताया कि 12 अप्रैल 2024 को समाप्त हफ्ते में देश का विदेशी मुद्रा भंडार 5.40 अरब डॉलर घटकर 643.16 अरब डॉलर रहा। इस दौरान विदेशी मुद्रा भंडार का अहम घटक विदेशी मुद्रा आस्तियां 6.51 करोड़ डॉलर घटकर 564.65 अरब डॉलर रह गई। हालांकि, स्वर्ण भंडार का आरक्षित मूल्य 1.24 अरब डॉलर बढ़कर 55.79 अरब डॉलर हो गया है। आरबीआई के मताबिक 12 अप्रैल को समाप्त हफ्ते में विशेष आहरण अधिकार (एसडीआर) 9.3 करोड़ डॉलर घटकर 18.08 अरब डॉलर रह गया। इसके अलावा अंतरराष्ट्रीय मुद्राकोष के पास भारत का आरक्षित जमा 3.5 करोड़ डॉलर घटकर 4.63 अरब डॉलर रह गया। उल्लेखनीय है कि विदेशी मुद्रा भंडार में सात हफ्ते बाद गिरावट आई है। इससे पिछले हफ्ते 5 अप्रैल को देश का विदेशी मुद्रा भंडार 2.88 अरब डॉलर की उछाल के साथ 648.56 अरब डॉलर की रिकॉर्ड ऊंचाई पर था।

क्रिप्टो करेंसी मार्केट में तेजी का रुख, 65 हजार डॉलर के करीब पहुंचा बिटकॉइन

नई दिल्ली। लगातार दो दिन की गिरावट के बाद क्रिप्टो करेंसी मार्केट में आज तेजी का माहौल बना हुआ है। मार्केट कैप के लिहाज से टॉप-10 में शामिल क्रिप्टो करेंसीज में से कोई भी आभासी मुद्रा आज रेड जोन में नहीं है। इनमें से 9 क्रिप्टो करेंसी बढ़त के साथ ग्रीन जोन में कारोबार कर रही हैं, जबकि एक क्रिप्टो करेंसी बिना किसी बदलाव के गुरुवार के भाव पर ही कारोबार कर रहा है। आज की तेजी के कारण बिटकॉइन एक बार फिर उछल कर 64 हजार डॉलर के स्तर के पार पहुंच गया है। भारत में क्रिप्टो करेंसी का कारोबार करने के लिए अधिकृत एजेंसी कॉइन मार्केट कैप के मुताबिक भारतीय समय के हिसाब से शुक्रवार शाम 5 बजे तक बिटकॉइन 3.41 प्रतिशत की मजबती के साथ 64.840.39 डॉलर यानी 54.12 लाख रुपये के स्तर पर कारोबार कर रहा था। इसी तरह एथेरियम की कीमत भी आज उछल कर 3,101.11 डॉलर के स्तर पर आ गई थी। बिटकॉइन और एथेरियम के अलावा टेथर 0.05 प्रतिशत, बीएनबी 2.31 प्रतिशत,

सोलाना 6.58 प्रतिशत, एक्सआरपी होने के साथ ही पिछले 24 घंटे के दौरान क्रिप्टो करेंसीज के लेन-देन में 1.55 प्रतिशत, टॉनकॉइन 13.36



प्रतिशत. डोजेकॉइन 2.58 प्रतिशत और कार्डानो 4.32 प्रतिशत की मजबूती के साथ कारोबार कर रहे थे। दुसरी ओर, यूएसडी कॉइन के भाव में आज कोई बदलाव नहीं हुआ है। कॉइन मार्केट कैप के मुताबिक पिछले 24 घंटे के कारोबार के दौरान क्रिप्टो करेंसी के ग्लोबल मार्केट कैप में 4.03 प्रतिशत की तेजी दर्ज की 1.59 प्रतिशत की तेजी के साथ गई है। फिलहाल क्रिप्टो करेंसी का ग्लोबल मार्केट कैप बढ कर 2.36 लाख करोड़ डॉलर यानी करीब 196.98 लाख करोड़ रुपये रह गया है। ग्लोबल मार्केट कैप में बढोतरी

भी तेजी आई है। इस अवधि में कल 11,423 करोड़ डॉलर यानी 9.53 लाख करोड़ रुपये की क्रिप्टो करेंसी की लेन-देन हुई, जो एक दिन पहले की तुलना में 4.13 प्रतिशत अधिक है। अगर दिनया की सबसे बडी क्रिप्टो करेंसी बिटकॉइन की बात करें तो कीमत में तेजी आने के साथ ही पिछले 24 घंटे के कारोबार के दौरान क्रिप्टो करेंसी मार्केट में इस आभासी मद्रा की स्थिति भी 0.27 प्रतिशत मजबूत हुई है। इसके कारण इसकी मार्केट हिस्सेदारी बढ़ कर 54.25

प्रतिशत हो गई है।

स्टीलबर्ड ने लाँच किये साइकिलिग और स्केटिंग हेलमेट बच्चों को जाना पडता है अस्पताल प्रोडक्ट रेंज में अब 3-12 वर्ष की

आपको बता दें दुनियाभर में

बच्चों को बाइक, स्कटर, स्केटस

और स्केटबोर्ड चलाते समय चोट

लगना आम है. एक आंकड़े के

अनुसार हर घंटे लगभग 50 बच्चे

नई दिल्ली। स्टीलबर्ड बेबी टॉयज साइकिलिंग और स्केटिंग एक्टिविटीज के लिए खास तौर पर तैयार किए गए बेबी हेलमेट लॉन्च किए हैं. इन बेबी हेलमेट्स के साथ स्टीलबर्ड बच्चों की सुरक्षा को प्राथमिकता दे रहा है और उनके सिर की सुरक्षा के प्रति अपनी प्रतिबद्धता बढ़ा रहा है. यह नया पोर्टफोलियो स्टीलबर्ड हाई-टेक इंडिया की सहायक कंपनी स्टीलबर्ड टॉयज़ द्वारा बेबी टॉय सेगमेंट पर ध्यान में रखकर तैयार किया गया है.स्टीलबर्ड टॉयज ने आधिकारिक तौर पर बेबी हेलमेट और एंटी स्किड बेबी बाथर्स की एक नई रेंज लॉन्च कर दी है. स्टीलबर्ड टॉयज़ की डायरेक्टर सृष्टि कपूर ने इस नई शुरुआत के महत्व पर जोर देते हुए कहा कि भारत में, विशेष रूप से बच्चों की सुरक्षा के लिए डिज़ाइन किए गए खिलौनों की उपलब्धता में उल्लेखनीय अंतर है. पिछले साल. हमने बेबी वॉकर, ब्लूटूथ-एनेबल्ड मॉडल सहित के लॉन्च के साथ इस सेगमेंट में प्रवेश किया था. शुरुआत के एक वर्ष से भी कम समय में, हम इस सेगमेंट में भारत का सबसे प्रमुख और लीडरशिप ब्रांड बन गए हैं.

हेलमेट की कमी के चलते

के लिए हैं ये हेलमेट

हेलमेट निर्माण की विरासत के साथ, अपने टॉयज डिवीजन में रिसर्च और डेवलपमेंट में चल रहे निवेश के माध्यम से बाल सुरक्षा के प्रति अपनी प्रतिबद्धता बनाए हुए है. कंपनी की स्टोर से भी खरीदा जा सकता है.

आयु के बच्चों के लिए स्केटिंग और

साइक्लिंग हेलमेट, साथ ही बेबी

हेलमेट और एंटी-स्किड बाथर्स भी

शामिल किए हैं और स्केटिंग हेलमेट

के लिए अपनी लैब में सेल्फ टेस्ट

इमरजेंसी में सुरक्षा उपकरणों की कमी के चलते घायल होकर भर्ती होते हैं.

3 से 12 साल तक के बच्चों

स्टीलबर्ड टॉयज, 1964 से

करती है. जिसके चलते इन हेलमेट की क्वालिटी काफी बेहतर है. स्टीलबर्ड स्केटिंग हेलमेट

की प्राइस

स्टीलबर्ड के इन हेलमेट की शुरुआती प्राइस 499 रुपए है. इन हेलमेट को आप कंपनी की ऑफिशियल साइट से खरीद सकते हैं. इसके अलावा स्टीलबर्ड के इन हेलमेट को कंपनी के ऑफिशियल

शेयर बाजार में 4 दिन से जारी गिरावट पर लगा ब्रेक, सेंसेक्स-निफ्टी ने निचले स्तर से की शानदार रिकवरी

ने आज निचले स्तर से शानदार वापसी की। आज के कारोबार की शुरुआत गिरावट के साथ हुई थी। शरुआती कारोबार में बिकवाली के दबाव के कारण ये गिरावट और बढ गई। थोड़ी ही देर बाद खरीदारों ने बाजार पर पूरी तरह से अपना कब्जा कर लिया, जिसकी वजह से सेंसेक्स और निफ्टी ने न केवल हरे निशान में अपनी जगह बनाई, बल्कि जोरदार मजबूती के साथ बंद हुए। आज दिन भर के कारोबार के दौरान सेंसेक्स दिन के निचले स्तर से 1,393 अंक

उछल गया। निफ्टी भी इंट्रा-डे में

400 अंक से अधिक की छलांग

लगाने में कामयाब रहा। पूरे दिन का

कारोबार के बाद सेंसेक्स 0.83

प्रतिशत और निफ्टी 0.69 प्रतिशत

की मजबूती के साथ बंद हुए। आज दिन भर के कारोबार के दौरान कंज्यूमर इयुरेबल्स, बैंकिंग और मेटल सेक्टर के शेयरों में सबसे अधिक खरीदारी होती रही। रियल्टी, आईटी और पावर सेक्टर के शेयरों में बिकवाली का दबाव बना रहा। सेंसेक्स और निफ्टी में रिकवरी होने के बावजूद ब्रॉडर मार्केट में आज लगातार बिकवाली का दबाव बना रहा, जिसके कारण बीएसई का मिडकैप इंडेक्स 0.39 प्रतिशत के गिरावट के साथ बंद हुआ। इसी तरह स्मॉलकैप इंडेक्स ने 0.04 प्रतिशत

की कमजोरी के साथ आज के

कारोबार का अंत किया।आज बाजार

संपत्ति में 60 हजार करोड़ रुपये से अधिक की बढोतरी हो गई। बीएसई में लिस्टेड कंपनियों का मार्केट

चार दिन बाद लौटी मजबूती के 2,206 शेयरों में एक्टिव ट्रेडिंग हुई। से 29 शेयर हरे निशान में और 21 कारण स्टॉक मार्केट के निवेशकों की इनमें से 990 शेयर मुनाफा कमा कर हरे निशान में और 1,216 शेयर नुकसान उठा कर लाल निशान में बंद हए। इसी तरह सेंसेक्स में शामिल



कैपिटलाइजेशन आज के कारोबार के बाद बढ़ कर 393.49 लाख करोड़ रुपये (अस्थाई) हो गया। पिछले कारोबारी दिन यानी गुरुवार को इनका मार्केट कैपिटलाइजेशन 392.89 लाख करोड़ रुपये था। इस तरह निवेशकों को आज के कारोबार से करीब 60 हजार करोड़ रुपये का मुनाफा हो गया।

आज दिन भर के कारोबार में बीएसई में 3,903 शेयरों में एक्टिव ट्रेडिंग हुई। इनमें 1,723 शेयर बढ़त के साथ बंद हुए, जबकि 2,064 शेयरों में गिरावट का रुख रहा, वहीं 116 शेयर बिना किसी उतार चढ़ाव बंद हुए। एनएसई में आज के

शेयर लाल निशान में बंद हए। बीएसई का सेंसेक्स आज 489.34 अंक

टूट 71.999.65 अंक के स्तर पर खुला। कारोबार की शुरुआत होते ही बिकवाली का दबाव बनने की वजह से ये सूचकांक 672.53 अंक की कमजोरी के साथ 71,816.46 अंक के स्तर पर पहुंच गया। इसके बाद तेजडियों ने पूरी तरह से बाजार पर अपना कब्जा कर लिया, जिससे इस सचकांक की स्थिति में सधार होने लगा। बाजार में लगातार हो रही खरीदारी के सपोर्ट से आज का कारोबार खत्म होने के थोड़ी देर पहले ये सूचकांक निचले स्तर से 1,393.71 अंक उछल कर 721.18 अंक की मजबूती के साथ 73,210.17 अंक के स्तर पर पहुंच गया। पूरे दिन के कारोबार के बाद सेंसेक्स 599.34 अंक की तेजी के साथ 73,088.33 अंक के स्तर पर

एनएसई के निफ्टी ने आज 134.35 अंक की कमजोरी के साथ 21,861.50 अंक के स्तर से कारोबार की शरुआत की। बाजार खुलते ही बिकवाली का दबाव बनने की वजह से ये सुचकांक फिसल कर 21,777.65 अंक तक पहुंच गया। इसके बाद खरीदारों ने बाजार में मोर्चा संभाल लिया, जिसकी वजह से इस सचकांक की रफ्तार में तेजी आ गई।

लगातार हो रही खरीदारी के सपोर्ट से आज का कारोबार खत्म होने के थोड़ी देर पहले ये सूचकांक दिन के निचले स्तर से 401.90 अंक उछल कर 183.70 अंक की तेजी के साथ 22,179.55 अंक के स्तर पर पहुंच गया। दिन भर हुई खरीद बिक्रों के बाद निफ्टी ने 151.15 अंक की बढ़त के साथ 22.147 अंक के स्तर पर आज के कारोबार का अंत किया।

भारत में बेचे जाने वाले बेबी फूड में चीनी मिलाने को लेकर जांच के घेरें में नेस्ले

नई दिल्ली। दुनिया की सबसे बड़ी उपभोक्ता उत्पाद कंपनी नेस्ले भारत में बेचे जाने वाले बेबी फुड में चीनी मिलाने को लेकर अब जांच के घेरे में आ गई है। ज्यूरिख स्थित पब्लिक आई एंड इंटरनेशनल बेबी फूड एक्शन नेटवर्क की रिपोर्ट में नेस्ले इंडिया पर बच्चों के दूध और सेरेलक में चीनी मिलाने की बात सामने आई है। इस रिपोर्ट के आधार पर जांच की बात कही गई है, लेकिन इसकी आधिकारिक घोषणा नहीं की गई है। आधिकारिक सूत्रों ने बताया कि नेस्ले से जुड़ी हालिया रिपोर्ट का संज्ञान लिया गया है। कंज्युमर प्रोटेक्शन एक्ट के तहत नेस्ले कंपनी के बेबी फूड के सैंपल की जांच की जाएगी। दरअसल एक रिपोर्ट में इस बात का खुलासा हुआ कि नेस्ले कई देशों में बच्चों के दूध और सेरेलक प्रोडक्ट्स में चीनी और शहद का इस्तेमाल करता है। चीनी का इस्तेमाल करना अंतरराष्ट्रीय दिशा-निर्देशों का उल्लंघन है। दरअसल नेस्ले कंपनी के नेस्ले ने इस पर सफाई देते हुए कहा है

इंडिया और विकासशील देशों में दो कि वो भारत में सभी नियमों का पालन सबसे ज्यादा बिकने वाले बेबी फूड कर रही है। ज्यूरिख स्थित पब्लिक आई



ब्रांड्स में चीनी की मात्रा अधिक मात्रा पाई गई है, जबिक यही उत्पाद ब्रिटेन, जर्मनी, स्विट्जरलैंड और अन्य विकसित देशों में बगैर चीनी के बेचे जा रहे हैं। एक रिपोर्ट में इसका खुलासा हुआ है। इस तरह के मामले भारत के अलावा अफ्रीका और दक्षिण अमेरिका के देशों में देखने को मिले हैं। हालांकि,

एंड इंटरनेशनल बेबी फूड एक्शन नेटवर्क ने अपनी रिपोर्ट में इस बात का खुलासा किया है कि भारत में बिकने वाले सभी 15 सेरेलक बेबी प्रोडक्ट्स में 3 ग्राम चीनी पाई गई, लेकिन अफ्रीका के इथियोपिया और एशिया के थाईलैंड जैसे देशों में चीनी 4 से 6 ग्राम तक पाई गई है।

वित्त वर्ष 2024 में एंड्रोमेडा का ऋण वितरण 23 प्रतिशत बढ़ा

नई दिल्ली। कर्ज वितरण से जुड़ी एंड्रोमेडा सेल्स एंड डिस्ट्रीब्यूशन का विभिन्न खंडों में ऋग वितरण बीते वित्त वर्ष (2023-24) सालाना आधार पर 23 प्रतिशत बढ़कर 75,397 करोड़ रुपये रहा। कंपनी ने मौजूदा वित्त वर्ष 2024-25

साथ और 9 शेयर गिरावट के साथ

बंद हुए। निफ्टी में शामिल शेयरों में

के लिए एक लाख करोड़ रुपये के कर्ज खंड में मांग लगातार मजबूत बनी हुई है। वितरण का लक्ष्य रखा है।

एंड्रोमेडा सेल्स एंड डिस्ट्रीब्यूशन प्राइवेट लिमिटेड के सह-मुख्य कार्यपालक अधिकारी राऊल कपुर ने संवाददाताओं से कहा, ''ब्याज दरों में 0.5 प्रतिशत की वृद्धि के बावजूद आवास ऋग

इसके साथ ही, पहले से तेज ऋग स्वीकृति, आसान उपलब्धता, डिजिटलीकरण से व्यक्तिगत कर्ज की मांग में भी जबरदस्त वृद्धि हुई है।उन्होंने कहा कि आवास ऋग खंड का प्रदर्शन उल्लेखनीय रहा। इस खंड में कर्ज वितरण वित्त वर्ष 2023-24 में 22 प्रतिशत

बढ़कर 33,918 करोड़ रुपये रहा। वित्त वर्ष 2022-23 में यह 27,798 करोड़ रुपये रहा था। कपूर ने कहा, ''कुल मिलाकर विभिन्न खंडों में ऋग वितरण बीते वित्त वर्ष (2023-24) सालाना आधार पर 23 प्रतिशत बढ़कर 75,397 करोड़ रुपये रहा।'' एक साल पहले 2022-23 में

61,074 करोड रुपये था।

उन्होंने कहा कि कंपनी ने मौजूदा वित्त वर्ष के लिए एक लाख करोड़ रुपये के कर्ज वितरण का लक्ष्य रखा है। कंपनी के अनुसार उसके कर्ज खंड में वित्त वर्ष 2018-19 से 2023-24 तक पांच साल की अवधि में पांच गुना वृद्धि हुई है।





टॉपर्स बनने के देपस

सफलता को पाने के लिए कड़ी मेहनत तो करनी ही पड़ती है। हम किसी कक्षा की एग्जाम या प्रतियोगी परीक्षा की तैयारी कर रहे हों, इसके लिए सिर्फ एक ही लक्ष्य रखना पडता है वह है पढाई।



किसी परीक्षा में टॉप करने वाले स्टूडेंट्स को देखकर मन में यही विचार आता है कि टॉपर्स किस तरह से परीक्षा की तैयारी करते हैं। कुछ टिप्स जो टॉपर्स अपनाते हैं-

- शुरुआत में ही यह सोच लें कि आपको किस क्षेत्र में करियर बनाना है, उस क्षेत्र में सफलता के लिए जुट जाएं।
- पूर्ण समर्पण के साथ पढ़ाई करें। अगर कोचिंग के अलावा घर पर भी पढ़ाई करें।
- 🕨 स्वयं का आत्मविश्वास बनाएं रखें। स्वयं पर किसी प्रकार का दबाव न आने दें।
- अपनी कमजोरियों को खोजें और उन्हें दूर करने का प्रयास
- टॉपिक्स को रटने की बजाय समझकर पढ़ने की कोशिश
- पढ़ाई में निरंतरता रखें। रेग्यूलर पढ़ाई करने से वह बोझ महसस नहीं होती।
- किसी प्रतियोगी एग्जाम की तैयारी प्लानिंग से करें ताकि
- अपने ऊपर किसी प्रकार का दबाव न आने दें।
- पढ़ाई के दौरान किसी भी प्रकार की परेशानी आने पर उसका टीचर्स से या दोस्तों के साथ मिलकर हल निकालने का
- जिस क्षेत्र में आप तैयारी कर रहे हैं, उस क्षेत्र के एक्सपर्ट ?स
- का मार्गदर्शन समय-समय पर लेते रहें।

समय का पहियाँ निरंतर घूमता रहता है। किसी के लिए रुकता नहीं है। जिस तरह मुद्री में बंधी हुई रेत को फिसलने से हाथ में ?नहीं रोका जा सकता है, उसी तरह समय के ?पहिए को भी नहीं रोका

कॉम्पीटिशन के इस दौर में समय के साथ चलना जरूरी है। अक्सर लोग समय का रोना रोते रहते हैं। खासकर यवा व्यर्थ कामों में अपना समय लगाकर अपने महत्वपर्ण काम की अनदेखी करते हैं। फिर उनकी शिकायत रहती है हमें समय ही नहीं मिलता। ऐसे में आवश्यकता होती है टाइम मैनेजमेंट की। आप अपना कार्य जितने व्यवस्थित तरीके से करेंगे, काम उतना बेहतर और जल्दी होगा। जानिए टाइम मैनेजमेंट के कुछ टिप्स-

- सबसे पहले यह देखें कि आप कहां टाइम वेस्ट कर रहे हैं। जैसे चेटिंग, फेसबुक, ई-मेल या टीवी वगैरह। इन कामों का समय निर्धारित कर आप काफी टाइम बचा सकते हैं।
- प्राथिमकताएं तय कीजिए। जो काम जरूरी है उसे अभी ?कीजिए और जो बाद में किया जा सकता है, उसके लिए समय तय कीजिए। गैर जरूरी काम छोड़कर भी आप वर्कलोड कम कर सकते हैं।
- टाइम मैनेजमेंट टूल्स का उपयोग कीजिए। मोबाइल, कैलेंडर या चार्ट वगैरह की मदद से काम समय पर निपटाए जा सकते हैं। बस रिमांडर को अवॉइड करने की आदत छोड़नी होगी।
- काम आउटसोर्स कीजिए। आप चाहें स्टूडेंट हों, प्रोफेशनल हों या गृहिणी, ऐसे कई काम हैं जो दूसरों से करवाए जा सकते हैं। इससे आपका वर्कलोड कम होगा और आप बेहतर काम
- इंतजार में वक्त बर्बाद न करें। कई मौकों पर हमें इंतजार करते हुए लंबा समय गुजारना पड़ता है। कुछ छोटे-मोटे काम इस समय निपटाए जा सकते हैं। जैसे मेल्स चेक करना, नोट्?स बनाना या जरूरी फोन लगाना।

इन आसान टिप्स को अपनाकर आप समय के सदउपयोग के साथ उसके साथ आगे बढ़ सकेंगे।

माता-पिता को चाहिए कि वे अपने बच्चों में आत्मविश्वास भरें। उनका आत्मविश्वास कभी कम नहीं करना चाहिए। उन्हें कभी भी इस प्रकार के नकारात्मक शब्द कि 'तुम कुछ नहीं जानते' या 'तुम में इस बात की कमी है' कभी नहीं कहने चाहिए।

इससे बच्चों का आत्मविश्वास कम होता है तथा इससे उनमें हीनभावना जागृत होती है तथा वे कुठित हो जाते हैं। आज जग में जो निराशा की भावना तथा गरीबी दिखाई दे रही है उसके पीछे प्रमुख कारण यही हीनभावना है।

ऐसे बढ़ाएं आत्मविश्वास -

सकारात्मक चिंतन हो : सबसे पहले व्यक्ति को चाहिए कि वह हमेशा सकारात्मक चिंतन करे। सकारात्मक विचारधारा के लोगों के साथ ही रहें। कहा भी जाता है कि 'जैसी संगति, वैसी उन्नति'। जैसी आपकी विचारधारा होगी, दिमाग भी वही सोचने लगता है अतः सकारात्मक ही सोचें तथा साथ ही अपनी खामियों को भी स्वीकार करें।

आत्मविश्वास से भरपूर होने का अभ्यास करें –

आप अपना आत्मविश्वास बढ़ाने के लिए यह प्रयास करें कि मैं सक्षम हूं। मैं यह कार्य कर सकता हूं। मुझे इसमें कोई दिक्कत नहीं

महानायक अमिताभ बच्चन को भी पहली बार अभिनय करते वक्त काफी डर लगता था। जब अधिक डर लगता था तो वे स्वयं से कहते थे कि 'मैं जिसका रोल कर रहा हूं वह व्यक्ति मैं ही हूं' ऐसा सोचते व करते उनका आत्मविश्वास बढ़ गया व आज वे 'बिग बी'

बीती ताहि बिसारि दे : अपने द्वारा भूतकाल में की गईं गलतियों, असफलताओं को आप भुलाकर नई शुरुआत करें। भविष्य की योजना बनाएं तथा लक्ष्य निर्धारित कर उसकी प्राप्ति में

उपलब्धियां याद रखें : आत्मविश्वास की कुंजी है असफलता को स्वीकारना। श्रेष्ठ काम के लिए स्वयं को सराहें। आपके द्वारा सफलतापूर्वक किया गया काम आप फिर दोहरा सकते हैं इससे आपका आत्मविश्वास बढ़ेगा।

नया सीखते रहें : यदि आपको वर्तमान परिस्थिति जटिल लगे तो उसे नए तरीके से सीखने का प्रयास करना चाहिए। कुछ नया सीखने से आपका आत्मविश्वास तथा उत्साह बढ़ेगा तथा आपको इस बात का एहसास होता रहेगा कि 'मैं कुछ अलग व नया जानता इससे आपका काम कम समय में बेहतर तरीके से होगा।

व्यक्तित्व को निखारिए : अपने व्यक्तित्व विकास पर ध्यान देते रहें तथा हमेशा अपना व्यक्तित्व आकर्षक बनाए रखिए। बॉडी लैंग्वेज और कम्युनिकेशन स्किल को सुधारें। संकीर्ण मनोवृति का न बनें। स्वयं को नई सूचनाओं से अपडेट रखें तथा आसपास के परिवेश से भी तालमेल बैठाए रखें।

इस प्रकार की चंद बातों को आजमाकर आप अपना आत्मविश्वास बढ़ा सकते हैं तथा जीवन में नित नई उन्नित कर सकते हैं। तो आप भी आज से जुट जाइए अपना आत्मविश्वास बढ़ाने व तरक्की करने में।

करियर की शुरुआत

जो संकल्प लिया गया हो. उसके बारे में अपने दोस्तों तथा रिश्तेदारों को भी बताना जरूरी है। इससे फायदा यह होगा कि आप संकल्प पूर्ण करने में जरा भी कमजोर या निष्क्रिय दिखाई दिए तो आपके दोस्त व रिश्तेदार आपको आपके संकल्प की याद दिला देंगे।

दृष्टिकोण का होना जरूरी होता है। बिना

आत्मविश्वास के कोई भी काम सफल नहीं हो सकता

अगर होता भी है तो निम्नस्तर का या आधा–अधूरा व खराब।

आत्मविश्वास वस्तुतः एक मानसिक एवं आध्यात्मिक शक्ति

जिस भी व्यक्ति का मन शंका, चिंता और भय से भरा हो वह

है। इससे महान कार्यों के संपादन में सहजता और सफलता हमें

प्राप्त होती है। बगैर आत्मविश्वास के इन कार्यों की सफलता संदिग्ध

बड़े कार्य तो क्या, साधारण से साधारण कार्य भी नहीं कर सकता

है। चिंता व शंका आपके मन को कभी भी एकाग्र न होने देंगे अत:

आत्मविश्वास बढ़ाने हेतु अपने मन से सभी प्रकार के संदेह निकालें

आत्मविश्वास एक अद्भुत शक्ति होती है। इसके बल से व्यक्ति

तमाम विपत्तियों तथा शत्रुओं का सामना कर लेता है। संसार के अभी तक के बड़े से बड़े कार्य आत्मविश्वास के बलबूते ही हुए हैं

आइए, हम जानते हैं आत्मविश्वास के बारे में-

क्या है आत्मविश्वास?

ही बनी रहती है।

तथा एकाग्रता को बढ़ाएँ।

आत्मविश्वास अद्भुत शक्ति

और हो रहे हैं तथा होते रहेंगे।

बच्चों में आत्मविश्वास भरें

कई लोगों को लगता है कि जिंदगी बहुत छोटी है, इसमें कई बड़े काम करने हैं। यह सही है कि जीवन बहुत छोटा है, लेकिन यह सोच कर्तई उचित नहीं है कि आप एकसाथ कई संकल्प कर लें या कामों की लाइन लगा दें। मतलब यही कि आप कई संकल्प एकसाथ न लें। ऐसा करना अपनी क्षमताओं को बहुत ज्यादा आंकने से भी हो सकता है। इसलिए जरूरी है कि ठोक-बजाकर वहीं संकल्प लें, जिसे पुरा करना

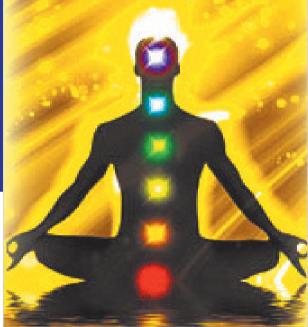
अक्सर देखा जाता है कि देखा-देखी या किसी के कहने में आकर भी संकल्प ले लिए जाते हैं। ऐसे संकल्पों की कोई ठोस जमीन नहीं होती। नतीजतन संकल्प का कोई मतलब नहीं रह जाता। इससे बेहतर है कि अपनी रुचि, इच्छा तथा तैयारी हो तभी संकल्प लें। हरेक व्यक्ति की क्षमता, सोच, उत्साह, जोश, प्रवृत्ति, प्रकृति आदि अलग-अलग होते हैं। इसलिए अपने व्यक्तित्व को जाँचकर संकल्प लें।

जो संकल्प लिया गया हो उसके बारे में अपने दोस्तों तथा रिश्तेदारों को भी बताना जरूरी है। इससे फायदा यह होगा कि आप संकल्प पूर्ण करने में जरा भी कमजोर या निष्क्रिय दिखाई दिए तो आपके दोस्त व रिश्तेदार आपको आपके संकल्प की याद दिला देंगे।

बड़े काम तभी संभव हो पाते हैं, जब उन्हें पूरा करने में हम पूरी दुढ़ता के साथ पूरी शक्ति, उमंग, जोश तथा ऊर्जों के साथ लग जाते हैं। यदि हमारी मनःस्थिति ढुलमुल रही या हम 'हां-ना' के जाल में फंसे रहे तो एक कदम भी आगे नहीं बढ़ा सकते। काम छोटा हो या बड़ा, उसे पूरा करने के लिए सकारात्मक सोच के साथ आगे बढ़ना

जीवन को अर्थवान बनाने के लिए कई लोग तरह-तरह के संकल्प लेते हैं। इससे उनके जीवन का लक्ष्य तय होता है। प्रसिद्ध विचारक स्वेट मॉर्डेन ने अपनी पुस्तक में लिखा है, 'ऐसा व्यक्ति कठिनाई से मिलता है, जो विश्वासपूर्वक यह कह सके कि मैं करूंगा। जो कार्य मुझे करना चाहिए मैं उसे करता हूं, जो कार्य मैं कर सकता हूं, वह मुझे करना चाहिए। भगवान की कृपा से मैं ऐसे कार्य अवश्य पूरे करूंगा। मैंने परम पिता परमेश्वर के सम्मुख प्रण लिया है कि मैं इसे अवश्य पूर्ण करूंगा।' व्यक्ति इस आधार पर अपना संकल्प तय कर ले तो उसमें जो आत्मविश्वास एवं दृढ़ता आएगी, उससे उसके संकल्प के पुरा होने में कोई संदेह नहीं रहेगा।

किसी भी संकल्प को लेने से पहले सबसे ज्यादा जरूरी है कि



बिलकुल शांत तथा एकाग्र हो जाएं। फिर अपनी तमाम शक्तियों या क्षमताओं तथा कमजोरियों का पूरा आकलन करें। इसमें अपनी रुचि को सर्वोच्च स्थान दें।

ऐसा करने से आपको अपनी सीमाओं का पता चल जाएगा और आप अपनी हद में रहकर संकल्प ले सकेंगे। यदि ऐसा नहीं किया गया तो संकल्प अति उत्साह या आवेग में लिया हुआ होगा, जिसका ज्वार बहुत जल्दी उतर जाता है। ऐसे में व्यक्ति का संकल्प भी धरा-का-धरा रह जाता है। इसका असर इतना विपरीत होता है कि व्यक्ति निराश एवं हताश हो जाता है, जिससे उसके दूसरे कार्य भी बिगड़ जाते हैं। उसका संपूर्ण व्यक्तित्व नकारात्मक दिशा में जा सकता है।

मही सिल रही मौकरी, तो करें..

अगर सभी योग्यता और डिग्री होने के बाद भी आपको नौकरी नहीं मिल रही है। भरपूर प्रयत्न करने के बाद भी आप जॉब मार्केट में कंपनियों का ध्यान आकर्षित नहीं कर पा रहे हैं। आप इंटरव्यू में सफल नहीं हो पा

इससे आपका प्रभाव लोगो पर

विकल्पों पर रखें नजर- आप

चाहते हैं, उससे जुड़ी कंपनियों

के वर्क कल्चर और हायरिंग

जिस क्षेत्र में नौकरी करना

रहे हैं तो आपको सेल्फ एनालिसिस करना होगा। इससे आप अपनी खूबियों को बजाय लोगों से सीधे मिलें।

अच्छा पडेगा।

हैं। कुछ खास बातें जो आपको नौकरी दिलाने में मददगार हो सकती हैं-कम्युनिकेशन बढ़ाएं- सोशल नेटवर्किंग वेबसाइट्?स पर सिक्रय रहें। लोगों से मिलें। हर जॉब पोर्टल पर अपनी उपस्थिति दर्ज करवाना चाहिए। नौकरी की अपनी जरूरतों को स्पष्ट रूप से बता देना चाहिए।

ई-मेल

या फोन

करने

की

पहचान सकेंगे और उन्हें जॉब्स

ढंढने में उपयोग कर सकते



कर सकते हैं, जो अलग-अलग तरह के काम करवाती हैं। अपनी खबियों को पहचानें-नौकरी ढूंढने से पहले आपको अपनी खूबियों की बारे में पूरी जानकारी होनी चाहिए। इस बात की भी जानकारी रखें कि आज जॉब्स देने वाली कंपनियों की जरूरतें क्या हैं। आजकल एक नौकरी के लिए हजारों आवेदन आते हैं, ऐसे में आपमें कुछ खास

योग्यताएं होनी चाहिए ताकि आप वह जॉब हासिल कर सकें। आकर्षक हो रिज्यूमे- आपका

रिज्यूमे आकर्षक होना चाहिए। रिज्यूमे में ओवरलोड कंटेंट नहीं होगा चाहिए। अपनी खुबियां संक्षेप में होनी चाहिए। आपका प्रोफाइल खास होना चाहिए। अपनी पसंद और नापसंद और काम करने के तरीके के बारे खास तरीके से प्रस्तुति दें।



कहते हैं फर्सट इंम्प्रेशन इज लास्ट इम्प्रेशन। किसी जॉब के लिए इंटरव्यू देते समय आपको इन्हीं बातों का ध्यान रखना पड़ता है। आप इंटरव्यू में अपने आपको सही तरीके से प्रस्तुत करेंगे तो आपको जॉब मिलने में आसानी होगी। आइए जानते हैं कुछ इंटरव्यू टिप्स, जिन्हें अपनाकर आप इंटरव्यू में सफल हो सकते हैं।

समय से पहले न पहुचें- समय से पहले पहुंचने पर इंटरव्यूअर पर आपके प्रति नकारात्मक प्रभाव पड सकता है। समय का पाबंद रहना अच्छा गुण है। इस बात का ध्यान रखें कि आप न देर से पहुचें और न समय से पहले पहुंच कर वहां खाली बैठे रहें। कुछ हायरिंग मैनेजरों को कैंडिडेट्स का बिना वजह खाली बैठे रहना पसंद नहीं आता।

हरेक गतिविधि पर नजर– इंटरव्यू देते वक्त आपका

ध्यान सिर्फ उसी पर रहता है। इंटरव्यूअर आपसे सवाल-जवाब करने के दौरान आपकी प्रत्येक हलचल पर ध्यान रखता है।कई कंपनियों में तो कैंडिडेट ?स के व्यवहार को देखने के लिए रिसेप्शन पर कैमरे तक लगाए जाते हैं। हायरिंग मैनेजर इन कैमरों से यह देखते हैं कि आप रिसेप्शनिस्ट और दसरे इंटरव्य देने आए प्रतिभागियों से कैसा व्यवहार कर रहे हैं।

बातों को बढ़ा-चढ़ाकर न बोलें- इंटरव्यू के दौरान अनावश्यक न बोलें। आपसे जो सवाल किया जाए, उसी का सीधे तरीके से जवाब दें। कई लोगों की आदत जरूरत से ज्यादा बोलने की होती है। इंटरव्यूवर को इस बात से सख्त नफरत होती है कि आप उसके सवाल का जवाब देने की बजाय इधर-उधर की बातें करें। अगर आप फालतू की बात करेंगे तो यही माना जाएगा कि आपको कुछ पता

सकारात्मक जवाब- इंटरव्यू के दौरान अपने पॉजीटिव एटिट्यूट को प्रदर्शित करें। इंटरव्यू के दौरान आपसे चाहे जितने नकारात्मक प्रश्न पूछे जाएं, आप उनका जवाब पॉजीटिव ही दें। इंटरव्यू के दौरान ज्यादा कम्फर्टेबल और फेंडली होने का प्रयास भी न करें।

अपने इम्प्लोयर की न करें आलोचना- आप अपने वर्तमान जॉब से चाहे कितने ही असंतृष्ट क्यों न हों, लेकिन इंटरव्यू के दौरान अपने इम्प्लोयर की किसी भी तरह की आलोचना न करें। अगर आप ऐसा करते हैं तो इंटरव्यू पैनल में आपके बारे में गलत संदेश जाएगा।

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NEWS BOX

Why only cameos from MS **Dhoni Stepehen Fleming reveals** knee injury battle for CSK star

New Delhi. CSK team's head coach Stephen Fleming revealed the reason behind MS Dhoni playing only short cameos for the team in the 2024 season of the Indian Premier League. He pointed out that the legendary wicketkeeper-batter is still batting a knee injury and that's why has not batted higher up the order despite being in brilliant form in the last few matches. Batting against Lucknow, Dhoni's cameo wowed fans as he slammed 3 boundaries and 2 huge sixes en route his 28* off just 9 deliveries. Fleming, while speaking in the post-match press conference, hailed Dhoni for doing inspirational things on the field at the age of 42 and said that he has been in fine form since CSK's pre-season camp.

It's inspirational, isn't it? His batting this year and even in pre-season training, has been very crisp, and the team is not surprised that he is doing what he is doing because his skill-level during the pre-season was very high, Fleming said in the post-match press conference. HOW DHONI'S KNEE STRUGGLES SURFACED?

The CSK head coach was quick to point out that Dhoni has struggled with his knee injury. Fleming added that CSK need Dhoni to bat only for 2-3 overs in the game to create the desired impact, something that Dhoni has excelled in this season. Dhoni's knee injury concerns surfaced during the last edition of the IPL where he was spotted limping after almost every game. The legendary former skipper got knee surgery done after the 2023 edition of the tournament and did not play any professional cricket before this year's tournament.

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'He obviously had a problem with his knee, and he is still recovering from that, which is why there is only certain amount of balls against which he can function well. He almost seems for longer as we do, but there is time about the right, and we need him for the tournament and in the 2-3 over cameo, he is owning that space," Stephen Fleming said after the match against Lucknow. Dhoni has got the crowd on their feet, wherever he has played, be it CSK's in own fortress, or an away game like the one against LSG at the Ekana Stadium. The fans have been left in a frenzy by vintage Dhoni's finishing skills.

Fleming wanted CSK's top order batters to step up and not be entirely dependent on Dhoni's blitz."So it's up to the batting unit to give that sort of a position, so he can push us over the top and he is doing that pretty much every time at the moment which is great to watch. And what an amazing atmosphere when he comes out and plays an entertainer, so its exhilarating," Fleming further added.

In CSK's last 2 matches against MI and LSG, Dhoni has scored a 4-ball 20 and a 9-ball 28.

Matt Henry lauds 'world class' Quinton de Kock, KL Rahul for crucial win vs CSK

New Delhi. LSG snapped their two-match losing streak in the Indian Premier League with a strong 8-wicket win against CSK at their home. Playing at the Ekana Stadium, KL Rahul and Quinton de Kock combined to help LSG chase down a target of 177 runs in a slow pitch. LSG's debutant - Matt Henry, spoke after the game and lauded the duo's partnership as the game-changing moment in the fixture.

LSG had been suffering issues with their top order in the last three games. Due to the inexperience at No. 3 and No. 4 position, the dismissals of openers KL Rahul and de Kock was proving costly for the team. If not for Nicholas Pooran Pooran, LSG's totals in the previous matches would have looked worse than they actually were. On Friday, the openers however looked in stunning touch and went about their business aggressively in the powerplay. After the pitch slowed down, they marshalled LSG to 134 in the 15th over,



when de Kock got out for 54 runs off 43 balls. Rahul however hung on till the 18th over and got out for 82 off 53 balls when LSG were 161. After the duo's dismissal, Nicholas Pooran took charge of LSG's chase and finished the job with one over remaining.

"The incredible knocks of Quinton de Kock and KL Rahul is what changed the game for us. When you bat the way they did, the intent they showed, the batsmanship overall, I think that's what changed the game for us today," Matt Henry said at the post-match press conference.

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"It was definitely a competitive total. We knew that it was going to come down to partnerships. When you are chasing something like this, you need the guys in the top order to make big runs. Today there were two of them. The way they went about their work gave us momentum and that laid a platform for us to finish the job against what was a really good bowling attack," Henry further added. The win was a crucial one for LSG who had lost back to back matches against DC and KKR.

Day to forget for India at wrestling Olympic qualifiers

-Aman loses in semis at Bishkek while Deepak & Sujeet fail to reach on time for weigh-in

CHENNAI. It was never going to be easy given the way the sport has been managed in the past one-and-a-half-year but expectations were still high from the Indian wrestlers. They have always delivered on the biggest stage winning at least a medal since the 2008 Olympics. But this time, blame it on lack of proper coordination and management in the absence of recognised wrestling body, they failed to win a single quota for Paris Games as four men's freestyle wrestlers could not reach the finals of their respective weight categories at the Asian Olympic Games Qualifier in Bishkek, Kyrgyzstan on Friday. As per the qualification criteria, the top-two from each weight category were assured of an Olympic quota. What added insult to injury was the inability of Sujeet Kalkal (65kg) and Deepak Punia (86kg) to compete without even

taking the mat. The duo, who were stuck at the Dubai International Airport since Tuesday on their way to Bishkek from Russia, could make it to the venue only after the completion of the weigh-in rendering them ineligible to compete. The Wrestling Federation of India though wrote to the United World Wrestling and organisers requesting them to allow the two grapplers to compete but competition started in less than an hour after Sujeet and Deepak reached the venue making it difficult to accommodate them.

Aman Sehrawat kept India's hopes alive in 57kg as he reached the semifinal. However, the 2023 Asian champion was pinned down by Gulomjon Abdullaev of Uzbekistan in the semifinal as India drew blank on day one of the tournament."It's really unfortunate," Sujeet's father-cum-coach Dayanand Kalkal, told this daily. Adding further, he said, "It was a natural calamity. Deepak and Sujeet landed in Dubai three days before the weigh-in but who knew they wouldn't be able to take off for Bishkek due to heavy



rains in the region."The father informed that Sujeet might once again leave for Russia from Bishkek to prepare for the World Olympic Games Qualifier scheduled next month in Turkey next month.

He is planning to leave for Russia to prepare for the next qualifier. It will be the last chance for him to qualify for the Games and I am hopeful he will leave this disappointment behind to excel in the final qualifier," added the father. Women's competition todayMeanwhile, Olympians Vinesh Phogat and Anshu Malik will be in action on Saturday as five women wrestlers from the

country will vie for Olympic quota. Vinesh will compete in 50kg, where has got a favourable draw as well, while Anshu will appear in the qualifier in her pet

Only Antim Panghal has bagged India an Olympic quota so far by winning a bronze medal in the 53kg in the 2023 World Championships.

World Qualifier a tough ask

A WFI source said the ongoing Asian Qualifier is a golden opportunity for Indian wrestlers as most of the top grapplers are

not taking part in the competition because they have already booked a quota each in the 2023 Worlds. However, the World Qualifier will be a difficult prospect, the source

"All the wrestlers, who somehow failed to earn a place, will compete in the next qualifier making it extremely competitive. Given the situation, it will be difficult for men freestyle wrestlers from the country to book a place in the Paris Games," the source added. The Greco-Roman wrestlers' bouts will be held

SRH unlikely to touch record 287-run total again in IPL 2024: Coach Ryan Cook

New Delhi. SRH are set to face DC at the Arun Jaitley Stadium on Saturday, 20 April. SRH are coming off their best-ever batting performance in the Indian Premier League where they slammed RCB with the highestever team total of 287 runs. DC vs SRH will be the first match of the season played at the Delhi Stadium and the away side's fielding coach Ryan Cook feels that it is unlikely for SRH that they will cross the 287-run total again in the tournament.SRH batters Travis Head and Heinrich Klaasen handed an epic mauling to the RCB bowlers at the M Chinnaswamy Stadium in Bengaluru on 15 April. The team broke their own record of the highest total in the IPL (277 vs MI), set a couple of weeks before the clash. Cook, however, believes that 287 is as high as any team would go.

T'm not sure if those scores can be achieved again. Obviously, it is a good wicket here.



The batters are in a very aggressive frame of mind but each conditions on their own, the guys will be assessing, putting partnerships together and figure out what a good score is. Hopefully some good runs here," the SRH fielding coach said in the pre-match press conference in Delhi KEY APPOINTMENTS LED TO SHIFT IN

SRH have won three in a row now, with their last 2 wins coming in away games against PBKS and RCB. Cook said that it would be nice to get the third win away before they begin the home leg once again.

We have a couple of wins on a roll. If we get a few wins away from home, then it would be great. We are chasing down whatever we are getting. We need to make sure we have our plans and strategies set and take chances once we start," Rayan Cook said.

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Asked about the changes made by SRH this season which has given them dramatic results, Cook said that there has been a key shift in the leadership positions which has changed the brand of cricket that the team plays."I think there have been some few key appointments in the leadership group. New coaches and a new captain and a couple of new personnel. Everyone has really gelled well and everyone is enjoying the style of

MS Dhoni x Shamar Joseph: Young pace sensation thrilled to meet star at Ekana

Former CSK captain MS Dhoni was in riveting touch once again while playing against LSG at the Ekana Stadium. On Friday, 19 April, Dhoni looked in stellar form, playing a rapid cameo of 28* off just 9 balls. The Ekana Stadium gave a rousing reception to MS Dhoni in the match and made a memorable night for the fans and the cricketers. One of the young LSG players - Shamar Joseph was thrilled to meet the legendary player and was spotted having a chat with him after the game. The Indian Premier League posted a video of Dhoni's day out at the Ekana Stadium. In the video, Shamar can be seen clicking pictures with KL Rahul and Dhoni after the conclusion of the game. Shamar was picked up by LSG after a sensational Test tour of Australia where he earned the player of the



series award on his debut. Shamar had bowled bundling out Australia on Day 4 of the pink ball Test at Gabba. Shamar's efforts in West Indies' historic Test win helped him earn a Rs 3 crore contract with the LSG side.MS Dhoni's cameo however was not enough for the CSK side as they fell to a 8-wicket defeat in Lucknow. After Dhoni and Ravindra Jadeja combined to take CSK to a 176-run total, LSG openers KL Rahul and Quinton de Kock put together a 134-run partnership to help the home team chase down a tricky target on a

How well did Dhoni perform in LSG vs CSK clash?Dhoni had come in to bat with CSK at 141 for 6 in 17.5 overs. Dhoni would roll back the years once again as he scored 28 off just 9 balls to thrill the crowd and power CSK to 176 in their innings. The CSK star got going with a boundary and then followed it up with a six. Dhoni's running between the wickets was also sensational as seen in the final over from Yash Thakur. Dhoni would then hit a 101-metre six that got the crowd on their feet. He would hit a couple more boundaries to finish off his day's

sluggish pitch.

KL Rahul silences strike rate critics: LSG reveal secret with funny meme

New Delhi. LSG captain KL Rahul silenced the strike rate critics after his matchaether strike rate critics after his matchaether strike rate critics after his matchaether scored 33 runs from 31 balls during the match as LSG successfully defended 163 Rahul asked in response. winning knock for against CSK at the Ekana Stadium, Lucknow on April 19, Friday. LSG vs CSK: Match Report

run-knock as they sailed to a win with 8 wickets in hand against CSK. Rahul was awarded the Player of the Match for his classy knock. Rahul batted at a strike-rate of 154.72 in a sluggish pitch to help LSG bag a crucial win, snapping a streak of back to back losses in their previous 2 games.It seemed like the viral defence minister meme did the trick for Rahul, who has been striking over 140 in the last 3 matches. At least, that is what the latest trend around Rahul's striking ability suggests, as pointed out by LSG in their latest social

SHOULD KL RAHUL BECOME DEFENCE MINISTER?

In the viral video, shared by LSG earlier, Rahul was being a sport by acknowledging the criticism surrounding his strike rate. In the video, Rahul and actor/influencer Shubham Gaur engaged in a light-hearted banter over the captain's strike rate after LSG won by 33 runs against GT. Rahul had

runs.

Rahul led the team from the front with his 82 Shubham asked Rahul to become India's next



defence minister, to which Rahul asked cheekily, if he was also making fun of his low strike rate. However, Shubham informed Rahul that it was due to the team's ability to defend scores in the range of 160s. 'Congrats, Rahul bhai. I think you should become India's next defence minister,' Shubham said in the video.

No, No, you are successfully defending scores in the range of 160s. That's why," the influencer responded in the well-scripted banter between the two.Soon after

the video, LSG's record of defending targets around the 160mark broke as DC chased down 168 runs with 6 wickets to spare. The viral video also broke the jinx around Rahul's strike rate as well as he has struck at 177.27 against DC. 144.44 against KKR and 154.72 against CSK. Rahul scored 82 runs from 53 balls and sailed through the chase of 177 runs, which was completed with an over to spare.

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Rahul's strike rate in T20 cricket has been a point of contention as he has scored 4449 runs at a strike of 134.94 in his IPL career so far. However, Rahul has brought in a change in the last 3 matches and uplifted his season's strike rate to 143. In the last 5 years, his average strike rate has fallen below or

Vinesh Phogat, Reetika, Mansi Ahlawat, Anshu Malik inch closer to Paris Olympics qualification

New Delhi. Looking as dominant as ever, Vinesh Phogat made full use of an easy draw to demolish her opponents, placing herself one win away from securing a Paris Olympics quota, while Anshu Malik and U23 world champion Reetika too made it to the semifinals at the Asian Olympic Qualifier,

Vinesh, as is her wont, looked for that one opportunity to subdue her Korean rival and grabbed it after measuring Miran Cheon for about 30 seconds in her opening bout.Once she grabbed Cheon and pushed her down for a take down, the bout ended in a jiffy, in one minute and 39 seconds.It was difficult to wriggle out of Vinesh's strong hold. The Indian employed gut wrench moves thrice and mixed that with one 'expose' to finish the bout. The next bout lasted a mere 67 seconds. Cambodia's Smanang Dit was an easy prey. Vinesh pinned her in no time to move to the

women's 50kg semifinal. Vinesh is competing in 50 kg category after winning the selection trials. Even if she misses the chance, she can later be in contention for a berth in 53 kg where Antim Panghal has already secured a quota. Antim may be asked to appear in one final trial to prove her worth. The finalists at this competition will win quota for their respective countries.

The 2021 World Championship silver medallist Anshu Malik got a direct entry into the quarterfinals and she had no problem whatsoever to put it across Kyrgyzstan's Kalmira Bilimbekova by technical superiority. U23 world champion Reetika (76 kg) did not have to break much sweat in outclassing Eunju Hwang. She won the first round by technical superiority as the Korean had no answer to Reetika's class and got a Mansi Ahlawat (62 kg) also made it to last-four similar win under belt against Mongolia's Davaanasan Enkh Amar.In the final group

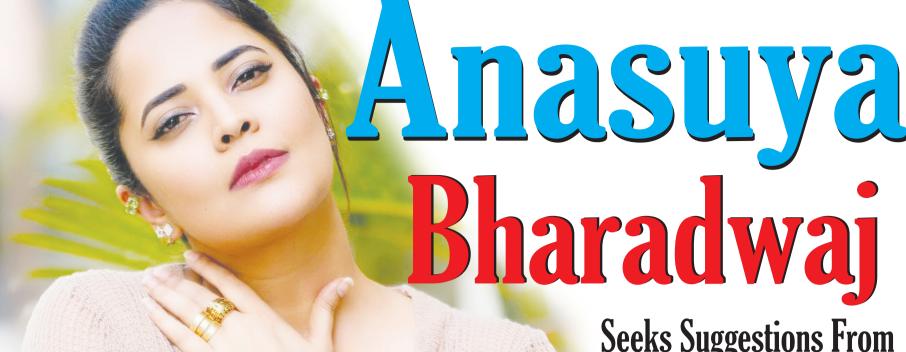


bout against China's Juang Wang, Reetika raced to a 8-0 lead but the Chinese fought back and logged six straight points. She effected another move at the dying moments but much to the relief of Indian camp, that point was not awarded because it came at the end of stipulated time on clock.

as she needed to win just one bout. Up against Kazakhstan's Irina Kuznetsova, she emerged

a 6-4 winner. The only Indian wrestler who could not reach the semifinals was Nisha Dahiya (68 kg).

Nisha had to work hard for her opening win against Sol Gum Pak from North Korea. The Indian had raced to a 5-0 lead and maintained that till the first period, but the Korean put the pressure back on her rival with a strong resistance. Immediately t the start of the second period, Pak successfully got a take-down move to get on the scoreboard. However, Nisha kept pushing Pak out to extend her lead and eventually won 8-3.Already exhausted, Nisha was outclassed by local favourite Meerim Zhumanazarova in the second round, in which she suffered a heavy defeat. After falling behind 1-9, she was pinned by Meerim. She could hardly employ any attacking move, and was mostly involved in standing wrestling.



Seeks Suggestions From Fans For Her Solo Trip



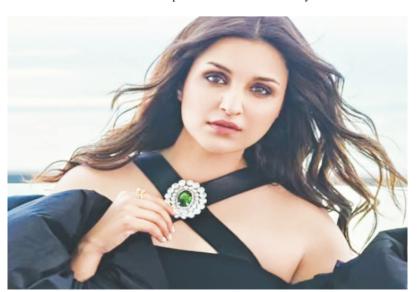
nchor and actress Anasuya Bharadwaj is one of those celebrities who successfully transitioned from television to the film industry. The actress is Lalso quite active on social media. She regularly updates her fans about her trips, movies and various other projects. The actress recently conversed with her fans through a live session on Instagram where she asked her fans to suggest some locations for the solo trip. It was not well-received by her trollers. Anasuya Bharadwaj is a travel freak. She spends most of her time on vacations with her husband and family. Te actress got married to Susank Bharadwaj in 2010 and gave birth to two children. Citing her love for trips, one of the fans reportedly asked her during the latest live session, "Can you plan a trip alone?" Responding to this question, the actress said that she is scared to go anywhere alone. "But think now, where better to go?" Anasuya asked her fans as quoted by Asianet Telugu. To this, her fans said that her presence in any part of the world would be like a festival. However, apart from her ardent fans, the actress also has a fair amount of trolls against her. After her statement to go on a solo trip, a few netizens reportedly started criticising her for leaving her husband for the trip. Anasuya has not reacted to these negative criticisms yet

Anasuya Bharadwaj gained fame through anchoring skills in the Telugu comedy TV show Jabardasth. After three years of her impressive stint at the show, the anchor got her first break in the movie Kshanam. It was directed by Ravinath Perepu and starred Adivi Sesh and Adah Sharma in the lead roles. The actress got her first blockbuster with the movie Rangasthalam which was written and directed by Sukumar in 2018. It starred Ram Charan and Samantha Nath Prabhu in the lead roles. Having cemented her position in the film industry, Anasuya Bharadwaj will be next seen in Pushpa 2.

Parineeti Chopra

Says Bollywood Roles Need More Than Merit: 'You Have To Be In Cliques And Camps'

arineeti Chopra, who is being praised for her role in Imtiaz Ali's Amar Singh Chamkila as the late singer Amarjot Kaur, waited nearly a decade for such an opportunity. In a recent interview, she opened up on the challenges she faced due to a lack of opportunities and career decisions she had taken in the past. Parineeti said that she avoids industry events where roles are often discussed and prefers directors and producers to recognise her work directly. "I don't go to dinners and lunches or attend parties where work opportunities are created in Bollywood or those roles are discussed. I want directors and producers to call me for my work because I am willing to work had. I won a National



Award for Ishaqzaade 10 years ago. I am still the same actor," she told Bollywood Hungama.After the success of Netflix's Amar Singh Chamkila, Parineeti expressed her gratitude on Instagram. She wrote, "Parineeti is back. These words are ringing loud. Hadn't thought of this. Yes, I am back, and not going anywhere!" She also talked about the challenges in Bollywood, saying and said that getting roles isn't just about talent. "Getting work in Bollywood doesn't only depend on merit or acting, you have to be in cliques and camps to get roles. I am not present at the right place at the right time. I am not getting papped every day. My PR game sucks," she added.The actor believes that many talented

artists miss out on roles because they're not social butterflies at glamourous events. She said, "I want to be the voice for actors who aren't parts of cliques and camps. I hope we break this system of lobbying in Bollywood because I want equal opportunities and work. I may have done the wrong films, but I am the same actor who started 10 years ago and is in search of the right platform."



Vidya Balan Wants To Do A Romantic Film With Shah Rukh Khan And We Can't Keep Calm



hah Rukh Khan is widely known as the 'King of Romance' in Bollywood. He has starred in countless successful romantic movies, charming audiences for decades with his charisma, wit and sizzling on-screen chemistry with his leading actresses. It is no secret that many Bollywood divas dream to romance Shah Rukh Khan in a lovey-dovey movie. And recently, Vidya Balan too shared the same and we are not joking! Vidya Balan, who is currently on a promotional spree for her upcoming movie Do Aur Do Pyaar, recently shared her desire to do a love story with Shah Rukh Khan. During an interview with an entertainment news portal, the actress recalled that they have always made cameo appearances in each other's films. The Jawan actor made a special appearance in a song in her 2007 comedy film Heyy Babyy, which starred Akshay Kumar, Riteish Deshmukh, Vidya Balan and Fardeen Khan. King Khan's entry in the Mast Kalandar song was indeed a magical moment that remains a fan favourite till date. While she had made a small appearance in King Khan's Om Shanti Om in the same year. But now, she wishes to do a omantic film with King Khan in the future.During a recent interaction with India Today, when the actress was asked about stars she would like to cast together for the first time, the Tumhari Sulu actress happily shared that it would be Shah Rukh Khan, as they have not done a full-fledged film before. Speaking to the media outlet, Vidya expressed, "I had a very small role in 'Om Shanti Om.' But I would like to do a nice love story with him."Talking about her professional commitments, Vidya Balan is gearing up for the release of her upcoming film, Do Aur Do Pyaar. Directed by Shirsha Guha Thakurta, the romantic comedy is centred around married couples who embark on a journey where love knows no boundaries. Besides Vidya Balan, the film boasts a star-studded ensemble including Pratik Gandhi, Ileana D'Cruz, and Sendhil Ramamurthy. Mark your calendars! The film will hit the silver screens on April 19.

Sushant Singh Rajput Became a 'Gate To Misery Porn' After Death, Dibakar Banerjee Says 'There Was No Grief'



ushant Singh Rajput's sudden demise in June 2020 left everyone shocked and numb. His death was followed by a series of controversies. While some alleged that the actor died by suicide, others claimed that it was a murder. During the investigation, several other angles including drug consumption was also probed. In a recent interview, director Dibakar Banerjee also talked about the events following Sushant's death and argued that it opened "gates to mysery porn". Banerjee worked with SSR on the 2015 film Detective Byomkesh Bakshy.Dibakar Banerjee was speaking to Siddharth Kannan when he recalled Sushant as somebody who would "get invested in everything" and said, "He used to speak about everything, about science, sociology. He used to keep asking questions. I really liked that part of him. Everybody just loved being with him.'

The director argued that he feels sad because after Sushant passed away no foucs was given to mourning the loss of a young actor. He stated that people were more interested and gossips and that there was "no grief". "After he passed away, the kind of news that followed made me shirk away from everything. I was hearing so many things but no one was talking about how a young actor passed away. There was no grief, people were looking for some gossip in the story. After seeing that... I had to walk away from the situation because no one was aying that we are missing Sushant," he said.Dibakar questioned everyone for not talking about Sushant's achievements and asked, "Where is that prayer meet? Where is that retrospective of his films? People who loved him, we could host a screening for his films, talk about the good memories, where is all of that?"Sushant Singh Rajput was found dead in his Mumbai apartment in June 2020. While some suspected to be a case of death by suicide, others had alleged foul play.